

# TACOMA ELKS LODGE 174

*The Call*



Published by Tacoma Elks Lodge 174

January 2025

Issue 13531

## The Call



January 2025



# Information Page ...

The Elks CALL, a publication of  
Tacoma Lodge No. 174, B.P.O.E.  
2013 S. Cedar Street  
Tacoma, WA 98405  
P.O Box 11008  
Tacoma, WA 98411-0015  
Telephone: 253-272-1117

Published Monthly  
THE CALL Editor: Lee Frankie  
[lee@tacomaelks.com](mailto:lee@tacomaelks.com)

## 2024-2025 LODGE OFFICERS

Exalted Ruler.....Gil Mendoza  
Leading Knight.....David Glenn  
Loyal Knight.....Joel Rinehart  
Lecturing Knight..... Gary Schwartz  
Secretary.....PER Lee Frankie  
Treasurer.....Patricia Kennedy  
Tiler.....PER Michael Marshall  
Esquire.....Paul Christel  
Asst. Esquire .....Dave Christel  
Chaplain.....PER James Krager  
Inner Guard..... Ross Roden  
Elks Pianist.....Beverley Dallman

### Board of Directors: Comprised of the Four Chair Officers + the Five Trustees Listed Below.

James Guthrie .....Trustee 1 yr.  
Michael Portman .....Trustee 2 yr.  
Eric Gilson .....Trustee 3 yr.  
Yvonne White.....Trustee 4 yr.  
PER Melody Kennedy.....Trustee 5 yr

**COB of Directors: Melody Kennedy**

### Board of Directors Elks/Allenmore:

*Comprised of the  
Four Elected Officers*

**Gil Mendoza Melody Kennedy David Glenn Eric Gilson**

**Three Members At-Large**

**Paul Christel Dean Mazzuca Nancy Guthrie**

**President/COB of Elks/Allenmore: Gil Mendoza**

### Past Exalted Rulers' Association

PER President James Krager

PER Secretary Lee Frankie

## NUMBERS TO REMEMBER

Exalted Ruler.....253-272-1117  
Lodge and Lodge Secretary.....253-272-1117  
Membership.....253-272-1117  
Reservations and Banquets.....253-272-1117  
Golf Course (Pro-Shop).....253-627-7211  
Barber Shop.....253-393-6672  
Fax .....253-272-1303  
Lodge E-Mail..... [tacoma.elks@tacomaelks.com](mailto:tacoma.elks@tacomaelks.com)  
Web Address.....[www.tacomaelks.com](http://www.tacomaelks.com)

**The Urban Elk Restaurant.. 253-343-6090**

## PLEASE OBSERVE THE FOLLOWING DEADLINE

**"The Call"** copy deadline 20th of the month

## MEMBERSHIP ROLL INFORMATION

Beginning Membership Total 04/01/2024	820
Initiated Since Then	25
Reinstatements	11
Incoming Transfers	7
<b><u>REMOVED FROM ROLLS AT MEMBERS' OWN REQUEST</u></b>	
Dropped	18
Transferred Out	1
Absolute Dimits	0
Deceased	13
Calculated Membership Total	831

## RECRUITING/LAPSATION INFORMATION

Number of Membership Applications on Hand	1
Number of Reinstatement Applications on Hand	0
Number of Transfer Applications on Hand	0

## CHANGE OF ADDRESS ARE YOU MOVING?

Notifv the Lodge Office!  
**Call (253) 272-1117**  
or come by the reception desk and  
we will be happy to help you.



## *A Message From Our Exalted Ruler*

*Gil Mendoza*



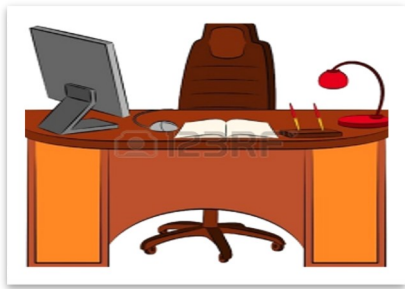
Happy New Year! As we look forward with great expectations to this coming year, it is OK to carry some mixed emotions in saying farewell to 2024. It was Thomas De Quincey, an early 18th Century English writer and essayist, who stated, “We never do anything, consciously, for the last time, without sadness of heart.” So it should be in having lived our last moments in 2024. I was a senior in college when I first read that sentence from De Quincey, about to graduate and accept a commission in the United States Army. Certainly, I left Gonzaga with some trepidation, mostly at the idea of leaving a most stable, caring environment of 4 years. Still, even the thought of departing the grind of academics, exams and, sometimes loneliness, while exhilarating in part, left a kind of sadness. I was shortly in my officer basic course at Ft. Sill Oklahoma. I loathed it there, everything about it – the HEAT, the 24-hour impersonal military machine, the monotonous drills built upon the ROTC training I had most recently endured, the arrogance of some of the NCO’s who had to take a stab at all of us “shavetails,” freshly out of college sporting our new conservative haircuts. When I reflected on De Quincey’s message, I laughed. It would NOT be true of me when I left this place, which I referred to as Ft. “Silly.”

Yet, when it came time to shoulder my duffle to my car and drive away from Ft. Sill and Lawton Oklahoma, I found myself remembering my occasional good times there and the friends with whom I had grumbled through the many bad ones. I felt nostalgic, and as I drove through those military gates, I craned my neck to catch a last look at the parade ground and Geronimo’s Point up on the bluff. After all, Thomas DQ was proved right.

I have never forgotten the lesson I learned that morning. As a (traveling) professional soldier, who spent 8 years in khaki and OD green, I frequently found myself in uncongenial atmospheres. As well as later in civilian life, there were many times I counted the hours and minutes to a departing flight, directing my car to a new destination and the arrival of a new assignment. At such periods those 13 words have been a genuine help and consolation. However despondent I may have felt, I have reminded myself that when the time came to go, I should feel sad, which meant that what I was doing at the time was not too bad after all. Perhaps 2024 wasn’t all that bad either.

That knowledge has made it easier for me to live in and for the moment, to appreciate an immediate pleasure (like still having the ability to play handball), without looking four hours back or five hours ahead. In particular, it has helped me to develop the possibilities and potentialities of each chance friendship, and know nothing is intolerable that can be shared. Thanks to De Quincey, at even the dreariest times, I have been able to think each morning when I awake, “Something is almost certain to happen today that I will enjoy.” Remember 2024 in that light, and live 2025 as if it will happen. Those will be your magic moments. Share them with your Elks family. Make them meaningful.





*From the Desk of . . .*  
**Lodge Secretary**  
**Lee Frankie**



***We are excited at the Tacoma Elks Lodge with the arrival of the new year. Everyone is working hard on the Lodge's activities and setting up program dates. If you haven't paid this years dues now is definitely the time to get this accomplished , so that you don't miss out on the fun and activities that will be happening. There will be many more opportunities to get together this year.***

***This is the time of year when you should be thinking about becoming a Lodge Officer for the next Lodge year. It's a wonderful way to learn about Elkdom and to make some long lasting friendships. This is how we can truly make changes within our Lodge. If you are not ready to be an Officer at this time, consider who you may know that would be a great addition to the Lodge Officer team.***

***We look forward to seeing you at our Lodge and if you have any questions or concerns, please stop by the Lodge Office.***

***Fraternally & Respectfully,***

*Lee*



**If you are currently Serving in the military, or a Veteran we would like your information for a slideshow to honor them,**

**Please send your :**

**( Name / Years as a an Elk Member / Branch of Service / Picture )**

**Email their info to : [buddyaladino@gmail.com](mailto:buddyaladino@gmail.com)**



## OUR KIDS

### Washington Elks Therapy Program for Children, Inc. Our State Major Project



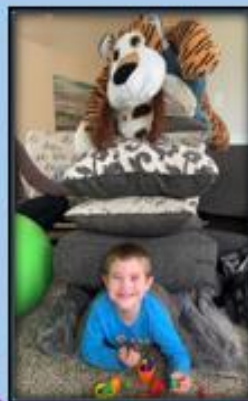
I'd like you to meet Judah. He is a sweet, fun 4-year-old who enjoys interacting with his older siblings, has great interest in animals, building with Legos, and as you can see, he has an amazing smile that lights up a room. Judah started OT through the Elks due to his sensitivities to multi-sensory input, especially in busy environments & with other children. He hadn't been able to sleep without his body touching a parent, needed his pacifier most of the day and night, and became anxious and overwhelmed to where it was difficult to communicate and participate. He was very attached to his mom and needed to be with her regularly, as he would become distressed with any separation from her, even when she was in an adjoining room in their home. He has made such great progress in the last 7 months with his confidence, communication, participation, and independence.

His mom wanted to share their family's appreciation to the Elks as we celebrate their 70th year of supporting the Washington Elks Therapy Program For Children.

I don't even know where to begin to explain how much receiving OT services through the Elks has helped not only my son, but our entire family! Judah was always very timid and afraid of new places and people, so the fact that the OT could consistently come to our home made a big difference. My son was able to be in his safe space which made him more open to learning. Prior to services, he heavily relied on his attachment to me along with his pacifier for regulation. The OT working with him has taught him so much about the way his brain works, including about his automatic protective responses (fight, flight, freeze) in ways he can understand using animals. This was essential as now he can identify when/why his big feelings occur and can utilize helpful ways to regulate. Before OT, he wouldn't communicate much with anyone outside of our family. He would completely shut down, hide and not respond to anyone. The OT has given him so many tools to use and has also taught him how both verbal and non-verbal ways of communicating are ok! This has opened up a whole new world for him as he is learning that if speaking is too overwhelming in any given moment, he can always give "eye clues" (pointing, thumbs up, wave, big smile) to communicate an answer or give a greeting. Because of this, he feels empowered instead of helpless in social interactions and no longer hides when people talk to him. Judah has worked on specific solutions to situations that caused a lot of stress at preschool and his confidence and growth have soared over the last few months. He is now willing to participate in class, he will play on outdoor toys away from me even if there are other kids on them and has even asked me if he can go say goodbye (with a wave) to his friends. As a parent, I was getting so discouraged and did not feel like I had the support I needed to help him. That all changed once I learned about OT services offered through the Elks. The resources Judah has received and the support I have felt as a parent have completely changed the trajectory of his confidence, growth and overall happiness. I am so incredibly thankful for the opportunity to have an OT work with Judah and to the Elks for making this possible. It has made all the difference in the world to our family!

He no longer uses a pacifier during the day and uses gum and other chewy foods available to help him regulate as well as sensory input like deep pressure applied to his body. He now shares a room with his brother and has a tent bed on the lower bunk bed with sensory supports that help him sleep. He's working on small steps towards being able to fall asleep on his own, including when he wakes in the night. He has increased his confidence and independence by learning in therapy at such a young age about his brain in a way he can understand that represent the thinking part and the protective part of the brain. He knows now that when he doesn't have "felt safety" in situations and is overwhelmed, that his automatic protective system in his brain starts working (fight, fright, or freeze response) and he shuts down (freezes) and "turtles." He has been empowered with knowing that he now has owl brain strategies to help him in these situations. He also knows now that there are other ways to communicate besides speaking which tends to be something he's not able to access easily in these moments of high stress, yet he has great strength in using gestures, body language, and use of customized visuals to assist him in self-advocating which he's doing great with. His confidence when interacting & communicating with others has grown, he knows his feelings and is expressing them more, is interacting with more adults and some kids now, and is going to his pre-k class and participating in ways he's more comfortable. He is more willing to try to solve problems at home and try new things. He can play on his own now, and he doesn't become distressed when his mom goes to other rooms in the house or leaves the house.

**THANK  
YOU!!!**



**JUDAH**





**Sarah Yergin making  
Lodge Meetings  
Fun**

**Sports Bar  
Hours**

Monday	Closed
Tuesday	11am - 7pm
Wednesday	Closed
Thursday	10am - 3pm
Friday	5pm - 9pm
Saturday	5pm - 9pm
Sunday	Closed

Please call office M-F for holiday hours  
253 272-1117

# Friends of the Tacoma Elks Lodge

**Gilchrist**

AUTO CENTER



CHEVROLET BUICK

Sales: 253.777.3238  
Service: 253.777.3244  
Parts: 844.314.2682

6014 S Tacoma Way  
Tacoma, WA 98409

 **Abijah Adult Family Home**  
*"Where Compassion Finds a Home"*  
32221 8th Ave SW  
Federal Way, WA 98023

*Jennifer Kuru*

Provider/Owner

email: info@abijahafh.com

Cell: 253-247-0322

Home: 253-325-6097

Fax: 253-325-6096



**Christel Home Services**  
Remodels to Handyman

**Paul R. Christel**

Owner

Gristle@nventure.com

5112 S. 10th St. Tacoma, Wa. 98465

253-222-0188

**THOMAS A. BALERUD**  
**ATTORNEY AT LAW**  
**417 South G Street**  
**Tacoma, WA 98405**  
**T: 253-573-1111**

**Helping car accident victims for 33 years**  
**Active Lodge #174. Member for 11 years**

# Friends of the Tacoma Elks Lodge

## **SENIOR LIVING CONDOMINIUM / 55 & OLDER**

**Affordable and Clean, Clean, Clean.  
Lakewood Cozy Brick Condominium Duplex,  
Featuring 2-bedrooms and furnished with “all” Kitchen appliances,  
Washer, dryer, fireplace and Carpeted, all like new.**

**Just blocks from Lakewood Mall with Restaurants, shopping and bus line  
minutes away.**

**Health care, hospital and 3 Golf courses close by.**

**Vacant for immediate occupancy.**

**Priced at only \$230,000.00 with financing available.**

**For Sale / Lease**

**For further information, call Rockmann Investments. 253-473-5351**







**E.R. Gil Mendoza presents Dave Christel as September's Officer of the Month & Stephen Bodoh as September's Elk of the Month**



**E.R. Gil Mendoza presents Danielle Ankenman With the October Elk of the Month Certificate**



**E.R. Gil Mendoza presents Joel Rinehart  
As Officer of the Month for  
October**



**Always looking for New Members**

*This is where you should be*

*Wednesday Nights.*



*PM Lodge Meeting  
Have fun with all your Elk friends*



*The  
Crying Towel*

*Members names drawn for  
the Jackpot  
Not Present to win \$100.00*

*12/04/2024 Donald Hanson  
12/11/2024 Edward Smith  
12/18/2024 Karen Lanning*



**Wanted**

**Pool Players for the Tuesday Pool League**

**Men and Women all levels of ability**

**Come and have fun**

**Contact : Wayne Leslie 253-370-5162**

**Bob Warren 253-564-7899**



## Saturday Game Night

Remember to come to the Tacoma Lodge's Sports Bar on Saturday evenings. There are various things for you to do and play. We are here to have fun.



*If you haven't paid your dues, now is a great time so you can join in the fun.*



Check out the Allenmore  
**PRO SHOP**

Many items to look at.

Schedule a round of golf and  
Enjoy talking to the  
professionals.

## Need a Good Book to Read?



### Need a Good Book to Read?

Members, don't forget the Elks have a small collection of books to borrow for your reading pleasure. The bookcases full of books can be found downstairs in the Club area. Donations of books are always welcome.



## **Join the Bingo Players on Monday Nights**

**The holidays are over and it's time to keep those New Year's resolutions!!! How about joining the Bingo family on Monday nights. Bring your family and friends and fill a table for fun and laughter! Maybe you will be the lucky one to win a big payout.**

**You can purchase your Bingo cards starting at 6 pm with Bingo starting at 7 pm, and ending by 9 pm. Each strip contains 3 Bingo cards and each strip costs \$2.00. By playing Bingo, you help our lodge and our charities such as ENF, Tall Elks, Veterans, and other local causes. Thanks to all who play and volunteer their time to help out. By playing Bingo, you help us make charitable donations.**

**Bingo!**

### **Bingo Donations for this Lodge Year**

\$1,000 to Veterans Committee  
\$1,000 to ENF  
\$1,000 to State Therapy Program  
\$1,000 to Veterans Committee  
\$1,000 to ENF  
\$1,000 to State Therapy Program  
\$1,000 to ENF  
\$1,000 to Northwest Battle Buddies  
\$1,500 to Tacoma Pierce County Humane Society  
\$500 to Hoop Shoot and \$500 to Family Christmas Party

### **Lodge Donations for this Lodge Year**

\$3,000 to Stadium High School Wrestling Team  
\$453 to School Math Supplies  
\$ \$10,000 to State Elks Therapy Project  
\$3,000 to Veterans  
\$3,000 to Tacoma Rescue Mission  
\$6,000 to Veterans Christmas Magic  
\$3,000 to Y.W.C.A. Abuse Shelter  
\$3,000 to Community Christmas

**Elks Care - Elks Share**





## Do you have a plant Issue?

Plant issues can be year around

Winter can be a tough time on your indoor plants. Maybe not enough light, water or too much water. Be sure to check them to ensure enough, but not too much water. Check for insects that might have entered your home and found a welcome environment on your plants. If you have questions or problems, you may find the answers you need at one of the following websites.

For general gardening questions go to [Gardening.wsu.edu](http://Gardening.wsu.edu).

If you can't find the answer to your issue, you can email your question to Master Gardeners at [pierce.mg@wsu.edu](mailto:pierce.mg@wsu.edu) (include a picture of what your question concerns whether plant, weed, or bug) or call 253-798-7170.

**Please don't litter. Help keep the Tacoma Elks Lodge's grounds free of cans, bottles, cigar and cigarette butts, loose paper, etc. by placing your waste in one of our disposal receptacles. If you see trash on the ground, please help us by picking it up and placing it in one of the disposal receptacles. Your cooperation is sincerely appreciated .**



## Funtimers meet the second Wednesday of the Month

### Happy New Year

Funtimers are seniors who meet for lunch and card playing in the Urban Elk Restaurant once a month. Take time to join us and enjoy lunch and maybe a few laughs. **Wednesday, January 8th is our next luncheon.** Come join us and introduce yourself. We meet about 11:30 to beat the lunch crowd. Enjoy lunch and then play the card game "31" if you want to stay. It costs 3 quarters to play in the game and you might go home with everyone else's quarters! It's a fun way to spend an hour or two. We teach those who do not know how to play "31" and it is easy to learn.

Last month our luncheon was cancelled due to most having something else going on. Tough during the holidays sometimes to get together. But we will be back in January.



## *Allenmore Golf Course*



What are folks saying about Allenmore Golf Course?



"This muni course run by the Elks is one to be seen... A must see club house and public restaurant is also worth a visit. Greens get plenty of light and 9 out of 10 in condition. Amazing views of Mt Ranier. Watch out for the OB on tricky #4 and have a great round."



"Had an amazing time everyone was super friendly and course was great..."



"Great course at a reasonable price. Decided to venture out of the Seattle area and I am glad I did. Friendly pro shop, friendly bar/restaurant staff.

The greens were AMAZING! True, fast, and challenging..."



# Wrapping Community Presents





# Santa & Kids Having Fun





# Shopping for Veterans



Who brought the money??



# Christmas Magic at Camp Murray



# Tacoma Elks Lodge #174

## Sponsorship Recognition



This fall the Tacoma Elks Lodge #174 helped sponsor a new wrestling mat for the Stadium High School Boys and Girls Wrestling Team. The mat will be used for home matches, duals and the WA state wrestling tournament. Our Tacoma Lodge #174 logo is prominently centered on the wrestling mat between Ferrelli's Pizza and Frisko Freeze.

### Sponsorship Recognition

- December 28th , 2024
- 3:30pm
- Stadium High School Gym

The Tacoma Elks Lodge #174 will be recognized during the finals of the Stadium High School Annual King and Queen of the Castle Wrestling Tournament. All Tacoma Elks Lodge members are welcome to attend the recognition and see the new wrestling mat.

Questions please contact Buddy Keller at : [buddyaladino@gmail.com](mailto:buddyaladino@gmail.com)



# January

# 2025

## Lodge Meetings on Wednesdays

### Tacoma Elks Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Years Day National Hangover Day	2	3	4
5	6	7	8 Urban Elk Steaks Lodge Meeting 7 PM	9	10	11
12	13	14 Taco Tuesday	15 Urban Elk Steaks Lodge Meeting 7 PM	16	17	18
				WA. Elks Winter Convention		
19	20	21 Taco Tuesday	22 Urban Elk Steaks Lodge Meeting 7 PM	23	24	25
	26 Martin Luther King Day Bingo 7 PM	27 Taco Tuesday	28 Urban Elk Steaks Lodge Meeting 7 PM	29 National Pie Day	30	31
26	27 Bingo 7 PM	28 Taco Tuesday	29 Urban Elk Steaks Lodge Meeting 7 PM	30	31	

### URBAN ELK RESTAURANT & BAR

#### HOURS

MONDAY - 11AM TO 8PM

TUESDAY - 11AM TO 8PM

WEDNESDAY - 11AM TO 8PM

THURSDAY - 11AM TO 8PM

FRIDAY - 11AM TO 8PM

SATURDAY - 9AM TO 8PM

SUNDAY - 9AM TO 5PM

FOOD SERVICE STOPS 30 MINUTES

PRIOR TO CLOSE







Support our Foundation by donating online. You could give through the Lodge, but the *only* difference when you donate online is how quickly your gift helps others.

Donate to the Elks National Foundation online at  
[enf.elks.org/MyLodge](https://enf.elks.org/MyLodge)

## MAKE GIVING EASY & JOIN THE CLUB!

### Sign up for our monthly, sustaining giving program—the ENF Fidelity Club!

- › Give automatic, regularly scheduled donations each month from your credit card or bank account.
- › Receive special membership benefits and recognition pieces.
- › Update, adjust or modify your gift any time online or by calling us.
- › Sign up by scanning the QR code and make a sustaining difference in Elks communities today!



Elks  
National  
Foundation, Inc.

Use the QR code to sign up today.





**TACOMA ELKS LODGE #174**  
**P. O. Box 11008**  
**Tacoma, Washington 98411-0015**

Come play Bingo every  
Monday at 7:00 p.m. at the  
Lodge! *The more people,*  
*The bigger the pot!*



Cash prizes for every  
game! *Card sales*  
*begin at 6:00 p.m.*  
Come have some fun!