

FROM OUR EXALTED RULER

I RECENTLY ATTENDED the District Deputy officer training held at the "All American" Lynnwood Lodge #2171, hosted by Dave Richcreek, DD for our district. It was a great day of training and connecting with other ERs, COBs and Secretaries.

As you know, much of what leadership have been focused on is the operational side of the lodge. We have made some amazing progress and changes, some of which you'll read about in this newsletter. This business meeting also included honoring **Michael Reagan**, an artist who runs a non-profit called Fallen Heroes Project. He recieved the Washington State Citizen of the Year Award for his tireless work for Gold Star families.



Marine Lieutenant Colonel William Gregory Hall of Seattle

The Fallen Heroes Project's mission is to honor American and allied soldiers who have lost their lives in the war against terrorism by providing their families with hand-drawn portraits of their loved ones, free of charge.

Michael is a talented artist with a deep commitment to honoring fallen soldiers. He has a background in fine arts and has worked as a professional artist for many years. His journey with the Fallen Heroes Project began after he received a request from a family who had lost their son in Iraq. This experience profoundly moved him and inspired him to dedicate his skills to creating portraits for other families who have suffered similar losses. He has created over 9,000 portraits for families of fallen heroes.

His work has had a significant impact on the families of fallen soldiers. Many families have expressed that receiving a portrait of their loved one has provided them with a sense of comfort and closure. The portraits are not just drawings; they are a way for families to remember and honor their loved ones' sacrifices. Reagan often spends hours researching each soldier's life and story to ensure that his portraits capture their essence and spirit.

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617

Current Members 32

Queued for Membership 109

Members Owe Dues*

FOLLOW US:



@seattleelksofficial



@seattle.elks.92

GET THE MY ELKS APP!

It's the easiest way to stay informed.



- Get reminders of Lodge 92 events and meetings
- · Quick links to our website
- · Log volunteer hours
- Pay dues
- Quick links to the Grand Lodge and all things Elks!

What's this?



Answer on page 10.

*Click here to pay your dues on our website, or you can also pay via the MyElks app.

Please send us a quick email if you are not renewing your membership: secretary@seattleelks.com

seattleelks.com

HAVE YOU **Herd?**

APPLE PICKING - WE BROUGHT HER HOME!

A group of eight #92 members met at Shoreline #1800 for a fun evening of Burgers 'n BINGO and brought home our #92 Apple. Not only that, 3 of our members were big BINGO winners! Thanks to Patrick, Mike, Sean, Lisa, Pat, Andrea, Brian and Suzie for making the trek, and to Lodge #1800 for showing us a great time!



FOOD DRIVE FOR **QUEEN ANNE FOOD BANK**

Money is tight for many families, so we are supporting the Oueen Anne Food Bank at Sacred Heart that provides healthy food assistance to those in the community who most need it. OAFB serves high protein sandwiches, vogurt, fruits, bread, pastries, and hot soups M-F from 8:30-11:30am, and offers groceries from their pantry for those in need.

Please drop non-perishable items in the large yellow bins in our Social Quarters, and we will deliver these items at the end of each month. Some suggested donations are listed here.





Protein Peanut butter Nuts Beef Jerky Trail mix · Canned tuna, salmon, or sardines



- Granola bars · Look for options that are lower in sugar
- Applesauce cups
- o Look for 100% juice, no sugar added · Canned soup and veggies
- Mac and cheese



Specialty Items

- Ground and instant
- Tea Black and green
- Sugar
- Granulated Spices
- Salt. pepper, cumin, garlic, chili powder, ginger, Italian herb
- Condiments o Ketchun mustard mayonnais
- Flour
- Jam & Honey
- · Cooking and vegetable oil
- · Dried fruit



Beverages

- · Caffeinated beverages
- Water
- · Sparkling wate Gatorade
- · Protein drinks
- Non-dairy milk
- Shelf-stable milk



To make a cash donation, please scan the QR code.



PARKING

Can't find a parking spot when you come to the Lodge? AAA Fire Protection is A-OK with #92 members parking in their parking lot and around their property after 4:00pm. This includes the fenced area around the corner on Etruria Street. Thanks AAA!

OUR KITCHEN HOURS HAVE CHANGED

We have adjusted our kitchen hours to align with when the Lodge is most busy! Enjoy our full menu Wed-Sat from 5:00–8:00pm (later if the Lodge is hoppin'), Tuesdays will be Veraci pizza night 5:00-8:00pm, and Sundays will feature a special Seahawks menu, starting one hour before kickoff.

A brand new menu is also coming soon, your input is always welcome – just drop a note in the Suggestion Box!





LODGE HOURS

Tues-Thurs | 3pm-10pm Fri & Sat | 3pm-11:30pm Sunday | One hour before kickoff until close

Times vary with Seahawks schedule

Closed Monday except for Seahawks Monday Night Football

Kitchen hours | 5pm-8pm Times vary with Seahawks schedule

MEETINGS All Members Welcome!

Lodge • 1st/3rd Tuesday 7:00pm

House Committee • 2nd Tuesday

Officer/BOD • 4th Tuesday 6:00pm

2024-25 OFFICERS

Exalted Ruler

Patrick Smith

Esteemed Leading Knight

Anne Lavine

Esteemed Loyal Knight

Leska Fore

Esteemed Lecturing Knight

Tara Espinoza

Lodge Secretary

Brian Marshall

Lodge Treasurer

Suzie Allen

Lodge Esquire

Sean Erickson

Lodge Chaplain

Pat Nolan

Lodge Inner Guard

Derek Lee

Tiler

Elizabeth Arnold

1-vear Trustee

Kent Hatcher

2-Year Trustee

Chris Brackett

4-Year Trustee

Holley Ring

5-Year Trustee

Lisa Peterson





WE ARE OPEN SUNDAYS* Starting Sept 8

Open 1 hour before kickoff!

Join us at the Lodge for food + drink specials
as we cheer on the Hawks!

SEPT 8 vs DENVER • Open noon-5pm SEPT 15 @ NEW ENGLAND • Open 9am-5pm SEPT 22 vs MIAMI • Open noon-5pm

ALSO OPEN MONDAY, SEPT 30 vs MIAMI • Open 4–10pm

*Sunday hours will follow the Seahawks schedule throughout the season.

Volunteer in Our Kitchen

Love to cook? Serve up that special recipe to your fellow #92 members! We will make sure you have all the help you need to prep and serve your menu. A WA State Food Worker Card is required, but it takes only half an hour to apply for it online.



Scan to apply for your Food Worker Card.



GET TO KNOW...

Your Secretary, Brian Marshall

- 1. Pancakes or waffles?
- 2. Blackjack or poker?
- 3. Lake or beach?
- 4. First Elk in the fam or from a herd?
- 5. Seattle-born or Seattle-ite?

WANT ADS

Email us with questions or to volunteer for any of these items: **secretary@seattleelks.com**

MEMBERSHIP CHAIR.

Along with Lodge Officers, keep up with #92 members dues, help with recruitment, and new member orientantion.

GAMBLING SUPPORT.

Help get BINGO, Bunco, raffles, pull tabs + more at our Lodge! Contact Gambling Chair, Sean Erickson to offer help: Seanelks92@gmail.com

CHECK CARDS AT THE DOOR. Volunteer to do this any time you're at the Lodge – no scheduling needed!

EXTRA BOARD GAMES.

Help us build our game collection! Bring those unused games from your basement to the Lodge and share with #92 members. Specifically seeking cribbage, chess, checkers, and backgammon.

VOLUNTEER SIGN-UP COORDINATOR. Set up and manage SignUpGenius (or other app) to help organize volunteers for the kitchen and other events.



What do you think? Let us know! Right by our guest book.



OKTOBER FEST



OKTOBERFEST DRESS ENCOURAGED!



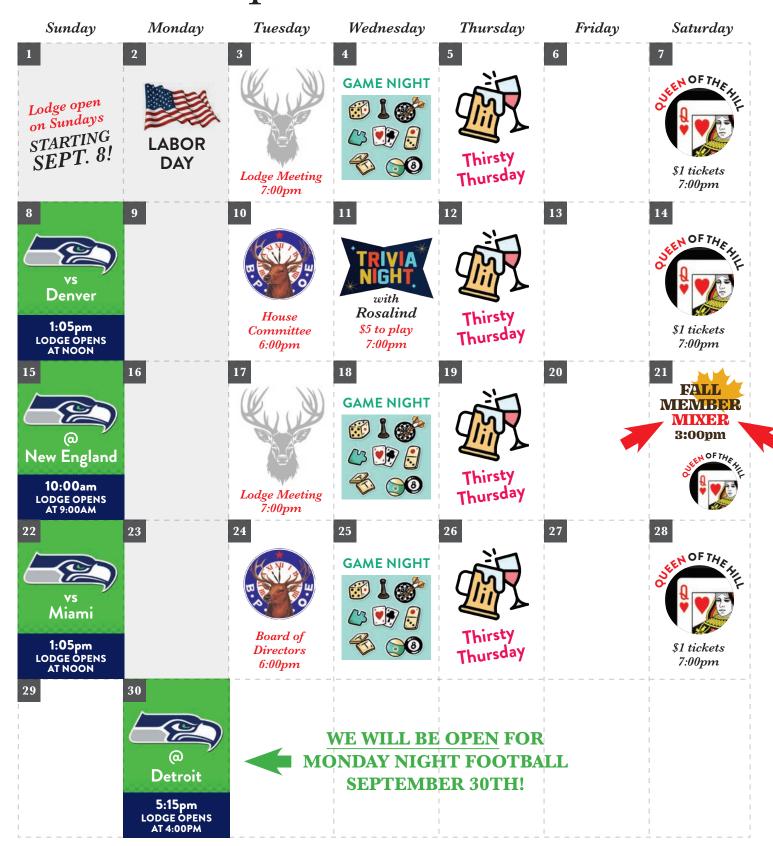
3014 3RD AVE N, SEATTLE, WA

GAMES & PRIZES | FESTIVE FOOD & DRINK

THEN STAY FOR OUR QUEEN OF THE HILL DRAWING AT 7PM!

RSVP: TARA92ELKS@GMAIL.COM OR (206) 708-9379

September 2024



(continued from page 1)

Meeting Michael Reagan in person and hearing his story reminded me of why I joined the Elks and inspired a renewed commitment to give back to our community.

So here is my ASK – I would like to organize a fundraiser event to support Michael and the Fallen Heroes Project, but I need help. If you have an interest in supporting me and in this endeavor, please email me at PatrickSmith. Elk92@gmail.com with your ideas

and your commitment to help!



Michael Reagan receiving the WSEA State Citizen of the Year award from PER Richard Seeder of Lynnwood Lodge #2171



Yours in Elkdom, Patrick Smith, Exalted Ruler



More Elks #92 t-shirts are on order, ladies sizes too!

\$25 EACH

Twinning!





Washington State Elks Association Calendar Raffle

Get your tickets now and get ready to win all through 2025! Tickets are available at the Lodge for \$10 each, just ask at the bar to purchase yours.

A winner is pulled every day through December 31, and even if you win, your ticket is thrown back in to be possibly drawn again, giving you multiple chances to win with the same ticket!

Weekdays = \$25

Weekends = \$50

Holidays = \$100

Feb. 16, 2025 = \$500The birthday of our Order!



Scan for more raffle details and rules.



hring@windermere.com holleyring.com (206) 852-6107







MEMBERS TRUST MEMBER-OWNED BUSINESSES! Click here to submit your Elk-O-Gram ad and payment. Only \$10 per issue, all proceeds go to the Washington State Elks Therapy Program for Children.

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The Elks Hoop Shoot is a free-throw contest for kids ages 8 to 13. The program is free to all contestants and provides youth an opportunity to compete, connect and succeed through hard work and healthy competition. The lessons learned at the Hoop Shoot help kids unleash grit.





Districts6 Lodge winners
advance



Regionals



State



2025 Elks Hoop Shoot National Finals April 26, 2025 Chicago, IL



Scan or go to elks.org/hoopshoot/ for more info.

WE NEED YOU, 92! Help organize and run our Hoop Shoot Lodge Contest for kids in our community and volunteer today! We have the "playbook" to run this event, we just need a committee to make it all happen! Email secretary@seattleelks.com if interested!

Best score of 25 free-throws Boys & girls divisions

3 age groups: 8-9, 10-11, 12-13

HOW DOES IT WORK?

- Youth ages 8-13 advance through local contests (starting with preliminary contests or a Lodge contest), Districts, States, and Regionals to the National Finals in Chicago.
- Six National Champions will have their names and photos displayed at the Naismith Memorial Basketball Hall of Fame in Springfield, Massachusetts.

WHY HOOP SHOOT?

- Gritty kids are determined hard workers. Gritty kids become gritty adults with strong work ethics and goal-setting skills.
- It's free! The Elks cover travel costs through each level.
- The Hoop Shoot can offer similar life lessons as other sports programs. But what other program offers kids the chance to be in the Hall of Fame?



"The Hoop Shoot helped me create a strong work ethic, not just in sports but in life itself. The lessons I learned have helped me juggle school and college basketball."

-Jerika Moore, 2015 National Champion 2024 BackBoard Member

OUR KIDS

WASHINGTON ELKS THERAPY PROGRAM FOR CHILDREN, INC.

We are pleased to share this touching story written through the eyes of a parent of one of "Our Kids."

KEIRA is my daughter and she is 19 years old. Before we discovered the Washington Elks Therapy Program, Keira and I were two people struggling with our own challenges. Dealing with my own blindness and trying to help my daughter with a rare genetic disorder called TSC (Tuberous Sclerosis Complex) has been overwhelming and at times hopeless. It is through sheer luck that we came upon the Elks program.

For years we have been seeking the help of therapists and have been unsuccessful. Keira has sort of been in a state of limbo for many years. TSC has caused a wide range of medical issues which has affected her heart, brain, lungs, kidneys, liver and pancreas. She has developmental delays, selective mutism and anxiety interrupts the quality of her life each and every day. I remember some of her physicians telling me that some of her behavioral issues might not even respond to therapy. You can't always believe what you hear because when you get the right kind of help from someone with a particular set of skills, there can be a recipe for success.



Seattle Elks Lodge #92

We receive in-house services from an Elk therapist once a week. Keira has trouble expressing herself because of her selective mutism. Her occupational therapist has been able to read her body language, which speaks volumes. We now know she has motor and sensory issues. In fact, we will be seeking the help of a physical therapist because her left hip and knee are not in alignment. Keira's therapist is innovative, creative and treats Keira as an individual. recognizing her neurodiversity. Her therapist is

206-282-9292

always exploring new ways and methods to help Keira to become more independent, which would improve her quality of her life.

It was a struggle for us to find a program that would take Keira, and when we did, we couldn't afford it. Without the free services of the Washington Elks Therapy Program, Keira would not be where she is today. Thank you so much for making a difference in her life.







Since 1954, the Washington Elks Therapy Program for Children has provided home-based occupational or physical therapy to children with developmental delays or physical disabilities. Services are provided at no cost to the family served.

To donate, click here.





For rental inquiries, email: secretary@seattleelks.com or visit our website for info: seattleelks.com/event-rentals

Proposed House Rule and By-Law Change to be voted on at the Tuesday, October 1st 7pm Lodge Meeting

HOUSE RULE Amendment Proposal:

HOURS: Currently reads "The Club shall be open from 3:00 PM until 10 PM Monday through Thursday; and 3PM to 11:30 PM Friday and Saturday, but may remain open no later than 1:45 AM"

Proposal to Amend to:

"Except on special occasions, the Club Rooms shall not be opened before 9:00 A.M.; nor shall they be kept open after the legal closing time specified under the laws of the State of Washington."

The purpose of this amendment is to provide the House Committee the ability to adjust Club Hours as business needs dictate, without requiring a House Rule vote.

MANDATORY ALCOHOL SERVER TRAINING (MAST)

We'd love your help in the bar when it's busy, but you need a MAST card:

- MAST is required by law for persons who serve, mix, sell, and supervise the sale of alcohol for on-premises consumption.
- Permits are good for five years, and will expire on the first day of the month following the month you took your test.
- MAST covers 12 core topics that include liquor laws and intervention skills such as ID checking exercises and how to refuse sales when needed.
- Class length is a minimum of three hours with an exam afterwards.
- If you take the course online, you do not have to complete the course in one sitting. You may log out, return and pick up where you left off.



Scan to find a class and get your MAST card!

Are you a blood donor or would you like to be one?

We need 35+ members to pledge they will donate blood to schedule a blood drive with **Bloodworks Northwest** at the Lodge. The drive will be open to the public and on their mobile "Bloodmobile" bus parked in front of the Lodge before we open. A clipboard to sign up is at the Lodge on the table near the bar.

Sign your name and help us get this blood drive scheduled!



Lodge Meetings

1st & 3rd Tuesday 7:00pm

Join us every month and be a part of important issues that affect you as members. Bring your ideas, cast your vote on Lodge business, welcome newly-initiated members, and get involved with Elks #92!

Answer from page 1:

Our best-selling menu item, the Smash Burger! It's the perfect snack size and includes a side of fries for only \$8! And have you had the fries lately? So good!

Members can bring non-members to any Elks Lodge as guests, so bring your friends to #92 instead of some over-crowded, expensive bar or restaurant!