

A photograph of several bright yellow crocus flowers blooming through a patch of snow. The snow is white and textured, with some shadows cast by the flowers. The background is a soft-focus snowfield.

the
ELKS
magazine
March 1983

Now! You Can Start Your Own "Million Dollar" Zoysia Lawn!



SPECIAL SALE
\$233
Plus up to 900 FREE Plugs

Lakeland's **Famous**® 30-Below-Zero Zoysia Takes Wear, Tear, Cookouts, Children's Games . . . After 30 Below Zero Winters, It Bounces Back Green, Thick, And Beautiful! Closest Thing to An Indestructible Lawn You Have Ever Seen!

Zoysia Lawn Wasn't Mowed Or Watered For A Month! Not A Weed In Sight!

If your family is like mine, you're squeezing every dollar to make sure you have enough to go around. And it looks like things are going to stay that way.

One way to cut expenses is to cut the costs, and work, of lawn care. For example, a woman wrote about her zoysia lawn that she had mowed it only twice ALL SUMMER. She hadn't spent a cent on weed-killers. Not one cent for fertilizers. Yet her lawn was as green and weed-free as a pile carpet.

ZOYSIA LAWNS STAY GREEN THROUGH HEAT AND DROUGHTS

Let the scorching sun burn lawns around you into hay—your zoysia stays fresh and green, an emerald isle of beauty. I have yet to water my own zoysia lawn. One day I saw that my sprinkler had gotten cobwebs! In Iowa, a zoysia lawn was declared the area's "Top Lawn—nearly perfect." Yet this lawn had been watered only once that entire summer!

CUT YOUR WATER BILLS. SAVE THE WORK OF LAWN SPRINKLING. START A FAMOUS ZOYSIA GRASS LAWN NOW.

Weed-killing chemicals are NOT NEEDED for a weed-free Famous® Zoysia Lawn

How is it possible that Famous Meyer Z-52 Zoysia stays weed-free without using expensive, risky chemicals? It grows so thick that crabgrass (weed) seeds don't get enough light to germinate!

Has Cut Mowing To Once A Month

Zoysia grows sideways, not just up like ordinary grass. It forms a thick, interwoven carpet of turf that keeps its well-groomed look weeks longer. It cuts your mowing by half, 2/3 or more!

No-Re seeding—Not Ever!—With Lakeland's Famous® Zoysia

Plug in Lakeland Zoysia and never buy grass seed again. Zoysia lawns don't grow old; they just grow better. They sparkle under 100° heat. . . stay green through droughts. They resist diseases and insects which ruin ordinary grasses. After sharp frosts, they only give up their green color, then green up better than ever each following Spring. Famous Zoysia gives you the closest thing to an indestructible lawn you have ever seen.

Ends Washouts on Steep Slopes Perfect Where Other Grasses Do Poorly

Deep-rooted zoysia holds soil in place, stops it from washing away from slopes. It's your perfect answer for worn out or weedy areas, too.

In a typical newspaper article I read (quote): "upgrading your current lawn" requires the right selection of grass seed plus "regular applications of fertilizer (and lime where needed)." This article also said you need, "weed, insect and disease control." Sound familiar? Of course!

Why not forget all that work and expense, and plug in Famous Meyer Z-52 Zoysia? To upgrade your lawn with zoysia, don't dig it up. Just set plugs into holes in the soil a foot apart more or less. Let those plugs spread toward each other to form a carpet of solid turf. Growth is so vigorous it chokes out old growth you want to get rid of, WEEDS INCLUDED.



From Coast to Coast People Write to Mike Senkiw, Agronomist.

From Hudson, N.Y., E. La-Roche writes how he planted plugs "in the worst possible place—clay with weeds and gravel. . . It formed a 4" thick carpet of grass. Not children, dogs, cats, rabbits, extremely hot sun or drought could kill it."

From Sacramento, Calif., J. M. writes how he bought our Zoysia "for a weed infested spot—it took care of the problem."

From Indiana, M.A. Low, Sr. writes how he visited a physician friend in Albert Lea, Minn. where he saw a "whole back yard was entirely in zoysia and it was beautiful. . . a deep green."

The success of many thousands of delighted Famous® Zoysia owners awaits you. Prove it to yourself today.

Poor Soil? No Problem!

Our Famous Zoysia plugs are so vigorous we guarantee them to grow whatever your soil—from heavy clays to sandy sub-soils. You cannot lose.

IT'S SO EASY AND INEXPENSIVE TO START A MAGNIFICENT ZOYSIA LAWN

Start your own magnificent, perennial zoysia lawn with as few as 100 plugs. Just let your plugs establish solid turf. Then take up transplants and plug in other places to your heart's desire. Plugged areas grow right back into solid turf. Your supply of plugs is endless.

Prices and Bargains

If you plant more grass that sits there and struggles—or dies on you—you may not miss your work and money. It's the time you cannot recover! So please don't confuse Lakeland's 30-Below-Zero Zoysia with any ordinary turf offered as a "bargain." If our plugs cost a little more in the beginning, they remain, in the long run, the only true bargain for your lawn.

Order guaranteed **Famous**

zoysia plugs now, for delivery from our nearest shipping point. Your order will be sent at the earliest proper time to plant in your area.

Orders not accepted from Wash. or Ore. States.

Meyer Z-52 Zoysia Grass was perfected by the U.S. Govt. and released in cooperation with the U.S. Golf Association.

"Same Day Fresh"

The day we cut your plugs is the day they are on their way to you. Because freshness counts, Lakeland has 2 shipping points, one in the Midwest and one in the East. Your plugs go out from the nearest point "Same Day Fresh" and ready to grow, shipping charge collection the most economical way. On credit card orders, the shipping cost will be prepaid by us and billed to your account. © H.H.I. 1983

Lakeland's Total Guarantee

- Drought Won't Kill It • Heat Won't Kill It
- Diseases Won't Kill It • Cold Won't Kill It

Even though we don't know your soil, we guarantee EVERY plug of Famous Z-52 Zoysia to live and grow in it. No ifs. No buts. Should any plugs fail to grow, just let us know within 60 days. We refund or replace them FREE. That guarantee clearly means that Famous Zoysia has to do everything we say—and more! Otherwise there's no way we could give you such unique protection.



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NO NEED TO DIG UP YOUR LAWN
PLUG IN **Famous**® Z-52 ZOYSIA

A Message From The Grand Exalted Ruler



Belief and Enthusiasm

As I sat for a few idle moments, I started thinking of how fast this Grand Lodge Year was going by and how pleased I was at the accomplishments being made in Elkdom. I realized that for this year's Exalted Rulers their term is but a few short weeks from being completed.

I also realized that very soon my year as your Grand Exalted Ruler would come to an end; and I wondered, have I accomplished all that I set out to do? Do I still have time for some last minute accomplishments?

I caught myself and realized that being a good Elk or being a leader is not just a one-year job. It is a belief and enthusiasm that we must have from the day we are initiated if we are to succeed as an individual and as a great Fraternal Order.

The Exalted Rulers, officers and members have been doing an outstanding job for Elkdom. This is evident from reports I am receiving from most committees. Our charitable works have increased this year, indicating our concern for our fellow man.

My Brothers, Elkdom is growing and prospering in all areas. We cannot let up now just because our year is drawing to a close. As leaders and believers in Elkdom our work should just be starting.

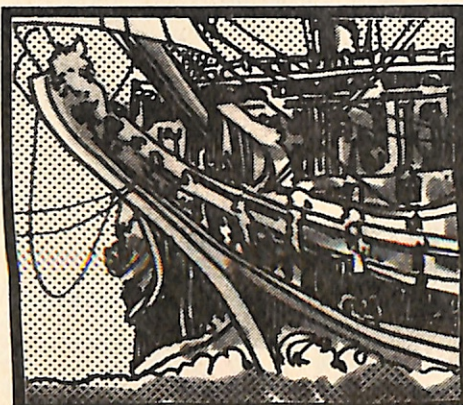
We have the experience now to help others, just as we all looked to our predecessors for help. Let me encourage you, as leaders and workers of this past year, to stay active in Elkdom. I believe we have the greatest Fraternal Order in existence; and in order to keep it that way we need your help. We cannot sit back and say, "I have done my share, let someone else do it now." This attitude will get us nowhere. We need to sit back with pride over our past accomplishments and say, "I have something to offer and I will help." Each of us in some way or another has made progress and helped Elkdom grow. Let's all renew our enthusiasm and work so that we may continue our success and show to all that "Elks Care."

Marvin M. Lewis

6 They Are Our Ancestors Too!

They arrived in the New World, neither colonists or slaves, to begin a term of servitude as indentured servants.

Ennis Duling



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14 Helping Children Cope With Death

Society has been mindful to teach children the facts of life, yet negligent in teaching the facts of death.

Sharon Gloger Friedman

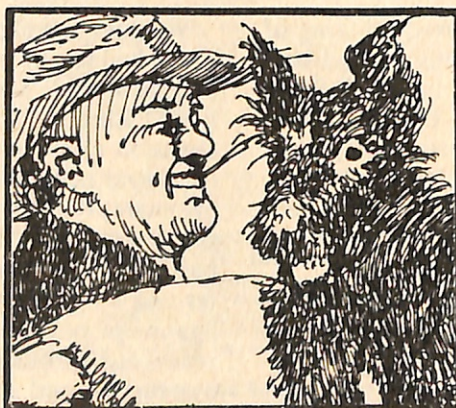


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20 Pets and People: Partners in History

Pets have helped humankind shape history since the caveman, yet rarely are they given credit for their contributions.

Texe W. Marrs



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Photo by the Stock Shop

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The 1983 Hall of Fame Tournament

In Pinehurst, N. C. on May 16-22 will be Co-Sponsored by the

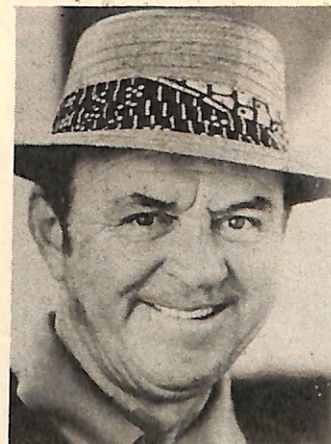


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and the World Golf Hall of Fame**



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Here's your opportunity to play with the pros as an amateur partner in a two day Pro-Am. You can join Arnold Palmer, Gene Littler, Don January, Julius Boros, Sam Snead, Billy Casper, Miller Barber, Charles Sifford and Kel Nagle in challenging the historic No. 2 course at Pinehurst.



SAM SNEAD

The Hall of Fame Elks Sponsor Package

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- One playing position in the two day Pro-Am tournament, May 19th and 20th.
- One playing position in the two day Amateur tournament, May 17th and 18th.
- Complimentary caddy or cart fees and range balls.
- Five nights accommodations for two at Pinehurst Hotel and Country Club (one & two bedroom condominiums reserved).
- One reserved parking pass good all week.
- Invitations for two to the:
 - May 17th Pro-Am draw party and dinner.
 - May 18th Hall of Fame Enshrinement Ceremonies and cocktail party.
 - May 20th Pro-Am awards cocktail party.
- Two Sponsor badges good for admission to the members clubhouse and grounds during the tournament.
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Your purchase of this exciting package above is a tax-deductible contribution to The World Golf Hall of Fame which relies solely on public support for its operating expenses.

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ON TOUR WITH

MARVIN M. LEWIS



A dinner-dance was held at Middletown, PA, Lodge in honor of GER Marvin M. Lewis (center) during the 75th anniversary of the lodge. Others pictured are (from left) Grand Est. Loyal Kt. Fred Reno, PGER Homer Huhn, Jr., ER John McGarry, and SP Howard Schran.



GER Marvin M. Lewis (center) was greeted on his arrival at Santa Barbara, CA, for his official visit to the West Central Coast District by (from left) Santa Barbara ER Burton Bolt, DDGER Thomas Friscoe, Jr., PGER Horace Wisely, and Past Grand Trustee Vincent Grocott.



The GER's visit to the South Coast District of California was hosted by El Cajon, CA, Lodge. In photo El Cajon ER Maury Kelly (left) welcomes GER Marvin M. Lewis to the lodge. Approximately 800 Elks attended the affair and enjoyed a Western-style barbecue and Western music and entertainment.



An unusual reunion occurred when GER Marvin M. Lewis (standing, center) visited Randolph, MA, Lodge and met Brother James MacDonald (seated, right). In Italy in 1944, Brother MacDonald was injured, and a young medic named Marvin M. Lewis assisted Brother MacDonald back to an aid station. They met again 38 years later at Randolph Lodge. Also pictured are Brother MacDonald's sister Lillian and SDGER Alfred Mattei.

GER Marvin M. Lewis (second from right) attended the fall convention of the Arkansas State Elks Association at Highland. Other dignitaries in attendance were (from left) Grand Treas. Edward Schlieter, PGER Willis McDonald, SP Michael Stafford, and Grand Trustee Robert Smith.



50% Hotel/Motel Discounts Available

Now available in this issue is a special half price rate program for those travelers to enjoy substantial savings of 50% off hotel expenses and stay at the best accommodations at participating leading hotels, motels and luxury resorts that include Marriotts, Hiltons, Sheratons, Holiday Inns, Stouffers, Ramada Inns, Howard Johnsons, Travelodges, plus hundreds of other famous name accommodations in major cities in most states including Canada, Mexico and Hawaii.

Members receive 50% discounts on lodging accommodations with the Travel America at Half Price Coupon Book. Those who will be traveling on auto trips, vacations, weekend getaways, trips to your favorite summer and winter resorts, or visiting friends and relatives will find this program a must. For those who have to spend \$45.00 or more for a room that cost \$28.00 two years ago will welcome these half price rate savings.

SAVE 50% ON NEXT HOTEL STAY. As a Travel America member you receive 50% off the regular published rates as indicated on each individualized coupon which gives a complete description of facility, nearby attractions and restrictions, if any. Obviously with your book you can save as much as \$100 or more on a single trip, and will now also afford those individuals or families who are on a tight budget the opportunity to take a vacation or getaway and pay only half the price.

COMPARE THESE SAVINGS. This plan will not only offer you significant savings throughout this year, but should pay for itself the first time you use it. When you consider the example of a three-night stay in a hotel that cost \$42.00 per night, the regular published rate charge would be \$126.00. But as a Travel America member you pay only half the price and save \$63.00.

EXTRA BONUS OFFER. Since this special introductory offer has been extended now through April 30, 1983, anyone who joins prior to this deadline date will pay only \$20.00 for this membership fee. This is a \$5.00 discount off the hundreds of thousands sold at \$25.00.

To take advantage of this money-savings program and save 50% off your next hotel stay, you can complete and mail your application with payment today.

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With the Travel America at Half Price Coupon book you receive 50% discounts on your lodging accommodations at participating leading hotels, motels and luxury resorts that include Marriotts, Hiltons, Sheratons, Holiday Inns, Stouffers, Ramada Inns, Howard Johnsons, Best Westerns, plus hundreds of other famous name accommodations in major cities and almost every state including Canada, Mexico, and Hawaii.

Your Own Half Price Discount Book

Each member receives the '83 edition of the Travel America at Half Price book with all coupons good through December 31, 1983. That's right, you'll now more than enjoy this book of 50% hotel discount coupons worth more than \$10,000 in total savings.

Convenient to Use

To claim your 50% discount all you need do is make advance reservations directly with the hotel to make sure rooms are available, and present them with your coupon when you arrive.

Consider These Examples of Savings

This plan should not only pay for itself the first time you use it, but will offer substantial savings throughout the year. For example, from your book select a weekend getaway to a favorite city or resort for a three night stay that costs \$126.00... you pay only \$63.00. Travel on an auto or business trip and take a one-night stop over in a room that costs \$52.00 per night... you pay only \$26.00... vacation in Disneyworld for seven days and six nights that costs \$228 for your hotel stay... you pay only \$114.

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2029

They arrived in the New World, neither colonists or slaves, to begin a term of servitude as indentured servants.

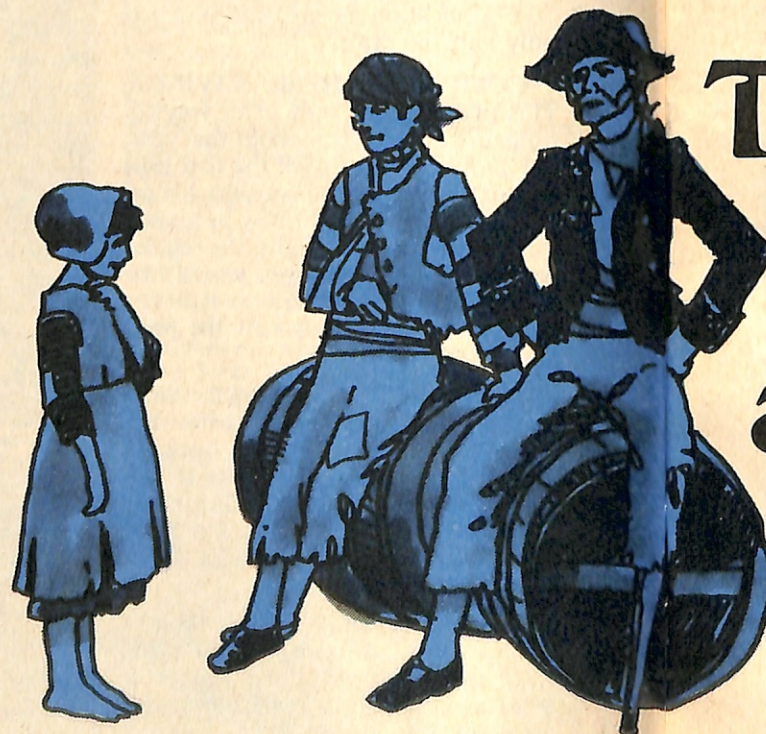
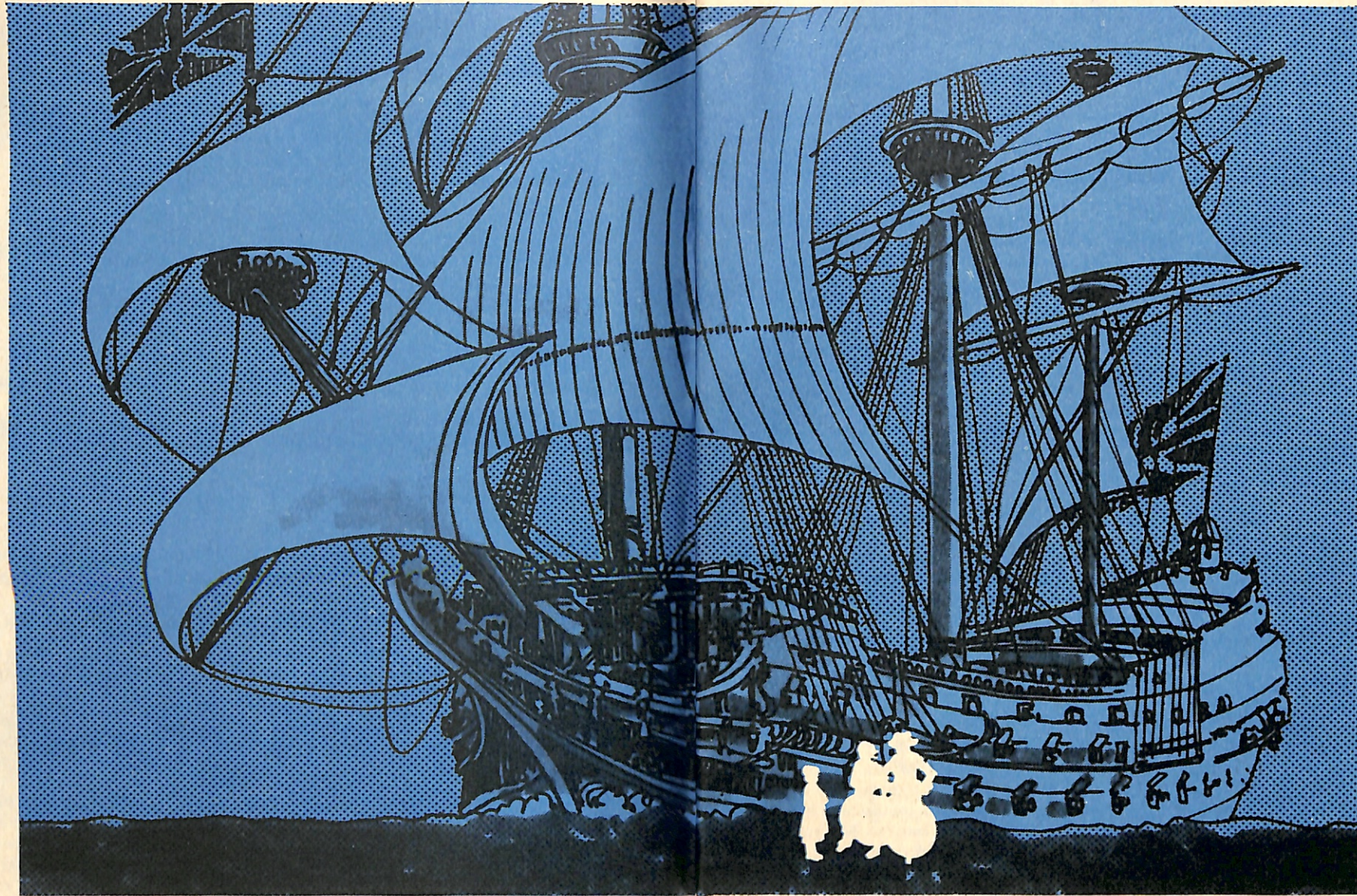
Two hundred men, women, and children are below decks on the ship *Providence*, which is in full sail for the American colonies. The air is foul and disease is rampant. The space is so cramped that the passengers must sleep in turns. In a voyage that will take as many as ten weeks, if they are lucky, the ship is tossed about by dark mountains of water. The young children and the sickly die first and are thrown into the sea. In despair someone cries out, "Oh! If only I were back home, even lying in my pigsty."

The Atlantic crossing was never easy. In school we all learned of the hardships of the Pilgrims, men and women who had faith and hope to sustain them. Recently we have remembered that the roots of black Americans include an Atlantic passage of unimaginable horror. But the passengers of the *Providence* are not the founders of a colony, nor are they slaves. English, Irish, German, Swiss, Welsh, or Scots, upon arrival in the New World, they will begin a term of servitude. They are indentured servants. Before the Revolution, over half the immigrants to arrive in the colonies south of New England were indentured. How they fared is a grim, often ignored part of our heritage.

From the first there was a demand for laborers in this vast forested land. Trees had to be cut down and their roots grubbed from the earth. Soil that had never known a plow had to be broken up and planted. Crops needed to be hoed and harvested. And it wasn't all men's work either. Clothing, candles, soap, and other necessities were all homemade. Cooking, washing, and mending could be dawn to dusk chores; and if they were completed, a woman could chop weeds alongside the men. Children were expected to begin working as soon as they were able.

But where to get the laborers the colonies needed to grow? How could people who did not expect to get rich or did not yearn for a chance to worship in their own way be convinced to go to the New World? An 18th century Virginia writer put the problem this way, " 'Tis not likely that any man of plentiful estate should voluntarily abandon a happy certainty to roam after imaginary advantages in the New World."

One answer was to wrench Africans



They are our ancestors too!

by Ennis Duling

from their homes and to sell them into a life of bondage. Another system that developed in the Virginia colony even before slavery was indentured servitude.

In its best form indentured servitude was a fair contract between a master and a servant, much like the agreements between craftsmen and apprentices in the Middle Ages that allowed skills to be passed from one generation to the next. Ideally, the master paid the price of passage across the Atlantic and guaranteed food, clothing, and shelter in America. In turn, the servant agreed to work without pay for a term of usually three to five years. At the end of that time, the master was responsible for giving his servant a chance for a fresh start in the world. In North Carolina, for instance, the former servant was given a sum of money and a suit of clothing as freedom dues. In Pennsylvania the law stipulated that a servant was to receive two suits (one had to be new), one ax, one grubbing hoe, and one weeding hoe. In some cases land was used as a reward. Then a servant was free to try his fortune in America, free to become a member of the colonial legislature, to stake out land on the frontier, or to sink back into poverty. A woman was free to marry and to watch her fortunes rise or fall with those of her husband.

It was a good enough system in theory, given the harshness of the age. The risks of going to America were great under any circumstances. A servant was coming to a new land and could expect it to test him continually as it did people of position and power. But the normal hardships of a rugged land were not the biggest problems that servants faced. Too often there was an ugly gap between the contract that a poor man put his mark to in some London grog shop and the life a servant led. Sometimes the ugliness started even before the contract of indenture was signed.

Since never enough servants came forward for the voyage to America, ship captains turned to recruiting agents. In England the common people called these agents "Spirits," because they might spirit you away in the middle of the night. In Germany, where they were noted for their gold watchchains, they were called Newlanders or soul-sellers. You might believe a Spirit when your head swam with liquor or if your stomach cried out for food, but you never altogether trusted him.

Spirits hired drummers and pipers to advertise the sailings of ships to America. They recruited in the streets and at fairs. With easy promises, they moved among the wretchedly poor in London and Dublin. An English writer said of them, "They take up all the idle, lazy, simple people they can entice, such as have professed idleness, and will rather beg than work; who are persuaded by these spirits, they shall go into a place where food shall

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... Our Ancestors Too!

drop into their mouths." In Germany the Newlanders, who recruited poor farmers in the Palatine, censored letters home so that prospective servants would hear of only the best aspects of life in America.

And if all else failed, English and Irish Spirits might shanghai children and drunks. In 17th century London there were warehouses which were used to hold these potential Americans until a ship was ready for them. In fact, our word kidnapping comes from this business in servants. Although the worst abuses had been outlawed by the 1700s, the son of an Earl was kidnapped as late as 1728.

If expenses could be kept down, servants were a very profitable cargo. Economy measures usually meant suffering below decks. A German church organist named Gottlieb Mittelberger, who made the crossing on a ship crowded with over 300 people, wrote, "During the journey the ship is full of pitiful signs of distress—smells, fumes, horrors, vomiting, various kinds of seasickness, fever, dysentery, headaches, heat, constipation, boils, scurvy, cancer, mouth-rot, and similar afflictions." Writing to counteract the stories of the German recruiting agents, he warned that small children usually died during the voyage. He told of the sufferings of a woman who died during labor and had to be pushed through a porthole into the seething ocean. He described the food as filthy and in short supply. "And the water," he wrote, "is often very black, thick with dirt, and full of worms."

John Coad, a transported rebel, wrote, "In the night (there were) fearful cries and groanings of sick and distracted persons, which could not rest, but lay tumbling over the rest, distracting the whole company, which added much to our trouble." He said that some people were "devoured with lice until they were almost at death's door."

The statistics from these voyages are incomplete but none the less horrifying. There are records of ships leaving Rotterdam with 200 passengers on board and arriving in the New World with only 19. On the ship *Sea-Flower* out of Belfast, the starving passengers turned to cannibalism. Still, 46 out of 106 died. In one year 1,600 passengers bound for Philadelphia died at sea.

But it did not have to be that way. When the leaders of the Georgia colony insisted on ventilation below decks and on plentiful, nutritious food, the servants arrived in good health. This was not typical. Upon arrival they were usually skin and bones, wasted by dysentery and in shock from the deaths of friends and family.

Those who survived the Atlantic crossing were poked and prodded like livestock and then began their years of service. But there was one other obstacle to overcome

before servants had any chance of making it in America—a year of "seasoning" in which they were prone to the effects of the harsh climate and the American diseases such as the bloody flux, the dry gripes, and the ague (malaria). In 1671, the governor of Virginia estimated that four out of five servants died in their first year.

What happened to the survivors varied greatly from colony to colony and from master to master. It was said at the time that in Barbados servants were used as if they were already in hell. There were reports of suicides in Maryland; and one witness thought that African slaves were better treated. In the crudest economic terms, a slave represented a lifetime investment; a white servant was good for only a few years. Richard Lignon, a mid-17th century Englishman, wrote that he had "seen an overseer beat a servant with a cane about the head, till blood has followed for a fault not worth speaking of." A convict who had been pardoned from the gallows to come to America said that the next time he would choose to be hanged.

On the other hand, there was much decent treatment by good, honest masters. Some servants in New Jersey in 1684 lived on a diet of "beef, pork, bacon, pudding, milk, butter, and good beer and cider." Although servants were not free, they were allowed to sue in court if their masters mistreated them; and on occasion the court sided with the servant. A Boston maidservant was freed of additional service when she sued her master for "wanton and lascivious carriages towards her." Another master, this time in Maryland, was fined 500 pounds of tobacco for mistreating a servant.

Servants were only part way between being slave and being free. They were not allowed to marry without their master's consent. (The length of service for a woman bearing an illegitimate child was usually increased.) They certainly could be beaten, as could wives and schoolboys, but they were not to be whipped upon the naked back as slaves were. If a servant became too ill to work, the law generally did not allow a master to free the servant to be rid of his care.

Who were these servants? Again there are no simple answers. They run the spectrum from Scottish soldiers defeated in rebellions, poor German farm families, to the meanest convicted felons.

A description from England about 1700 says that one group of servants was made up of "three or four blades well-dressed, attended with half a dozen ragamuffin fellows, showing poverty in their rags and despair in their faces, mixt with a parcel of young wild striplings like runaway apprentices." The mayor of Bristol, England, said that servants included "husbands that have forsaken their wives, and other wives who have abandoned their husbands." They were a sad lot,

(Continued on page 31)

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NEWS OF THE LODGES



KONA, HI. The true meaning of Brotherly Love was shown in a recent incident near Kona, HI.

During the early morning hours of Saturday, November 13, 1982, Kona Lodge members Harold Perrells and Sol Perkins were fishing off the Kona Coast. Winds picked up and the waves grew in intensity. To their dismay, the boat's engine stalled.

Being tossed around in the high seas like a cork, the Brothers radioed for assistance. The Coast Guard Auxiliary couldn't be reached. Instead, three Brother Elks, Harold Whiteley, Bruce Evans, and Perry Geller, were notified of the impending disaster.

All three men raced to Brother Whiteley's boat and battled high winds and high surf for over four hours to reach Brothers Perrells and Perkins and return them to the safety of Honokakau Harbor.

SKOWHEGAN-MADISON, ME. Ground breaking ceremonies were held at Skowhegan-Madison, ME, Lodge for an addition to the lodge building. The addition will increase the size of the lodge room and will also include a new kitchen, game room, stockroom, and a complete cellar.

Pictured are (from left) PER Robert Smith, chm. of the Building Committee; ER Richard Plourde; and PER Maroon Nemer, chm. of

trustees and first vice-president of the Maine Elks Association.

WOODBIDGE, NJ, Lodge held its 20th Annual Charity Ball. Special guests were Jackie Tortoriello, Region 4 poster contest winner; and Frank Sicora, representing the Spina Bifida Association of Central New Jersey. Brothers in charge of the event were Co-chm. Stephen Markulin, Chm. Joseph Gochal, lodge Treasurer John Di Blasio, and Daniel Deverin, secy. of the Crippled Children's Committee.

VIRGINIA CITY, MT. Officers of Virginia City, MT, Lodge competed in the Montana South District Ritualistic Contest, in which all six lodges competed. Dress for the Virginia City

team was ranch-style tuxedos and cowboy boots.

SEBRING, FL. In an act of true compassion, Brother Sam LaTorre of Sam's Barber Shop has donated a haircut to Brother John Redwine, Sr., for the duration of his life. Brother Redwine is in the Palms Rest Home after a long stay in the hospital.

WENATCHEE, WA, Lodge sponsored a soccer team for boys 12-13 years of age which compiled a 5-3 record. Following the final game of the season, the boys and their families were treated to a hamburger feed at the lodge, where 90 hamburgers and 10 pounds of french fries were served by lodge officers.

BUENA PARK, CA, Lodge held its First Annual Firemen Appreciation Night. Lodge officers and other members served 150 dinners to firemen and their families.

MARLOW HEIGHTS, MD. Sixteen tricycles were donated by Marlow Heights, MD, Lodge to the Windship Wheatley Special Center in Forestville, MD. The tricycles are for retarded children, to assist in the development of motor coordination.

Skowhegan-Madison, ME.

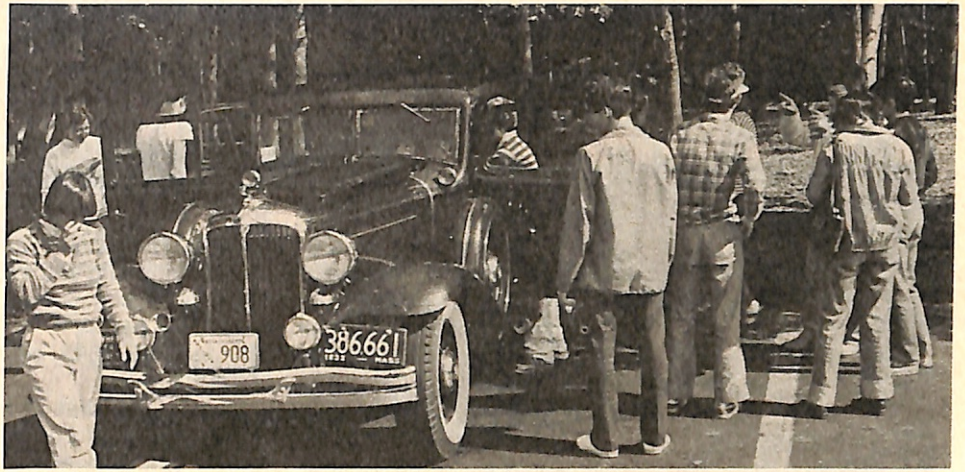


WAKEFIELD, MA, Lodge treated a large group of handicapped students from the Perkins School to a day of fun and entertainment at the lodge. The main attraction turned out to be two antique cars, a 1932 Chrysler Imperial owned by Brother Peter Drinkwater (see photo), and a 1949 Plymouth owned by Brother Vin Sampson.

The guests were given several short rides to acquaint them with the feel of a bygone time. In addition to the rides, the students were treated to hamburgers and hot dogs, and were entertained by the music of Mel Simons of WBZ radio. It was a thoroughly enjoyable day for the students.

PRINCETON, NJ. Twenty-three Elks and Elks' ladies from Princeton, NJ, Lodge performed a musical comedy show, "Encore - Two Hours of Traffic," for the patients at the St. Lawrence Rehabilitation Center in Lawrenceville and for the veterans at the East Orange Veterans Hospital.

In photo, seated, are three patients of the St. Lawrence Center. Standing from left are ER Michael Maguire; Terry Pecorrella; Hildi Cavanaugh, superintendent of patients at the center; Tom Cavanaugh, Veterans Commit-



Wakefield, MA.

tee Chm.; and Est. Loyal Kt. Douglas Watson, Jr.

SAN MATEO, CA. ER Harry Coutts (left) and Est. Lead. Kt. Ed Ball of San Mateo, CA, Lodge test new athletic equipment at the San

Mateo Boys Club after presenting the lodge's donation to the club.

FRESNO, CA. GER Marvin M. Lewis (right) is interviewed by KSEE-TV (NBC) in Fresno, CA about his slogan, "Elks Care." He pointed out that with the construction of a new state headquarters building in Fresno by the California-Hawaii Elks Association, more people can be helped throughout the two states and "Elks really do care" for people.

The GER joined with the association to help in ground-breaking ceremonies for the new building. Also participating were PGERs Horace Wisely and Gerald Strohm and SP Ken Moore.

GER Lewis told the gathering in Fresno that "this is a great day for California and Hawaii Elks and for all of Elkdom." He said he was very proud that this structure was being built during his term as GER.

The new office and headquarters building will include space for seven full-time employees of the state association and its computer operation. The headquarters will serve 174,000 members in the 189 lodges in California and Hawaii.

In addition, the new facility will be the headquarters for the California-Hawaii Major Project, a program providing physical, occupational, and speech therapy for crippled children; and other services for children.

(Continued on page 28)



Princeton, NJ.



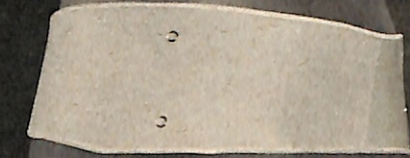
San Mateo, CA.



Fresno, CA.

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LETTERS

• On behalf of the Presidential Commission on Drunk Driving I commend you for publishing the article by Phyllis Zauner titled, "Drunk Driving: How Bad Is It?" in the December, 1982/January, 1983, edition of *The Elks Magazine*.

There is no question but that the American public wants to put an end to drunk driving. The Elks can be a significant influence at the national and community level in reducing the tragic losses caused by drunk drivers. I can think of no better way to demonstrate Americanism than through the saving of lives of your Brothers or their neighbors.

It is important that organizations such as the Elks actively participate with us in bringing about the permanent change we all desire: making drunk driving socially unacceptable.

John A. Volpe, Chairman
Presidential Commission
on Drunk Driving
Washington, DC

• A note concerning our last New York East District Association Newsletter: some coincidence. *The Elks Magazine* cover story was on Drunk Driving and our newsletter featured a piece on D.W.I. (driving while intoxicated).

This issue of the magazine was exceptionally good.

Jack B. Egozcue, PDDGER
Mineola, NY

• Your article on Drunk Driving was most informative. The chart showing the amount of drinks consumed versus driving ability and judgment should be posted in Elk Lodges throughout the nation.

Leon Wolper
Charleston, SC

• I felt I must write and tell you how much I appreciated your feature article on Drunk Driving. My wife and 1½-year-old-daughter and myself were hit head-on when returning home the day after Thanksgiving. Fortunately, we are all alive today. We were hit by a 41-year-old woman who admittedly had been drinking all day. The County Sheriff's Department investigated the accident. The woman was not asked to consent to any alcohol tests and was finally charged with driving left of the center line and consequently paid a \$30 fine. How could that be? I learned several days later, the woman is the sheriff's sister!

My wife is four months pregnant, and we are currently recovering from neck, back, and foot injuries.

Your article tells it just like it is. Believe me, it was a nightmare. Unfortunately in my case, the justice system failed miserably.

Thanks, and please continue to publish articles dealing with these major life-threatening problems.

Mark Mayer
Lander, WY

• I have applauded the quality of your magazine for many years. Errors of consequence are unusual.

On page 43 of the December, 1982/January, 1983, issue Jerry Hulse states that there is a national forest in Utah. The February 1982 issue of the Forest Service directory lists six national forests in Utah.

Perhaps Watt's-his-name scuttled five national forests recently. He would relish doing so I am sure. He should be deported.

John O. Wernham
Palm Harbor, FL

• I not only enjoy your articles in *The Elks Magazine*, but I also patronize the advertised products.

From vitamins to radios and clothing, etc. All satisfactory in shipment and material.

John Biesiada
Mt. Holly, NJ

• In reading the article, "Hospice—for Dignity Till Death (July/August, 1982), by Jacquelyn Peake, I must say I don't know what I would have done without the help of Hospice when my husband had cancer. Also the help from all our friends at Littleton, CO, Lodge. All the donations I received went to Hospice. God help them to keep up the good work.

Dorothea Chamberlain
Littleton, CO

• I've been in Elkdom for three years now, and proud to be a member of Littleton-Westford, MA, Lodge. I've enjoyed reading the magazine. The articles "The Old-Time Barbershop" by Stewart Marsh, and "Rumors For Rent" by William E. Miles (December, 1982/January, 1983), were excellent. Keep up the good work.

Robert G. Lindgren
Shirley, MA

• "The Old-Time Barbershop" was one of the finest I've ever seen written about the barber profession.

Guy R. Barton, Administrator
Waterloo School
Of Barber Styling, Inc.
Waterloo, IA

Letters must be signed and may be edited. Address to: Letter Editor, *The Elks Magazine*, 425 West Diversey, Chicago, Illinois 60614

Amazing *NEW* guaranteed Transonic II BANISHES BUGS, CHASES PESTS -EVEN OUTDOORS!

**Goodbye bugs! So long pests!
They won't bother you! And that's
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How can we be so positive? Because Transonic II is a revolutionary breakthrough in high technology electronics. There just isn't a more powerful ultrasonic pest repeller made. Tests prove it beyond a shadow of a doubt (see accompanying laboratory photo-analysis). It's even called Transonic II because it is *so much more effective* than most others. Transonic II is entirely different.

What's so different: Transonic II radiates ultra-high frequency sound waves, shifting rapid-fire between *three different frequencies* to confound pests. Sound waves so painful and upsetting to pests that it drives them away. Yet they are the only ones affected by these penetrating waves—pets and people aren't even aware of them. Best of all, Transonic II covers up to a 16,000 cubic foot area.

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Not only is it outstanding outdoors, but it's superior indoors for getting rid of rats and mice, bats (flying rodents), roaches, waterbugs, carpenter ants, flies, mosquitoes, as well as most other flying or crawling pests. Far easier and better than poison, traps, powders and sprays. Completely harmless to people, dogs, birds, fish and plants.

ONE-TWO POWER PUNCH

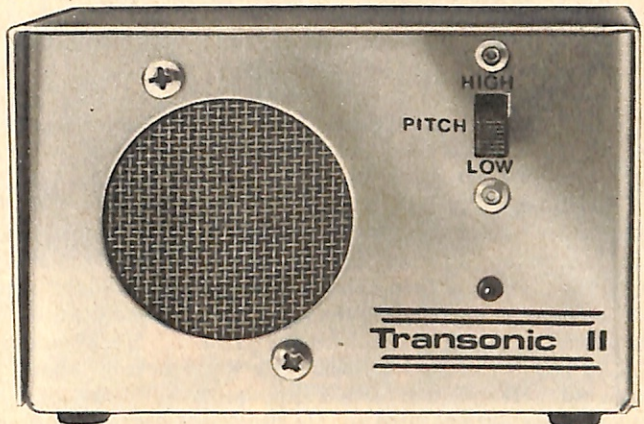
But that's not all. Transonic II has *two* vital range settings. Just flip the switch to "low" pitch and you will rid your attic or eaves of unwanted birds... or use it outdoors to control skunks, raccoons, deer and other animals. (Note: This lower sound range is audible, so best used where it won't bother people.)

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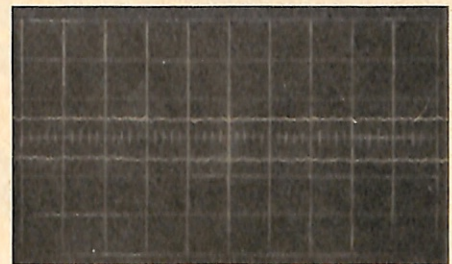
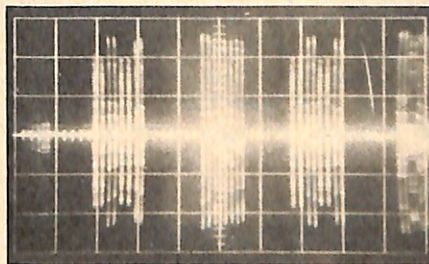


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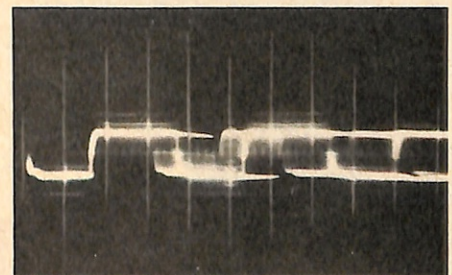
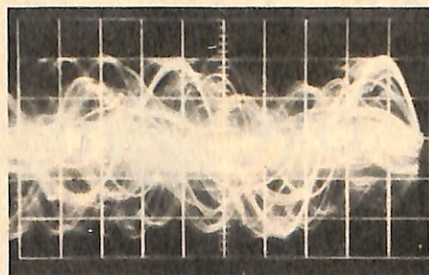
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Zip _____

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When Mary T. was four years old her grandmother died. The child was sent to stay with friends for a few days, and when she returned home she was told that her grandmother had gone on a long trip. In the days that followed, the child waited in vain for her beloved grandmother's return, growing more and more angry at her for leaving without saying good-bye.

Ten-year-old Neal H. was not told that his mother was terminally ill. Rather, in order to spare his son the pain of the truth, Neal's father told the boy that his mother was getting better. When she died, her death was such a shock to the child that he began to fear his own death was imminent. He became afraid to sleep, fearing he would not awaken. He stopped participating in sports for fear of a fatal injury, and he dreaded leaving his house because he was convinced that he too would get sick and die.

Six-year-old Tommy C. was told that his infant sister had died and gone to heaven. Each time he flew in an airplane the boy searched the clouds for sight of his sister.

Although fictitious names have been used, the above incidents are from actual case histories and tragically illustrate the misconceptions children can have about death. A society that has been ever mindful of its obligation to teach its children the facts of life, has been dolefully negligent in teaching its children the facts of death.

To be sure, there is nothing as devastating to a family as the death of a loved one. Thrown into a turmoil of grief and despair, the first instinct of many parents is to shield their children from the pain of sorrow. They send their children away, or tell them half-truths about the death that

has just occurred. Often, in the belief that children cannot comprehend death, or that it will be too frightening to them, parents offer their children no explanation at all.

If this conspiracy of silence on matters of death and dying has been entered into in an attempt to spare children from the fears and pain of grief and loss, the effort has been a futile one. A recent survey by the National Institute of Health reveals that 80 percent of children's fears are about death, either for themselves or their loved ones.

Nor should we delude ourselves into believing that our children are totally ignorant of death. The technology of television brings death into our homes in vivid color for our children to see daily. Furthermore, dead animals lie in the road for them to see; a bug is killed; a flower withers; a pet dies.

How children react to these incidents, however, will be determined largely by their age and level of maturity. In what has come to be regarded as a classic study of children's perceptions of death, psychologist Maria Nagy determined that preschool-age children have no concept of death as being final. To them, death is like sleep: it is only "make-believe;" you can awaken. At ages 5 to 9, children

realize death's finality, but tend to personify it: death is a skeleton or a ghost that will carry people off. It is at the age of 9 or 10, Nagy reports, that children comprehend that death is final—it is not a person or a bogeyman; dead is dead. It is at this age, she notes, that children begin to sense and accept that death is an inevitable part of life.

To help children separate their fantasies of death from reality, Dr. Jeffrey Robbins Goldbarg, former Clinical Instructor of Psychiatry at Boston University Medical School and currently Director of Framingham Psychiatric Counseling Associates, states: "We should take care not to shelter our children from reality. Rather, we should filter it to the degree that they can understand. A simple and straightforward explanation of the circumstances of death is the best approach. Parents," he adds, "should be particularly careful when using such euphemisms as 'is asleep,' 'is on a long trip,' 'passed away,' or 'been put to rest.' Children, especially young ones, tend to interpret such statements literally, and euphemisms only serve to confuse them and cloud their perceptions of death."

Very often the death of a pet is a child's first close experience with mortality. Sad as the occasion is, counseling professionals believe it can also provide parents with an opportunity to help their children view death in an emotionally healthy way.

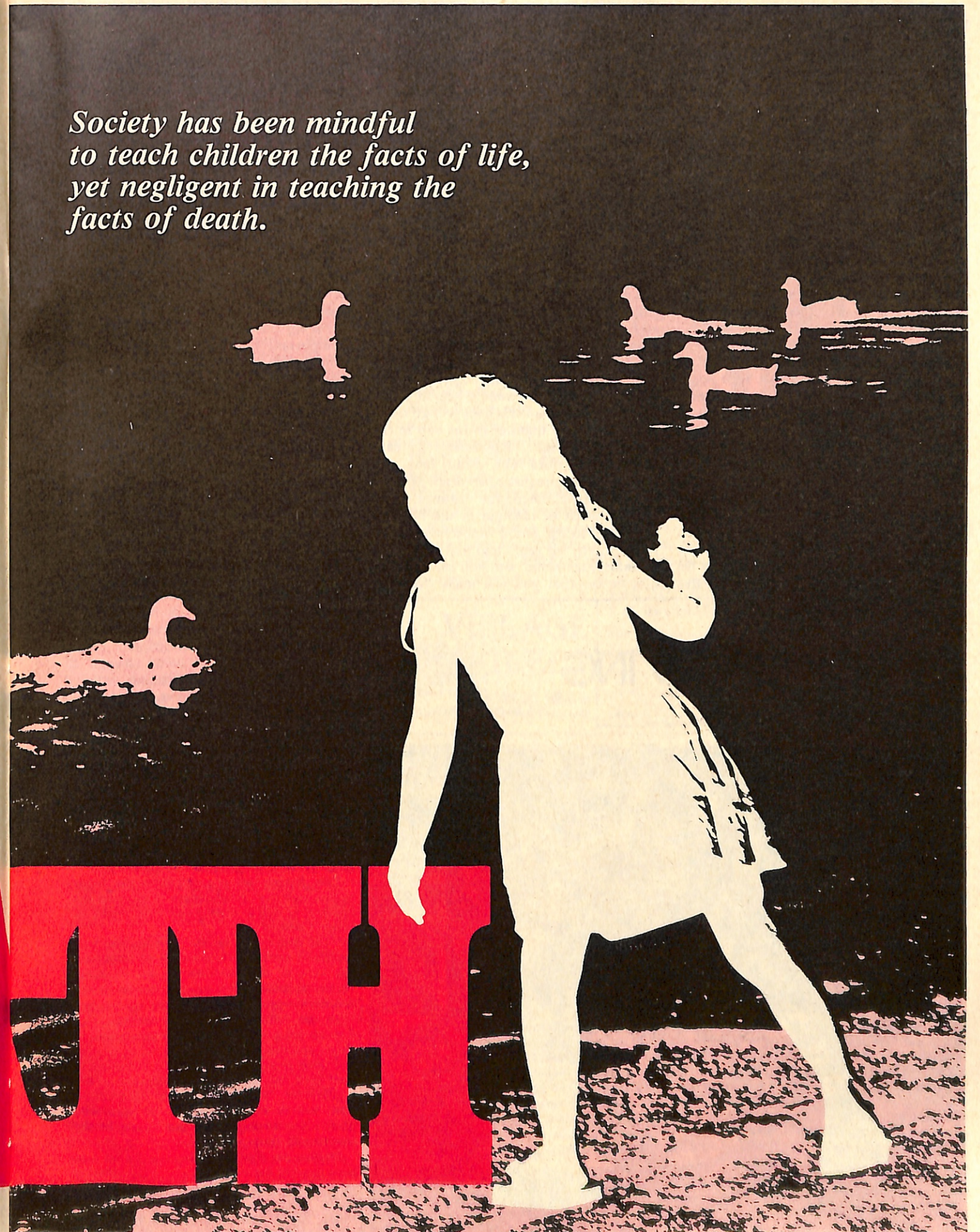
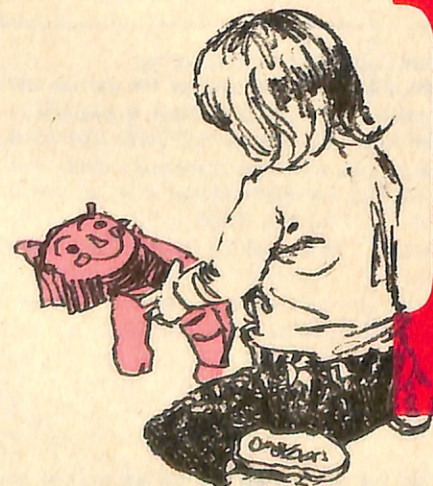
Children should be allowed to mourn their pet's death and to express their sorrow. Whether it is a goldfish or a beloved dog that has died, parents should respect their children's sadness and allow them the consolation of their grief. If a rite of burial is requested, it should be encouraged as a natural way to help children ac-

Helping Children Cope with

DEATH

by Sharon Gloger Friedman

*Society has been mindful
to teach children the facts of life,
yet negligent in teaching the
facts of death.*



Children & Death

cept the finality of death. Children should also be given time to grieve. Counseling professionals, therefore, advise against replacing the dead pet immediately. Doing so, they explain, robs your children of their right to continue to love the deceased pet, while at the same time suggesting to them that all loved ones can be easily replaced.

When a death in the family does occur, those who counsel the bereaved have found that it is best to tell your children as soon as possible. Your own grief will be apparent, and not telling your children the reason for your sorrow only gives rein to imaginations already filled with frightening fantasies.

Tell your children of the death of a loved one simply and gently, and in language they can understand. Your openness will convey to them your willingness to answer their questions. Be patient with their inquiries and honest in your answers. Avoid fairy-tale explanations that will surface as untruths later; and do not try to soften the impact of the death with euphemistic terms that only confuse children.

As you talk to your children, do not attempt to hide your own grief. "When you mourn," writes noted authority on death and bereavement Earl A. Grollman in his book *Talking About Death*, "you give

your children a model to follow. They then understand that it is acceptable for emotion to be out in the open." You are telling your children, says Grollman, that it is all right to cry when they are sad.

At the same time, medical and counseling professionals caution against urging your child to express unfeeling feelings. Children, like adults, react differently to sorrow, and while one child may cry, another may not.

Nor should your child's request to go outside to play or to resume his or her daily routine be interpreted as a lack of caring or feeling. Children are creatures of habit, and they need to go through their daily activities to reassure themselves that things will go on as they did before.

Dr. Michael J. Robinson, a practicing pediatrician and Clinical Associate in Pediatrics at Massachusetts General Hospital, states: "A child's routine is a security blanket of sorts, and as much as is possible, the parent should reassure him or her that the family's lives will go on in much the same manner it did before the loved one's death. However," he cautions, "this does not mean that you should make unrealistic promises. If it is a parent who has died, for instance, there are bound to be changes in the family's pattern of living, and it would be untruthful of you to tell your child that things will be exactly the same. But you can reassure him or her that you will make every at-

tempt to see to it that the things that are important in his or her life will remain a part of the family's activities."

We must also be aware that the grief of children is often complicated by their unspoken fears, and parents must take care to anticipate their anxieties and reassure their children. "Guilt is perhaps the most painful companion to death," writes psychiatrist Elisabeth Kubler-Ross, a renowned authority in the field of dying, in her book *On Death and Dying*, and children often suffer deep pangs of guilt when someone they love dies. Children believe in the power of magic, that wishes come true, and bad deeds are punished—and they need to be reassured that nothing they did, or said, or wished caused the death of the loved one.

It is for this reason in particular that it is important that the family remain together when a death occurs. When children are sent away, they often feel rejected and somehow responsible for what has happened. They see their removal from the household as a kind of punishment for the death that has taken place. Children under stress, however, do not need to be protected from grief; they can handle a great deal if they have loved ones to lean on. What they do need is the strength and comfort of family security and the reassurance that they are loved.

Just as children should not be spared the knowledge of death or the right to

THE JOY OF GIVING

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At the midyear conference of the California-Hawaii Elks Association, held in Santa Monica, CA, the district vice-presidents of the association turned in for the lodges and members of the association a total of \$189,818 in contributions to the National Foundation. This together with previous donations made a total of \$405,267 in contributions for the year to November 6, 1982.

Seated in front row are PGER Horace Wisely, vice-chm. of the Foundation; SP Ken Moore; PGER Robert Yothers, asst. secy. of the Foundation; and Robert Vert, association chm. for Foundation subscriptions. In the back row are four of the vice-presidents from districts who were among the top contributors. They are Arthur Capriotti, Bay District; George Christian, South Coast; Robert Johnson, West Central Coast; and Anthony Mauro, West Central.

HOLLISTER, CA. Brother E. M. "Slim" Swart, a member of Hollister, CA, Lodge, recently sent a letter to ER James Gillis which said:

"Enclosed find my check for \$50 to be used to commemorate the initiation of five new Brothers by enrolling them in the Elks National Foundation, \$10 for each one for their initial donation. It is hoped that this gesture will inspire these new Brothers to continue their participation in this program, and perhaps bring some realization to other Elks of the importance of the Elks National Foundation.

"By making this gesture public, the donor would hope that other lodges throughout the country, as well as district and state, might attempt a similar effort.

"The concept of family participation, and loyalty to our country, must not be forgotten, but kept in the forefront of our thinking. However, unless we remember that there will still be a world after our names are stricken from the rolls, all the rest is rubbish. This world is not for us alone, but for generations to come, and these generations should be healthy and ready to assume the utmost achievement in their lives; and education is a requirement, not a guarantee, to a successful life. Such education must be made available to all those who qualify for advancement, and should be the tool to help those young people."

During the past year Hollister Lodge had been near the bottom of the list of contributors to the ENF. In the weeks since this gesture was made, many new contributors have been enrolled, and Hollister Lodge now exceeds the Grand Lodge quota.

grieve, neither should they be denied the right to participate in the rites of burial if they express a desire to do so. Here again, it is the tendency of parents to want to shelter their children from what they consider to be a frightening experience. Recognized authorities, however, have concluded that if a child is old enough to attend church or synagogue, he or she is old enough to comprehend the solemnity and purpose of the funeral.

If your children choose to attend the funeral, time should be taken to explain to them what they can expect to happen. Emphasize that a funeral is a way of saying good-bye to the loved one and that because it is a sad occasion, some people may cry. Reassure them that it is all right if they cry too. "When your youngster understands what is occurring," writes Earl A. Grollman in *Talking About Death*, "he may be more relaxed about the unfolding events. He understands his inclusion more than he would exclusion, and is far better off observing the funeral than living with fantasies conjured up by his young and fertile imagination."

If, however, your children seem apprehensive about attending the funeral or going to the cemetery, respect their wishes and gently tell them you understand. Let them know that it is all right to remain at home and that no one is angry at them for doing so.

Children have the most difficulty accepting death if they have been poorly prepared when someone they love is dying. If someone in the family is terminally ill, honesty about the person's condition helps to gradually prepare the child and gives him or her time to adjust to the idea of the beloved's death.

Authorities in the field of death and dying also believe that it can be beneficial to all children to visit a dying loved one if they desire to do so. They do caution, however, that it is important to prepare your children for the visit so they will know what to expect. If, for instance, the person's appearance has altered drastically, your children should be told beforehand. If the person is in the hospital, explain the procedures that are followed and what, if any, apparatus will be present in the room. Above all, state the experts, emphasize to your children that they cannot catch the person's illness.

One word of caution: Medical and counseling experts stress that children should never be forced to visit someone who is dying if they do not wish to. It should be a choice left entirely to them and if they opt not to go, you should convey your understanding of their decision.

Clearly, the death of a loved one is a traumatic and distressful time for all, and there is no one simple way to help our children cope with the upheaval so sad an occurrence brings into their lives. Experts, however, do agree that an honest and straightforward approach in language that is suitable to your children's needs is the

healthiest way to deal with the difficult subjects of death and dying. "A child can live through anything," writes educator and author Dr. Eda LeShan in her book

Learning to Say Good-bye, "so long as he or she is told the truth and is allowed to share with loved ones the natural feelings people have when they are suffering." ■

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Hasbrouck Heights, New Jersey Lodge No. 1962 Presents **Kenneth V. Cantoli** for Grand Exalted Ruler



Hasbrouck Heights, NJ, Lodge No. 1962 of the Benevolent and Protective Order of Elks of the United States of America, at its regular session on December 6, 1982, unanimously resolved to respectfully present to the Grand Lodge, the name of its most distinguished member, Kenneth V. Cantoli, for the office of Grand Exalted Ruler for the fraternal year 1983-1984.

Brother Cantoli was born in Hoboken, NJ, on April 22, 1920. He attended Hudson County elementary and high schools. However, his schooling was interrupted by World War II. Three days after Pearl Harbor he enlisted in the Chemical Warfare Division of the United States Army. He spent two and a half years in the Alaska Defense Command before serving as Sergeant Major of a prisoner of war camp at Camp Upton, NY, where on October 20, 1945, he received an honorable discharge.

As a civilian, Brother Cantoli resumed his education, matriculating at Upsala College, East Orange, NJ, where as an accounting major he earned a B.S. Degree in 1948. Wishing to further his education he enrolled at Seton Hall University School of Law; and in 1956 received his Juris Doctorate.

He began his professional career at Bendix Aviation Corporation in the accounting department. He spent five years as an Internal Revenue Agent in the Treasury Department; and leaving there, was employed in the C.P.A. firm of Ludwig and Ludwig as tax manager and special tax consultant. After 11 years with this prestigious firm, Brother Cantoli opened his present public accounting and tax consulting firm in New Jersey. During these years he served on the board of directors of several New Jersey corporations, as treasurer, Borough of Hasbrouck Heights and as president of the Paterson, NJ, Lions Club.

On February 21, 1943, Brother Cantoli married his fiancée Ruth Rogers of Hasbrouck Heights, NJ. They have three children of whom they are most proud: Dennis, 36, an attorney in Brick Town, NJ, Michael, 32, vice president at Marsh & Mc Lennan in New York City and Susan Herring, 29, an executive secretary at Maserati Automobiles of Maryland. Ruth and Ken are also the proud grandparents of three grandchildren, Kevin, 9, Sharon, 7, and Michael, 2½.

Brother Cantoli is a member of the Corpus Christi Roman Catholic Church of Hasbrouck Heights, NJ.

He joined the Order of Elks in March of 1955 as a charter member of the newly chartered lodge, Hasbrouck Heights, No. 1962. He was very

active in the organization of the lodge and served as its first Esquire. He was one of its most industrious members, working diligently on every committee. He was rewarded for these services by being elected Exalted Ruler for the fraternal year 1959-1960, after which he was awarded an Honorary Life Membership. He continued his dedication to our Order by serving for six years as Trustee of the lodge.

Brother Cantoli became recognized outside his lodge as an outstanding Elk. He was appointed to the District Ritualistic Committee. His talents came to the attention of the New Jersey State Elks Association, and he was appointed Chairman of the Ritualistic Committee, serving for four years before being appointed as the Chairman of the State Association Auditing and Business Practices Committee, serving for 11 years.

He then attained the highest state office in 1977 when he was elected the State President of the New Jersey State Elks Association. Then to its Advisory Committee in 1978, and presently is serving as Chairman of this same Advisory Committee.

Brother Cantoli's desire to dedicate himself to Elkdom was evident when he was appointed a Grand Lodge Ritualistic Judge in 1964, 1965, 1966. In 1967 he was appointed to the Grand Lodge Auditing and Accounting Committee and became Chairman in 1973-74. In 1974 he was appointed District Deputy Grand Exalted Ruler. While he was serving in this office, Grand Trustee Edmond H. Hanlon of Red Bank, NJ, died while in office. District Deputy Cantoli was relieved of his office by executive order and appointed Grand Trustee. In 1976 he was elected Grand Trustee for one year. In 1980 this extraordinary Elk was elected Grand Trustee for a four year term and is presently its Pension Member.

Upon the death of PGER William J. Jernick in 1982, Brother Cantoli was appointed Special Deputy Grand Exalted Ruler, a position he still holds.

Therefore, Hasbrouck Heights, NJ, Lodge No. 1962 proudly and respectfully presents Kenneth V. Cantoli as its candidate for the office of Grand Exalted Ruler, for we are aware of his talents, proud of his accomplishments and confident of his ability to lead our Order to even greater achievements.

Fred Scimeca, Exalted Ruler
Harry S. Ritch, Secretary

This proclamation must be read at the first lodge session after its receipt and then posted on the lodge bulletin board.



HAWAII

To All Subordinate Lodges and Members of The Grand Lodge of the Benevolent and Protective Order of Elks of the United States of America

GREETINGS:

The Grand Exalted Ruler, by and with the approval of the Board of Grand Trustees of the Benevolent and Protective Order of Elks of the United States of America, acting upon authority given him under Section 6, Article 3, Grand Lodge Constitution, does hereby proclaim that the next session of the membership and representatives of the Grand Lodge of the Benevolent and Protective Order of Elks will convene in Honolulu, Hawaii, on July 24, 1983, with the opening and public meeting to be held in Neal S. Blaisdell Center, 77 Ward Avenue, Honolulu, Hawaii, on Sunday, July 24, 1983, at eight-thirty o'clock in the evening.

The opening business session will convene in the Neal S. Blaisdell Center at 8:30 Monday morning, July 25, 1983, at which session the election of Officers for the ensuing year will be held. Business sessions will continue thereafter each morning at 8:30 on July 26, 27, 28, 1983, until the business to come before the sessions is finished.

The Hilton Hawaiian Village Hotel has been selected as headquarters for the 119th Session of the Grand Lodge. Space in the Neal S. Blaisdell Center has been set aside for all REGISTRATION and exhibits. Free daily Shuttle Bus transportation for registration and sessions for Anchor International Incorporated reservations *only*.

Room reservations for Past Grand Exalted Rulers, Grand Lodge Officers, Committeemen, and District Deputy designates will be made by our Official Agency, Anchor International Incorporated, 400-1 Totten Pond Road, Waltham, MA 02154, Toll Free Number: 800-343-8515.

The Elks National Convention Commission, following the time-honored tradition to house all delegations together in their own headquarters hotel, has assigned States to first class hotels with required rooms and function space facilities. Those choosing economy rates through Anchor International will be located in secondary hotels as near as possible to their State headquarters. Accordingly, all individual reservations from lodges should be made directly with Anchor International Incorporated, the official Grand Lodge travel and rooms coordinator at the above address. The toll-free number for these reservations is 1-800-426-7141.

Neither the Elks National Convention Commission nor the official Convention hotels under contract will accept reservations directly from lodges or individuals.

ATTEST:

Stanley F. Kocur

Stanley F. Kocur
Grand Secretary

Marvin M. Lewis

Marvin M. Lewis
Grand Exalted Ruler
Dated: March 1, 1983

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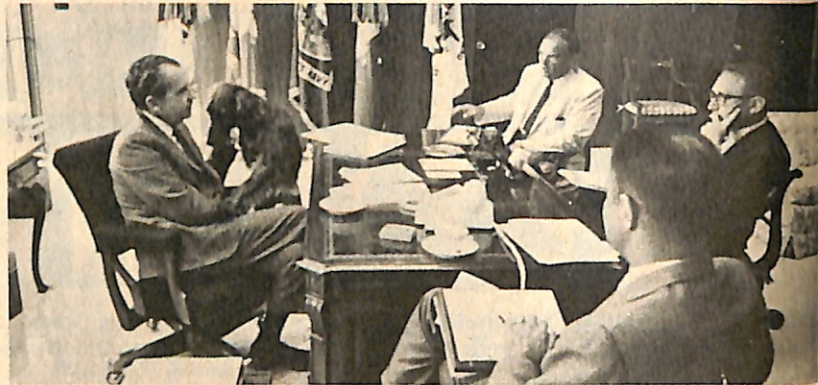
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PETS AND PEOPLE: PARTNERS IN HISTORY

by *Texe W. Marrs*



President Nixon ponders the fate of the nation along with Secretary of State Henry Kissinger and two advisors, while receiving some welcomed advice from Timahoe, his Irish setter.



Lieutenant Findley with friend in the cockpit of a World War I Sopwith Camel. "Here we come, Red Baron!"



They were there when Roosevelt, Churchill, and Stalin concluded the Yalta Agreement in 1945. They were present when President Lincoln consulted with his Civil War generals. They gave solace to the prophet Mohammed as he exhorted his armies to fight on to victory. And when President Nixon held meetings at the White House about his Watergate predicament, they listened in and kept up with the goings on. Who are "they"? Why, pets of course.

Pets have helped humankind shape history since the days of the cavemen. Indeed, prehistoric drawings on the walls of caves show dogs hunting for game alongside early man. Rarely, however, are pets given credit for their many contributions. Maybe this article will help correct this unfair oversight.

Centuries ago, in ancient Egypt, cats not only were highly regarded as companions, they were actually considered gods and goddesses. Pharaoh decreed that the penalty for harming a cat would be instant death. Felines were pampered beyond belief, and when a household cat died the family shaved their heads and eyebrows and mourned for months.

In 1888, at Beni Hason, Egypt, British authorities dug up and uncovered a huge cemetery in which they found 80,000 mummy cases. In each they found a cat mummy! The British subsequently learned that when a cat died, it was carefully embalmed with special spices and oils, wrapped in stripes of fine linen cloth, and entombed in the most expensive mummy case available. Inside each mummy case was placed a mummified mouse—for the cat's dining pleasure in the next world.

Unfortunately, the Egyptians' reverence for cats worked against them. In the sixth century B.C., Egypt was invaded by the fearless King Cambyses I of the Greater Persian Empire. Cambyses held nothing sacred, as was vividly demonstrated during his siege of the Egyptians at the city of Memphis. When the beleaguered Egyptians refused to surrender, the Persian king ordered his soldiers to round up all the cats they could get their hands on. He then had the cats loaded on catapult weapons and heaved over the walls of the city.

The inhabitants were mortified. Rather than risk further injury and carnage to the cats, they immediately surrendered.

Over to the east of Egypt, in China, Marco Polo wrote of the fabulous hunts conducted by the Great Khan. The Chinese leader, wrote Marco, was preceded on the hunt by a pack of 5,000 dogs, whose bodies covered the whole countryside. We can be sure that leaders of the nations that bordered China were delighted the Khan spent his energies on diversions like this, rather than in hunting them down and pillaging their towns and cities.

Czar Peter III of Russia also worried his neighbors—the heads of state of the European nations—for he was head of a mighty army. Fortunately, the Czar was so immature, childish and petulant that he spent all his time playing with *toy soldiers*. One day when a rat scampered across the floor of the royal palace and knocked over a few of the toy figures, Peter was enraged. He screamed for the palace guards and ordered them to hunt down the offending rat. Once captured, the Czar had the army give the rat a formal court-martial. Found guilty (what else!), the poor rodent was ceremoniously hanged.

In the oriental country of Siam (now Thailand) dogs and cats have always been highly regarded. For instance, Siamese cats were used to guard the royal temples in Bangkok. But if canines and felines

were well thought of, elephants were absolutely exalted. The kings of Siam made war with nearby Cambodia and Laos, riding atop their royal elephants. And elephants helped the Siamese carve cities out of the jungle.

In the 1860s, hearing of President Lincoln's plight in fighting the U.S. Civil War, the wise King of Siam, Chulalongkorn, wrote a letter to the President. In it, he offered to ship over elephants which could be used to put down the insurrection by the Confederacy. Lincoln politely declined the offer, explaining to the Siamese monarch that America's climate and geography made the use of elephants impractical.

If Lincoln could have used the elephants, he would have. The President was a great lover of pets. It is possible that his championing of the underdog came about because of his early childhood contact with animals. Young Abe was too poor to afford a cat or dog and so he adopted pigs as pets. The other kids laughed at him, but Abe insisted that his pigs were smarter than dogs and cats.

Later, as President, Lincoln naturally was able to afford a pet and his favorites were Nanny and Nanko, two goats, and Fido, a beloved dog. Nanny and Nanko were greatly admired by the Lincoln children, Tod and Willy, and even slept on occasion with them in their bed at the White House. The children also each had a pony.

The assassination of President Lincoln by John Wilkes Booth on April 14, 1865, was a horrible tragedy. But incredibly, the Lincoln family suffered a second loss the following year. Exactly one year to the day after the President's death, his dog, Fido, also was slain—by an assassin. It happened in Springfield, IL, in front of the Lincoln home.

Fido was a very friendly and lovable fellow, which is what led to his untimely death. One night, observing a stranger pass by, Fido ran up to him, his tail wag-



The close friend and confidant of President Franklin Roosevelt was a lovable Scottish terrier named Fala, shown here with two of her puppies.

Pets and People: Partners in History

ging. However, the surprised man turned out to be a drunkard who, inebriated, thought he was being attacked. He pulled a knife and ended the life of the dog. Surely, the Lincoln family underwent far more than their share of sadness.

On a more happy note was the good fortune of Yuki, a yellow and tan mongrel found abandoned by Luci Johnson at a gas station in Austin, TX. Feeling sorry for the dog, she brought him home to her dad, who was—you guessed it—Lyndon B. Johnson, President of the United States. It was love at first sight for the President. He took the small dog into tow, and thereafter the two were inseparable companions. When the President left office in 1968, Yuki flew with him on Air Force One back to Texas, where he took up residence at the Johnson Ranch.

Some pundits claim that Henry Kissinger gained in stature in the eyes of President Richard Nixon because of a dog. One day in the Oval Office, the Secretary of State was attempting to explain some of the finer points of world affairs to the President. Unfortunately, the President's Irish setter, Timahoe, kept interrupting.

Timahoe was methodically and energetically ripping up the lush and expensive carpet of the Oval Office. Kissinger noticed that every time the dog began to gnaw on the carpet, Nixon reached into his desk, drew out a doggy biscuit and fed it to the dog.

"Eat this, Timahoe," pleaded the frustrated President, "instead of the carpet."

Kissinger looked at the President impassively and calmly said, "Mr. President, you have just taught your dog to *eat the carpet.*"

Usually, pets of famous statesmen have been loved by everyone with whom they came into contact. Many presidents have considered their pets as great ambassadors and wonderful political assets. Lyndon Johnson remarked that even the most hostile foreign leader softened considerably when introduced to Him, Her, Yuki, or Blanco, the White House pets. And President Kennedy noted that a picture of a pet with the president meant another thousand votes on election day.

Coolidge, Harding, Roosevelt and many others found the same to be true. It's hard not to melt when a sweet and affectionate dog or cat turns on the charm.

However, as we all know, pets are not always affectionate and charming. Take Major, for example, Franklin Roosevelt's feisty German shepherd. He was known as a world class biter. He ripped the pants

off none other than the Prime Minister of Great Britain and also bit the hand of a U.S. Senator. Major finally had to be banished from the White House for his unbecoming behavior.

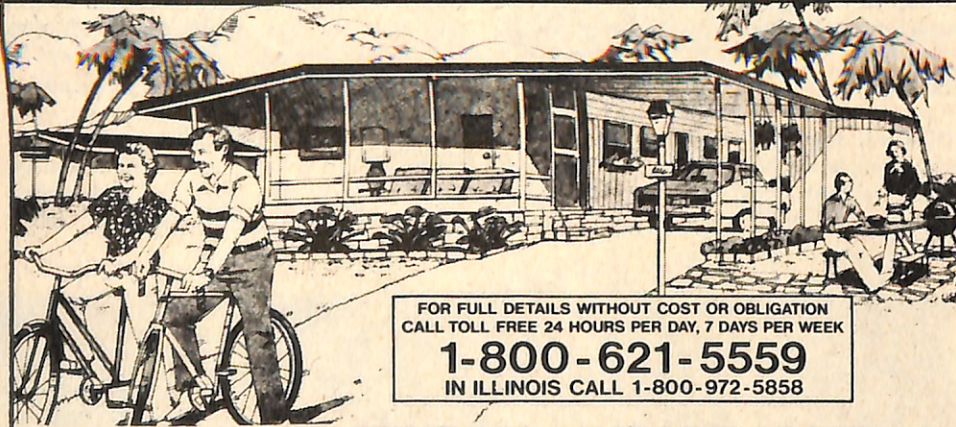
A few decades later, President Jimmy Carter told a "believe-it-or-not" tale of being attacked by a vicious rabbit. The President said he was visiting down south and boarded a small boat to do a little fishing. While out on the water he was astonished to see a rabbit swimming rapidly toward the boat, its teeth bared for a fight. According to the President, only a few crisp chops with an oar made the rabbit turn around and head back for shore. Newsmen laughed heartily at the account of the "Killer Rabbit."

Unlike the stories of Major, Roosevelt's biting dog, or the Killer Rabbit that menaced the President, the tale of a dog named Bleu is that of a pet who himself did little wrong but nevertheless fell into disfavor because of the actions of his master.

Bleu was the cherished pet of King Louis IX of France (1226-70). It seems that the king had an aversion to rough language by the ladies and gentlemen on the royal court. His highness therefore directed that anyone heard publicly to swear and use the Lord's name in vain would have his tongue branded with a hot iron.

In retaliation, the nobles and courtiers

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began to use the name of the king's dog, Bleu, as a byword for their curses. The result was the phrases *parbleu* (by Blue) and *sacrebleu* (Holy Blue). Even today, these curse words are popular with Frenchmen.

Another incident in French history, which involved the famous Napoleon Bonaparte, illustrates the fact that pets have not always been loved and respected. The emperor is known today as one of the greatest military strategists of all time, and during his reign he managed to conquer most of Europe. Brave in battle, there was only one thing in the entire world that frightened Napoleon—the very sight of a cat!

Napoleon suffered from aelurophobia, an obsessive fear of cats. Once, hearing a loud disturbance from his bedroom and the cries of the emperor, Napoleon's military aide rushed in, expecting to find assassins. Instead, he was startled to see the little general half-dressed and fully rattled, desperately attacking with his sword a small kitten that had wandered over the balcony and into the room. If only the British had known!

One of the ways in which pets have

shaped history is through their use in wartime. Dogs have come in handy as sentries and messengers. They have carried military cargo—ammunition, food supplies and medicines—on their backs and sniffed out land mines.

John Granville, an Englishman of the 17th century, certainly would have been a person who spoke highly of the value and worthiness of pets in combat and battle. John was only 16 when he was wounded in the Battle of Newbury. Believed dead, he was buried on the battlefield. However, his distraught, beloved dog, refusing to accept the verdict, dug him up—and he lived for another 57 years.

In World War I, it is rumored that Allied pilots flew in their Sopwith Camel airplanes with pet canines as co-pilots and companions. Historical records are skimpy on this, presumably because it was against regulation for the pilots to fly with pets in the cockpit. Therefore, the pilots' post-mission reports and logs made no mention of the "assistance" received from their four-legged helpers. However, today's popular comic strip, "Peanuts," with its humorous depiction of Snoopy the dog flying in his Sopwith Camel and searching for the Red Baron, suggests that many a dog was, in fact, taken aloft.

(Continued on page 27)

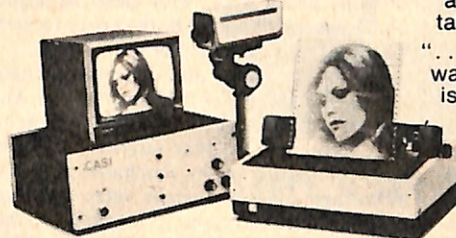
State Association Conventions

State	Date	Place
AK	5/11 to 5/14	Skagway
AZ	5/11 to 5/14	Phoenix
AR	5/13 to 5/15	Fort Smith
CA&HI	5/18 to 5/21	San Diego, CA
CO	9/8 to 9/10	Grand Junction
CT	6/3 to 6/5	Waterbury
FL	5/26 to 5/29	Tampa
ID	6/9 to 6/11	Twin Falls
IL	5/13 to 5/15	Peoria
IN	6/2 to 6/5	French Lick
IA	5/13 to 5/15	Ames
KS	5/6 to 5/8	Hutchinson
KY	5/26 to 5/28	Princeton
LA	4/8 to 4/10	Slidell
ME	4/29 to 5/1	Waterville
MD, DE & DC	6/24 to 6/26	Marlow Heights, MD
MA	6/10 to 6/12	Bretton Woods, NH
MI	5/20 to 5/22	Marquette
MO	4/29 to 5/1	Kansas City
MT	8/10 to 8/13	Great Falls
NE	5/27 to 5/29	Norfolk
NV	6/9 to 6/11	Fallon
NJ	6/2 to 6/5	Wildwood
NM	4/14 to 4/16	Carlsbad
NY	5/12 to 5/15	Kiamesha Lake
NC	5/21 to 5/22	Raleigh
ND	6/12 to 6/14	Bismarck
OH	4/28 to 5/1	Columbus
OK	4/22 to 4/24	Oklahoma City
OR	5/5 to 5/7	Seaside
PA	5/12 to 5/15	Hershey
RI	5/20 to 5/21	Hyannis, MA
SD	6/3 to 6/5	Mitchell
TN	4/7 to 4/10	Knoxville
UT	5/12 to 5/14	Provo
VT	5/27 to 5/29	Whitefield, NH
VA	6/24 to 6/26	Manassas
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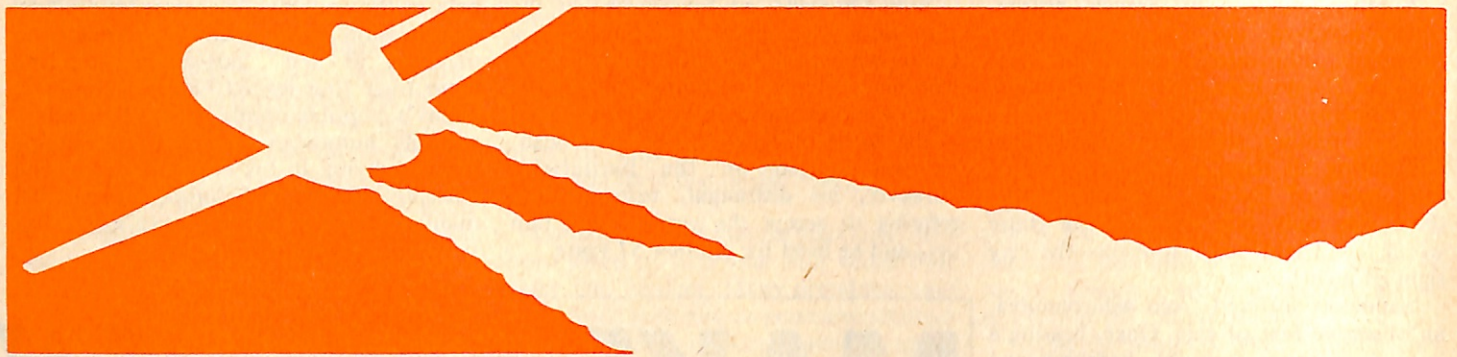
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Special Message From The Elks National Convention Commission



The history-making Grand Lodge Session set for July 24-28, 1983, in Honolulu has generated immense enthusiasm throughout the Order. State associations and lodges are making plans. Indications are that Elks who have never attended a Grand Lodge Session want to attend the Honolulu reunion.

We knew we would confront unusual problems because the 1983 Convention is overseas and in Hawaii. The Grand Lodge worked for more than two years to meet those problems and organize a travel program that would guarantee all needed services for the membership, protect Elk funds and offer both Luxury and First-Class Economy Hotel accommodations at a competitive price. Thousands of hotel rooms and plane seats had to be blocked off in advance and many other services arranged for and coordinated. An Official Grand Lodge National Travel Coordinator was essential to achieve that.

After months of investigation the Grand Lodge selected Anchor International Travel Agency, of Waltham, MA, as our Coordinator, and then carefully worked out a travel plan with that group which we believe would best serve the interests of the Order. Anchor has a proven record of success in handling large conventions to Hawaii. It is a subsidiary of Peninsular and Oriental Travel Corporation, one of the largest and strongest travel companies in the world. P. & O. has endorsed the Anchor contract and guaranteed full performance.

This is the Official Grand Lodge Tour, endorsed and recommended by the Grand Lodge. It is important that all Elks know about it.

The Anchor package is based on a carefully negotiated 13-page contract with the Grand Lodge which describes in detail all services offered. Hotels involved are named in the contract. Ground cost packages are fixed. No last-minute substitutions or unpleasant surprises. No unexpected late increases. Every commitment in the contract has been verified by Grand

Lodge representatives, who personally visited each hotel and checked on room commitments. All are solid. All are in writing and guaranteed. The same check was made on airline seats.

The designated hotels assigned to the states are the most luxurious in the Waikiki Beach area. The Economy Packages, also available to the states, are substantially lower in price, but the hotels involved are all first-class, also in the Waikiki Beach area, with clean, comfortable and acceptable rooms. Both classes receive full benefits under the Anchor contract.

While air fares are constantly changing under de-regulation of the airlines, all Anchor patrons will receive the lowest available fares. It is recommended that reservations be made early and plane tickets purchased now to take advantage of low current rates and protect against future increases. If air fares are further reduced after purchase, Anchor will immediately adjust your cost proportionately and mail a cash refund to you for the difference.

Elk funds going into the Anchor package will be protected at all times. All will be deposited in the bank account of a specially organized and exclusive Elk Grand Lodge Corporation to protect the funds. Payments will be made by the Grand Lodge only for airline tickets purchased for individuals and mailed to them, or for advance payment of individual hotel room rates, or for other legitimate services contained in the ground package cost. Elk funds will not be exposed at any time to diversion or claims by outsiders.

Anchor patrons will receive free bus transportation to and from hotels to official Grand Lodge functions, including business sessions.

Anchor will provide free use of the Blaisdell Convention Center for our sessions, including space for registration, exhibits and Grand Lodge Agencies.

Under the Anchor contract the Order will receive a commission of \$25.00 per person taking the standard tour. This money, except for a portion needed for certain extraordinary Grand Lodge expenses, will be remitted back to the local Elks, through the state associations, for those who locally participate in the Anchor tour. Not less than \$20.00 per person will be remitted, and it is hoped we can refund the entire \$25.00.

Anchor has already distributed a quantity of explanatory Tour Brochures and Official Registration Forms to all State Housing Chair-

men and Lodge Secretaries, which should be available to you. *However, Anchor is also furnishing all interested Elks with a toll-free telephone number which may be used at any time to secure additional Brochures or Registration Forms, or any other information needed, or to discuss problems or special requests.* The number is: 1-800-343-8515.

We are convinced it is in the best interest of our Order for the membership to accept the Official Grand Lodge Travel Tour unless there are compelling reasons for not doing so. Otherwise, the Convention may get out of control. There could be failures in commitments. State delegations could be scattered into many small fragments, out of touch with each other. Elks traditionally like to travel together and stay together at conventions. That is the true fraternal spirit—the camaraderie and Elk fellowship that make our conventions such enjoyable affairs. The Grand Lodge has tried to preserve that Elk tradition. Otherwise, the trip to Hawaii becomes no more than an ordinary tourist trip which could be taken with strangers at any time.

Necessarily the special protection and benefits secured by the Grand Lodge in the Anchor contract cannot be made available to those who may choose other methods of travel.

Brothers, in all of this the Grand Lodge was guided solely by what we believed to be in the best interest of the Order. We had no other purpose. There was never any desire whatever on our part to try to force anything on the membership not to its liking. *We work for the members. The members do not work for us.*

The Official Grand Lodge Tour is a good one. We endorse it and recommend it, and hope the membership will accept it.

Elks National Convention Commission
Robert G. Pruitt, PGER, Chairman
Glenn L. Miller, PGER, Vice-Chm.
Robert A. Yothers, PGER
Leonard J. Bristol, PGER



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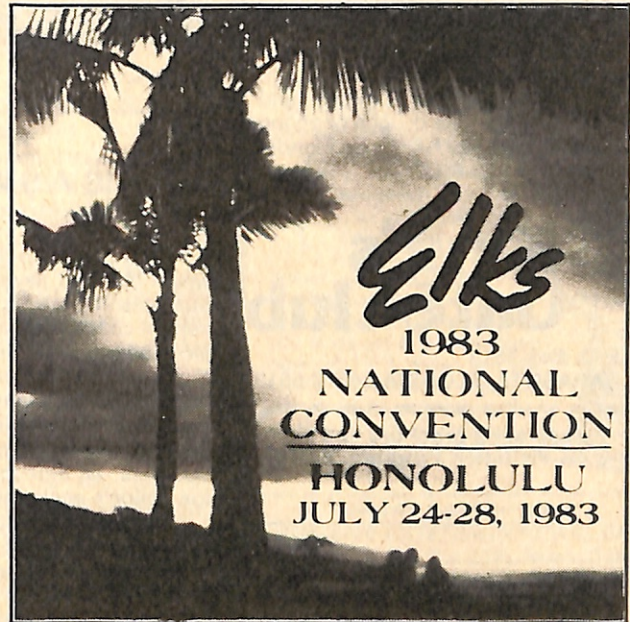
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PROGRAM 2

7 NIGHTS HONOLULU ECONOMY PLAN

This will be the lowest priced Basic Convention Program for those who choose not to stay in the Official State Association Hotel. These are first class hotels. Accommodations are limited. From \$99 to \$319, per person based on double occupancy. \$99 Economy Program is limited to the first 100 reservations. Air fare is additional.

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IT'S YOUR BUSINESS

IS A SMALL BUSINESS DEGREE NECESSARY?

I heard a radio interview the other day which featured several business faculty and businessmen talking about the possibility of a certain college offering a small business major. The rationale in this pioneering effort, they said, was that in commerce today small businesses far outnumber corporations and consequently there is a continual demand for a work force with certain skills. Small business, all agreed, is the real strength of the nation's economy.

No question about that last comment...but I've got reservations about the first.

To attempt a "small business major," while it may sound logical given the proliferation of majors and new programs on campus today, is like training chefs for small kitchens, medium-sized restaurants and large institutions. It seems illogical if each receives a specialized program and degree. Traditional business administration and management disciplines already have small business concentrations in a number of instances. More fragmentation in disciplines, where competent faculty are difficult to find, merely compounds the problems in education.

Certainly educators need to listen to those in the real world for direction. There isn't enough of that, really. At the same time, education, as many educators know or should know, can't provide answers for all segments of business and society. There are excellent ways for colleges and universities to work with small business and its representative associations. Some colleges hold regional seminars, others have small business institutes and productivity centers where students, faculty, researchers, proprietors and their personnel meet and exchange ideas.

A small business major, while not a new idea, smacks of a superficial and easy fix.

The concept is simple: Pull together courses, get state approval, advertise the program, and enroll and graduate people, and

employers will have a continuous roster of prospects.

It usually doesn't work that way, however. The expectations of students and prospective employers, for example, are frequently not realistic. Faculty, who have never been involved in small business, find themselves teaching courses to students who sometimes know less about their own fathers' enterprises than others in the class. Without careful direction, everyone is disillusioned. Balance and perspective, in other words, are essential.

An article in the University of North Carolina's *Daily Tar Heel* describes, in part, what can happen whether the subject is small, medium or large business.

"A greater problem is the indication that a growing number of students are choosing business-related fields for the wrong reasons. Concerned with job security and often under parental pressure, many students seem to be leaving their favored fields of study for majors in which they have no interest," Jonathan Reid of the *Tar Heel* staff wrote.

"While undergraduate business training is suitable for some, business and liberal arts professors agree that most students would be equally or better prepared for careers through a broader liberal arts education."

The growing problems, however, are the educational institutions themselves. They have become so consumer-oriented and marketing conscious that meaningful advice to those who enroll is hard to find.

If someone seeks business training that's what he'll get. As long as the student passes courses, he has a good chance of acquiring a degree.

Yet many small businesses demand so much more for employment and advancement. Most of the owners I've talked with raise the same questions that I, in turn, pose to students. How sincere is your commitment? What about your desire to do a good job consistently and enjoy the work at the

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same time? What about your enthusiasm for hard work and long hours at minimum wage?

Answers to these questions are frequently as important as the degree to the average proprietor. He knows from his own experience that it will take more than a sheepskin to sustain you in retailing or almost any service position today.

"Most students come to the business school because of security; they feel they will have a salable quality. I'm not sure these (skills) are salable, except for accounting," Less Garner of the University of North Carolina business school says in the article.

"If faced with two students, a recruiter would hire the non-business major if he demonstrates greater talents and breadth of knowledge."

Said Pat Carpenter of the UNC Placement Service in the same article, "Businesses are looking for people who can relate in a good interpersonal way, who can easily adapt and learn. These are more important than specific factors such as courses."

That, of course, is only part of the message in the small business sector today. Recent data showed steady decline in small business employment in 1982. But a more sober view comes from the National Center for Education Statistics which demonstrates why the questions I mentioned earlier are of importance to young people. A recent NCES study indicates that higher education, for males at least, takes eight years to actually pay a dividend. During that time, those with less formal education will have higher salaries.

On the other hand, lifetime earnings obviously favor the college graduate. "Over the long term for both men and women, the financial returns of a college education may repay the actual costs of schooling, as well as the wages lost by not working during the college years," the report continues.

What then about the value of a college education for those who plan a business career?

Like the quality of life...you'll get what you put into it and probably much more.

A good example is the story of Gary Gabriel, founder and president of Pente Games in Stillwater, OK. According to an article in the Oklahoma State *Daily O'Collegian*, Gabriel was a student majoring in sociology when he invented the game in 1973. He started production of it in 1979 and last year had projected sales of \$12 million.

Pente is a combination of two ancient Oriental board games, Go and Go-Moku. Go is over 4,000 years old and is considered more complex than chess. Go-Moku is played on the same board but is considered simpler. Pente games are now marketed in Canada and Australia as well as the states.

Gabriel's success was certainly not predicted by marketing people who scoffed at his methods. It's a testimony to his own motivation and ingenuity. Yet he didn't take specialized courses in business to learn to do it.

"The basic skills that I acquired for reading, writing, thinking and understanding people have served me very well and have provided the foundation for the big success that I've had," he said in the story.

"Most of the problems that I face, and that I think most business people face, are people problems, not technical ones. Interacting with all the people you need to deal with is a big challenge; to understand the complexities of human nature in our time."

A lot of proprietors would certainly agree. ■

Pets and People

(Continued from page 23)

imagine the shocked look on the face of an opposing German pilot as he peered out of his goggles at the enemy—a snarling toy terrier!

However, the canine is not the only pet who has aided man in time of war. Porpoises, elephants, cats, and many other animals have contributed their talent as well. Psychologist B. F. Skinner suggested the use of pigeons as bombardiers in World War II. And during that same era, Swedish scientists trained seals to plant mine charges on sea vessels. Later, during the 1970s, the Russians experimented with cats, believing that the speedy thinking and agility of cats could be put to good effect in targeting of air-to-air missiles. And there are many other examples of pet power being used to prepare for and wage combat.

If by now you've gotten the mistaken impression that the usefulness of pets has been solely in their use as political ambassadors or as cogs in the military machine, the story of the pigs of Baigne, France, may convince you otherwise.

It all started when King Louis XI asked the good Abbot of Baigne to create a musical instrument for the entertainment of the Royal Court. What kind of instrument? Well, the king had heard of the abbot's comic genius, so he told the priest to use his own imagination to come up with something "different."

This the fun-loving abbot did. He set up a velvet tent and herded inside a large number of pigs, from huge sows to tiny piglets. He arranged them by voice range. Then the abbot took an organ keyboard and attached the keys to wires that terminated in a series of small spikes. One spike was poised just over the rump of each pig.

With the king and his noble friends present, the abbot played his keyboard. The spikes struck the pigs' rears, whereupon they let out a piercing squeal, each within a certain voice range.

The Royal Court was impressed because the tunes were easily recognized. And they were surprised at the virtuoso performance of the musical swine. The concert was deemed an outstanding success, a merry time was had by all, and his majesty paid his compliments to the ingenious abbot.

Yes, pets have definitely played an important part in the worldly affairs of human beings. They have added their infectious enthusiasm, entertaining behavior, and unconditional love for their human companions. And when we reach the 21st century, we can be sure that Rover and Tabby will be right there with us as we zoom by in our anti-gravity cars and fly on our vacation to Mars and Venus. They'll still be there—helping us make history. ■



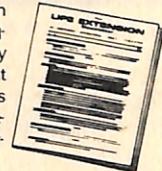
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NEWS OF THE LODGES

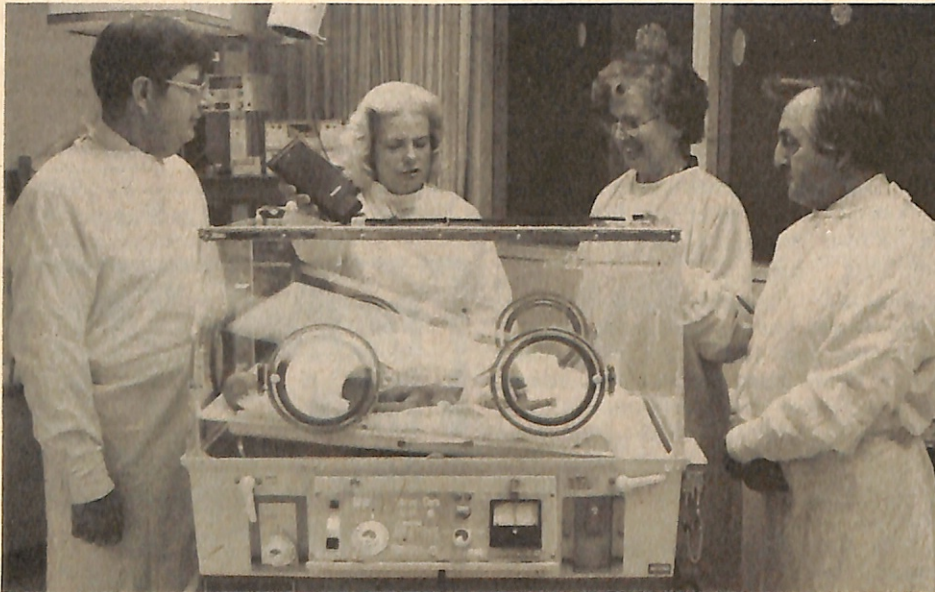
(Continued from page 11)



OLYMPIA, WA. GER Marvin M. Lewis, accompanied by PGER Robert Yothers and Grand Est. Lead. Kt. Frank Garland, was the guest of honor at the annual Veterans Appreciation Night at Olympia, WA, Lodge. From left are lodge National Service Committee Chm. Howard Verme, ER Bradley Francis, and Brothers Yothers, Lewis, and Garland.



MOUNT VERNON, WA. Celebrating 45 years of community service, Mount Vernon, WA, Lodge held an Open House to display the many Elks service programs afforded to the community. Viewing one of the displays were (from left) Northwest District Public Relations Chm. Robert Lunn, ER Charles Barnum, and GL Public Relations Committeeman Leo Paquin.



SANTA CRUZ, CA, Lodge donated \$2,000 to Dominican Santa Cruz Hospital for the purchase of an Air-Shield Jaundice Meter for use in the hospital nursery. This new device provides a more accurate reading of jaundice in a baby's skin than the conventional blood test. From left are Est. Lead. Kt. William Sarrow; Mrs. Colleen Ferrigan, nursery-charge nurse; Sr Josephine Sullivan, president of the hospital; and ER William Simas.

SAN LUIS OBISPO, CA. Through the generosity of San Luis Obispo, CA, Lodge, a dream has been realized for Jason Farrar (right foreground), a seven-year-old blind boy. He was presented with a new electric piano at the lodge's Annual Christmas Ball. Jason, who has been playing the piano by ear since he was three, actually played with the dance band during the evening.



EVANSTON, WY, Lodge formally dedicated its new lodge building. The lodge, instituted only four years ago, moved into the building debt-free. From left are PGER George Klein; Mayor Dennis Ottley; Edward Young, chm. of the GL Committee on Credentials; ER Lynn Hughs; and PDD Milton Hoesel.





A true story by
Wilton Hildenbrand

**“This is the business
that turned our
dreams into reality”**

I never made “real money” until I quit working for someone else and started my own Duraclean business

“When I was with the New York City Fire Department—with a wife, and three children to raise—I felt I spent most of my time putting out financial fires at home! It occurred to me that I could never achieve the financial security and independence we craved working for someone else. The obvious answer—start a business of our own. But what? Sure, we had been able to



put a little money aside, but nowhere near what it takes to start most businesses. I looked for something I could get into with a small amount of borrowed money.

So Easy to Get Started

“Marge, my wife, discovered the perfect answer. She had run across a Duraclean story—a message much like this one—and we looked into it. Well, believe me, when we saw the superior Duraclean service demonstrated and found out what a low investment it took, we were sold.

“With a fireman’s schedule, I was able to start out in my spare time. (I didn’t want to burn all my bridges behind me.) Marge and I mailed out company provided mailings describing our service and soon the phone began to ring. She made the appointments.

I rendered the service. When we discovered how much money there was to be made in a Duraclean dealership, I took early retirement from the fire department. Before long, I had to hire part-time servicemen. Soon, profits paid for our first van. Now most of the work is done by our four servicemen. Marge schedules the jobs, sends out mailings and does the bookkeeping. I do the job estimating, special spotting jobs and contact new prospects.”

Now at this point you’re probably asking yourself, what is this Duraclean business Wilt Hildenbrand keeps raving about? Well quite simply, it’s a unique, superior system for cleaning upholstered furniture, rugs and carpets (don’t confuse it with “steam cleaning” or ordinary shampooing methods). It not only cleans but restores and revives colors. It does not wear down the fiber or drive the dirt into the base of the rug as ordinary cleaning methods do. Instead it *lifts out* dirt by means of an absorbent dry foam.

Today the Hildenbrands provide cleaning for banks, country clubs, churches, offices, hotels, motels, funeral parlors, theaters and homes.

Carpet and furniture stores gladly recommend Duraclean to customers. It helps them close sales. 45% of the Hildenbrand’s business is from customers’ referrals and repeat orders.



Low Cost Investment

Would you like to have the freedom and independence enjoyed by the Hildenbrands? You can. Let us send you the facts. Mail the coupon, and you’ll receive all the details, absolutely without obligation. No salesman will ever call on you. When you receive our illustrated booklet, you’ll learn how we guide you STEP BY STEP to get customers; and how to convince your customers to recommend additional customers.

Wilton Hildenbrand mentioned the small amount of cash you need. You can start a dealership for as little as \$3,488. Another option is a \$11,588 full cash investment, and if you qualify, Duraclean can work out financing for half of this amount.

Send for FREE booklet

Send in the coupon today. With no obligation, we’ll mail you a 32-page booklet explaining the business. Then you, and you alone, in the privacy of your own home can decide. Don’t delay. Get the facts while your service area is available. Mail the coupon now.

**Learn the facts before you decide.
Mail coupon NOW.**



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International**

The first step—send for FREE Booklet today!

Duraclean International
3-033 Duraclean Building, Deerfield, IL 60015
Without obligation send free booklet that tells how I can have a Duraclean business. No salesman will call.
(PLEASE PRINT)

Name _____

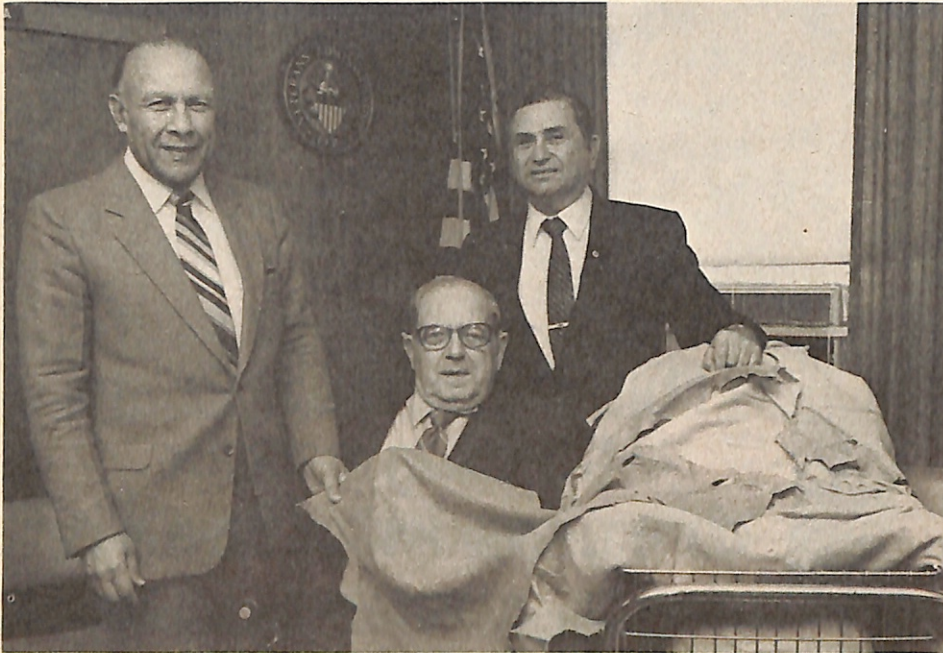
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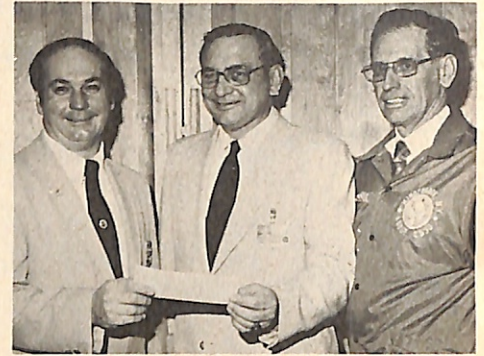
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ELKS NATIONAL SERVICE COMMISSION

"So long as there are veterans in our hospitals, the Benevolent and Protective Order of Elks will never forget them."



Elks VAVS Representative Garnett Shipley (center) presents a shipment of hides provided by the Elks National Service Commission to I.V. Billes (left) director of the Martinsburg, WV, VA Medical Center. Looking on is Diron "Step" Avedisian, Service Commission Director, who was on hand to recognize Brother Shipley for his 30 years and 9,200 hours of voluntary service.



ER Donald Arnold (left) of Kinderhook, NY, Lodge presents a check for \$200 to Edward Zaharek, chief medical administrator of the Albany, NY, VA Hospital. Looking on is lodge National Service Chm. Richard Wilson. The money is for the indigent patient program, which provides accommodations for patients' visitors who are from out of town.



Colonia, NY, Lodge hosted a group of patients from the VA Medical Center in Albany to dinner at the lodge. After dinner, gifts were presented to the veterans. From left are VP Edward Salkis, Ralph Tarino, lodge National Service Committee Chm. Edward Klimek, John Scirracco, and ER Harold Anglin.



The Northeast North District Elks of Ohio presented a check for \$1,950 to the Wade Park Veterans Hospital in Cleveland. The donation was for the purchase of TV sets for the veterans. From left are VAVS Representative Ed Deardon; VP David Straight; N. Doyle, hospital chief of volunteers; District National Service Chm. Paul Kreitz; and DDGER Merle Cohagan, Sr.

LAWRENCEVILLE, IL, Lodge donated \$1,000 to the Danville, IL, Veterans Hospital and \$500 to the Marion, IL, Veterans Hospital. Danville Hospital used its donation to purchase TV sets for the wards, and Marion Hospital spent its money on Christmas for the veterans.

WEST COVINA, CA, Lodge hosts approximately 10 veterans a month from the Loma Linda Veterans Hospital for dinner. A recent guest was 81-year-old Mrs. Nell Simpson, believed to be the nation's highest decorated woman.

Among numerous medals, Mrs. Simpson holds the Congressional Medal of Honor. She served as an Army nurse in World War I and as an Air Force nurse in World War II.

BOULDER, CO. The Department of the Army honored Boulder, CO, Lodge and six of its members for their years of dedicated service to the long-term patients of the Fitzsimons Medical Center. Brig Gen William R. Dwyre, MD, commander of the center, gave special recognition to Brothers Robert Woods, Lou Prather, John Woods, Ed Hodgison, Fred Deitsel, and Raymond Bauml, and to Boulder Lodge.

Through these six men, long-term patients at the center were able to leave the hospital for a day of fishing, or to attend a football game and use the facilities of the lodge. These outings contributed greatly to the morale and general well-being of patients who otherwise would not have had the chance to leave the hospital.

To testify to the Army's appreciation, a plaque will be placed in the hall of Boulder Lodge.

IRVING, TX. To top off Veterans Remembrance Month, Irving, TX, Lodge hosted 22 veterans at the VA Hospital in Dallas to dinner and bingo. As prizes, the veterans were given coupon books that could be used at the hospital gift shop.

... Our Ancestors Too!

(Continued from page 8)

usually poor and without an honest way to make a living. They included vagabonds, rogues, and cheats. Many of the women were prostitutes, but quite a few of them made a fresh start in America, forgetting their pasts and marrying men of position.

Some servants were transported criminals. From the English point of view, transporting felons to America as servants was a humane and sensible solution to the crime problem. In the 17th and 18th centuries, there were over 300 capital offenses in England. In theory a man, woman, or child could be hanged for stealing anything more than a shilling. In fact, the barbarities of the law were tempered by the system of servitude. For most crimes, a felon who agreed to be transported to the New World would escape death by "hempen fever." During the mid-18th century, about 70 percent of those convicted in the Old Bailey in London were sent to America, mostly to Maryland and Virginia. One typical shipload included Stephen Bumpstead, who had stolen a gray gelding; Richard Enos, who had stolen a silver tankard; John Codd, who had taken three petticoats; and a little boy whose crime was stealing 28 shillings, 11 pence. The total: 26 for stealing, one for

assault and robbery, and one for murder.

As might be expected, the settled colonists were angered by the boatloads of convicts. One Virginia newspaper wrote, "In what way can Britain show a more sovereign contempt for us than by emptying their jails into our settlements; unless they would likewise empty their jakes (privies) on our table." Benjamin Franklin suggested that each ship bringing a load of convicts should return to the mother country with a cargo of rattlesnakes. But the British liked the system of transporting felons to America so well that they tried to continue it after the Revolution. Congress put a quick stop to such ideas.

The contempt Americans felt for the convicts was probably justified by many of their characters. There is the story of an arsonist named Ann Tuffin who was transported to the Carolinas. Once there she started setting fires again and was sold to the Bahamas. But there are also stories of men and women, down on their luck, who were transported for minor offenses. A Quaker named John Otter was judged an "incorrigible vagabond" and transported. The deciding testimony? When the judge asked his residence, Otter replied that his dwelling place was with God.

The Germans and Swiss came to America under slightly different circumstances than most English and Irish servants. They were called redemptioners in that

they paid as much of their passage as they could and then worked as servants in America to make up the balance. As a rule, the Germans came as whole families and usually had more background in farming than did the urban poor of England. The Germans were swindled as much as any other group, but if they survived the voyage and the hardships of the first years, they stood a good chance of prospering. Many Americans of German ancestry can trace their roots back to these redemptioners.

In 1663, 13 out of 30 members of the House of Burgesses, the Virginia colonial legislature, had come to the colony as servants. A secretary of the Continental Congress, a signer of the Declaration of Independence, a distinguished Maryland lawyer, a congressman from Vermont, all had served out their indentures. Former indentured servants included the father of the American painter Charles Willson Peale, the maternal grandmother of Benjamin Franklin, and a direct ancestor of Abraham Lincoln.

In a sense these servants are forgotten Americans. There are no societies for the descendants of indentured servants, and few people boast when, as they often do, they discover a servant at the base of their American family tree. But despite their suffering and their often pathetic lives, they helped build our country. In great numbers, they are our ancestors. ■

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Spanish Cove, a 600-acre development hugging the beautiful waters of Perdido Bay . . . gateway to the Gulf of Mexico and at Florida's front door. A quiet country atmosphere where the beauty of nature has been fiercely protected . . . yet a place with all the amenities and facilities you would want . . . paved streets, sewer, electrical, water and telephone hookups, and security patrol. A community of three distinct and private neighborhoods, one just right for your lifestyle whether it be a permanent home, a weekend retreat, or a seasonal get-away.

SPANISH OAKS . . . beautiful homesites filled with moss-draped oaks overlooking the Bay . . . or large shady lots tucked among the rolling hills.

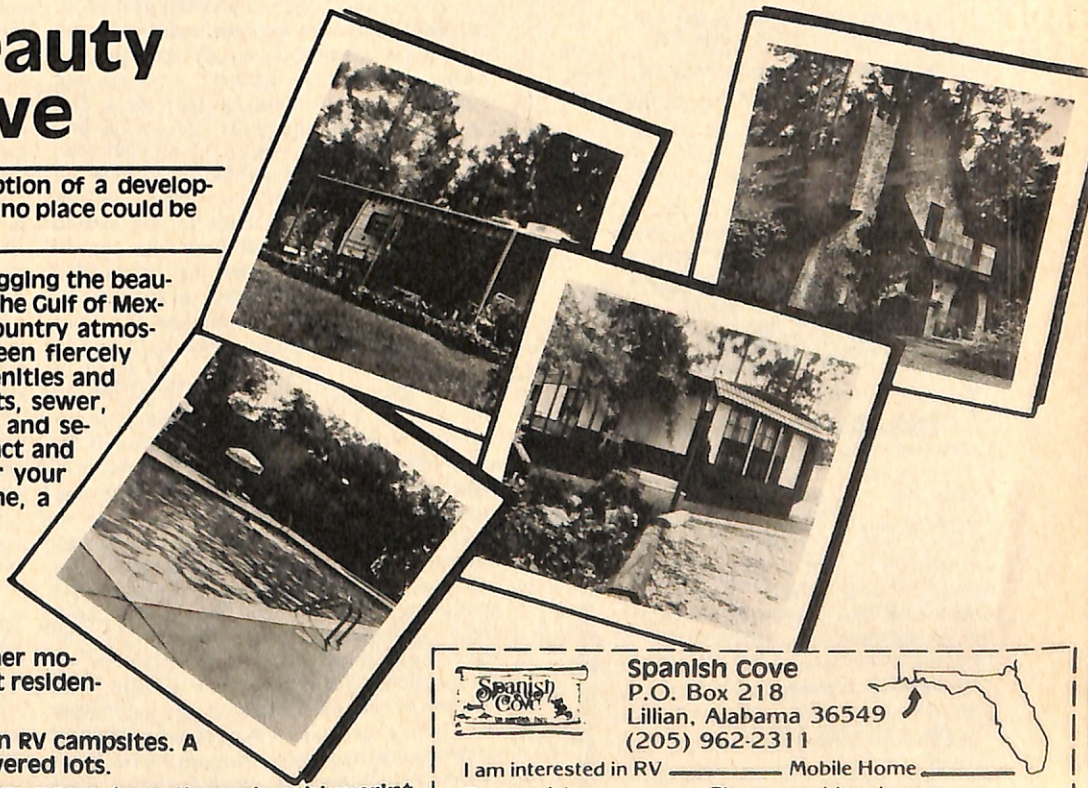
PERDIDO PINES . . . not like all those other mobile home parks, it really resembles a quiet residential neighborhood.

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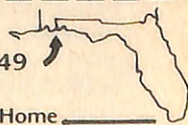
Spanish Cove is not a developer's dream nor a tour through a blueprint binder . . . all the facilities are real . . . from the clubhouse, to the pool, to the tennis courts, to the private pier extending out into Perdido Bay.

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MEDICINE & YOU

by Larry Holden

BATTLING CHRONIC PAIN

It's estimated that at least one out of every three people will suffer from chronic pain sometime during their lifetime. The medical costs for treatment of such discomfort are astronomical, amounting to approximately \$10 billion each year in the United States. The emotional toll for patients can be devastating. Some become addicted to narcotics after finding it takes more and more drugs to kill the pain—if only temporarily. If no immediate cause is found, patients may be told the pain is all in their heads. There can be self-doubt, depression, even suicide.

Special pain control programs are being established all across the country to combat chronic pain and eliminate the patients' suffering. Besides numerous smaller-scale programs, five major "pain teams" have been set up in clinics and hospitals located in Boston, Chicago, Dallas, Los Angeles and San Diego. These pain control clinics are designed to benefit chronic pain patients who are not helped by standard medical treatments. The highly-specialized teams of physicians and scientists at these clinics utilize sophisticated testing and a blend of techniques to wipe out such pain. The techniques range from the most up-to-date biofeedback procedures to the ancient "art" of acupuncture.

These unique clinics are having remarkable results. For nine years a Midwestern businessman lived in the clutches of severe pain. The nerve-shattering pain sent him to 15 doctors and drove him to the brink of suicide. Shooting from his hip, down his leg and into his knee, the chronic pain was a harsh remnant of injuries he suffered in an automobile accident. It was a persistent nightmare with no end in sight—until he was treated at a pain control clinic.

When the skeptical 39-year-old patient was referred to the pain program, doctors gave him books to read on pain, depression and acupuncture—an ancient form of treatment involving needles carefully placed in the ear, back, leg and other precise points. After six acupuncture treatments, the patient was relieved of his pain. Where all else had failed, this Oriental procedure succeeded. Although acupuncture has been used successfully in China for centuries, American doctors are still delving into why the treatment helps chronic pain patients, but not others.

What the pain team at the University of Texas Southwestern Medical School in Dallas theorizes is that pain may be chemically induced in the body and that acupuncture and biofeedback may increase the amount of en-

dorphins—naturally produced pain-killers—in the body. The team and other experts nationwide suspect there may be a malfunction in the production of these opiate-like substances in chronic pain sufferers. The teams at the country's five major pain control centers are able to do extensive testing to determine the amount of the hormone-like endorphins in the body.

Since two out of three chronic pain patients respond positively to acupuncture—with one-third of these patients obtaining total relief—the medical researchers at these clinics are testing to determine if techniques such as biofeedback and acupuncture raise the level of endorphins and thus relieve pain.

Chronic pain patients attending one of these clinics are examined and evaluated. If a cause is found for the pain, they are treated medically or surgically.

In most cases, there is a medical cause. Such causes run the gamut from a pinched nerve, a damaged spinal disc or some type of old injury. In some cases, a nerve can simply be synthetically blocked or severed to stop the pain.

Chronic headache sufferers can be taught to relax and/or raise their body temperature, which relieves migraine headaches, through the use of biofeedback. When using this treatment, patients are able to observe muscular activity in the body by employing an electromyograph. The electromyograph allows the patient to see his body when he is relaxing his muscles.

But for some, there is no explanation for their pain. For these thousands, the special pain control clinics offer strong hope and a track record of unmistakable successes.

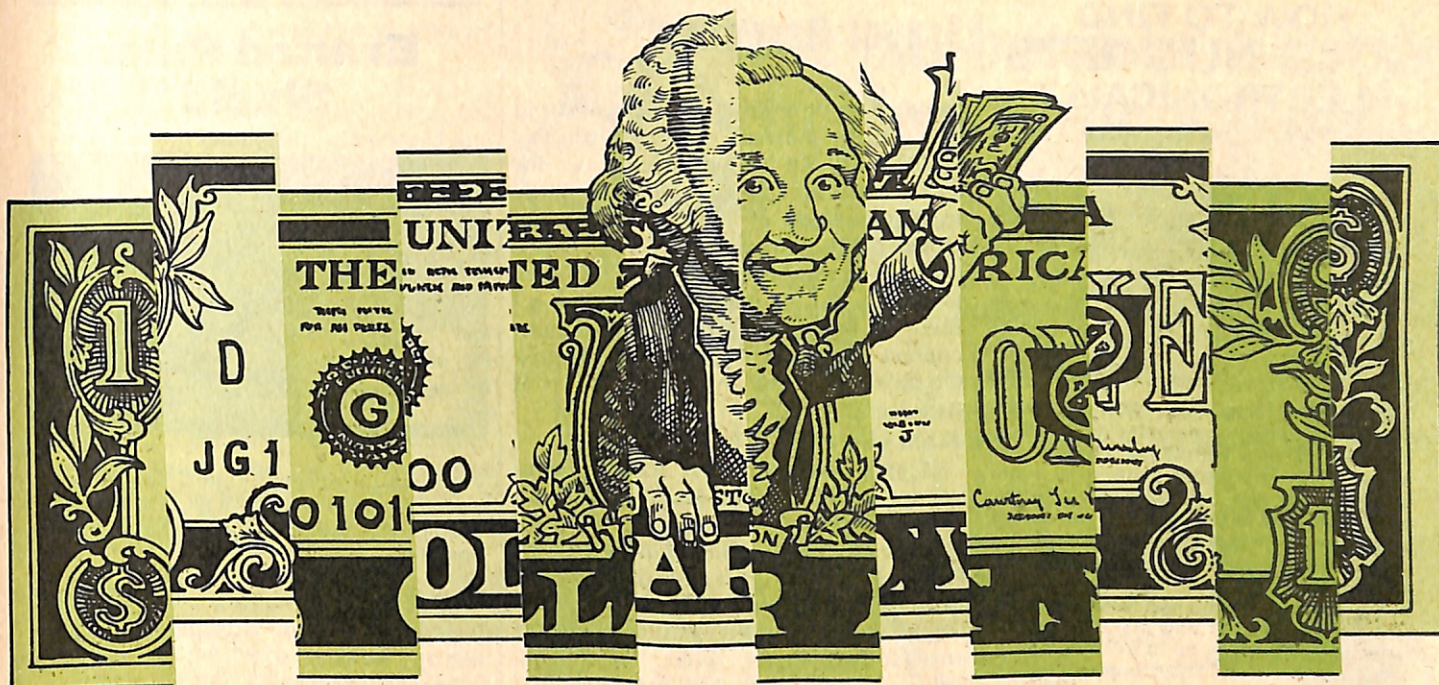
To obtain more information on chronic pain treatment and specifics on these new clinics, contact:

Ann Harrell
Office of Medical Information
University of Texas Health Science Center
5323 Harry Hines
Dallas, TX 75235
Phone: (214) 688-3404

Ms. Harrell says she'll be glad to forward your letters to the proper physicians, researchers and clinics.

...

A safe and effective home remedy for persistent tooth pain has been noted by a U.S. Food and Drug Administration panel. The substance is clove oil, which has been used as a toothache treatment for 2,000 years and
(Continued on page 37)



1983 Guide To Travel Bargains

by Jerry Hulse

It's time again for our annual Elks Magazine travel tips feature. You'll find ideas ranging from the rental of an island (you'll have it all to yourself) to sightseeing in San Francisco at bargain prices. It is our wish that this article will help make your vacation planning simpler, and at the same time provide new ideas for happy traveling in '83.

EUROPE ON \$10 A DAY

An organization in New York books travelers into small European hotels, apartments for as little as \$10 a day. Choices in Austria, France, Switzerland, Italy (a total of 5,400 properties are listed). Example: At Zermatt (Switzerland) a two-room apartment that will accommodate four persons rents for \$255 a week. Contact your travel agent or Interhome, Inc., 298 Knollwood Road, White Plains, NY 10607.

JAPAN GUIDE

Japan Air Lines has updated its nifty little guide, "Japan Unescorted." This is a handy, pocket-size publication covering 10 cities: Tokyo, Kyoto, Himeji, Kurashiki, Nagoya, Takayama, Kanazawa, Sendai, Nagasaki, Sapporo. You'll find information on inexpensive hotels, inns, restaurants, bars, coffee houses. Also tips on shopping. An excellent guide, particularly for travelers doing Japan on their own. Sells for \$2 and worth every penny. Send check to JAL Literature Distribution Center, P.O. Box 10618, Long Island City, NY 11101.

A SMALL HOTEL

I have a favorite small hotel in London. Friendly, reasonable. It's been my London base since 1951. Received a note from proprietor Chriss Isseygh saying rates are being slashed by 30 percent for travelers staying three days or more. This is the Westland Hotel, 154 Bayswater Road, London W2 4HP. Not one of those fussy five-star places where you'd find Liz Taylor or Lord Fussbudget. But you're not going to leave behind a bankroll when you check out, either. With 30 percent off, it's one of the season's better buys.

COLORADO-ARIZONA

The bed-and-breakfast craze is going full tilt in Colorado and Arizona. Kate Peterson tells of dozens of host homes in 15 towns in Colorado. For details drop her a stamped, self-addressed envelope, P.O. Box 804, Colorado Springs, CO 80901. In Arizona, Bessie Lipinski lists 172 B&Bs throughout the state. Write to her c/o Bed & Breakfast in Arizona, 8433 N. Black Canyon, Suite 160, Phoenix, AZ 85021 (enclose stamped, self-addressed envelope).

SAN FRANCISCO

If you're planning a trip to San Francisco here's an item that could save you a few bucks. The Metropolitan Transportation Commission has published a handy little guide (128 pages) that's guaranteed to help get you around the Bay Area without a car. Tells all about riding the public transit network. Besides San Francisco, the public transit takes in such outlying

spots as Sausalito and Muir Woods. A total of 800 destinations in the nine-county San Francisco Bay Area. The booklet is available at bookstores and magazine stands in San Francisco (two bucks a copy) or by mail for \$3 from the Public Information Office, Metropolitan Transportation Commission, Hotel Claremont, Berkeley, CA 94705. Make checks payable to the Commission.

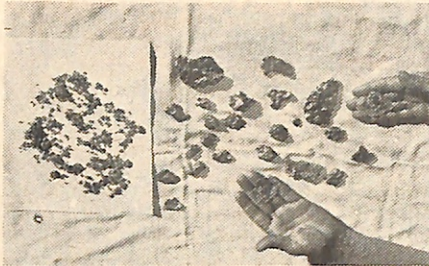
ASIA/PACIFIC GUIDE

It's free for the asking—a new 72-page pocket-size guide for businessmen visiting Asia/Pacific. Lists attorneys, accountants, banks, tipping, customs of each destination (Australia, Guam, Hong Kong, Indonesia, Japan, Korea, Malaysia, Pakistan, Philippines, Singapore, Thailand, Hawaii). Other sections on shopping, climate, clothing, currency regulations, transportation, electric current, time zones, etc. Drop a card to Director of Marketing—Asia/Pacific, Hilton International, 605 Third Ave., New York, NY 10158.

GREEK ISLE

Ever since I saw the movie "Zorba the Greek" I've had this urge to run off to a Greek island. Somewhere without crowds, cars. Finally I've discovered it. It's a little island called Argironis. So small you can rent the whole thing for yourself. Perfect. Argironis covers barely 60 acres. Wildflowers, cypress, olive trees. Secluded coves for snorkeling, swimming, sunbathing. Boats for exploring neighbor islands. Up to six guests are accom-

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Travel Bargains

modated in the island's whitewashed old home (fully staffed). The six will pay \$1,200 a day. Or it's available for two for \$500. That's a hefty sum, but think of the sweet aloneness. If I had the time and money I'd be gone right now. Argironis rises out of the Aegean between the Greek mainland and the island of Evia. You get there by boat or helicopter. For details, contact the Greek National Tourist Organization, 611 West 6th St., Los Angeles, CA 90017.

A SMALL INN

If your vacation takes you to Pennsylvania this year, John Huestis operates a snug inn at Point Pleasant in Bucks County. Not far from the little village of New Hope. It's an ex-grist mill (circa 1748). Powder was ground here for Colonial troops during the Revolution. Features antique-furnished rooms, a parlor, crowded with books, a fireplace. Ten guest rooms, three with private baths. Guests hike in the woods, jog along a towpath. At breakfast the innkeeper serves crepes, waffles, souffles. Contact Innisfree, P.O. Box 108, Point Pleasant, PA 18950.

ENGLAND BY BOAT

A company calling itself Canals Europe represents trips by canal in England for \$395 a week. Includes full English breakfast, lunch, afternoon tea and dinner. Not a bad price considering costs of other canal trips. Canals Europe also represents houseboats in Ireland, Scotland, France, Germany, Holland, Italy, Greece. Those operating along canals of Venice are brand-new boats with built-in galleys, refrigerators, showers. They're moored just a few hundred yards from Piazza San Marco. Contact Canals Europe, 220 Redwood Highway, Mill Valley, CA 94941 or telephone (415) 388-7908.

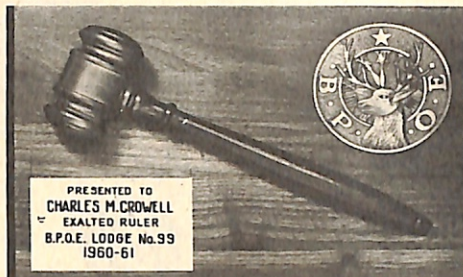
HOME EXCHANGE

A British entrepreneur is tuning in to the American home exchange idea. Arranges for trades of U.S. homes for those in her country. In some cases, cars are part of the deal. In placing visitors, she takes into consideration special requirements (tracing ancestors, desire to be near a beach, a small village in the woods). She also lists rentals: apartments, homes, farm cottages from \$40 to \$300 a week in England, Wales and Scotland. For a brochure write to Mary Spivey, The Bury, Thorverton, Exeter EX5 5NU, England.

VERMONT

"Lakefront cottage, two bedrooms, modern kitchen, bath. Good fishing, swimming, hiking, boating (rowboat furnished). Completely furnished except for linens. Available May/September, \$150 a week." This is just one of nearly 200 listings in a free vacation booklet published by the Vermont Travel Division, Drawer 4S, 61 Elm St., Montpelier, VT 05602. Details on condominiums, camp-

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VACATION CLUB

An airline pilot has recruited friends with vacation properties for a club that offers sizable discounts to travelers. In Hawaii for example: a lineup of 50 condominiums. Rentals from \$20 to \$35 a night for as many as four vacationers. Others in Florida, the Bahamas, Mexico, Colorado, the Caribbean and California. Also yacht rentals in the Caribbean, Florida, California. Contact Dick Bodner, c/o Airline Discount Club International, P.O. Box 616, Parker, CO 80134, or telephone (303) 841-4337.

HIDEAWAY

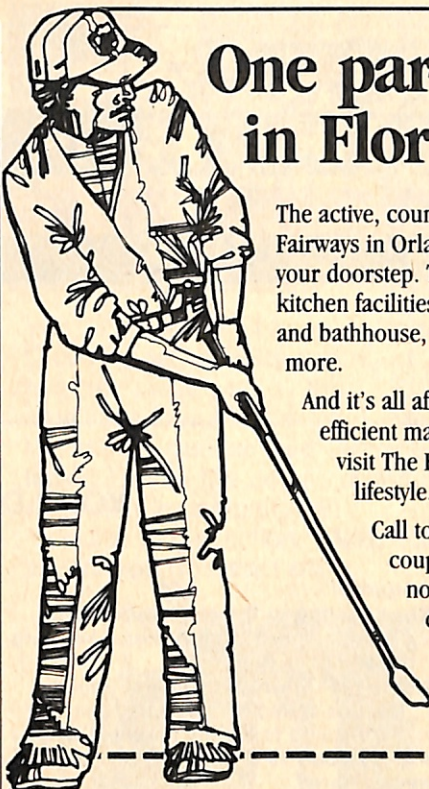
For those looking for a cozy hideaway: a log cabin on an island near Greenbank, WA. Described as a "Hansel and Gretel" cottage in the trees. Beaches, a private pond nearby. Small villages to explore. And while it's rustic outside, it's snug inside. A full bath, kitchen, wall-to-wall carpeting. Stained-glass windows, a fireplace, early American antiques. A three-day, two-night honeymoon package comes to \$89.50. Includes champagne, breakfasts delivered to your door. Or you'll pay \$30 a day double, \$25 single for the regular B&B plan. This cabin is available on a weekly rental, too (\$175). Contact Guest House B&B, 835 E. Christenson Road, Whidbey Island, Greenbank, WA 98253.

DISABLED

A new service for the handicapped. Moss Rehabilitation Hospital in Philadelphia helps disabled travelers plan their trips. Information for anyone in the United States. Assistance is provided for trips both domestically and overseas. There's also information on airlines, restaurants, cruise ships, cultural activities. Brochures available. Write to the Travel Information Center, Department LT, Moss Rehabilitation Hospital, 12th Street and Tabor Road, Philadelphia, PA 19141 or telephone (weekdays 9-5) (215) 329-5715. Meanwhile, Montreal has prepared a 40-page guide that outlines the city's hotels, theaters, sports centers, etc., for wheelchair users, the blind, deaf and others. Free copies from the City of Mon-

(Continued on page 48)

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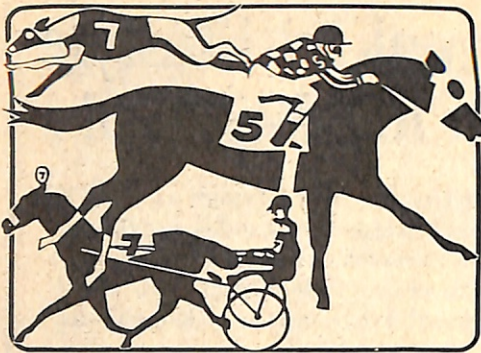
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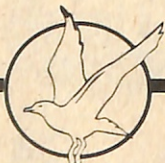
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YOU & RETIREMENT

by Grace W. Weinstein

YOUR DRIVING

Test yourself:

1. **When driving in the rain you should**
 - A. Reduce speed and increase following distance.
 - B. Maintain speed with vehicle ahead
 - C. Reduce speed and following distance
 - D. Vary speed to dry out brakes
2. **An icy road is most slippery at what temperature?**
 - A. 32 degrees
 - B. 25 degrees
 - C. 10 degrees
 - D. 0 degrees
3. **When rounding a left curve, your vehicle tends to**
 - A. Move to the inside of the lane
 - B. Stay in the center of the lane
 - C. Move to the outside of the lane
 - D. Speed up
4. **How much distance should you leave between your car and the one you are following?**
 - A. One car length for every 10 miles per hour you are traveling
 - B. Distance equal to 2 seconds of traveling time
 - C. Distance equal to 3 seconds of traveling time
 - D. Ten feet for every 10 miles per hour you are traveling
5. **Depth perception, which is important in knowing when to pass safely**
 - A. Increases with age
 - B. Remains the same with age
 - C. Decreases with age
 - D. Increases significantly with age.

You'll find the answers to these questions at the end of the column. If you weren't sure of some or all of the answers, however, you're not alone. A great many older people learned to drive without benefit of formal driver education programs. A great many older people are rusty when it comes to written "rules of the road." Perhaps it's not surprising, therefore, that the number-one traffic violation of drivers 55 and older is failure to yield the right of way, followed closely by improper turning, passing, and lane changing.

Ignorance of the rules, plus the general physical slowdown that can come with aging, contributes to the high accident rate of older people. Drivers under age 25 are the most accident-prone. They also drive the most. But the National Safety Council points out that when you consider the reduced mileage driven, on the average, by older people, the number of accidents per person for older

drivers is significantly higher than for middle-aged motorists.

Part of the problem is physical. As you age, a number of things happen. It has been estimated, for instance, that 20 percent of those over the age of 55 and 30 percent of those over 60 have impaired hearing. Older men, in particular, have trouble properly hearing high-pitched sounds—which can affect the way they respond to emergency vehicles. If you suspect that you have a hearing problem you should, of course, see a doctor. Even if your hearing is fine, however, you should develop the habit of keeping the car window partially rolled down and of keeping radios, air conditioning, and conversation noise to a minimum.

Eyes that have become more sensitive to light and glare and much less responsive to depth perception and peripheral vision must also be taken into account. Loss of depth perception makes passing or changing lanes more difficult; limited peripheral vision creates a hazard when you make a turn or approach an intersection. As a general precaution, older drivers should avoid driving at dusk, when it is most difficult to see. Keep windshield and headlights clean, for maximum visibility. Don't smoke, especially at night, because smoking interferes with the adaptation of the eye to the dark and fogs the windshield. And when your doctor decides that a new eyeglass prescription is in order, be sure to allow some time to get used to the new glasses before driving...especially if you're wearing bifocals or trifocals.

Reaction time can also be affected by lowered visual acuity and by aging and stiffening muscles. You can compensate for this to some extent by pacing yourself on long trips, and by allowing frequent stops to stretch out the muscles (walk briskly around the car a few times at highway rest stops, and do so every hour or two). Decrease speed (but don't go *too* slowly; that's dangerous too) and allow more room between cars.

Medication can be a problem for older motorists, not only because a greater percentage of older people are taking some form of medication, but also because adverse reactions to drugs occur three times as much in the older population as they do in younger people. Ask your pharmacist about any possible side effect from prescription or over-the-counter drugs you may be taking. Some weight control drugs, for instance, can produce a false sense of alertness, while some arthritis medications can cause drowsiness.

All of these tips, plus a thorough refresher course on the rules of the road and a primer of defensive driving techniques, are available to drivers over age 55 through the 55 Alive/Mature Driving course sponsored by the American Association of Retired Persons. 55 Alive started as a pilot program in 1979, and is now offered in every state. There were 125,000 graduates of the two-day course in the first two years, and another 50,000 in 1982. The course is often co-sponsored by local groups such as corporations, senior centers, or service organizations; your Elks Lodge might want to offer the course to members and/or to the community at large. Instructors are volunteers, AARP members 55 and over, who have completed the course and had additional training.

The 55 Alive course does not offer behind-the-wheel training, although it does include some slide presentations of on-the-road situations. It also includes helpful discussions by participants of their own driving experiences. Does it work? The U.S. Department of Transportation thinks so. A DOT study of 5,000 drivers who had completed the course showed a significant reduction in traffic violations and accidents.

Participants in the course learn to deal with local problem intersections. They learn to overcome their own bad driving habits and to cope, behind the wheel, with the physical changes caused by aging. And, in a lot of places, program graduates have one more benefit, a very practical one: a discount on automobile insurance. The discount, ranging from 5 to 20 percent, is available in every state from some insurance companies; it is required by law in six states, with eight more states considering enactment of mandatory discounts this year.

One more point: The course itself costs a basic \$5. In some states, where there is some necessary paperwork to process the insurance discount, there's an additional charge of no more than \$5. So, for a maximum of \$10, you can benefit yourself and those around you. It's well worth doing. For information about where to find a 55 Alive/Mature Driving course near you, write to Michael Seaton Safety and Driver Improvement Programs, AARP, 1909 K Street, NW, Washington, DC 20049.

The answers to those questions? Here they are: 1 (A); 2 (A); 3 (C); 4 (A); 5 (C). Happy driving!

Medicine & You

(Continued from page 32)

is available without prescription at any drug store. The panel states that clove oil eliminates toothache within 10 minutes and keeps it away for days.

"Clove oil is a safe and effective common remedy for toothaches. A high percentage of people find immediate relief with it," notes Dr. Louis Gangarosa, head of the FDA panel and a professor of oral biology at the Medical College of Georgia.

Clove oil should be applied with cotton directly onto the cavity—without touching the tongue or gum, since it is a mild irritant. It should be used only when pain is "persistent and throbbing," stated the panel.

And, underscores the FDA panel, if the pain does go away, the person still needs to see a dentist as soon as possible.

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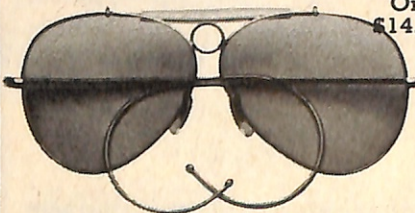
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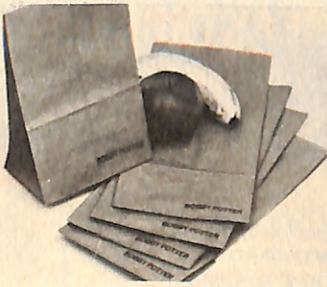
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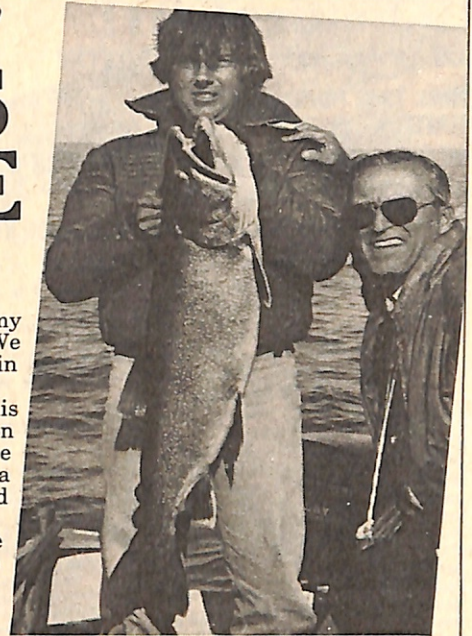
I made this remarkable discovery when my son went on his first fishing trip with me. We hired this old Indian guide in a small town in Wisconsin.

When our guide showed Mark how to bait his hook, I noticed that he rubbed something on the bait just before Mark put the line in the lake. Within minutes Mark had himself a beautiful bass. You can imagine how pleased I was and Mark, of course, wanted more.

So the whole thing was repeated—the guide put on the bait, rubbed it again, and up popped another beauty. Meanwhile, I sat there patiently waiting for my first fish.

This went on all morning. Mark caught 30 bass and I got eight.

When I pulled the boat in at noon and paid off our Indian guide, I noticed that a small, unusual seed had apparently fallen from the guide's pocket into the bottom of our boat. The odor from the seed was quite strong and certainly different from anything I had ever smelled before. This was what he had rubbed on Mark's bait!



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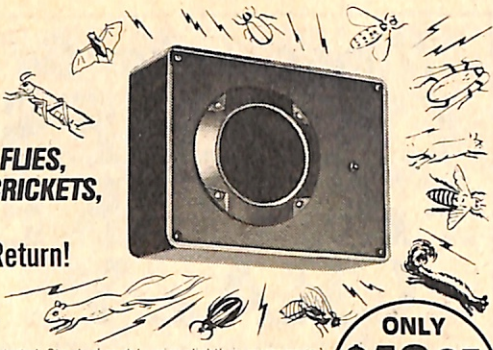
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Results can usually be observed shortly after plugging-in as rodents and insects seek escape routes. Within 2 to 4 weeks, protected area is totally cleared and pests stay away! Humane and mess-free, it requires no cleaning, care or maintenance of any kind. Cannot interfere with TV or radio reception, paces-makers, hearing aids or other electronic equipment.

IMPORTANT! DON'T SPEND MORE TO GET LESS

Ultrasonic Generators with lower output (and notably poorer effectiveness) than the \$49.95 SONIC-SCAT are currently being widely sold at prices as high as \$100. Units approaching the efficiency and covering power of our \$69.95 Super model are selling at up to \$150.

We believe that the specifications of our instruments, their precision engineering and the standard of construction represent the highest level offered in equipment designed for home and office use. Each incorporates the latest advances in technology, ruggedized components and quality control techniques.

The frequency spectrum and sound intensity have been carefully determined to assure the maximum impact on the widest possible range of vermin. (The Super model extends the frequency sweep 7 KHz. above most other units and provides a force of 130 db. if you're technically minded. This means you'll be rid of more different pests CLEARED FROM A BROADER AREA.)

Multiple-story homes and buildings or rooms separated by brick or masonry walls may require 2 or more units. A special 220 Volt EXPORT version of the Super model is available for overseas use.

DESIGNED AND BUILT IN THE U.S.A.

While so ruggedly constructed (using advanced solid state components) that service will probably never be required, prompt and efficient attention is assured directly from the American factory. The manufacturer provides a guarantee for ONE FULL YEAR. Both standard and super models are handsomely finished in jet black with grained face plates. A red diode lights to indicate unit

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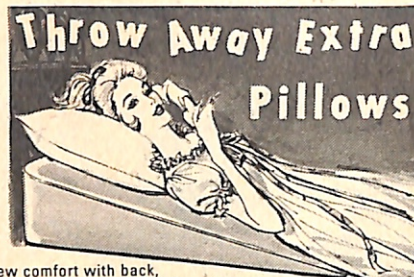
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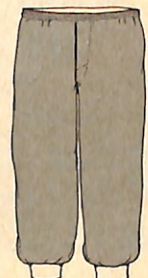
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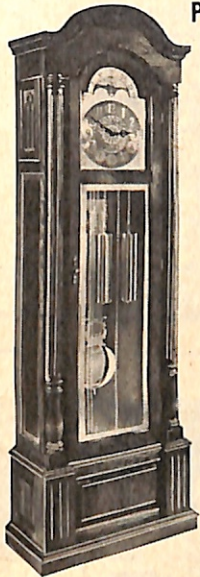
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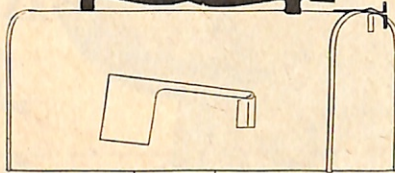
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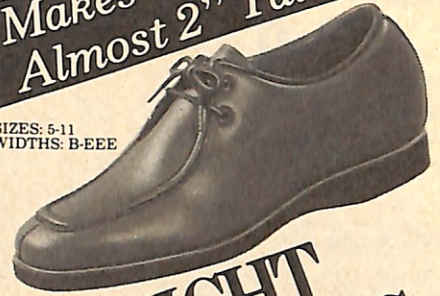
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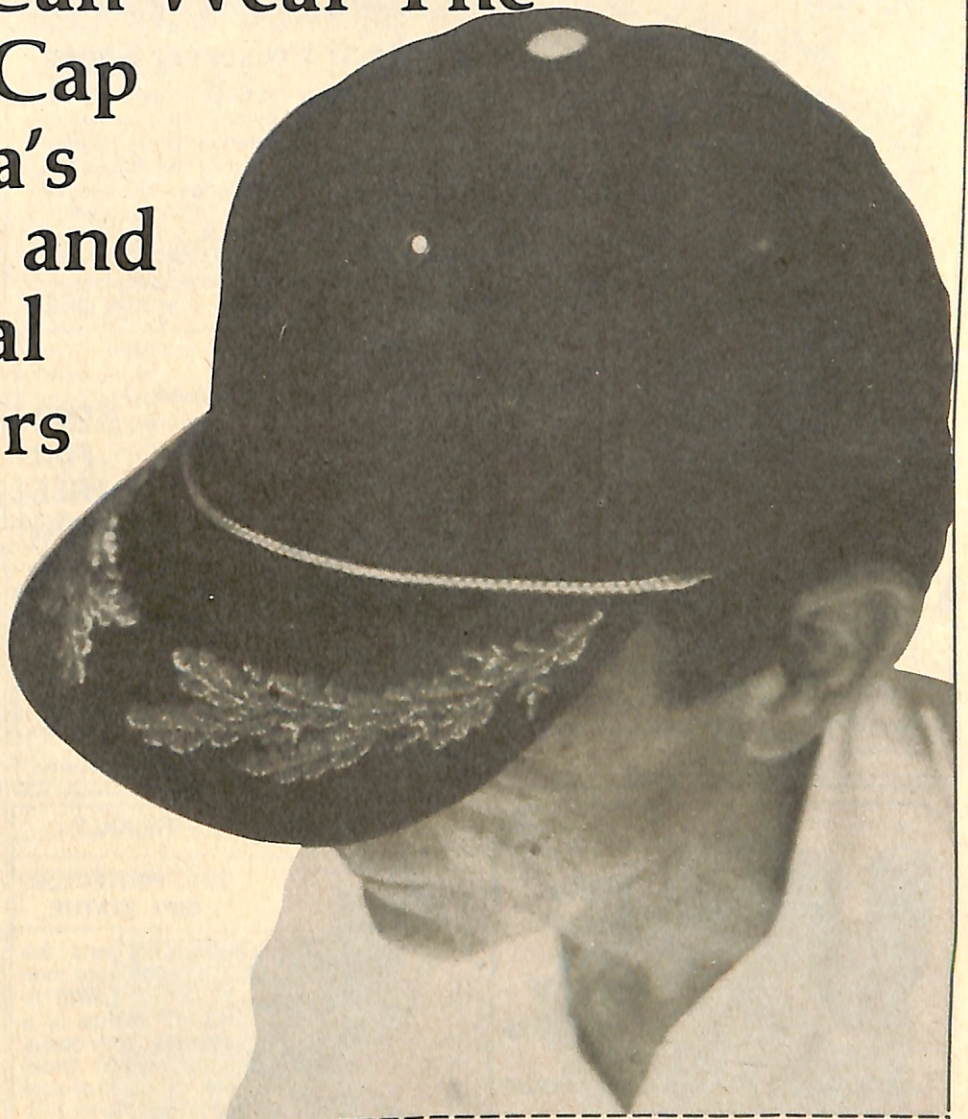
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Small Firm's New Golf Ball Takes Distance Title in Ohio Competition

Beat 11 of Best by up to 28 Yards

By MIKE HENSON

AKRON, O-It stands to reason that only one golf ball can be the longest. But a half dozen of the top makers, including Top Flite, Wilson and Acushnet, have publicly claimed the distance title. And one company—Maxfli—actually calls its DDH “the longest ball in history.”

So who's telling the truth? Recently an independent testing organization released the cold, hard facts.

Using a “mechanical man” to make sure swing force remained the same, the Rubber Development Laboratories of Akron, Ohio, compared 12 leading balls. The hands-down winner was a ball sold by a small company in Connecticut. The test showed conclusively that their ball delivered up to 28 more yards than the other 11.

But before you rush out to your nearest sporting goods store, there's a catch. To get that much extra distance the winning ball had to ignore some restrictions the U.S.G.A. imposes on manufacturers, and that means it may have to live out its life as an “unofficial” ball.

That doesn't concern the winner, however. They say the ball's new power represents the next generation of golf balls. A spokesman told me, “We're hearing some of the same objections Coburn Haskell heard back in 1898 when he invented the rubber-core ball. Haskell's ball was livelier than the old ‘gutta-percha’ version. It allowed an average golfer to add about 30 yards to his shots and golfers loved it. They love The Hot One™ too.”

Over 200,000 men and women use it.”

I asked how far the ball goes. “Independent tests indicate it would exceed the 302.4 yard limit set by the Rules, but only an official U.S.G.A. test can determine if a ball exceeds their Overall Distance Rule, and they declined to test it for distance. They examined it solely for size and ruled it nonconforming only for that reason. We purposely made the ball a couple hairs smaller and a bit heavier. That's why it goes so far.”

One golfer I spoke to claims it's a hustler's dream. “There's no way to tell if you're playing against one. It looks the same and the name on the ball is different from The Hot One™.” The seller didn't deny the possibility, but added: “The ball is designed to help golfers cut strokes, and we guarantee him a price refund if he doesn't. As proof we give everybody a free ball which they can keep, even if they return their order for a refund.”

If you want to cut strokes *fast*, get a free HOT ONE by ordering a dozen or more. One dozen cost \$19.95 (plus \$1.75 shipping); two or more dozen \$18.00 each; six dozen \$99. No shipping on two or more. To order send a check or your credit card's name, number and expiration date to the National Golf Center (Dept. H-215), 18 Lois St., Norwalk, CT 06851. No P.O. Boxes, please: all deliveries are UPS. (CT and NY residents must add applicable sales tax.) The Hot One™ also comes in Hi-Vision yellow, same price.

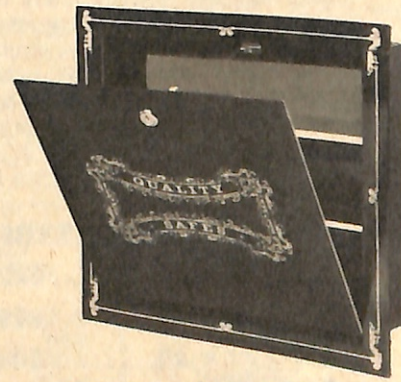
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Travel Bargains

(Continued from page 35)

trell's New York office, 360 Lexington Ave., New York, NY 10017.

LONDON

For the past nine years a group of Londoners has been leading visitors on unusual walking tours. These walks take place year-round. No prebooking required. Fees: about \$2.50. For a copy of London Walks' 1983 program, send an international reply coupon (available at your post office) to 139 Conway Road, Southgate, London N14-7BH.

LOW-COST SHELTER

If you want to travel on the cheap, get out your pad and pencil. Inter Lodging Co-op of Tacoma, WA, arranges shelter in private homes for \$4-\$5 a night. Lists 340 members in 46 states, four Canadian provinces. Here's how it works: Members share their homes with others, providing clean bedding, linens. Costs \$5 a night per person with private bath, \$4 with shared bath. This is not a home exchange program or a bed-and-breakfast system. Travelers make their own reservations. Details from Inter Lodging Co-op, P.O. Box 7044, Tacoma, WA 98407-0044.

BED AND BREAKFAST

Something new at Bed & Breakfast International (Australia). Besides the B&B routine they are renting apartments, condominiums, homes on a weekly basis. "Service or unserved." Same people will send you off to a working cattle ranch or a sheep station. Other services: a "meet the people" program involving seven- and eight-day tours in a minibus. Others for independent, self-drive vacationers. Founder Daphne Lowe, born in New Zealand of Chinese parents, is widely traveled herself. Write to her c/o Bed & Breakfast International, 18-20 Oxford St., (P.O. Box 422), Woollahara, N.S.W., Australia 2025.

SINGLES

Katherine Hertzberg of Santa Monica does a number for singles. Calls her act the Society of Single Travellers. Tours to China, Africa, Europe, the Orient, South Pacific, New England as well as cruises throughout the world. Contact Hertzberg c/o the Society of Single Travellers (Suite 1008), 3000 Ocean Park Blvd., Santa Monica, CA 90405.

MEXICO BY CAR

A growing number of Californians are traveling by car into Mexico. Some return with horror tales. Others find the going smooth. The outcome depends upon how you prepare for the trip. There are rules and the Mexicans expect us to follow them, just as our authorities expect us to follow ours. There's a handy little booklet titled "How to Enter Mexico by Automobile." Free for the asking. Drop a card to Raul Martinez, c/o Mexair, 12601 Venice Blvd., Los Angeles, CA 90066, or telephone 398-5797.

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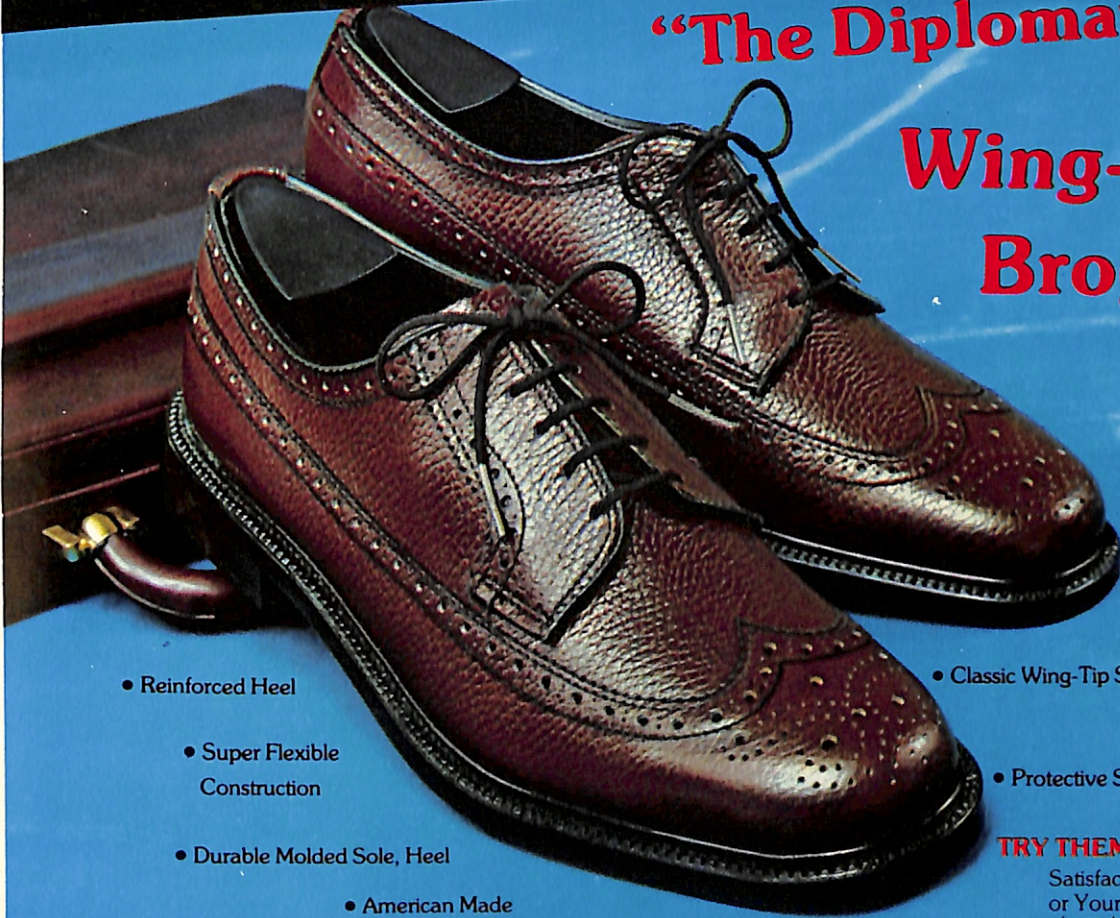
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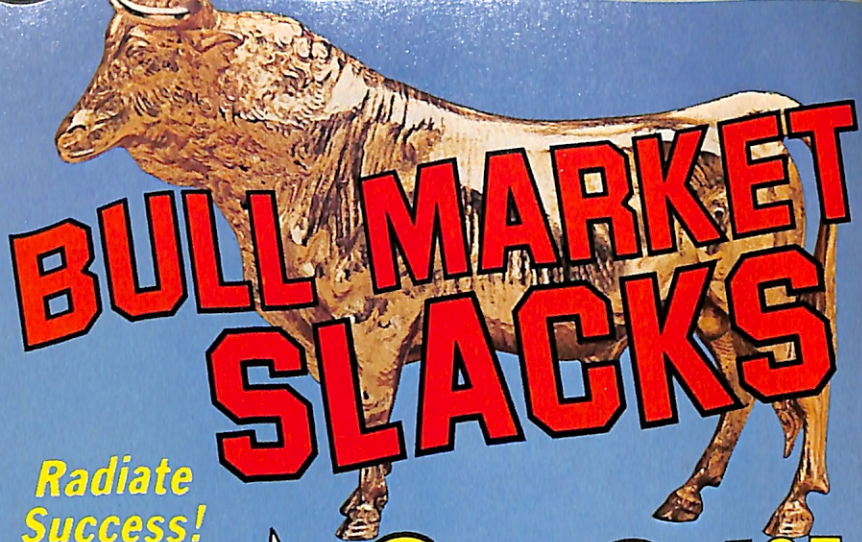
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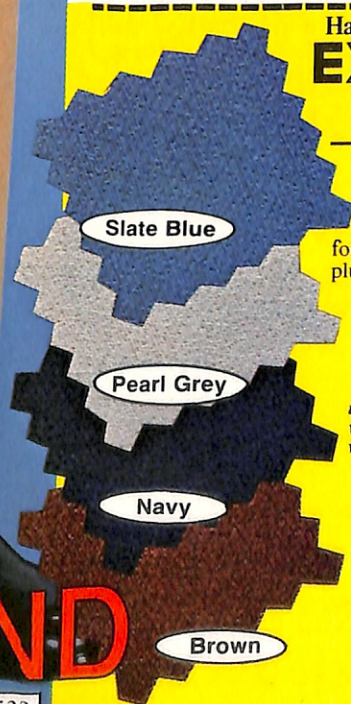
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