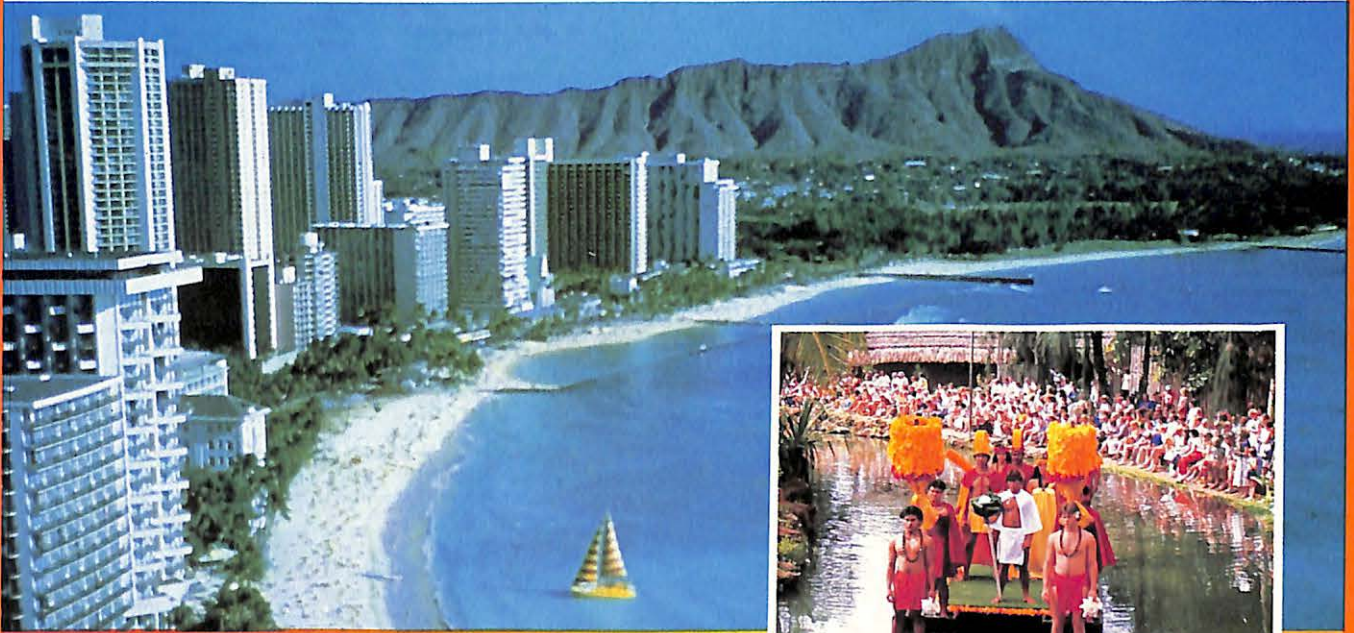


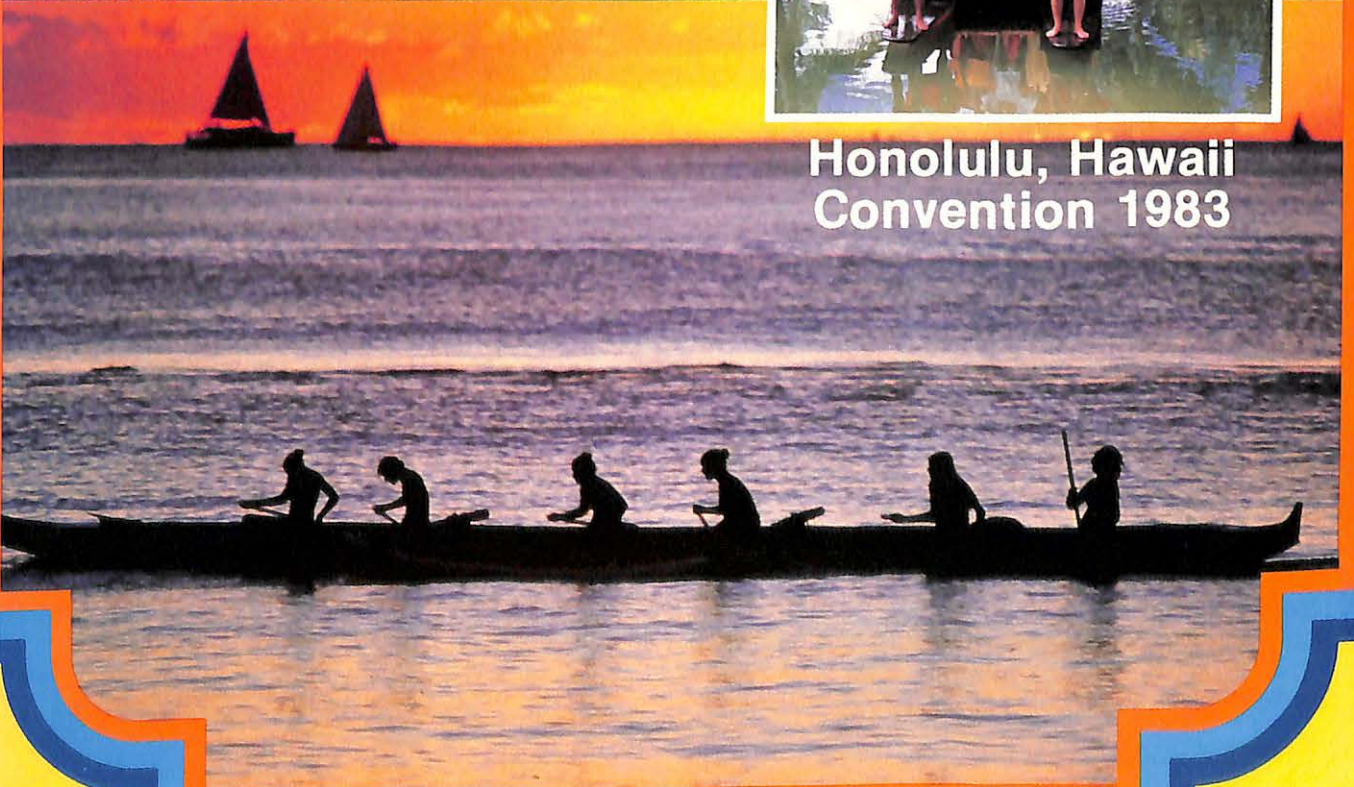
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June 1983



Flag Day - June 14



Honolulu, Hawaii
Convention 1983

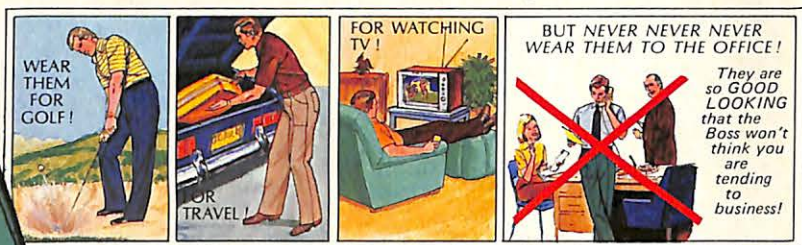


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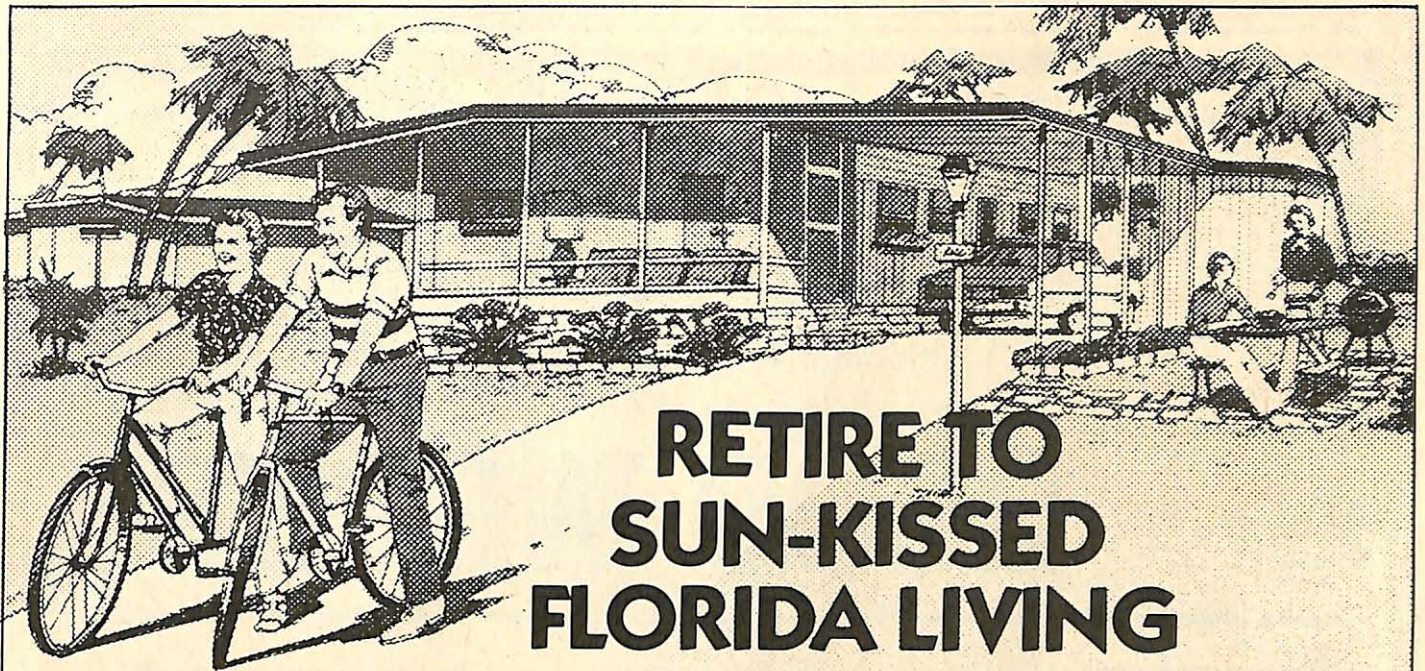
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A Message From The Grand Exalted Ruler

GOOD WORKS



As I write my final message I cannot help but reminisce over my travels this past year.

Gerry and I have traveled from Alaska to Puerto Rico and from Maine to Panama and many places in between. Everywhere we have traveled I have taken the message of Elkdom to you. I have stressed leadership, membership, good business practices and, most of all, helping those less fortunate than ourselves.

My Brothers, you have given the message of Elkdom to me. Everywhere we have traveled we have witnessed the good works that the Elks of this country are doing.

I have seen evidence of your efforts with the youth of our country in the form of scholarships and recognition. I have seen a Boy Scout Troop in North Dakota, all handicapped boys. I have seen the work being done at the Harry-Anna Children's Hospital in Florida. With every visit we have made I have witnessed this type of Elkdom at work, "Caring for others."

Our National Foundation contributions are higher than ever before. Our membership is turning around from our previous slump and is making a comeback. I am seeing the results of good leadership in all parts of the country. Along with this leadership I have seen the 1,600,000-plus Elks devoting their time and efforts to make Elkdom work.

My year as your Grand Exalted Ruler has been most rewarding. I am so proud of each and every one of you and the work you have accomplished this past year. Gerry and I extend a very sincere thank you to all of you for showing America that "Elks Care."

Marvin Lewis

Marvin M. Lewis

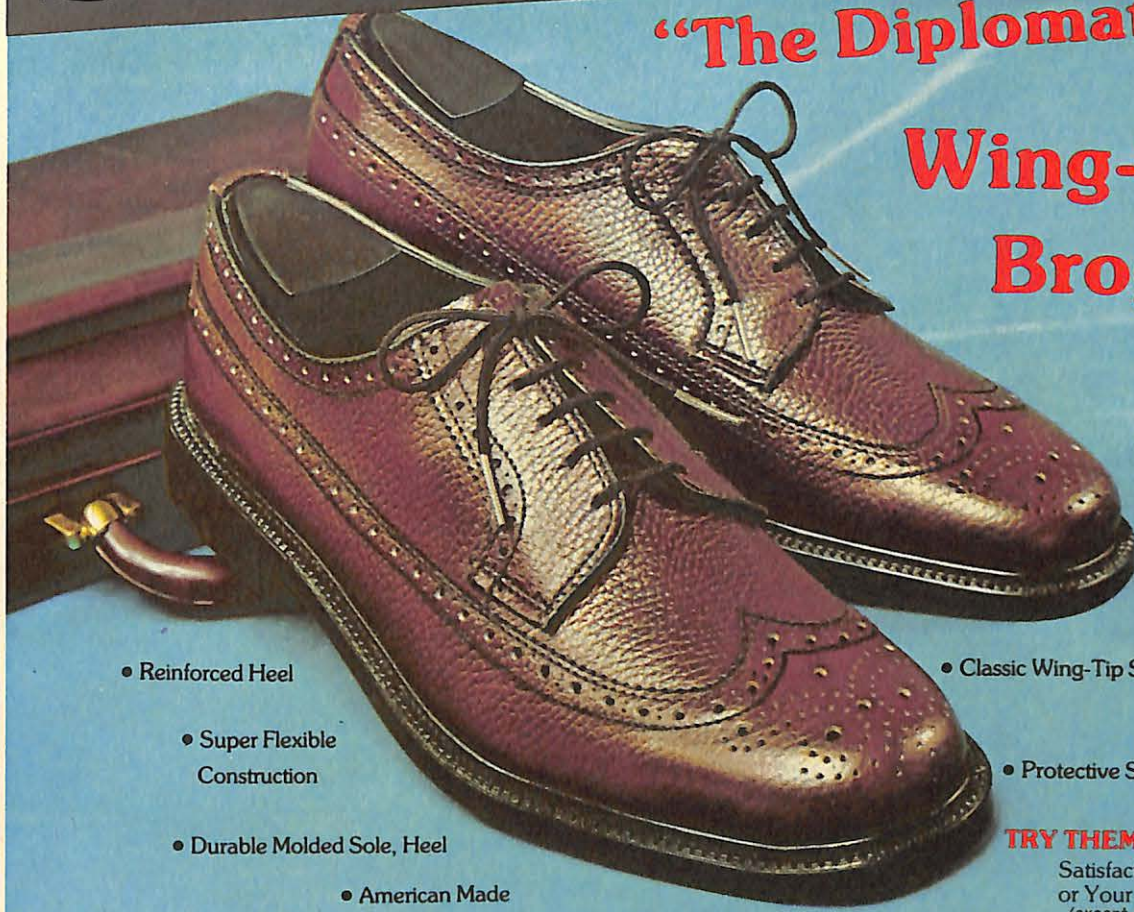
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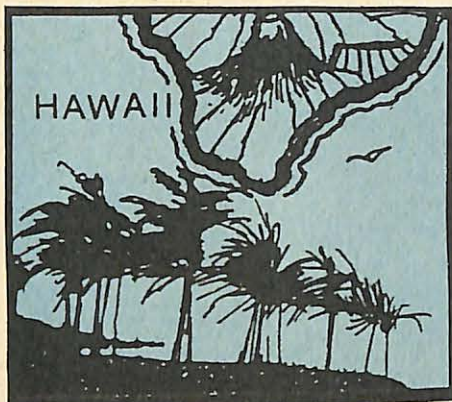
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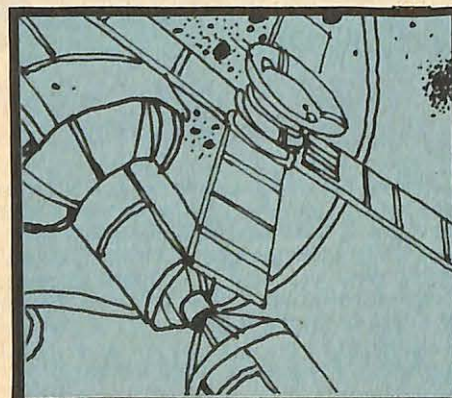
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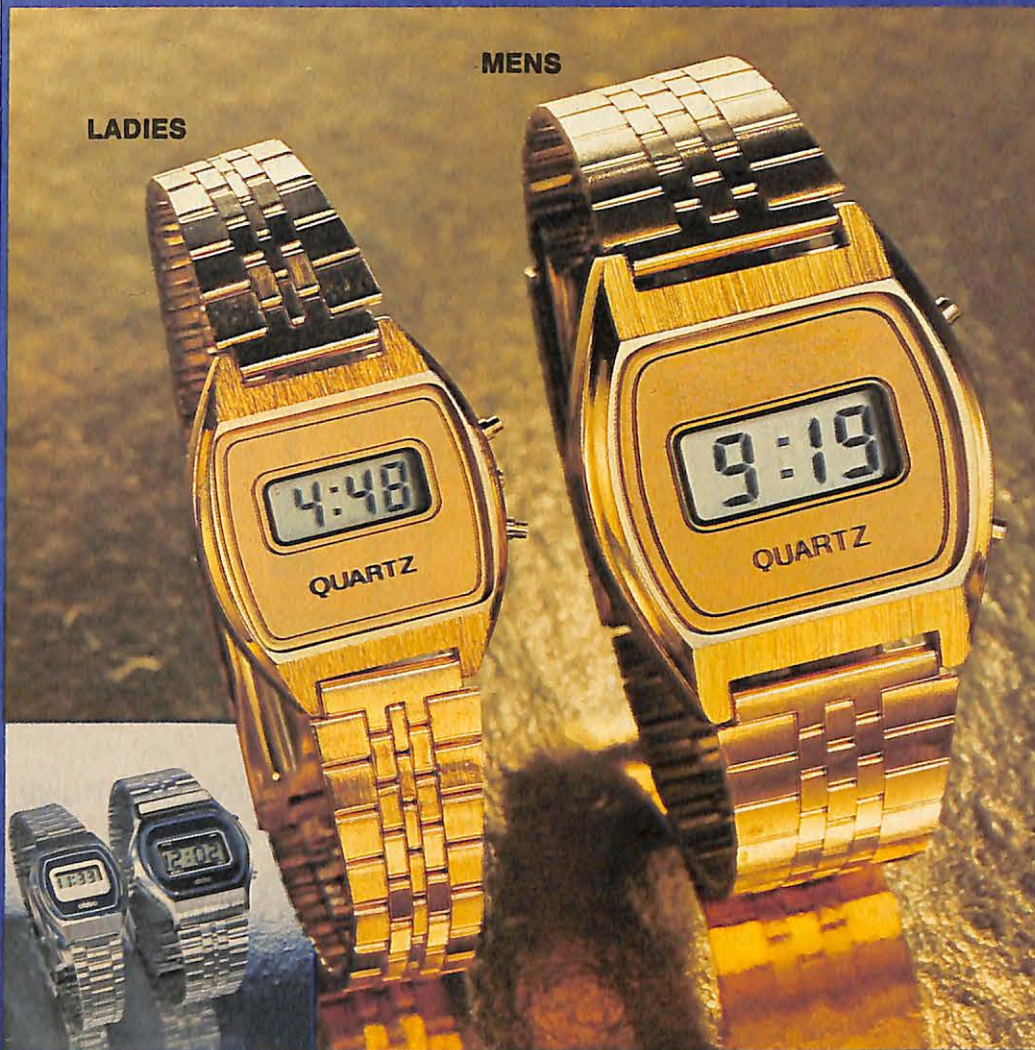


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by Jerry Hulse

Time is nearing for the first convention ever held by the Grand Lodge outside the continental U.S. The destination is Hawaii and the excitement mounts. Already plans have been completed for luaus and cocktail cruises, along with excursions to Pearl Harbor, the Polynesian Cultural Center, Sea Life Park, the Bishop Museum and dozens of other attractions on the island of Oahu. And while the Hilton Hawaiian Village has been chosen as convention headquarters, business sessions will be held at the Neal S. Blaisdell Convention Center, which is a 15-minute cab ride from your hotels in Waikiki. (See the footnote at the conclusion of this article for directions to the center.)

For those unfamiliar with Hawaii, the island of Oahu is where you will find Diamond Head, Koko Head, the Punch Bowl Cemetery, the Arizona Memorial and other famous landmarks. Indeed, Oahu is the island familiar to most tourists—the home

of Honolulu as well as Waikiki. At Waikiki Beach, visitors watch sunsets from rooftop bistros; they browse in smart shops along Kalakaua Avenue and they dine in elegant restaurants, among them Michel's at the Colony Surf. Other good bets for fine dining: Bagwell's in the Hyatt Regency, the Third Floor in the Hawaiian Regent, Canlis' Broiler and the wonderful Willows operated by Randy Lee. Or for Japanese food there is the renowned Kyo-ya on Kalakaua Avenue, where patrons kneel at lacquered tables while glamorous waitresses imported from Japan do the honors. (For something even more exotic, try the Natsunoya Tea House on Alewa Heights.) Another good bet is Shasteen's in the Hilton Hawaiian Village, the convention headquarters hotel.

These are all somewhat expensive, but Waikiki provides meals at moderate prices, too. The Jolly Roger on Kalakaua Avenue is a good bet. So is

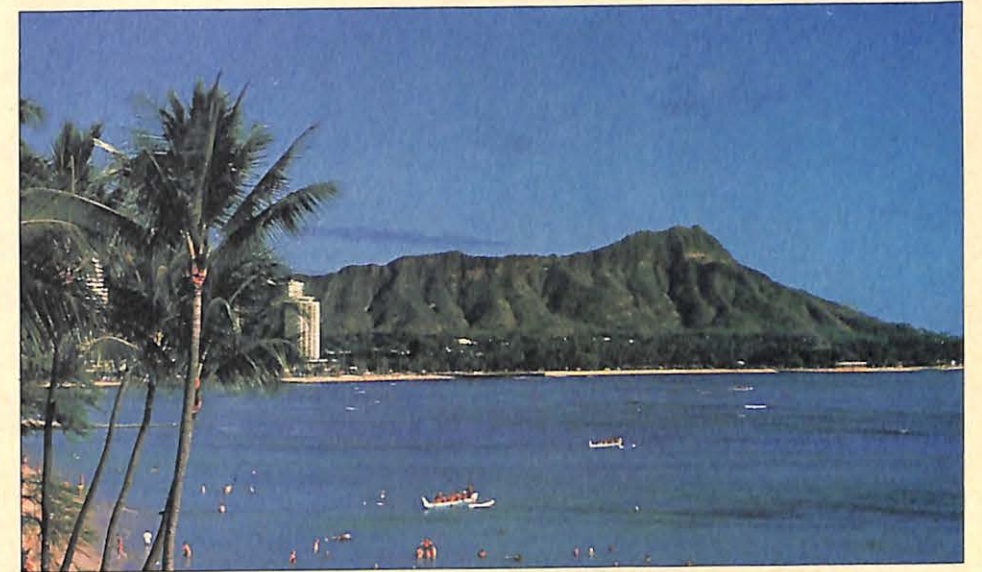
the Minute Chef at the corner of Kaiulani and Kalakaua, as well as Coconut Willie's on Lewers Street. (You'll also find a chain of Chuck's Steak Houses that serve meals at reasonable prices.)

Meanwhile, there are the beaches—one of my favorites being Hanauma Bay whose waters are a Technicolor shock. A winding path leads from the road, far above, to its golden sands. Beyond, on the windward side of Oahu, a string of uncrowded beaches reaches all the way to Pat's at Punaluu, a seaside restaurant set among palms and keawe trees. Pat's serves exotic drinks and teriyaki steaks, along with an ocean scene that stirs the soul. On this side of the island coconut trees bend their spindly legs, cattle graze in shaded pastures and papaya hangs in fat yellow clumps. Visitors look in on Sea Life Park and stop to visit with the natives at the Polynesian Cultural Center: Tahitians, Tongans, Samoans, Fi-

jiians, Maoris and Hawaiians—all this only an hour or so from downtown Honolulu.

Back in Waikiki, vacationers shop at Liberty House and look in on the boutiques at the International Market Place and King's Alley, as well as the great Ala Moana shopping sprawl that's just a few blocks beyond the strip. Meanwhile, other vacationers take in Chinatown (walking tours are conducted by the Chinese Chamber of Commerce); they play golf, go mud sliding or join aerial tours of Oahu. Hawaii's most popular tour is to Pearl Harbor and the Arizona Me-

The 119th Grand Lodge Elks Convention in Hawaii promises to be one of the most colorful and exciting sessions in Elksdom's history.



morial. A tip: get on one of the Navy tours—this in order to board the Arizona Memorial. There are commercial tours which can be arranged at your hotel, but they merely take in Pearl Harbor. Most tours can be booked directly at your hotel. (For other assistance, drop by the Hawaii Visitors Bureau at 2270 Kalakaua Avenue or telephone the HVB: 923-1811.)

So Hawaii calls, just as it always has. In the beginning it beckoned to the Polynesians in their double-hulled canoes and later to the missionaries and the Chinese and the Japanese. Together this intermingling of races created a society whose lure today is as irrepressible as it was then. Those who have vacationed on Oahu are familiar with the island's charms: the haunting beauty of Sunset Beach, Makaha and the pineapple-shaped dome of Koko Head.

Even in Waikiki there's the exotic as well as the familiar. Here you can

bed yourself down in a Japanese-style hotel, boil yourself pink in a Japanese bath, dine on tempura, go on a sake binge and afterward spend your remaining budget in a department store that sells everything from pickled *kikuhana zuke* to a drip-dry kimono.

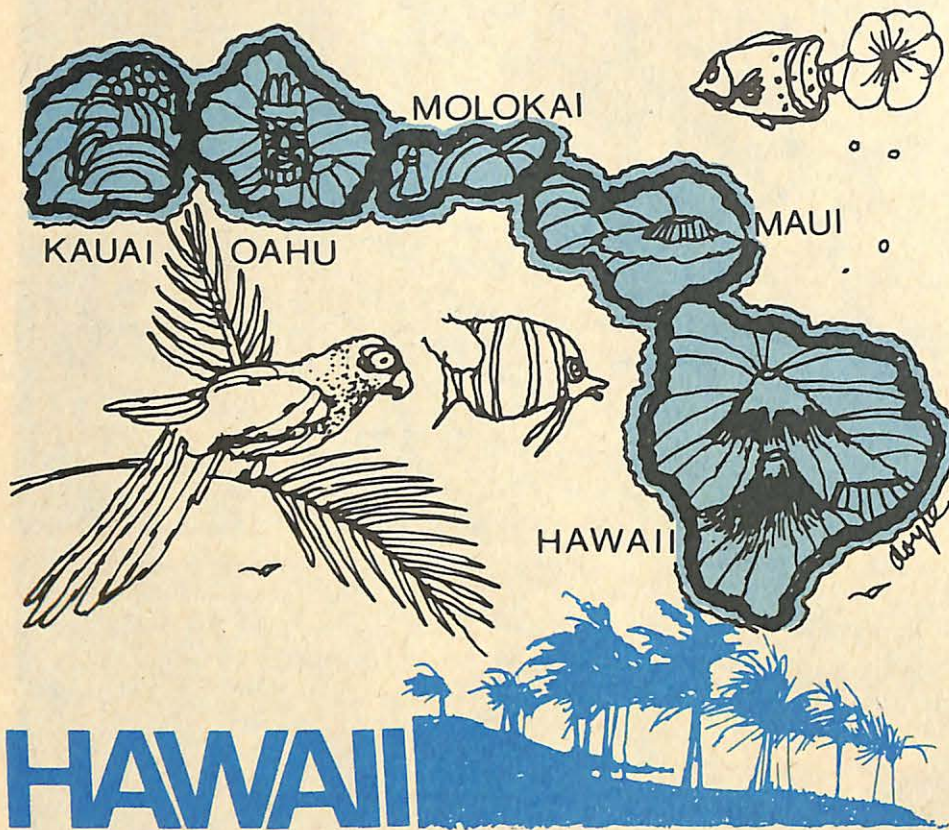
A few miles outside Honolulu, on the north shore of Oahu, polo matches are held each Sunday between mid-March and early September at Mokuieia Polo Farm. Crowds arrive in station wagons loaded down with food and drink—everything imaginable. Other vacationers choose one of the neighbor islands: peaceful Kauai, Molokai, Lanai, Maui and the Big Island, each with its own individual personality.

On Kauai the sugarcane grows nearly as high as an elephant's eye (with apologies to the scripters of *Oklahoma!*). Spread along its shores are dozens of peaceful, undisturbed beaches. And because Kauai is the oldest of the chain, its lava has had

centuries to erode, which is why everything that touches the soil grows so profusely: plumeria, orchid trees, hibiscus, bougainvillea and ginger. Between Lihue and Poipu an umbrella of magnificent ironwood arches itself over a country road, so dense that its shade shuts out the sunlight.

Others come to Hawaii to settle in remote inns and cottages, preparing their own meals, shopping at country groceries, attending movies with locals and sunbathing on the loveliest beaches this side of Tahiti. I am particularly fond of the ex-whaling village of Lahaina on the island of Maui with its yachts and scruffy characters and frame buildings that sag from too many winters or summers (or whatever).

While Hawaii (Oahu in particular) has grown sophisticated, the Hawaiians for the most part remain unspoiled. Hula girls still pose with newcomers, and leis are strung around their necks. On these islands



Maui would get a fair share of votes. I admit my own prejudices. On Maui I feel particularly content (although I found it more rewarding before so many others made its discovery). I used to enjoy the long, peaceful walks along Kaanapali Beach, now developed into a free-swinging resort. Still, with rare exception it has been done with style and good taste, just as Wailea has, over on the flanks of Haleakala. And then there is heavenly Hana, lovely as ever, framed by the greenest of mountains, golden waterfalls spilling into valleys so lush and dense that day turns to darkness. Of Hana's Hamoa Beach, James Michener once wrote: "It is the only beach I have ever seen that looks like it was in the North Pacific—a beach so perfectly formed that I wonder at its comparative obscurity."

And there is the Big Island that's as lush and verdant as Moorea, or even Bali. Each year fishermen from all over the world gather to take part in Hawaii's famed Billfish Tournament at Kona. One year I joined them, fishing with Chinn Ho (he's Hawaii's Chinese Rockefeller). The trouble was, I got seasick, and so Chinn put in at a resort a few miles downcoast from Kona, where we spent the remainder of the day snorkeling and searching out petroglyphs left behind by old Hawaiians generations ago. Chinn didn't seem to mind that we returned to Kona that night without a marlin. Complain? Why, he asked? Hadn't this been another one of those perfect Hawaiian days? The gods had been good to us, providing clear skies and cooling trades. And we'd carried along plenty of ice-cold beer and sandwiches and a couple of bags of papaya. It was one of those special afternoons that come along from time to time, a day that makes the beholder genuinely happy to be alive—particularly if one happens to be in Hawaii.

To get to the Convention Center from the heart of Waikiki, take Ala Wai Blvd. out of Waikiki until it intersects with Kalakaua Ave. Go right on Kalakaua Ave. to the next major intersection, Kapiolani Blvd., where you turn left and proceed down Kapiolani Blvd. to Ward Ave. Just before you get to Ward Ave. the circular-domed arena of Blaisdell Center will be seen on your right. Entrance to Blaisdell Center parking is off Ward Ave.

there are resorts with thatched huts like those seen in the New Hebrides, Tonga, Tahiti, Samoa and Fiji. Since the end of World War II, Hawaii has grown ever more popular. New hotels have risen along once-deserted beaches; tour buses roam country roads. Elsewhere, moss- and vine-covered mountains rise into pure white clouds that bring showers followed by rainbows that seem to arch across the earth itself.

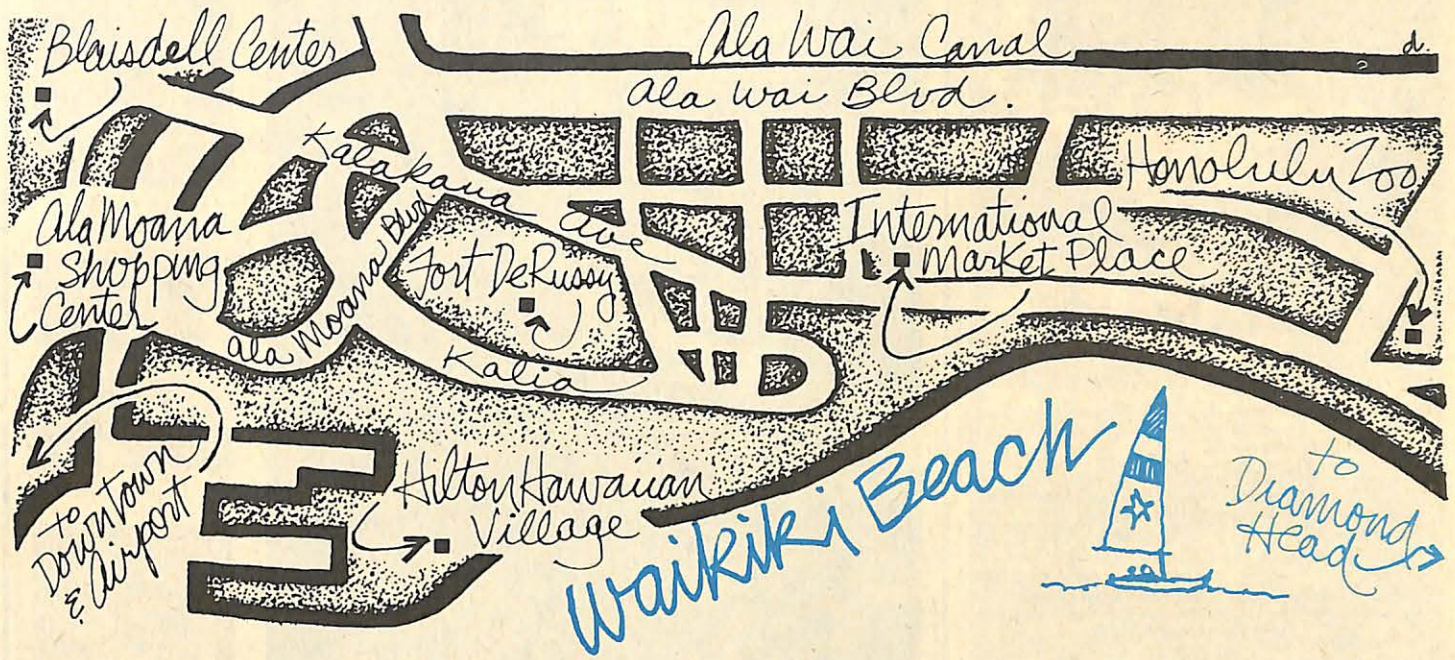
Of the major islands, Molokai has been the longest awakening to tourism. I can recall when there was but a single flight a day. It landed at the most ramshackle terminal in the entire Pacific. The tourists stayed away because Molokai had no modern hotels, just a few bungalows that made do as a resort. Now all this has changed, and there are hot showers and cold martinis and limousines.

Molokai's frontierlike town, Kaunakakai, resembles a set from an old John Wayne flick. In the heat of day it dozes, the air so still one can almost hear the falling of a plumeria petal. Islanders shop in a Chinese grocery, and there's a decrepit old pool hall where locals gather to drink Primo and play snooker. On Saturday night they raise Cain and drink still more beer and dance and sometimes get into fights. Then on Sunday morning

they gather at a local coffee shop to discuss the previous night's adventures and to patch up the evening's arguments.

Facing Molokai, the little island of Lanai is something else. Imagine an island without luaus, crowded beaches, condos or discos, but *free* golf, hunting and fishing, miles of undulating hills and pineapple fields—and sweet silence. A sign at the airport announces: Home of the World's Largest Pineapple Plantation. Lanai provides a couple of spectacular beaches, Hualupe and Manele, along with the free golf and hunting for pronghorn antelope, Gambel's quail, axis deer, turkey, partridge, wild goat and ringneck pheasant. Jeeps are rented for exploring the pineapple plantations, and down along Shipwreck Beach great ghostly vessels are abandoned to the elements. This little-visited island seems separated by an eternity from the rest of the world. A few cars, no high-rises, no nightlife—just the sigh of the sea. (The dudes who dig all that action over on Waikiki would come unglued on Lanai, simply because it's so perfectly peaceful; Lanai is a place to let the nerves unwind, to read a good book, to recharge the soul.)

If one polled Hawaii's visitors on their favorite island, I suspect that



Public bus transportation: From Waikiki take the No. 2 bus going away from Diamond Head on Kuhio Ave. and get off at the corner of Bere-tania St. and Ward Ave. and walk one block south to King St. and the Blaisdell Center. Returning to Waikiki, take the No. 2 bus on King St.

From the Hilton Hawaiian Village, take No. 8, No. 20 or No. 57 bus on Kalia Rd. across from the hotel. Transfer at Ala Moana Center to any Nos. 11, 12, 50, 51 or 54. Get off at Kapiolani Blvd. and Ward Ave. Return from Blaisdell Center on any bus marked "Honolulu" or "Ala Moana Center" and transfer at Ala Moana Center, taking No. 8 or No. 20 bus.

• HONOLULU LODGE NO. 616, 2933 Kalakau Avenue, phone 923-5722, offers outstanding dining and lounge facilities. Lodge will be open daily and will serve breakfast, lunch and dinner during convention. Special entertainment planned nightly. Shuttle bus will be available from convention hotels at nominal charge. Tours and special events in Honolulu will be offered by the lodge and will be described in brochure available at convention registration area.

• HILO LODGE NO. 759, on the Big Island of Hawaii, will be open every day during the convention from 10:30 AM until the last guest leaves. Before and after the convention, the hours are 10:30 AM to 6:30 PM. Food and beverage service is offered. 159

Kinoole Street. Phone: 808/935-1717. • MAUI LODGE NO. 2486 has no bar or food service facilities but offers a "hot-line" phone number for those Elks needing help making, touring, auto-rental, boat-rental, fishing,

sailing, etc. reservations on the Island of Maui. There is no charge for this service. Maui Hot-Line phone: 808/879-2443 or 244-4837. Write: P.O. Box 234, Wailuku, HI 96793, Attention: Scotty Sandercock, PER. ■

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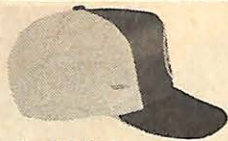
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Brother Elks and Their Families

ALOHA, GRAND LODGE CONVENTION ELKS AND YOUR LOVELY LADIES:

It is a great pleasure for us to welcome you to this Paradise of the Pacific where we will assemble for a Grand Lodge Convention for the first time! May the results of the sessions here be as great as our delight at being in beautiful Hawaii.

God has been good to our Order. He has given each one of us much for which to be thankful, but appreciated most of all is the opportunity to help others through the many charitable, youth and patriotic programs emanating from the Elks. These are the programs which are the source of our vitality, growth and success.

We are proud of the progress of the Order of Elks under the capable leadership of Grand Exalted Ruler Marvin Lewis, enhanced by the gracious help of lovely Gerry. Hawaii is an important part of Area Seven and so Grand Exalted Ruler Lewis is right in his home territory. He and Gerry join us in a sincere welcome to all who come to Hawaii for this Convention.

Not forgetting that we come to Honolulu to carry on the business of the Order, we hope that everyone will take advantage of this "once in a lifetime" opportunity to sight-see and enjoy the entertainment, beauty and fun provided in this Island Paradise. We hope that you will "live it up"!

THE PAST GRAND EXALTED RULERS OF AREA 7

Horace
Horace R. Wisely

Leonard
R. Leonard Bush

Gerry
Gerald Strohm

THE HONOLULU CONVENTION PROGRAM

119th Session Grand Lodge, B.P.O. Elks Honolulu, Hawaii, July 24-28, 1983

REGISTRATION

SATURDAY, JULY 23, 9:00 AM and continuing daily during the Convention. Representatives (Exalted Rulers), Grand Lodge members, visiting Elks and ladies—The Neal Blaisdell Center, 77 Ward Avenue, Honolulu, Hawaii. This is the Information Center for delegates, their families and visitors. The first obligation is to register and be properly informed about the Convention and the facilities offered by Honolulu, recommended restaurants, ladies information, sightseeing tours, etc.

REGISTRATION HOURS

Saturday, July 23 9:00 AM to 5:00 PM
 Sunday, July 24 9:00 AM to 4:00 PM
 Monday, July 25 8:00 AM to 3:00 PM
 Tuesday, July 26 9:00 AM to 3:00 PM
 Wednesday, July 27 9:00 AM to 3:00 PM

GRAND LODGE SESSIONS

All sessions held at the Neal Blaisdell Center.

SUNDAY, JULY 24, 8:30 PM—Official Grand Lodge Opening Ceremonies. Ladies invited. Address of welcome by Hon. Horace R. Wisely, Past Grand Exalted Ruler, who will preside. Principal address by Grand Exalted Ruler Marvin M. Lewis.

MONDAY, JULY 25, 9:00 AM—Opening Grand Lodge Business Session. Election of Grand Lodge Officers for 1983-84. Report of Americanism Committee.

MONDAY, JULY 25, 10:00 AM—Special Ladies Entertainment. Coral Ballroom-Hilton Hawaiian Village Hotel.

MONDAY, JULY 25, District Deputies-designate-photos as per advance notification and schedule—Neal Blaisdell Center.

TUESDAY, JULY 26, 9:00 AM—Grand Lodge Business Session. Following business session, luncheon and conference for Exalted Rulers and State Association Presidents at which time the Grand Exalted Ruler-elect will outline the Grand Lodge program for the coming year—Coral Ballroom-Hilton Hawaiian Village Hotel-12:45 PM.

WEDNESDAY, JULY 27, 9:00 AM—Open Session of Grand Lodge. Reports and awards by Elks National Service Commission, Elks National Foundation and Youth Activities Committee.

11:00 AM MEMORIAL SERVICE

(Ladies invited and expected to attend Wednesday morning session and Memorial Service.)—Neal Blaisdell Center.

WEDNESDAY, JULY 27, 12:30 PM—State Association Presidents' and State Secretaries' reception and luncheon in Hilton Hawaiian Village Hotel, followed by personal conference with Grand Exalted Ruler-elect.

WEDNESDAY, JULY 27, 9:00 PM—Exalted Rulers Ball—Coral Ballroom-Hilton Hawaiian Village Hotel, honoring all Exalted Rulers and their families. All Elks and ladies invited. Admission by badge. Refreshments available. Jackets required. Local laws prohibit carry-in beverages.

THURSDAY, JULY 28, 9:00 AM—Final Grand Lodge Business Session. 11:00 AM—Installation of newly elected Grand Lodge Officers and District Deputies. A 100 percent attendance of Exalted Rulers is expected. Ladies urged to attend.

THURSDAY, JULY 28, 4:00 PM-6:00 PM—District Deputies and Ladies Reception—Tapa II and III-2nd Floor-Tapa Tower-Hilton Hawaiian Village Hotel.

FRIDAY, JULY 29, 7:00 AM—Breakfast followed by District Deputies Indoctrination and Conference with Grand Exalted Ruler. State Association Presidents are invited. Hilton Hawaiian Village Hotel-Tapa I-Tapa Towers-2nd Floor. This session will conclude at approximately 1:00 PM. Advance return reservations for those involved should be determined by this mandatory schedule. Hotels will honor late checkouts without extra charge, if notified in advance.

RITUALISTIC CONTEST

SATURDAY, JULY 23, SUNDAY, JULY 24, MONDAY, JULY 25—Preliminary Contests—Illikai Hotel, 1777 Ala Moana Boulevard.

WEDNESDAY, JULY 27, Finals—Illikai Hotel. Details of schedules will be available in final printed program upon registration.

EXHIBITS

Display of activities by Grand Lodge Committees and Commissions, in addition to State Associations and others—Registration Area—Neal Blaisdell Center.

SHUTTLE BUS TRANSPORTATION

Anchor International Incorporated, the official Grand Lodge travel coordinator, will provide shuttle bus transportation to and from hotels during registration hours, the Sunday Night Opening Ceremonies, and for the daily morning sessions including the Wednesday Open Session and Memorial Services for the ladies. *This is the extent of the service. This accommodation is for Anchor International patrons only.* All others may purchase duration bus passes at the Neal Blaisdell Convention Center from the Anchor International Desk or at the Anchor desks in the official State hotels. Taxis at approximately \$5.00 per trip will be available, as well as City buses which reach the Convention Center.

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 GOVERNOR



MESSAGE FROM GOVERNOR GEORGE R. ARIYOSHI

I am pleased to welcome the members of the Benevolent and Protective Order of Elks as you prepare to join us in Hawaii for your 119th Annual Session, July 24 through 28, 1983.

No other state in the nation can offer such a setting of incomparable tropic beauty. You are certain to find the islands all you imagined them to be--and more. The scenic splendor, the color and diversity of our cosmopolitan population, and the camaraderie of your fellow Elks all await you this summer.

The members of your Hawaii District Lodges and the people of Hawaii join me in expressing our heartfelt aloha to you, along with our best wishes for a most enjoyable and memorable stay in the islands.

George R. Ariyoshi
 George R. Ariyoshi

OFFICE OF THE MAYOR

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Message from Mayor Eileen R. Anderson



I am pleased to extend a warm Aloha to the delegates to the 119th Annual Session of the Grand Lodge of the Benevolent and Protective Order of Elks to be held July 24 - 28, 1983 in Honolulu.

The annual session, expected to attract some 35,000 Elks and their families, is being hosted by five Hawaii District Lodges. Like their counterparts on the Mainland, the Hawaii Elks practice charity, justice, brotherly love and fidelity and last year contributed more than \$72,000 to the national organization for charitable, welfare and patriotic programs. In return, the local Lodge members received \$150,000 to support their projects for handicapped children.

Hawaii is made richer by the community efforts of the Lodges on the Big Island, Maui and Oahu, and I wish all members continued success in their endeavors.

On behalf of the people of the City and County of Honolulu, I express the hope that all visiting Elks and their families will have a productive convention and a memorable stay in our island-state.

Eileen R. Anderson
 EILEEN R. ANDERSON, Mayor
 City and County of Honolulu

by John J. Doria

The patient was a 48-year-old man. The symptoms had first appeared four years earlier—moodiness, irritability, and decreased sexual drive. There was increasing mental confusion and physical weakness. By the time he was admitted to the hospital, the patient was unable to perform even the simplest calculations, and had no memory of recent events.

The diagnosis was obvious, initially: Creutzfeldt-Jakob disease, a form of irreversible senile dementia. The prognosis—an inexorable descent into mindlessness and despair.

But the hospital, fortunately, was the Boston Veterans Administration Medical Center (BVAMC), and the man is now mentally alert and living a normal, active life.

A medical miracle? Not really. The subject in this case was not truly senile. A second, more extensive examination revealed a chronic respiratory deficiency, obstructing the flow of oxygen to the brain. Mental capacity was restored by pulmonary therapy and a strict non-smoking regimen.

This is not an isolated instance. Generally accepted medical practice has been to assign all cases of progressive intellectual impairment to one or another of the primary senile dementias. These are incurable. However, studies show that up to half of such diagnoses are in error. Doctors at BVAMC and a few other institutions have taken the lead in identifying a wide variety of common, treatable conditions which may be mistaken for senility. When these ailments are recognized and treated, the dementia may be reversed.

The situation has never been more urgent. According to Dr. Peter V. Rabins of Johns Hopkins School of Medicine in Baltimore, the dementing illnesses present a major health problem for the coming decades. As many as four million people in the U.S. are demented now, and this number will increase 50 percent over the next 25 years unless advances are made in preventing and treating the underlying causes.

But research has been hampered by misconceptions that many physicians share with the general public. One is the assumption that mental decay is a normal part of aging. According to Dr. Gene D. Cohen of the National

Institute of Mental Health in Bethesda, MD, dementia is not an inevitable consequence of growing older. And it does not strike only the elderly. As the case described above shows, it may arise any time from the fourth decade of life on.

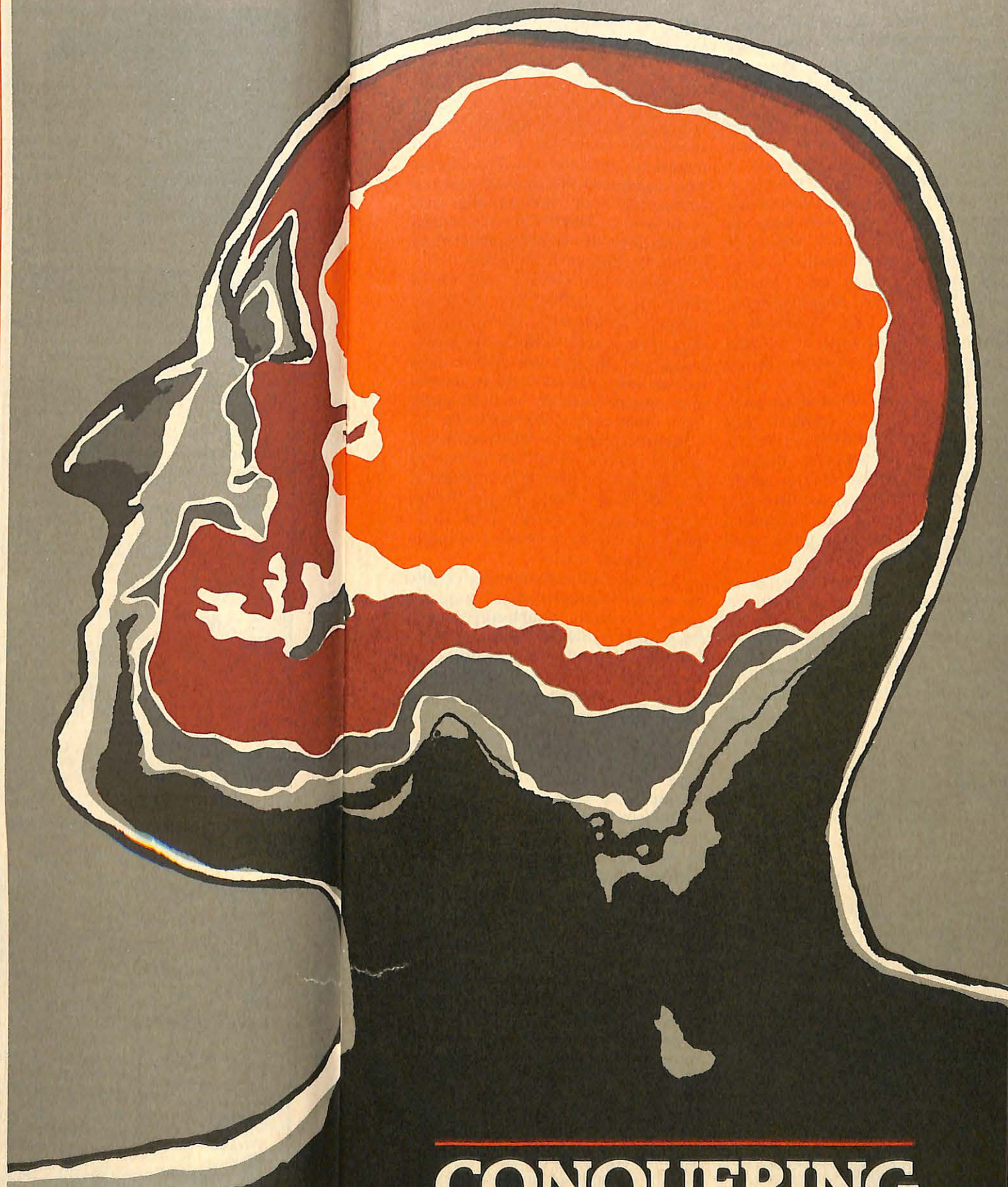
Moreover, dementia isn't even a disease, strictly speaking. It's a syndrome—or complex of symptoms—characterized by a gradual erosion of memory, intellect, and personality. This group of symptoms can be caused by any number of underlying diseases. Dr. Cohen says, "Many of these conditions may be stopped, reversed, or cured with appropriate treatment. But first they must be identified, not lumped together as 'senility' and dismissed as hopeless."

The problem is that many physicians automatically ascribe all dementia to Alzheimer's disease, the most common dementing disorder. (Creutzfeldt-Jakob disease is rather rare.) Alzheimer's disease is truly incurable, since its behavioral symptoms result from degeneration of the brain substance. The area affected is the brain's outermost layer, the cortex, which controls the higher functions of the mind. Nerve fibers in the cortex become thickened and tangled, while the entire structure often atrophies, or shrinks. The disease runs a course of up to eight years. Towards the end, the patient is as helpless as an infant, incapable of thought, feeling, or emotion. The final stage is death.

According to Dr. D. Frank Benson of the University of California School of Medicine, "Alzheimer's disease is grossly overdiagnosed at the present time. So, since most every other form of dementia is treatable, you immediately have a situation where there are probably many more treatable cases than current statistics suggest."

Research bears this out. In 1972, the British Medical Journal reported a study of 106 patients admitted to the hospital with a presumptive diagnosis of dementia. Nineteen of them turned out to have potentially curable illnesses. The authors—Drs. C. D. Marsden and M. J. G. Harrison—estimated that 15 percent of all dementia is amenable to treatment.

In a similar survey in 1976, neurologist Dr. Frank R. Freeman found treatable causes in 30 percent of



CONQUERING SENILITY

New Hope For Dementia Victims

dementia cases referred to the Veterans Administration Hospital in Nashville, TN.

The most recent investigation was performed in 1982 by Dr. Thomas D. Sabin and Dr. Vernon H. Mark of Boston City Hospital. More than 100 patients from local nursing homes, most of whom had been diagnosed simply as "senile," were given complete neurological and blood chemistry examinations. Most of them had either Alzheimer's disease or irreversible brain damage due to multiple strokes. However, 23 percent had problems that were potentially reversible. Significantly, none of these patients had undergone neurological testing prior to their original diagnosis.

So it would seem that about 20 to 30 percent of dementia may be treated successfully—providing, of course, that it's correctly diagnosed. UCLA's Dr. Benson believes that this figure is "way too low. My own feeling is that well over half of dementias come into a treatable group," he says. "They may not all be truly reversible, but they are treatable, meaning they can at least be partially corrected or their progression stopped. But that's a personal opinion, and not everybody agrees with me."

There is good reason to agree with him. The list of treatable dementias is huge, and many of them are quite common.

The case of a 62-year-old granite engineer is typical. This man—we'll call him Tom—had been admitted to BVAMC for evaluation of dementia symptoms—including memory loss—of four months' duration. His medical history included three heart attacks within the previous 20 years. Tom's examination was short-circuited by a sudden crisis. Without warning, he became temporarily paralyzed and unable to speak, while simultaneously exhibiting a rapid, irregular heartbeat. Emergency coronary care not only regularized his heartbeat but restored his failing memory. He was released from the hospital with a prescription for daily doses of a heart medication. Within a short time, his dementia had completely reversed.

Tom's story is not unusual. For example, there are many reports in the

Conquering Senility— New Hope For Dementia Victims

medical literature of "senile" heart patients unexpectedly regaining their mental powers after implantation of a cardiac pacemaker.

In these cases, mental decline is the result of the ailing heart's inability to maintain adequate blood flow to the brain.

The brain is, in fact, highly sensitive to alterations in the normal flow, chemistry, and—as we saw earlier—oxygen content of the blood. As a result, mental function may be impaired by a disease process anywhere in the body, if it affects blood composition. Boston City Hospital's Dr. Mark gives some examples. "The various endocrine diseases, such as disorders of the thyroid gland; diseases which disturb the blood

calcium balance; anything which changes the way the body metabolizes sugar; anything that alters the concentration of sodium, potassium, or chloride ions in the blood; and the presence of certain toxic substances in the blood due to liver or kidney failure—all these can produce a dramatic change in mental state."

The brain may be affected by poisons from outside the body as well. These include a wide variety of environmental contaminants such as heavy metals, pesticides, organic solvents, alcohol, and carbon monoxide. Exposure to these chemicals is often job-related and can be avoided by proper safety precautions in the workplace.

Treatable infectious diseases such as encephalitis and tuberculosis may also produce a dementing syndrome. For example, Whipple's disease, often thought of primarily as an intestinal disorder, may cause dementia even in the absence of abdominal symptoms. It can be cured with penicillin.

Some dementing conditions are surgically correctable.

A 46-year-old cook in a Chinese restaurant in Boston became totally disabled and demented after a stroke. He lay in a hospital bed for weeks, emaciated, connected to tubes, and unable to communicate. His doctors were convinced that he had suffered irreparable brain damage. But tests performed at BVAMC revealed an accumulation of cerebrospinal fluid within the spaces of the brain.

Surgeons implanted a tiny tube to shunt the excess fluid into the blood stream. The day after the operation, the patient was alert and spoke meaningfully for the first time in two and a half months. He returned to his job and remained healthy until his death from other causes 10 years later.

Hydrocephalus, as this condition is called, is now recognized as one of the commonest causes of dementia. The shunting procedure often brings about a dramatic improvement. However, it would be misleading to imply that it always works.

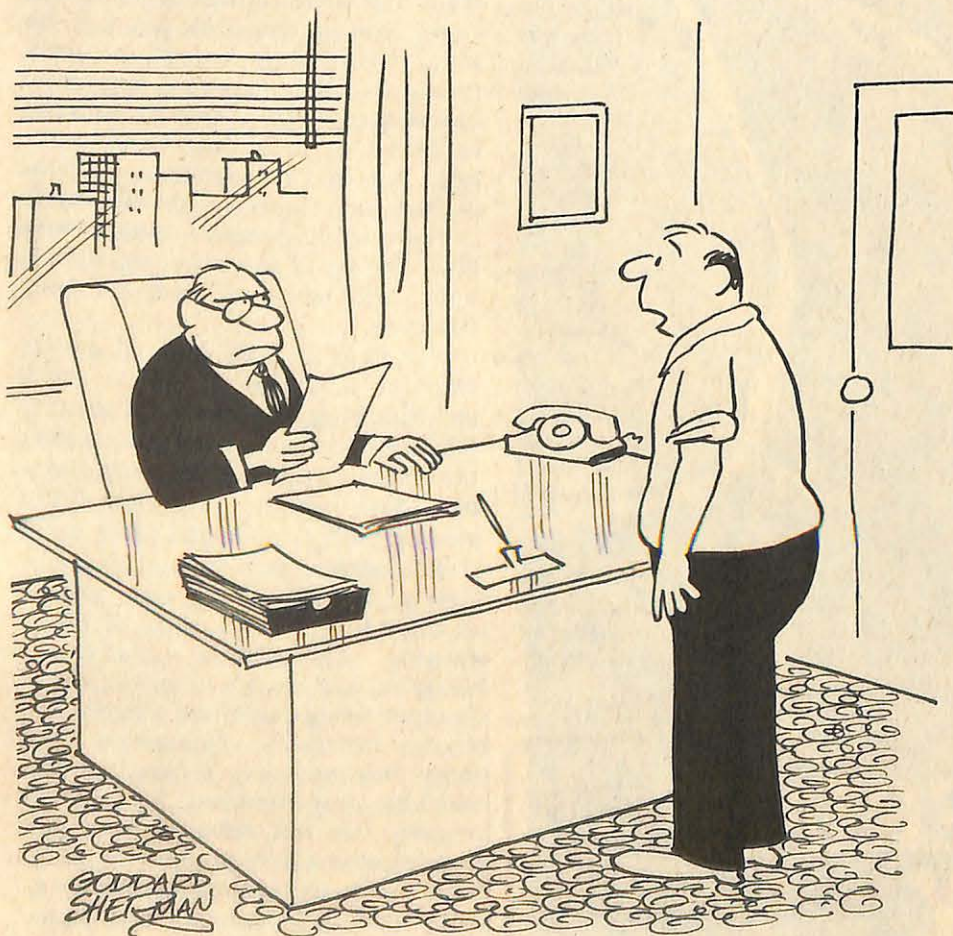
"A lot of these people don't really get very much better after the operation," admits Nashville's Dr. Freemon. "However, many of them do, so that hydrocephalus is one of the first things to look for in dementia."

The same guarded optimism may be applied to other surgically reversible dementias. In their British study, Marsden and Harrison found 10 percent of their patients to be harboring unsuspected brain tumors or cysts. Although many of these were not operable, about a third did turn out to be both benign and potentially curable. Dementia was the only observable symptom, and the growths would not have been discovered without a complete neurological examination.

Then there is a class of dementias which is not only reversible, but completely preventable.

Al, himself a physician, was referred to BVAMC with a diagnosis of Alzheimer's disease. His medical history was typical—confusion, disorientation, and memory loss beginning at age 51, profound by age 56. At BVAMC, doctors noted that Al couldn't recognize his wife, sign his name, or even hold a drinking glass. They also learned that he had suffered several episodes of severe depression since he was 48—and had been taking antidepressants and tranquilizers ever since.

(Continued on page 30)



"I've received a better offer from another rat race."

LETTERS

• I enjoyed reading your interesting and informative article "The Mason-Dixon Line" by Bob Karolevitz (April, 1983).

Although Charles Mason and Jeremiah Dixon completed their survey over 200 years ago, the North-South divider continues to make news. The Harrisburg Evening News had a story about one of the stone markers. "One of the 4-foot limestone Crownstones used to mark the Pennsylvania-Maryland border in 1764 now sits in a 3-foot-deep hole surrounded by centuries of accumulated dirt and road paving.

"Using computer calculations and celestial observations, it has been decided to excavate and move the marker 20 feet west, where it still will be in line with other Crownstones."

Joseph W. Brown
Mechanicsburg, PA

• The March, 1983, article "Helping Children Cope With Death" by Sharon Gloger Friedman, was very informative. As a professional nurse-educator I have read extensively on this topic. I appreciated the objectivity of the article.

Eve Cook Hoygaard
Aurora, CO

• "Helping Children Cope With Death" was hardly worth reading.

The author expressed a negative, atheistic viewpoint of life and death.

When children are taught about a loving creator and heaven, when they understand that flesh and blood dies but our spirits live forever, then there is little or no trauma in explaining that "Grandpa" has gone to live with God.

Death is very much a part of life. When one understands and does not fear death, it is possible to help the suffering child to understand and accept death with little or no grief.

Lyman R. Smith
Anchorage, AK

• I want to take this opportunity to congratulate you for your article "Helping Children Cope With Death."

I know this is an area many of us don't like to discuss, but I also feel we have pushed this matter under the table too

long, and I was very pleased to see it in *The Elks Magazine*.

Again, thank you for your efforts.

Wayne D. Knapp
Watseka, IL

• Just wanted to tell you how much I enjoyed the March, 1983, cover.

The crocuses pushing their pretty heads up through the snow was a wonderful way to remind us Spring is come after all!

Being born and reared in Iowa this picture brought back happy childhood memories as we had lots of snow.

Thank you again—very good magazine.

Thelma F. Schaupp
Sedona, AZ

• I am shocked at the article "Just Around The Corner" by William E. Miles, in the April, 1983, issue. We have no idea who the author is or with what credentials he writes. Whoever he is, it is obvious that he has skimmed over the surface of the *negatives*.

How could you allow such generalized "rotten apple" garbage to be spread all across Elksdom and lord knows where else.

We coroners and medical examiners across the nation, who are working hard to upgrade the system and make it work as it was intended, already feel like we have our backs to the wall—and now this!

Lyle E. Irvin, Coroner
Danville, IL

• Give credit where credit is due! And I must also add your magazine deserves a lot of credit. You always have such interesting articles. I can't zero in on particular articles as you always come through wonderfully.

Thanks for the enjoyment I receive from reading *The Elks Magazine*.

Ann Alvarez
Paramus, NJ

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Bremerton, WA.

NEWS OF THE LODGES

BREMERTON, WA. Each year Bremerton, WA, Lodge holds a Cub Scout marble shoot. Competition begins with Cub Scout leaders holding den and pack competition to select the best 8, 9, and 10-year-old shooters.

This year over 1,300 Cub Scouts participated in pack elimination contests. The 91 finalists then participated in Bremerton Lodge's Eighth Annual Marble Shoot.

The three-and-a-half-hour shoot-off determined the first, second, and third-place winners in each age group. The winners were presented with certificates and prizes at a subsequent lodge meeting.

In photo, Brother Jerry Smith (left) judges two Cub Scouts participating in the shoot-off.

KISSIMMEE, FL. Lodge celebrated its 30th anniversary. At a dinner-dance, the 16 charter members who attended were presented with their 30-year pins.

COLONIE, NY. Lodge hosted the Fifth Annual State Capital District Charity Ball. This is the district's only fund-



raising event to assist Brothers in need, and it was well-supported by the district's 13 lodges.

GRASS VALLEY, CA. Lodge donated \$1,398 to a handicapped children's home. This donation was used to purchase an activity mat, tumble form wedges, and special chairs.

LIVERMORE-PLEASANTON, CA. Lodge held its Third Annual Bowl-a-thon for the state Major Projects. Fifty-four children, 12 of them handicapped, collected more than \$2,000. Strong and weak arms and legs bowled to help those more handi-

capped. In addition, more than 200 Elks and their ladies contributed to raise the total to over \$5,000.

PASO ROBLES, CA. Lodge held its Annual Sweethearts Ball and Auction. The auction netted \$1,768 for the state Major Project, treatment of physically handicapped children.

BUENA PARK, CA. Brother "Lucky" Leonard of Buena Park, CA, Lodge is giving tennis lessons free of charge for all youngsters in the community ages 9 to 12. The lodge donated the rackets and tennis balls, and Buena Park High School has donated the free use of its tennis courts for all the Saturday lessons.

NEW PALTZ, NY. Lodge gave \$100 to speed skater Paul Marchese of Milton, NY. This money is to help Paul in his quest for a berth on the U.S. Speed Skating Team in the 1984 Olympics.

At present Paul is ranked as one of the top three speed skaters in the East and is a member of the U.S. National Team East.

NEVADA CITY, CA, Lodge provided fun and excitement for area youngsters on Easter weekend with its annual Egg Hunt at Pioneer Park. Trustee John Graham watches Dolores Ruth (left) and Lucille Burton as they dye some of the 135 dozen eggs used.

Some 360 baskets were handed out to an enthusiastic crowd of youngsters ranging from toddlers to age nine, and prizes were awarded in four age categories. Dolores Ruth also portrayed the Easter Bunny.

PEORIA, IL, Lodge was instituted February 18, 1883. On February 7, 1983, the lodge celebrated 100 years of Elkdom. The lodge was honored by the visit of GER Marvin M. Lewis and his wife Gerry, accompanied by PGER H. Foster Sears and his wife Marguerite. Also attending were Brothers from 15 lodges in Illinois as well as visitors from Michigan and Wyoming.

WAREHAM, MA, Lodge raised \$1,000 for the Shriner's Hospital in Boston, which serves burned and crippled children and children with birth defects.

LOS ANGELES, CA. The Eighth Annual Dinner-Show of Los Angeles Lodge and the Hollywood Comedy Club was held recently at the lodge.

The lodge hosted the club to a breast of chicken dinner. The club reciprocated by presenting an all-star variety show emceed by Whitey Roberts and featuring an array of headline artists.

CRISFIELD, MD, Lodge celebrated its 75th anniversary with a dinner attended by over 200 Elks and their ladies. Following dinner, recognition was given to longtime members, and lifetime memberships were awarded.

ALBANY, NY. Capital District Elks place a new road sign for Memorial Elkdom Ave. at the VA Medical Center in Albany, NY. From left are then-ER Paul Clark, Jr. of Albany Lodge; Albany PER Jack Van Voris, committee chm.; Willie Sherman, VA chauffeur; Rod O'Connor, chief of voluntary service; and Robert Woods, National Service Chm. of Colonie, NY, Lodge.

JOHNSTOWN, PA. In an area of high unemployment, Johnstown, PA, Elks are participating in "Elks for Operation TOUCH" (Together Our Understanding Can Help). Twelve Elk volunteers have collected 20 bags of clothing, and \$200 has been donated to the TOUCH program.



Nevada City, CA.

Johnstown Elks are hopeful that their efforts will inspire lodges in other communities to participate in some way to help the unemployed.

for handicapped children. Patchogue Lodge has been donating money to the camp for many years.

PATCHOGUE, NY, Lodge presented a check for \$500 to Dave Rogers, director of Camp Pa-qua-tuck in Center Moriches, NY.

The camp is operated in the summer

WEST COVINA, CA, Lodge presented its second annual donation of \$1,000 to the Queen of the Valley Hospital in West Covina. This money is to be used toward the construction of a new 12-bed intensive care unit at the hospital.

Albany, NY.



NEWS OF THE LODGES

SANTA BARBARA, CA. Dedication ceremonies were held for Santa Barbara, CA, Lodge's recently completed \$75,000 exercise, sauna, and jacuzzi complex. The ribbon cutting was performed by (from left) PER Tony Jimenez, chm. of the board of trustees; then-ER Burton Bolt; and Building Chm. Ralph Sollene.

The new facility features an exercise room with 15 pieces of the latest equipment, an 11' x 11' sauna, and a 2,200-gallon jacuzzi (see lower photo). The showpiece of the complex is the large stained glass window with the Elk Lodge emblem and the more than 100 colorful tiles on the walls of the jacuzzi. These tiles were purchased by lodge members to help finance the project.

MONROEVILLE, PA. GER Marvin M. Lewis was honored at a dinner-dance held in Monroeville, PA. The 900 Elks and ladies who attended were entertained by the combined choruses of Oakmont and Etna, PA, Lodges. This annual dinner-dance is sponsored by the Metropolitan District of the Pennsylvania Elks State Association.

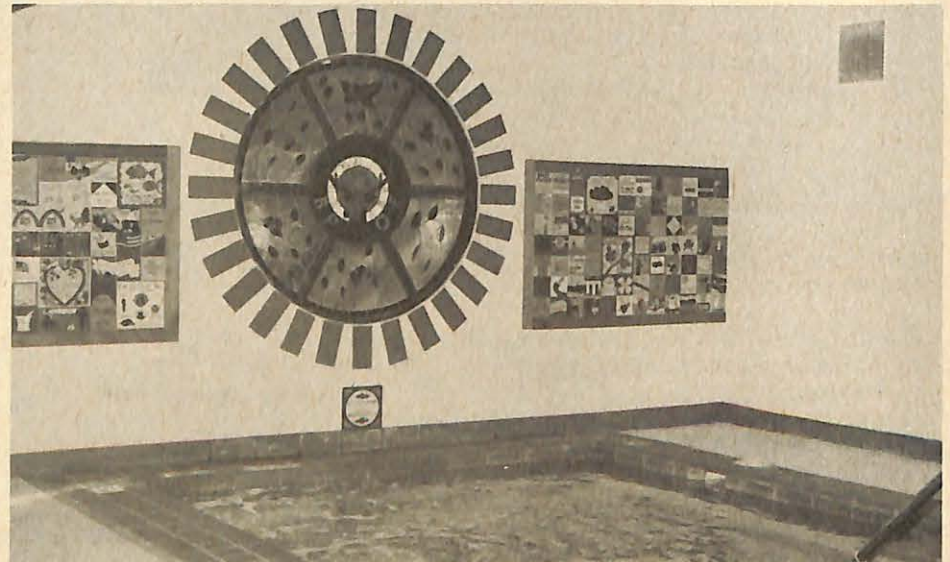
YREKA, CA, Lodge hosted over 200 senior citizens to a free lunch at the lodge. After lunch, lodge officers presented a program including the history of the lodge and the good works of Elkdome. This was followed by a tour of the lodge's facilities.

TACOMA, WA, Lodge recently recognized the interest and generosity of 25 Brothers who had made substantial contributions to the Washington Elks Therapy Program for Children. These Brothers' combined contributions totaled \$23,800 to assist in providing much-needed therapy.

GREENSBORO, NC, Lodge has an ongoing program of regular donations to United Services for Older Adults, a United Way agency. Twenty-five percent of the proceeds of weekly bingo nights go to support Mobile Meals, a USOA project which takes meals to the homebound elderly.

Recently, Est. Lead. Kt. Clyde Blake presented a check for \$1,100 to Dr. James Carpenter, USOA executive director. Then-ER William Wollert noted that this was the USOA's share of the bingo proceeds during his year as ER, which ended in April.

HOLLYWOOD WEST, FL. It was a happy day for members of Hollywood West, FL, Lodge. After a long struggle both financially and legally, the lodge was



Santa Barbara, CA.

able to hold ground breaking ceremonies for its new lodge home. Then-ER Vince Lombardo and PSP George Nichols turned the first spadefuls of earth.

SACRAMENTO, CA, Lodge donates the use of its game room, pool, and conference room weekly to a group of women who are recovering from recent mastectomy operations. The group uses the lodge's heated pool, one of the few in the area, for exercise therapy, which is essential to recovery. The ladies have reported much success through the use of the Sacramento Lodge facilities.

SANTA CRUZ, CA, Lodge held a community service program entitled "Drug Abuse Prevention." The guest speaker was Dr. Terry Moriarty, executive director of the Santa Cruz Community Counseling Center.

All young adults, concerned family members, and concerned citizens were

invited to be guests of the lodge for this special event.

The program was enthusiastically received by all who attended. PGER Horace Wisely and DDGER Eugene Pellegrini were present, as were many other Elks from other West Central District lodges.

LAKE WORTH, FL. The local lodge donated \$1,000 to Lake Worth Community High School towards a memorial which will honor former students and teachers who gave their lives in World War II, Korea, and Vietnam. A total of \$9,000 is needed for the project, which will include a granite marker and three flagpoles.

ALLEGAN, MI. Three generations of Elkdome from the same family were represented at Old-Timers' Night at Allegan, MI, Lodge. Attending were Cyril Price, age 84; his son Robert Price; and grandson Fred Price.



Aurora, CO.

AURORA, CO. Americanism has a special meaning for Aurora, CO, Elk "Spike" Boyle and his wife Marie. Spike, chm. of the Aurora Lodge Americanism Committee, has participated in more than 90 ceremonial activities during the past seven years in which Americanism and the nation's heritage were the theme.

Rarely a national holiday or event goes by when Spike doesn't don his colonial army enlisted man's uniform and participate, along with the Colorado Air National Guard's ceremonial flag team of which he is a member.

Occasionally, Marie will wear her authentic Betsy Ross costume and also participate, but most of the time she spends during these ceremonies is as costume director, to assure that the colonial uniforms of all the participants are proper.

Spike and other members of the Guard perform in parades, at schools and social activities, before senior groups, and in special appearances. Shown in the photo are Spike and Marie wearing their colonial attire as they entertain preschool children in Sterling, CO. (Photo courtesy of the Sterling Journal-Advocate.)

ORMOND BEACH, FL. In cooperation with the City of Ormond Beach, GER Marvin M. Lewis dedicated the Ormond Beach Elks Girls Softball Field at the Nova Recreation Center. A granite marker has been placed at the entrance to the ball field naming it the Ormond Beach Elks Field.

VISTA, CA. Brother Les (The Big Fisherman) Bell of Vista, CA, Lodge took another of his extended sport fishing tours from San Diego through most of the Pacific Coast of Mexico and hit the jackpot with one 250-pound tuna. The total of his catch, turned over to Vista Lodge, was almost 500 pounds, including wahoo and sea bass.

Brother Bell regularly donates his catches to Vista Lodge, where a group called the "The Dirty Dozen" cooks them for lodge members.

BRICK, NJ. At the Brick Elks 23rd Annual Charity Ball, 250 Elks and ladies gathered to toast the guest of honor, Miss Melanie Matics, poster child for the area. Proceeds of approximately \$3,000 will be donated to the handicapped children of Brick Township.

(Continued on page 24)

1983 National "Hoop Shoot" Winners



FIRST PLACE WINNERS of the Elks National "Hoop Shoot" Free Throw Contest in 1983 are:

Age 8-9	State	Sponsoring Lodge
LeAnn Lawrenz	Kansas	Manhattan No. 1185
T. J. Gusso	South Dakota	Madison No. 1442

Age 10-11		
Chinh Nghiem	California	Bellflower No. 2003
Clark Klass	Oklahoma	Pryor No. 2320

Age 12-13		
Tracey King	Texas	Mainland No. 2141
Chris Snopek	Kentucky	Cynthiana No. 438

SECOND PLACE FINISHERS:

Age 8-9		
Nicole Croddy	Indiana	Kokomo No. 190
Jon Hayes	Oklahoma	Ada No. 1640

Age 10-11		
Nikki Eckblad	Minnesota	Red Wing No. 845
Ryan Feasel	Ohio	Van Wert No. 1197

Age 12-13		
Terri Armknecht	Nebraska	Nebraska City No. 1049
Gregg Gielas	Pennsylvania	Pittsburgh No. 11

IT'S YOUR BUSINESS

by John C. Behrens

FULL RECOVERY NOT EXPECTED—YET

How strong is the revived business climate across America?

Depends on where you live...regardless of the optimistic comments of a host of economists about how rapidly the country is recovering.

There is a positive view in Florida, for example.

"Since September, Florida has been generating jobs at the annual rate of 1.9 percent, while U.S. jobs have declined at a 2 percent rate," University of Florida Economic Researcher Hank Fishkind told the Associated Press not long ago.

Farther north, however, a Michigan business owner laments the economic condition of the nation and his business. "I can't believe we have so many brilliant people in this country and yet we've been headed for disaster," he says.

"Whoever is doing the thinking is way off base, killing the economy...People are out of work, not paying taxes, not paying Social Security."

He has watched his own business suffer. A construction trade supplier, he had to lay off 25 of his 45 employees and idle a number of his trucks in 1982. But he survived. He cut his expenses drastically but his business and profit are only off 30 percent. "It's a good living. I love this business," he insists, yet he concedes he has had to cut his customer list to reduce write-offs.

"We cut about 10 or 12 a year. You find little fellows who don't know how to run a business," he explains.

Meanwhile, Florida's Fishkind describes job opportunities in the Sunshine State as good for both residents and non-residents. And he believes the climate will improve even more in 1984 and 1985. Increased housing starts, tourism and development of high-tech industries will cause the state's economy to spurt. I noticed such activity on a recent trip to the state.

But sections of the Midwest, while not experiencing rapid growth, are noticing the financial comeback also. In McLean County, IL, to illustrate, a university daily reported recently that local businesses expect modest gains in 1983. Business people feel that the county fared better

than other sections of the country, according to the newspaper.

State Farm, the area's largest employer, added personnel last year because of its growth in health insurance.

A Bank of Illinois executive noted that unemployment was lower than the national average in the McLean area. Bankruptcies—a chronic problem nationwide in 1982—didn't affect many of the bank's commercial customers, he said.

But are bankruptcies—or the lack of them—a sign of recession or recovery?

Economist George Gilder, author of the new book, *The Spirit of Enterprise*, doesn't believe that bankruptcy totals necessarily indicate an economic decline. He told a North Texas audience not long ago that bankruptcies may symbolize a dynamic economy. Bankruptcies, he continued, along with unemployment, shouldn't be the only criteria used to judge a healthy or sick economy.

Gilder believes, according to an article in the North Texas *Daily*, the number of new businesses should be considered, too. In 1982, for example, there were more new businesses than in any other year, he said.

Generally, though, the condition of small business in America has improved, says Prof. William Dunkelburg, a Purdue University economist associated with the National Federation of Independent Business. Small business confidence, he reported, has reached its highest level in five years. But, Dunkelburg adds, the change came after a painful year or two of real hardships by proprietors.

"Economically, small business has been through the wringer," he said. Those that have survived have had to become leaner and tougher just to open their doors daily.

And while there appears more cheery news ahead for business owner and consumer, no one is talking about clear sailing...yet.

For example, while the net worth of Americans rose to more than \$700 billion during the second half of 1982,

AP Business Writer John Cuniff thinks Americans certainly aren't ready for a buying binge. The liquidity of that \$700 billion is merely \$75 billion, a rather modest amount of available cash.

According to the Morgan Guaranty Trust, the percentage gain in liquid assets for all of 1982 was smaller than any total since the 1969-1970 recession and much smaller than after the 1975 downturn. Officials at Morgan believe a major contributor to consumer spending this year will be an upward trend in personal income. The company concedes, however, that such a trend is likely to be smaller in comparison with other recovery periods.

A bigger problem, of course, is who is going to get the benefit of that new cash. Already there are reports from Washington that there is a need to raise taxes. A number of states have already increased various kinds of taxes and fees.

A basic fact, says White House Economist Martin S. Feldstein, is that "tax revenues must be increased in the years ahead."

"The overwhelming message that emerges from the Reagan budgets is that we need tax increases, starting in 1984," says former presidential adviser Rudolph Penner. "We can't wait until 1986."

So what's ahead for proprietors?

"I expect economic recovery will continue," says financial forecaster Allyn Earl of New York. "We can expect housing starts to be around 1.7 million and auto sales to show a nice gain, too. Sometime in mid-1984 there will be strong business spending on plant and equipment, I think."

Earl believes, as do other economists, that unemployment will drop much more slowly. "Business will have to be convinced that the recovery is actually for real. By election time (1984) unemployment will probably be down about two points or so."

But why are some areas of the country not witnessing the recovery seen in others?

Economists suggest various reasons but Earl contends that where there are industries with chronic ailments "normalcy" is a long way off. It may never come. "You're not going to see the same number of people working in auto or steel plants again. We don't have the technological lead to counter other countries. That's a reality that must be faced," he insists.

While he's confident that the recovery is going to bring growth, he also believes it could come undone, too. "A sudden reversal of federal reserve policy that brings higher interest rates could revise such a forecast. Two or three points could be critical. A budget deficit problem that causes a lengthy impasse between the Congress and the Administration might bring inflation and economic stagnation, too," he warns. ■

Kansas Elks Training Center Receives National Recognition



The Kansas Elks Training Center for the Handicapped (KETCH) in Wichita has been chosen as one of the nation's most outstanding examples of the successful meshing of public and private funds to benefit populations in need. President Ronald Reagan presented KETCH's Executive Director, William R. Lawrence, with the Department of Housing and Urban Development's National Community Development Recognition Award for the Center's "creativity, initiative and tenacity in forging successful public-private partnerships in the community."

Commending the Center's spirit and demonstration that there is no such thing as "it can't be done," President Reagan also praised the private sector participants who have come forth in response to help solve long-festering community problems.

Specifically, the award was based on the cooperative venture between local government and the private sector working together for the completion of the Center's new industrial expansion project, KETCH Industries. Over \$300,000 in contributions from corporations, individuals and foundations were combined with a Community Development Block Grant to enable the completion of the project, which has provided 30 new jobs for the community's disabled population.

The HUD National Community Development Recognition Award, initiated by Housing and Urban Development Secretary Samuel R. Pierce, Jr., was designed to identify and encourage exceptional public/private sector partnerships such as this model project in Wichita. "We have identified some very impressive accomplishments, with the top projects in the nation attracting private investment at a ratio of \$10 to 1 (public dollars) and creating a very sizeable number of new jobs," he said. The award to the Training Center was based on its selection as one of the 11 most outstanding projects in the nation with this demonstration of effort.

Manufacturing such products as air filters, wood pallets, 3-ring notebook

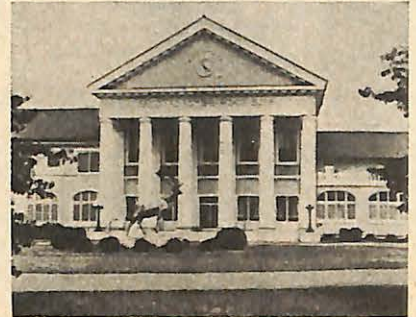


William R. Lawrence, executive director, KETCH, receives an "Award for Excellence" for the Kansas Elks Training Center from President Reagan.

binders (vinyl and canvas) and the KETCH-ALL (a 3-wheel utility transportation vehicle), handicapped workers are projected to produce approximately \$600,000 in sales during their first year of business. The income from their labor and product sales beyond wages and expenses, projected to be at least \$100,000, will be shared with other clients in the Training Center's Vocational Rehabilitation programs who are unable to support themselves.

The Presidential Task Force on Private Sector Initiatives, acting as a catalyst in the attainment of a higher level of volunteerism and partnership and mandated by the President to identify existing examples of successful public-private partnerships, visited the Training Center and its KETCH Industries project along with Kansas Governor John Carlin during the project's Grand Opening. They praised KETCH Industries' planners and donors for their involvement and support in this unique venture.

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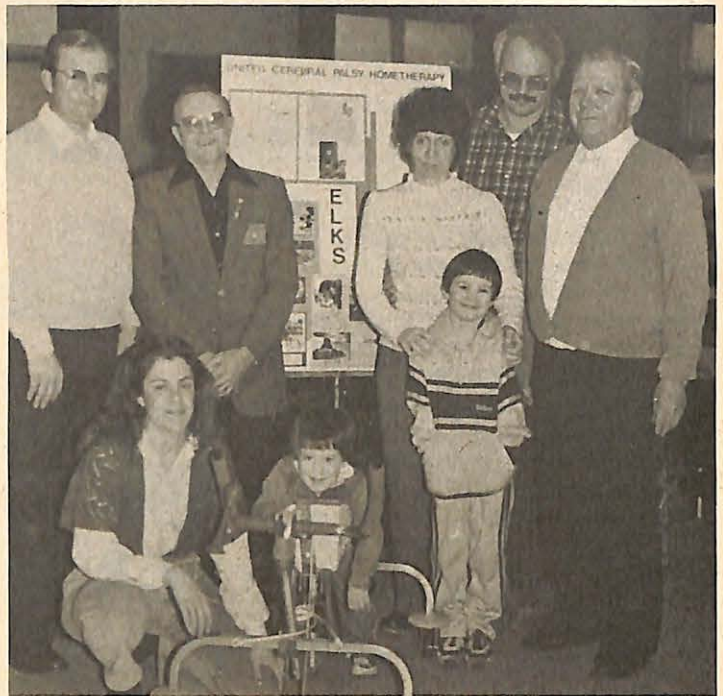
The Elks National Home
Bedford, Virginia 24523

NEWS OF THE LODGES

Continued from page 21)



WOODSTOCK, IL. In conjunction with the Illinois Elks Crippled Children's Commission, Woodstock, IL, Lodge presented a wheelchair to the Kastning family for use while their daughter Michelle is ill. From left are Woodstock's then-ER Robert Holub, Michelle Kastning, and Ronne Baumann, a member of the crippled children's commission.



PLATTEVILLE, WI, Lodge purchased a prone support walker costing \$595 for three-year-old Ben Kleefisch (center), who has cerebral palsy. Kneeling next to Ben is Mary Vowinkel, occupational therapist. Standing from left are then-ER Dean Prochaska, Trustee Gordon Stephens, Sara, Sam, and Steve Kleefisch, and Secy. Oswald Barth.



LAWRENCEVILLE, IL. Est. Lead. Kt. Rob Rucker (left) of Lawrenceville, IL, Lodge and then-ER Harold Goodwin (right) present checks totaling \$6,650 to Robert Steinhour, director of the Illinois Elks Crippled Children's Commission. The checks represent contributions from the lodge, bingo winnings, contributions from individual members, and proceeds from merchandise sold for charity. Lawrenceville's total contributions to the commission for the 1982-83 lodge year approximated \$7,500.



EUREKA-PACIFIC, MO, Lodge was recently instituted, with 322 members. PGER Edward McCabe (third from right) congratulated Charles Brown, the lodge's first exalted ruler. Also pictured are (from left) SDGERS Paul Sibley and Bernard Watters; Donald Nemitz, Chief Justice of the Grand Forum; and DDGER Joseph Bennett.



LIBERAL, KS. Once again this past Christmas season, Liberal, KS, Lodge headed a community-wide drive to help feed needy families. Total contributions exceeded \$7,000 in cash and 3,000 cans of food. The cash was used to buy perishable food. Food baskets were made up by the Elks and delivered to 168 needy families.

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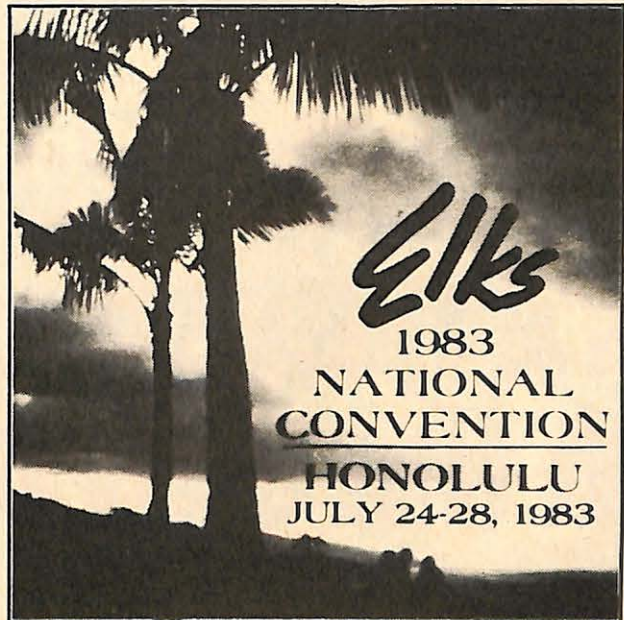
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6-83

TV Technology: are newspapers on the way out?

by Ginny McReynolds

When the whole world is computerized, will you miss your daily newspaper? Will you feel the same about sitting down with your morning coffee in front of a television screen instead of with a newspaper? Will you feel guilty that the paper boy is out of a job? What will you use to line the parakeet's cage? More seriously, will you forget how to read and think about in-depth world issues?

Communications experts say there is little reason to worry about any of these things. Computers will change the world of news and information but we will still have newspapers—on newsprint *and* on television screens. We are still at the beginning stages, but in the next 5-10 years we'll have more information available to us than we've ever had before.

In fact, everyone from American Telephone and Telegraph to Dow Jones to cable television wizard Ted Turner is busy preparing a technological future that could help us know

the world better. With a variety of possible ways to actually wire our homes, the product we may receive is mind-boggling. Take a closer look and imagine how all of this may affect your life.

It begins with you and your television set and some kind of micro-computer. Predictions are far-reaching. It is possible, experts say, that before the year 1990 people will be getting their newspapers delivered electronically over their television sets. This is already being done around the world, and many experiments are currently under way in this country.

One version of the electronic newspaper is called teletext. This would be available to people with a "decoding" device with which they select from pages and pages of news from a service they subscribe to. In a teletext system, viewers can read up to 24 lines at a time on their television screens. Eventually, if your daily newspaper was being delivered electronically, you would get much the same thing you now have, without the bother of piles of old newspapers, ink on your hands, *and* stale news. Through a system like these being planned, all the news is the most up-to-date, giving you the very latest

happenings as they happen. So, we would have the thrill of fast-breaking stories that we now find on television, combined with the opportunity to read them in depth—something only newspapers and magazines provide us with today.

This does sound considerably more sophisticated than what we currently have, but of course in technology, enough is never enough. The next plan on the drawing board goes even further. This is called videotex or viewdata, which *Channels* magazine describes as "an interactive system that uses either two-way cable or telephone lines to connect a central computer's data banks to a home television set equipped with a micro-computer."

What all this means is that not only will we be able to read the news on the television screen, but by the use of a small computer attached to our set, or through the use of the telephone, we can get any news we ask for.

If something in the regular news interests us and we want more background on it, we simply press a combination of buttons, type in a particular code, or dial a certain number. Depending upon the capabilities of the computer you are using, you can get everything from library research to up-to-the-minute facts about a country you are planning to visit. And, in some cases, since your need for the information has been programmed into the computer, you only

need ask once. Then, whenever anything new occurs about your particular interest, your television will let you know.

According to researchers, the possibilities for "talking back to your television set" go even further than news and information. We may also, in the next decade, be able to bank and shop at home on our television sets.

Sears Roebuck and Co. has now put its famous catalog on a laser video disc so that we no longer have to make our selections based on lifeless pictures. Instead, we can, according to Ronald Ramseyer, national manager of Sears' catalog advertising, watch a videotape of Sears' products in action.

"From 95 years of selling experience," he says, "we know that when you can show a product in living, breathing color, there is a direct relation to sales."

The plan is to eventually link the video discs to central computers that are part of these videotex systems. So consumers could sit in their living rooms, ask for information about a certain product, sit back and watch the products perform.

Obviously a system like this could save consumers time and energy, but it is also very beneficial to the manufacturers of products. They could determine more clearly than ever before what was bringing the consumer to them.

There is also talk of banking, voting, participating in surveys, and programming your utilities all with a computer or your telephone connected to your television. All of this, in addition to more than 100 channels carrying entertainment and informational programs.

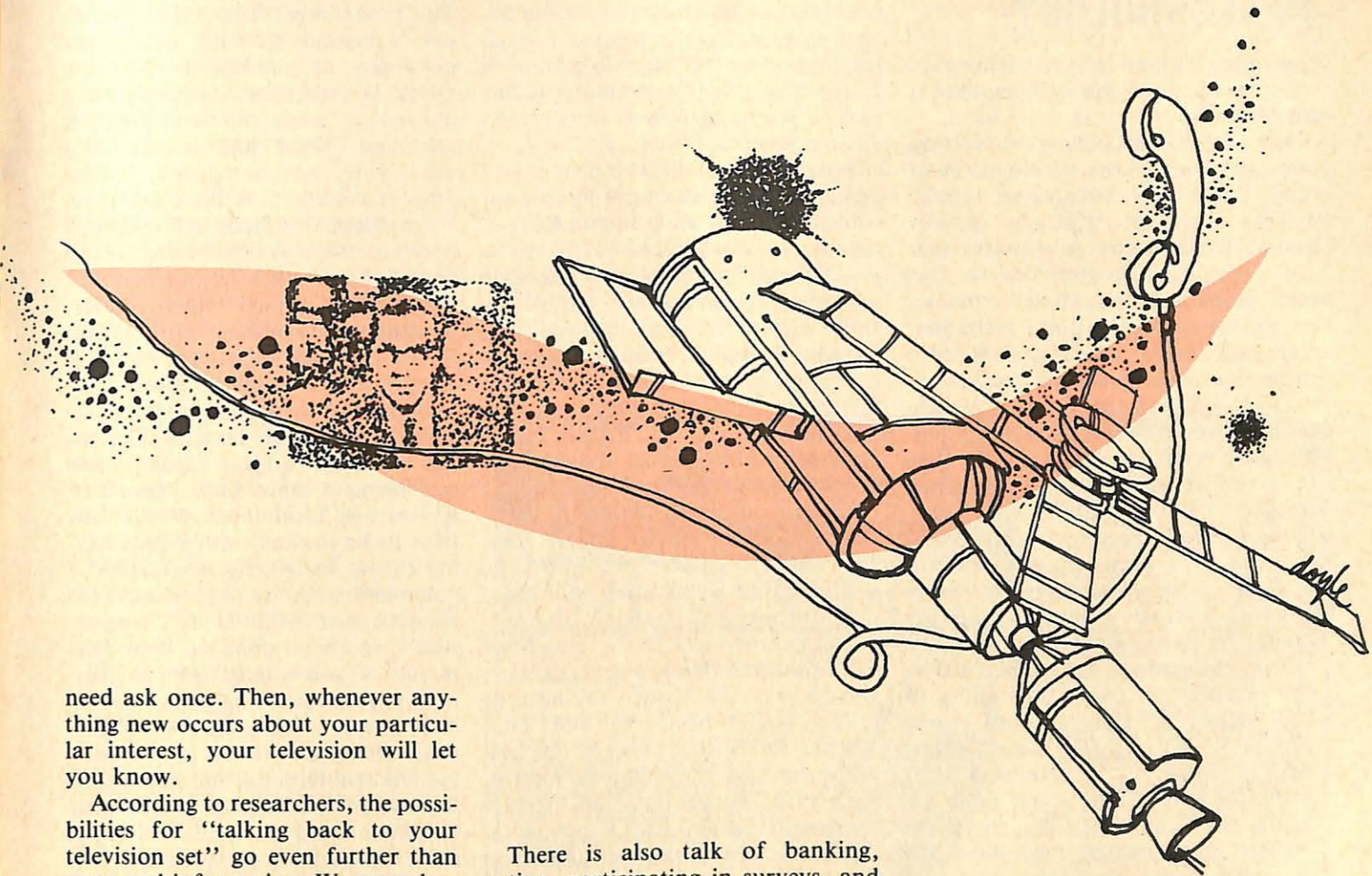
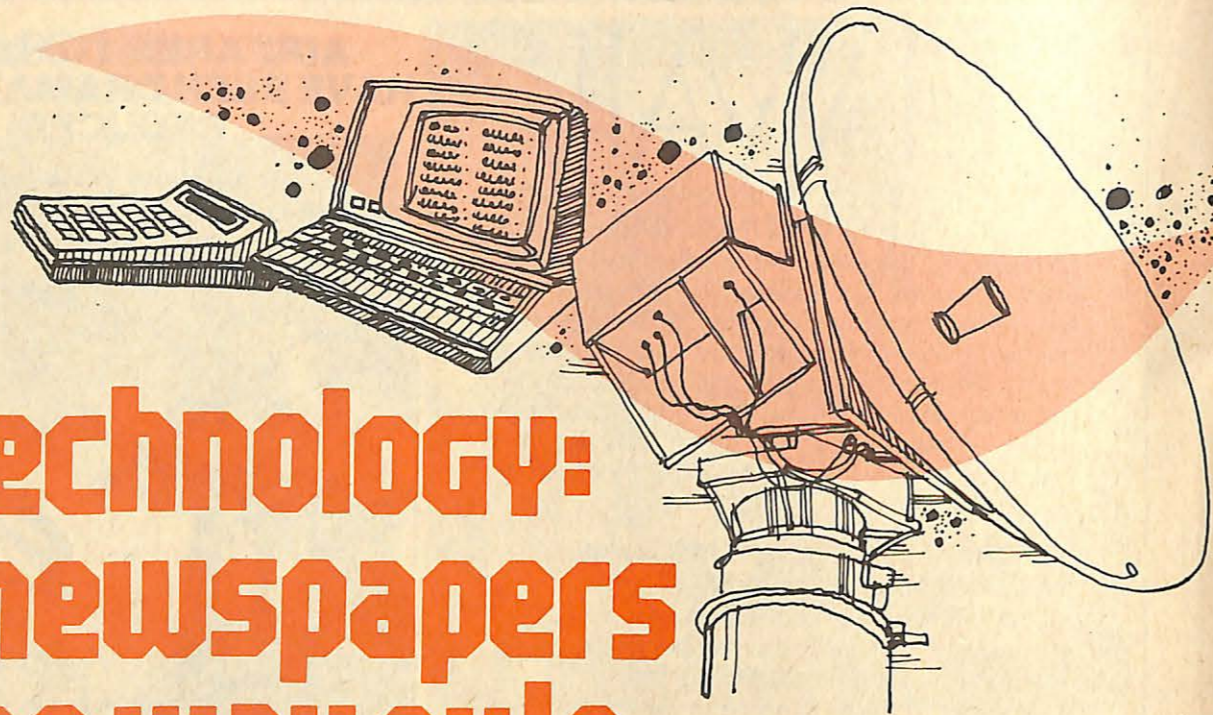
Although much of this is still in the experimental stages, the entire spectrum seems to hold great possibilities for both consumers and people selling a product. Researchers have shown politicians how to create political messages that would only go into certain homes. A Democratic Irish Catholic family with an interactive system could request information about presidential candidates and get something different from a family of Republicans who had requested the same thing.

People in England have been using a system like this since the 1970s, when the British Post Office began experimenting with an electronic information delivery service. That system, Prestel, has grown considerably and, according to *The Quill*, is "capable of providing up to 150,000 pages of information from 150 independent information services to more than 1,000 subscribers."

Britons can get their daily news, shop, check train schedules, look at readings from several libraries, take televised university courses, see a list of Guinness records, and even look at a guide of recommended restaurants. A system in Dallas, operated by Dow Jones, is very similar. Many others are being planned throughout this country.

The cost of systems like this is somewhat high. An adapter costs about \$300, but is apparently on its way down. People pay per frame of information or, in some cases, by the hour. By the end of the month these costs can add up. Regulation is a question in England, just as it is for those experimenting in this country. Who decides what information will be entered into the system? Will systems such as this fall under any kind of censorship codes? Or, will the First Amendment protect everything?

Most of the emphasis on videotex systems in Europe and the U.S. has been on developing technology.



TV TECHNOLOGY

Questions about which technology will prevail and who will regulate it still remain.

All of these possibilities stem from one major area—the development of cable TV in 1949. Because we usually receive television pictures in our homes from electrical impulses that are transmitted through the air, this made it difficult for people in remote, rugged areas to get good reception. Carrying the impulses by cable into these areas enhanced that reception.

Designed with this better reception in mind, the first cable systems, Community Antenna Television, were built in eastern Pennsylvania and Oregon. In these early systems, people could only receive from three to five channels, even on cable.

Since then, technology has been combined with business and the market is open. Cable television has become something altogether different in these 30 years. According to Ray Koegel, Telecommunications professor at California State University, Sacramento, "There were great promises and visions about cable TV in the 1960s and 1970s, but there just wasn't the economic incentive for communities to get involved."

Besides better reception, cable promised greater access to programming by communities. With as many as 100 channels the subjects to be covered were practically limitless. In addition, cable promised interactive systems like those finally being experimented with today.

"The idea developed 15 years ago," Koegel says, "but banking, shopping, and voting on your television set seemed primarily like parlor

tricks to people at the time. Communities couldn't really imagine enough popularity to be able to afford a system like this. Communities didn't have a vision of how it worked and what it was."

What changed all of this and gave people more of an incentive to want cable television, according to Koegel, was pay television systems like Home Box Office. This revolutionized cable television because it was one of the first experiments in transmitting signals by satellite, bouncing them off a relay station or transponder 22,300 miles in space and back down to microwave receiving dishes at individual stations across the country. This was in the early 1970s.

Experiments with the use of satellites and microwaves, Koegel says, are increasing, and by 1986 he predicts that companies will begin direct broadcast by satellite.

Even in the early 1970s, though, all of this seemed fairly radical. In many ways it was Ted Turner, the head of Cable News Network, and later Warner Amex, that changed our television news watching patterns forever.

In 1976, Turner gathered together his reporters at WTBS-TV in Atlanta, put his 24-hour-a-day news program on satellite and began broadcasting to homes with cable television. Out of the 31 million homes with cable in the U.S., Turner's station goes into 20.4 million. He gets his share of viewers and "news scoops," and his station was expected to earn \$40 million last year in profits.

Another technological development that added to the strength of the cable system was the QUBE home terminal system created by Warner Cable in Columbus, OH, in 1977.

This is connected to a cable subscriber's television set and creates the possibility of interaction. With the QUBE, a subscriber can press certain buttons to make different program selections, hook into library data bases, vote, shop, and do many of the other possibilities now being discussed.

American Telephone and Telegraph hopes to take this whole thing several steps further with a delicate new wiring system called fiber optics. Through subsidiary companies, AT&T plans to "rewire the nation," Koegel says, with fiber optics.

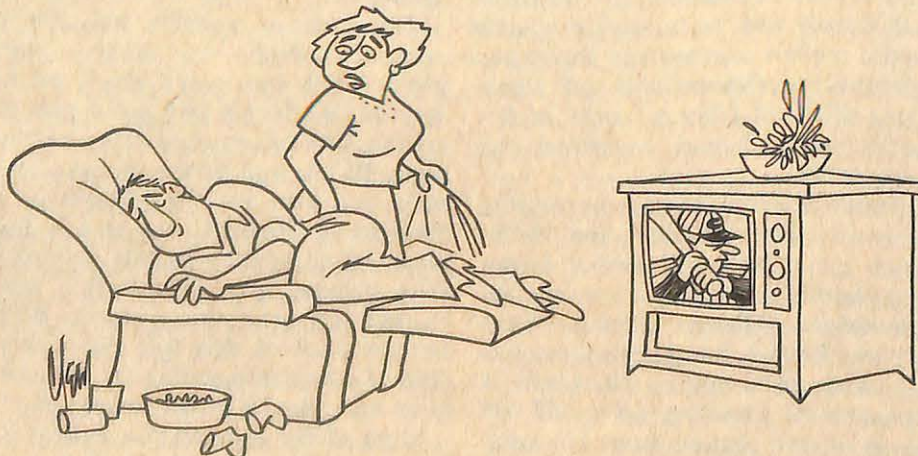
This may surpass cable in many areas, Koegel adds, because fiber optics has more carrying capacity than underground cable. Most importantly, existing local loops would only have to be rewired, rather than having to put in entirely new cables in communities. And the good news for the consumer is that all the "interaction" would be done on your telephone. If you wanted certain information you would simply dial a particular number. Subscribers would purchase different contracts for different services. No terminal unit like QUBE would be necessary, since your telephone could accomplish all of the same things and, presumably, even more.

Obviously development of technology is no longer a problem. Most major interests with the capability of participating in this telecommunications revolution are getting involved. Koegel predicts that this will probably not result in one particular type of system throughout the nation. More than likely, he says, "there will be a fragmented framework across the country."

At this point, however, the market is still up for grabs. And many questions about the ultimate success of systems like these remain. It is not yet entirely clear who will regulate and control them. With such diversification, and with even more to come, communities are still somewhat reluctant to invest much yet. It is not unlike the situation several years ago when individuals began to buy home computers, only to find themselves with expensive, outdated models within a couple of years.

With the seemingly limitless possibilities for the use of satellites and microwaves, many communities, corporations, and individuals are taking a wait-and-see approach.

So, how does it seem to you? Will



"You're out of condition. You only lasted until the third inning."

your life improve? Will you feel the benefits of all this technology? Communications experts like Koegel, say yes. The convenience and time-saving alone should make most people very happy. The energy conservation is essential.

Unfortunately, however, as with all things, there are some possible problems. Besides questions about regulation, there are concerns about big corporations (the only ones who can really afford to get into this business), rather than traditional news-gathering organizations being in the news business. It might be difficult in some cases to distinguish between news and advertising.

A few people are worried also about what it might be like to have everyone hooked into a central computer for the purposes of interaction. Visions of "big brother" monitoring our behavior frightens some people, but Koegel says this really isn't a big enough concern to deserve much attention.

There is also some fear about whether or not we need this much information, especially this much specialized information. We may continue to be seeking, thinking people, but may become too limited in that pursuit. As Stephen Effros, a former FCC attorney says, "If my personal computer focuses on one area, and your personal computer focuses on something else, we will only see what we want to see. We will know nothing about anything else."

But the greatest concerns have to do with the divisions that could develop—or even deepen. One major aspect of this advanced technology is the expense. Not only will rural areas find systems like this to be uneconomical, but lower income individuals in large urban areas will not be able to afford them either.

With any other technology—microwave ovens, color televisions, even computers—this might not make all that much difference. But in this case we're really talking about access to information, not just access to technology.

As Dean Grebner of the Annenberg School says, "Social problems stem from inequality of distribution. Technology never solves social problems, it extends them to different depths. Those who have the most, who own the most machines, will get the most out of rapidly expanding sources of information. The more we

centralize our cultural and informational resources, the more we risk widening the gap between the information-rich and the information-poor."

What this gap will mean for us socially is not known, and another gap—that between the generations—is also looming in the background. The reason for this is simple. It is the younger generation that is growing up in front of computers. Very soon, if not already, they will surpass their parents in terms of knowledge. Known as the "on-line generation,"

these children are discovering a new way to learn and think, which will surely cause problems in communicating with parents.

Regardless of the problems, the information revolution is on its way. You probably don't have to worry about losing the traditional newspaper for awhile. You will still have the comics and the classifieds and the ink on your fingers.

But you will also have more—more machines, more news, more entertainment, and more choices—a new world and a new way to look at it. ■

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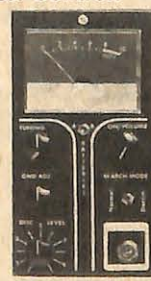
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Conquering Senility

(Continued from page 16)

This information was significant, since all of Al's symptoms were compatible with the effects of chronic drug intoxication. The doctors discontinued Al's drugs and sent him home. Within a year, he had regained almost his previous level of mental functioning.

Again, this is not an unusual story. At least one survey indicates that 16 percent of all behavioral disturbances in older patients are directly attributable to the ill effects of psychoactive drugs.

It isn't only antidepressants and tranquilizers that cause trouble. According to Dr. Mark, "Almost any medication given in sufficiently large quantity will impair mental status. This includes drugs that are used to treat heart failure, high blood pressure, stomach ailments, and a host of other problems that elderly people are susceptible to."

Dr. Benson adds, "These are very often appropriate drugs given in appropriate doses, but the patients are

unusually sensitive. This is particularly bad for people who already have a slight degree of dementia from some other cause. So, if you take a person who has Alzheimer's, or who is mildly demented because of brain damage from an old stroke, and you give them the drug, you may make them far more demented."

A mildly demented 78-year-old woman was sent to a nursing home in Minnesota. Soon her condition became much worse. She would wander aimlessly about the halls and into other people's rooms, babbling senselessly. Aggressive, disheveled, and incontinent, alternately laughing and crying for no reason, she seemed the perfect picture of advanced Alzheimer's disease.

After nine years, she was transferred to St. Paul-Ramsey Hospital. There, doctors learned that her "treatment" at the home had consisted of eight different psychoactive medications. Any one of them by itself could cause virtually all of her symptoms—even bladder disfunction. Her new physicians stopped all her drugs. Within a few days, she had improved sufficiently to be discharged.


Drug intoxication is only one of a

large number of iatrogenic—or doctor-caused—dementing conditions. These are not always the result of professional incompetence, but may arise as a consequence of the best intentioned medical efforts.

That's what happened to Bill, a 66-year-old nursing home resident in Minnesota. Bill received expert medical care at the home, but no social stimulation or personal contact. Gradually, he began to display that now familiar pattern—progressive decay of memory and intellect, uncooperative and belligerent behavior—that usually indicates dementia. A neurological examination revealed no organic basis for his symptoms. So Bill was sent to St. Paul-Ramsey Hospital for evaluation by neurologist Dr. Bruce D. Snyder.

Bill received something at the hospital that he had not gotten at the home—individual attention. At first he was suspicious. Eventually the staff gained his confidence, and he started talking to them about his problems.

Bill was going blind. The best efforts of eye specialists had not been able to save his fading vision. He had been independent all his life, and



ON TOUR WITH
**MARVIN
M. LEWIS**



At Grand Island, NE, Lodge, GER Marvin M. Lewis (right) met lodge member A.C. Scott, Jr., who is also Chef de Chemin de Fer (National Commander) of the 40 & 8 organization.



While visiting a state meeting of the Georgia Elks Association in Albany, GER Marvin M. Lewis (right) met an old Army buddy, Albert Gaines of Cartersville, GA, and his wife Jo. Brothers Lewis and Gaines trained together in World War II Army School at the University of Arkansas.



Chico, CA, Lodge hosted the official visit of GER Marvin M. Lewis (right) to the North District of California. Also pictured are (from left) ER Bill Everett; Annette Hoch, widow of the late ER Frank Hoch; and PGER Horace Wisely.

hated to ask for help. The total care he received at the home had merely reinforced his feeling of helplessness, while the impersonal atmosphere of the place increased his distrust of doctors and his psychological withdrawal.

According to Dr. Snyder, sensory deprivation and enforced dependence can produce confusion and psychosis, even in the young. When this is compounded by the stress of illness, the mental effect can be devastating.

The staff began encouraging Bill to greater independence and self-reliance, while helping him adjust to his visual defect. As he started making attempts to do things for himself, it wasn't long before his mental condition had returned completely to normal.

These last cases call attention to two important facts. One is the existence of a vicious cycle for patients carelessly labeled as demented. Boston City Hospital's Dr. Sabin explains that an elderly patient, hospitalized for any reason, can easily become confused and disoriented in response to medication and the strangeness of the hospital environment. As a result, the physician usually prescribes tranquilizers, which only make the symptoms worse. The next step, as the patient's behavior continues to deteriorate, is to recommend long-term institutionalization—the final push leading to a rapid downhill slide.

The other lesson is that even the hopelessly demented can be restored to some baseline level of functioning by treating or preventing reversible complications. For example, depression, itself a frequent cause of dementia, afflicts 25 percent of Alzheimer's disease victims. Therapy for depression may improve such a patient's mental state considerably, even though the underlying disease is incurable.

What does all this mean for the family of a person who appears to be demented? Dr. Benson advises, "Dementia is not something that most physicians are highly competent at diagnosing correctly. If the family feels that their physician is not an expert at it, or if he tells them himself that he isn't, then they should look around for someone who is."

Dr. Mark explains what sort of experts to look for. "You need a team approach, in which a specialist in internal medicine combines his ex-

(Continued on page 34)



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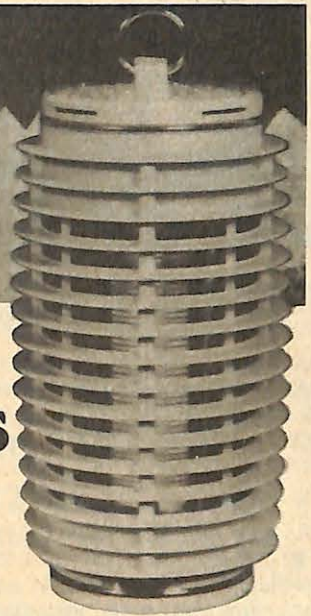
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YOU & RETIREMENT

by Grace W. Weinstein

TRACING YOUR FAMILY TREE

If you've long harbored a fascination with your family's roots, retirement may offer just the time you need to conduct a thorough search. You'll become absorbed in tracing the branches and twigs of your family tree...and you'll leave a valuable legacy to your children and grandchildren.

Start by writing down an informal history of your own life, being as specific as possible about the cities in which you lived, the schools and churches you attended. Then talk to as many relatives as possible. Ask where they were born, when they first came to this country, where they lived after they arrived. Ask them, too, about their parents and about

relatives who may have stayed in the old country.

Then you'll want to get down to a document search. There are many sources to consult, and you'll find it easiest and most rewarding to start with those closest to home. Family Bibles, diaries, and letters may be a treasure trove of information. Church records may also be helpful, if your family has lived in one area for a long time here or has roots in a town or village overseas. Some state, county, and municipal records may also prove helpful. Recent birth and death records are usually centralized, but earlier records may often be found in a town clerk's office. Marriage and divorce

records, similarly, may be found in town or county offices where the event occurred or may be centrally filed in a state division of vital records. County and state records may also include lists of voters and taxpayers, court records of orphans and guardianship, and records of the administration and distribution of estates. Information about family relationships as well as about property ownership can emerge from a study of wills and deeds.

Some tantalizing tangents may develop as you move on. Long-lost Cousin Walter may have set sail for Australia when his brothers came to America. Great Uncle Andrew may have fought on the "other" side in one war or another. Try not to follow too many of these tantalizing byways, however, or you'll lose sight of your primary objective: the search for your direct antecedents.

You can conduct that search, once you exhaust local resources, through a number of avenues:

- The National Archives (write to the National Archives, Reference Services Branch, Washington, DC 20408) will send you a free genealogical kit. It includes leaflets on "Genealogical Records in the National Archives" and "Genealogical Sources Outside the National Archives" as well as forms for requesting copies of passenger arrival and military service records.

Census information through 1910 is kept at the National Archives. The Soundex system, which you can consult at the Archives or through one of its eleven regional branches, may prove particularly helpful because it groups similar-sounding names even if they are spelled differently. Complete Soundex records (they are organized by state) are available for the 1900 census, but may not yet be available everywhere for 1910.

Note: Don't expect to find tantalizing tidbits about living relatives. By law, to protect privacy, census records are kept confidential for about 70 years; the records from the 1910 census have just been made public. (If you need information about *yourself*, so that you can qualify for retirement benefits or obtain a passport or prove your age for some other purpose, you may obtain it through the Age Search Section of the Census Bureau; you'll need to supply an address as well as a name. Genealogical research is restricted to the years through 1910.)

- Naturalization records may also be helpful. Before 1906 naturalization proceedings could be held in a Federal, state, or local court; records may usually be found in files of the district court for the district in which the proceedings took place. Records of naturalizations after 1906 are available through the Immigration and Naturalization Service, U.S. Dept. of Justice, Washington, DC 20536.

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• The Local History and Genealogy Room of the Library of Congress has an extensive collection of useful materials relating to local history and genealogy. The collection includes American and foreign-compiled genealogies; publications of patriotic and hereditary societies, including lineage books and family lists; published works on immigrations to the United States, including the Scotch-Irish, German and Huguenot; published rosters of Americans who participated in wars in which the United States was involved; lists of passengers arriving in the United States that have been printed in various publications.

The staff of the Library of Congress can't undertake genealogical research for you, but it will do some limited searching for specific books and specific references. Some genealogical leaflets are available from the Library of Congress, General Reference and Bibliography Division, Washington, DC 20540. Photocopies of noncopyrighted materials may also be made, for a fee, and sent to you.

• Specialized libraries can be very helpful. The library of the National Society, Daughters of the American Revolution (1776 D Street NW, Washington, DC 20006) has a large collection of genealogical materials, including copies of entries in family Bibles and inscriptions on tombstones, abstracts of court records, copies of church records, and Revolutionary pension records. The DAR library is open to nonmembers for a small fee.

The library of the Genealogical Society of the Church of Jesus Christ of Latter-day Saints (Mormons) has extensive records—land grants, deeds, probate and marriage records, etc.—relating to both Mormons and non-Mormons. An index to the collection contains nearly 50 million names; microfilm records may be searched in Salt Lake City and in branch libraries around the world. To find the library nearest you, contact the nearest Mormon church or write to the Genealogical Society Library, 50 East North Temple, St., Salt Lake City, UT 84150.

Other libraries also often contain genealogical collections; ask the research librarian in your local library where the nearest such collection might be found. And don't forget files or microfilm collections of old newspapers; they can be invaluable in tracing families through birth

and marriage and death notices as well as items about moves from one community to another.

• The National Genealogical Society (1921 Sunderland Place NW, Washington, DC 20036) publishes a useful quarterly and issues special publications with information on such varied topics as migration trails east of the Mississippi River, Lancaster County (PA) tax lists, and Chatham County (GA) wills. You can get more information about local genealogical societies from your local library. You might also be interested in taking a course in basic genealogy; such courses are often given at local adult schools. And a mail order course is available from the National Genealogical Society; 37 cents in postage on a self-addressed envelope will bring you information about membership, home study courses, and genealogical charts.

If you get really serious, and run out of steam on your own, you can hire a professional to assist in your search. A list of certified professional genealogists is available for \$2 and a self-addressed envelope with 37 cents in postage by writing to the Board for Certification of Genealogists, P.O. Box 19165, Washington, DC 20036.

If you're seriously interested in tracing your family, don't fall for one of the mail-order solicitations offering a "personal" history of your family or your very own coat of arms. It's extremely unlikely that the material you receive will have much to do with your own family. If you do your genealogical research by mail-order, you'll miss all the fun of the search.

...

Tax Saving: A Year-Round Guide by Julian Block has now been issued in a third edition, including all the changes introduced by the 1982 Tax Act. I've recommended this book in its earlier editions, and it deserves a mention again for its clear explanation of tax law and advice on what you can do to save money. It's full of useful tips. For example: The IRS offers a free Disaster Loss Workbook (Publication No. 584) which provides a handy way to inventory household belongings. Even if you never suffer a casualty loss, such an inventory could be a handy thing to have. For a postpaid copy of *Tax Saving: A Year-Round Guide*, send a tax-deductible \$10 (that's \$3 off the regular price, especially for Elks) to Julian Block, 3 Washington Square, Larchmont, NY 10538. ■



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did you know..



The Grand Lodge Session set for July 24-28, 1983, will indeed be history-making. For the first time a Grand Lodge Session will be held overseas and in Hawaii.

According to the Grand Lodge Convention Commission, indications are that Elks who have never attended a Grand Lodge Session before may be planning to go to the one in Honolulu.

At this writing there is no estimate available concerning the number that may attend this 119th Session, but we suspect that little band of only 10 Elks that attended the first Grand Lodge Communication would be amazed at the thousands that will undoubtedly attend the Honolulu sessions in Blaisdell Convention Center.

The record attendance was nearly 19,500 in 1981 in Las Vegas, while the lowest on record was seven in 1873 at two different Communications in the same year.

In recent years the lowest was 337 in New York in 1945 during World War II when attendance was restricted to only Grand Lodge officers, Past Grand Exalted Rulers, members of commissions and committee chairmen and Grand Lodge members in the New York City area who would not require hotel accommodations or railway transportation contrary to government orders.

In the beginning, Grand Lodge meetings were called communications and adjournments were called sessions similar to other fraternal groups. It was not unusual for more than one meeting (communication) to be held in one year. For instance in 1872 the 4th Communication consisted of six sessions.

More often than not one of the Grand Lodge sessions in the early years was held near the first Sunday in December, just as Elks today on the first Sunday in December revere the memory of their departed brothers.

Needless to say that following tradition, Elks will pause in Honolulu at 11 a.m. on Wednesday, July 27th, to recall our absent brothers wherever they may be.

Charles Weber of Decatur, IN, Lodge No. 993 will turn 92 July 1st.

He has the distinction of being a member of the Elks for 70 years. He joined Feb. 28, 1913. He says he checked with other lodges in Indiana and found that no other person has been a member that long.

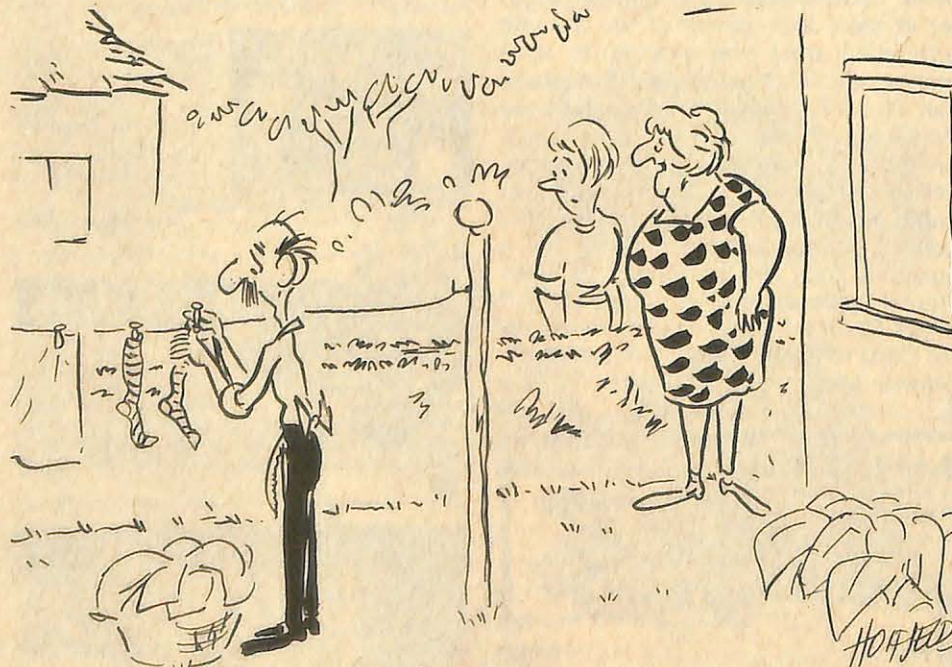
His longevity may be close to a national record. How about it...are there any other Elks that can surpass him?

Incidentally, Charlie points out that he walks two or three miles per day and also still drives a car.

Speaking of Indiana reminds us that the Indiana Elks Association revived their Camp Elk last summer. They had 130 boys participating from all seven districts.

They are looking forward to even a better year this summer.

"Elks care" about youth.



"I'll say one thing for him—he's never been one for that macho male chauvinism nonsense."

Conquering Senility

(Continued from page 31)

amination with those of both a neurologist and a psychiatrist. The neurologist has to be someone who is interested in behavioral diseases, that is, diseases of the brain which produce behavioral changes." Such experts can usually be found at any of the larger teaching hospitals.

A thorough examination will include several steps as a matter of routine. An initial interview with the patient and family will alert the doctors to any history of exposure to drugs, heavy metals, or industrial chemicals. Extensive blood tests, a chest X-ray, and an electrocardiogram will reveal possible heart, liver, endocrine, or other functional abnormalities. The neurologist should probably order a spinal fluid analysis, a so-called CAT scan (in which one can see the brain substance), and brain wave tests.

Based on the results, additional specialized procedures may be indicated to rule out difficult-to-detect hydrocephalus and tumors. Not all tests are needed in every case. However, none should be omitted without a reason.

Results of the examination should suggest a course of treatment that may either reverse the dementia completely or at least mitigate its severity. But the primary responsibility is the family's. Despite the efforts of teaching physicians like Dr. Benson, much of the medical community is still uninformed on the subject of dementia. The family must be involved in all phases of diagnosis and treatment to ensure an adequate standard of care.

Only increased public awareness can prevent millions of Americans from being condemned to mental oblivion during what ought to be the most productive and satisfying years of their lives.

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will live
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FUND**



by Robert L. Snow

The detective in the rumpled trench coat sticks his finger in the container and then touches it to his tongue. "Pure heroin," he says, compressing his lips and giving a knowing nod to his associates.

Even the most casual detective movie fan knows that this scene has been done hundreds of times in hundreds of movies, and probably no longer thinks much about what the detective has just done. But as a police officer, every time I see it, even after all these times, I still cringe. I realize that through this scene the scriptwriter is attempting to establish the detective's experience and competence by his ability to identify heroin through its bitter taste, but a question always comes to mind: since heroin is often cut (diluted) with quinine, which also has a bitter taste, how can the detective tell if what he's sampling is actually pure heroin, 50 percent heroin and 50 percent quinine, or simply pure quinine? But this is minor compared to the fact that since street drugs often vary considerably in color and texture due to their sometimes crude manufacture, how

can the detective be sure he's not actually sampling powdered LSD, PCP, or some other hallucinogen? After the Hollywood detective touches his finger to his tongue I always get this picture in my mind of us having to call for the fire department's hook and ladder truck to pull him down from the top of a lamp post, where he was perched howling at pedestrians. Police officers simply don't taste unknown substances which, incidentally, could just as easily be cyanide, arsenic, or strychnine, as drugs.

Detective movies, I've found, are looked at by police officers with a critical eye and often are criticized over minor points; but like the heroin tasting there are a number of standard detective movie scenes which are so wrong and so ridiculous that we grind our teeth whenever we see them, and not simply because they're so silly, but because they can cause problems for the real police. For example, a scene done probably as often or maybe even more often than heroin tasting is with the Hollywood detective who, to avoid smearing fingerprints or ruining evidence,

picks up a gun or some other object with a handkerchief. It's not uncommon for a real police officer to arrive at the scene of a crime only to have a witness hand over an important piece of evidence wrapped in a handkerchief. Hollywood scriptwriters are apparently unaware that a handkerchief will not prevent the smearing of fingerprints or destroying of evidence, and will do just as much damage as bare hands. In real police work, if a gun or piece of evidence needs to be fingerprinted or examined by an evidence technician, the officer simply lets it lay where he or she found it and guards the object until the evidence technician arrives. And if for some reason it must be picked up or moved, police officers don't use handkerchiefs, they use bare hands, and pick it up by a part which is least likely to contain evidence or fingerprints, or wouldn't be able to contain them anyway, such as the rough portion of a gun handle.

Guns and gunplay have always seemed to fascinate Hollywood writers, and this is possibly one of their worst distortions of police officers.

Hollywood Detectives

An example of this distortion is the film in which a detective becomes involved in a 10-minute gun battle, and then after it's all over calmly walks away from the dead and wounded into the sunset, or worse than that, sticks his gun back in the holster, tells the uniformed officer who just arrived to book the survivors, and then goes home, goes somewhere for a drink, or simply goes back to work. A police officer never leaves the scene of a police action shooting until the ensuing investigation is completed, and there's probably no more intricate, involved, or time-consuming investigation than that of a police action shooting. The shortest an officer can expect, even on a clean shooting, is at least four or five hours of questioning, on-scene investigation, written statements, reports, paper work, and the dozens of other legal and departmental requirements. And this is just for the day of the shooting. The process can, and usually does, go on for weeks afterward, with more statements, more interviews, and more paperwork.

This small piece of movie misinformation about firearms, however, isn't nearly the distortion as is the Hollywood detective who chases a suspect for a half mile, then stops, draws his snubnose .38, takes aim, and fires, "winging" the suspect, all

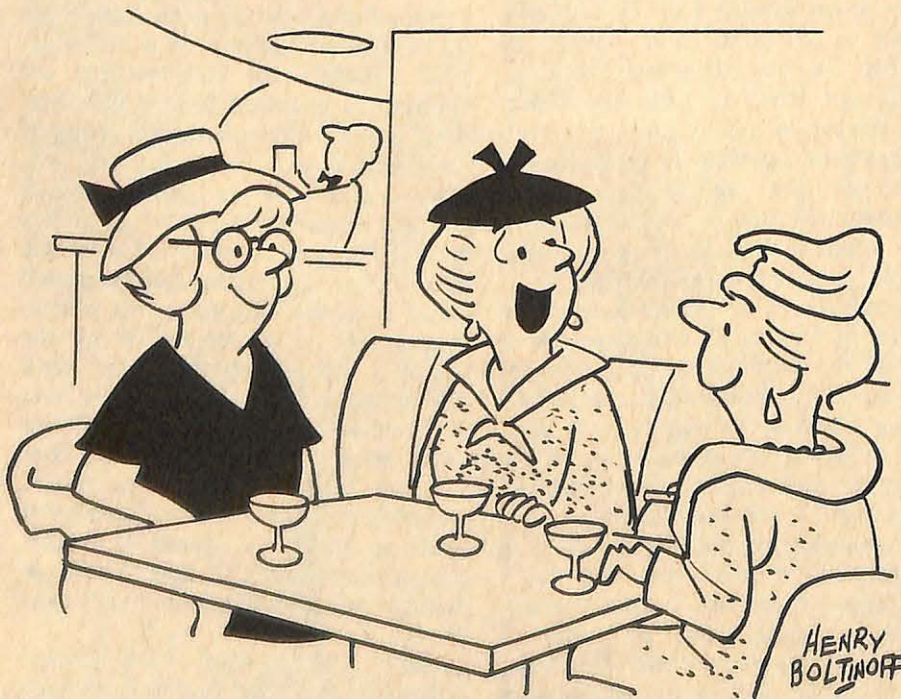
from 75 or 80 yards. The .38 snubnose most detectives carry was designed for close range (three or four yards) and the maximum range (for experts—which most police officers aren't) is only about 50 yards. And this 50 yards is for a stationary target under controlled conditions, not for a fleeing target shot at by an out-of-breath, middle-aged, and probably overweight detective. Yet despite this, the Annie Oakley marksmanship of the Hollywood detective is so entrenched in the minds of the movie-going public that each year many police officers appear before grand juries who very honestly and sincerely ask them why they didn't just wing the suspect, or even worse, why they didn't shoot the gun out of the suspect's hand. The officer, after a few moments of stunned silence, usually answers with an unbelieving "Huh?"

Of course, in many movies the detective is not part of any police department, but is instead a "private eye." Contrary to the impression given by Hollywood scriptwriters, in real life, private detectives are seldom, if ever, involved in major criminal cases; instead, they perform such jobs as providing industrial and commercial security, investigating and gathering evidence for civil cases, and any number of other quasi-investigative tasks. In today's technological and rapid-moving society, an indi-

vidual private detective or even a small detective firm, without the advantage of communications with other police agencies and jurisdictions, without access to the massive computer files on known offenders, and without the use of a sophisticated forensic laboratory, simply does not have the resources necessary to successfully investigate major criminal cases. Most police officers roll their eyes when they see a movie in which a private eye, with no resources other than a sleazy office and sexy assistant, tracks down an international jewel thief or locates a murderer who has eluded the police of a half-dozen states. And when they watch a private detective march into a murder scene, take over the investigation from the police, question the witnesses, and in less than 15 minutes solve the crime, some officers have been known to make rude noises.

But perhaps the worst of the Hollywood distortions, the one which brings the most groans from police officers, is when Hollywood portrays the detective as the only officer capable of making a quality arrest, while the uniformed officer is given the part of a simple-minded, applesnatching boob. Partly because of this Hollywood bias toward detectives, many people are unaware that a large number of the good arrests made each year are made by uniformed officers who follow up on their own initial reports, use their own informants, and do their own questioning of witnesses. Almost 75 percent of all the felony arrests made every year are made by uniformed officers. However, except for major cases, rarely is this publicized.

Of course, in addition to these half-dozen or so major technical errors there are at a quick count probably several dozen other smaller factual inconsistencies which police officers also gnash their teeth over. But if only these few major ones were corrected, Hollywood could, in the opinion of most police officers, upgrade the status of detective movies several notches. But until they do, if during the next detective movie someone in the audience begins making rude noises, it's probably a safe bet the source is a police officer giving critical comment on the naivete of Hollywood scriptwriters. The source's identity, incidentally, can be verified if at the end of the movie he or she is heard to be muttering: "Oh, those Hollywood detectives!" ■



"Let's have one more and then go buy three hats!"

Departed Brothers

PAST DISTRICT DEPUTY Herman L. Corley of Trinidad, CO, Lodge died December 31, 1982. Brother Corley served as District Deputy Grand Exalted Ruler for the South District of Colorado in 1970-71.

PAST DISTRICT DEPUTY Clifford E. Daniels of Meadville, PA, Lodge died March 10, 1983. Brother Daniels served as District Deputy Grand Exalted Ruler for the Northwest District of Pennsylvania in 1956-57.

PAST DISTRICT DEPUTY John J. Brady, Sr. of Nashville, TN, Lodge died March 14, 1983. Brother Brady served as District Deputy Grand Exalted Ruler for

the East District of Tennessee in 1940-41.

PAST DISTRICT DEPUTY Charles Crichlow of Porterville, CA, Lodge died January 4, 1983. Brother Crichlow served as District Deputy Grand Exalted Ruler for the East Central District of California in 1973-74.

PAST DISTRICT DEPUTY Joseph S. Jarema of Bound Brook, NJ, Lodge died January 18, 1983. Brother Jarema served as District Deputy Grand Exalted Ruler for the West Central District of New Jersey in 1969-70.

PAST GRAND IN. GD. L.A. "Bud" O'Neill of Portland, OR, Lodge died March 17, 1983. He held that office in 1972-73.

Brother O'Neill served as District

Deputy Grand Exalted Ruler for the Southeast District of Oregon in 1966-67 and was also secretary of the Oregon State Elks Association from 1963-1976.

PAST DISTRICT DEPUTY Wesley M. Petrie of Waynesboro, VA, Lodge died March 25, 1983. Brother Petrie served as District Deputy Grand Exalted Ruler for the North Central District of Virginia in 1969-70. He was also a past president of the Virginia State Elks Association.

PAST GRAND LODGE COMMITTEEMAN Kenton Nash of Vallejo, CA, Lodge died March 29, 1983. Brother Nash was a member of the GL Auditing and Accounting Committee from 1979-82. He also served as District Deputy Grand Exalted Ruler for the Northwest District of California in 1976-77.

ELKS NATIONAL SERVICE COMMISSION

"So long as there are veterans in our hospitals, the Benevolent and Protective Order of Elks will never forget them."



WHEELING, WV, Lodge donated reading materials, recreational supplies, and other gifts valued at \$2,500 to the VA Medical Center in Clarksburg, WV. Representatives of Wheeling and Clarksburg Lodges made the presentation. From left are PER Carl Fetchero, Clarksburg; Rick Prio, member, Hospital Service Committee, Wheeling; Medical Center Director D. J. Kilcoyne; Joe Campeti, chm., Hospital Service Committee, Wheeling; William Schweizer, member, Hospital Service Committee, Wheeling; DDGER Howard Skidmore, Clarksburg; Est. Lead. Kt. William Skinner, Clarksburg; and F. J. Barberio, chief of voluntary service at the center.



The Elks of Vancouver, WA, Lodge presented 18 lap robes to the Vancouver VA Medical Center. The robes were made by Clara Wang, 87, of Forks, WA. From left are Theron Quarnberg of Vancouver Lodge, a member of the Southwest District Veterans Hospital Committee; Ted Butcher, chm. of the GL Lodge Development Committee; and David Bevers, chief of voluntary service at the center.



At the Albany, NY, VA Medical Center, Elks VAVS Rep. Edward Klimek (second from right) and Deputy Reps. Robert Wood (left) and Gerald Shook present deer hides provided by the Elks National Service Commission to Sue Borden, a member of the volunteer service staff at the hospital.

DELRAY BEACH, FL, Lodge presented a check for nearly \$500 to the Miami, FL, Veterans Hospital. In addition, more than 11 bushels of oranges were distributed to the patients.

MOUNT SHASTA, CA, Lodge donated \$400 to the recreation fund of the Veterans Home of California in Yountville. The money will be used for bus trips to ball games, fairs, stage presentations, and other events.

BLOOMSBURG, PA, Lodge recently donated a TV set to the Wilkes-Barre VA Hospital. The lodge also presented a check for \$100 to the Chapel Fund.

MEDICINE & YOU

by Larry Holden

RE-EVALUATING INTERFERON

When interferon made its debut with the general public some five years ago, even normally staid medical researchers admitted true excitement over the touted possibilities. All across the country, thousands of cancer patients began begging for treatments involving the "cure-all" substance. Now, as 1983 nears the midway point, the initial excitement has ebbed. Interferon is, however, finding a place in modern medicine, but not as the panacea for cancer envisioned by so many.

In early research, interferon—a protein substance produced by the body's immune system to fight diseases—has been used effectively in treating kidney cancer, cancer of the lymph system and a rare, often fatal, type of skin cancer. But it has little or no effect on the major "killer" cancers—lung, colon and breast, which result in an estimated 213,000 deaths each year.

"The interferon story got hyped up," explains Dr. Robert Oldham, head of the interferon program at the National Cancer Institute in Bethesda, MD. "Additionally, cancer patients wanted something good to happen. They need anything that will give them hope. It was a combination."

When all the tests are completed, Dr. Oldham predicts interferon will not be used as a sole treatment for cancer. It will, instead, become another weapon in the arsenal of established cancer treatments. It will take its place alongside surgery, radiation and chemotherapy.

Be assured that all the excitement surrounding interferon has not waned. What still has researchers buzzing is the thought that interferon could be the first of many natural substances that will provide "new and very different" types of agents to be used in the war against cancer.

"The major difference between interferon and other drugs is that interferon is a product of our own selves," points out Dr. Oldham. "The body is in the know about interferon. The body has never seen drugs used in chemotherapy before, yet it is being asked to handle the effects of such drugs on normal tissue."

Most medical scientists believe it will be two to five years before interferon will be approved and marketed for cancer treatment on a wide scale. Though he, too, concedes many years of research lie ahead, Dr. Jordan Gutterman, one of the nation's pioneer interferon researchers and one of its biggest boosters, describes the progress made during the past five years as "extraordinary." It was a \$1 million grant request to the American Cancer Society in 1978 by Dr. Gutterman of M.D. Anderson Tumor Institute and Hospital in Houston, TX, that prompted the ACS to begin an unprecedented \$2.5 million clinical testing project involving interferon.

"Interferon research has broken the four-mile barrier: that the only way to treat cancer is to cut it out, use radiation or chemotherapy, which cures 40 percent of cancers but leaves 60 percent uncured," notes Dr. Gutterman. "It's giving a solid rationale for a whole new way of thinking about the cancer problem. To think we can take molecules in the body which keep us healthy and turn them around to begin to treat cancer..."

Interferon was discovered in 1958, but it was only in the late 1970s that scientists were able to extract the substance from body cells in sufficient quantities for research. The initial grant requested by Dr. Gutterman provided enough interferon for 150 patients across the U.S. at a cost of about \$30,000 per patient. Since then, the supply of interferon has increased dramatically as scientists have used genetic engineering techniques to churn out the substance in quantity. The number of institutions using interferon has grown from the ten involved in that first grant to more than 70 today. And the cost per patient now averages about \$200. Since the use of interferon is still experimental, the expense is picked up by the hospitals participating in the studies.

Interferon side effects remain minimal, primarily flu-like symptoms and fatigue when it is injected into the bloodstream in small doses. If, however, interferon is given in extremely large doses, it can cause a drop in the blood count, a change in liver function and mental confusion—all of which are transient and considered mild in comparison to chemotherapy side effects, which include nausea and hair loss.

The first phase of interferon research has demonstrated that the substance can shrink certain types of cancerous tumors. Now the second phase of interferon study has been launched: to dis-

Community Image Winners

From the many Community Image brochures received by Howard Nunez of the GL Lodge Activities Committee, those from the lodges listed below were selected by the judges as the most outstanding for the year 1982-1983. The brochures themselves were all top-notch and represented many hours of hard work by the committees that prepared them. They presented numerous interesting and varied community activities in which these lodges were engaged during the past year.

Everyone attending the Grand Lodge Convention in Hawaii is urged to come to the Lodge Activities booth and inspect these fine entries. They should offer ideas for community projects by your lodge during the coming year.

1982-83 WINNERS

Lodges with fewer than 301 members

1. Edmond, OK
2. Kearney, AZ
3. Katy, TX

Lodges with 301 to 600 members

1. Palmdale, CA
2. Opelousas, LA
3. Coalinga, CA

Lodges with 601 to 1,000 members

1. Fontana, CA
2. Mainland, TX
3. Oceano/Five Cities, CA

Lodges with 1,001 to 2,000 members

1. Anderson, IN
2. Huntington Park, CA
3. Flint, MI

Lodges with more than 2,000 members

1. Clawson-Troy, MI
2. Bordentown, NJ
3. Santa Maria, CA

cover if interferon can produce long-term cures.

"We are beginning to integrate interferon into the mainstream of therapy," states Dr. Gutterman. "We aren't just looking for shrinkage of tumors, but survival—long-term survival."

Some of the promising research includes:

- Instead of one type of interferon, three have now been discovered. Two types come from different kinds of white blood cells and the other comes from cells in connective tissue of the body. Now researchers must determine whether there is any difference in the three types and which are effective against different types of cancer.

- At M.D. Anderson in Houston and elsewhere researchers have used interferon with promising results in treating kidney cancer, which is diagnosed in 18,000 patients annually and causes 8,000 deaths each year. The Houston team has used interferon as treatment in 19 kidney cancer patients in whom the disease spread to other parts of the body. About 40 percent of the patients showed sizable reductions in the size of their tumors.

"The treatment of kidney cancer with interferon is exciting because it is a tumor that has remained unresponsive to conventional treatment," notes Dr. Gutterman. "Surgically removing the kidney will cure about 40 percent of the

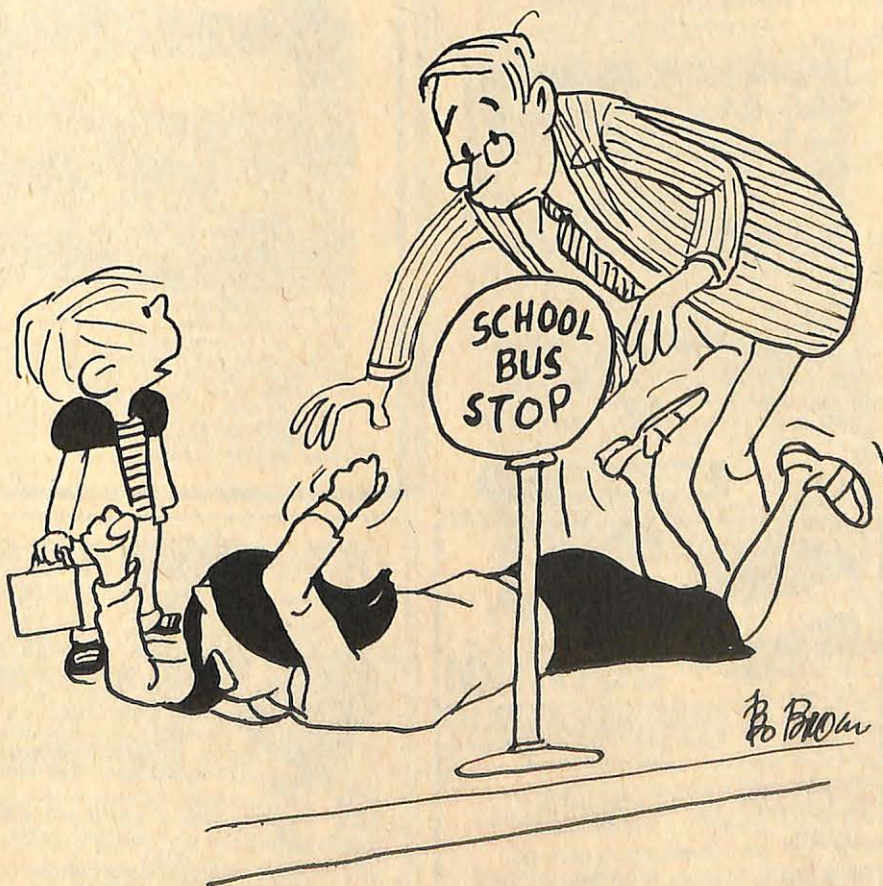
patients. But once it spreads, chemotherapy has little effect."

- Memorial Sloan Kettering Cancer Institute in New York has used interferon in treating 50 patients with Kaposi's sarcoma. The results have been "promising," according to the Institute's Dr. Susan Krown. Kaposi's sarcoma is a rare cancer that results from acquired immune deficiency syndrome, or AIDS—a disease that is occurring with increasing frequency in intravenous drug abusers, homosexual men and recipients of blood transfusions.

- Researchers at the Wadley Institute of Molecular Medicine in Dallas, TX, have found that interferon taken from human blood cells has some effect on melanoma, a type of skin cancer starting with a darkened mole and considered extremely serious once it spreads.

Wadley scientists have treated 19 patients with melanoma that had been surgically removed, but reappeared. Interferon was applied directly to the tumors and the patients were placed on ulcer medication that seems to enhance the immune system. The tumors grew smaller in at least six patients, with two patients having complete disappearance of the lesions. Three others had their tumor size reduced by half.

Without question, interferon will play a part in the battle against cancer. But the impact that it will have is still undetermined. ■



"She's OK, mister. This happens every time the school bus doesn't show."

FLAG DAY 1983

In 1908, the Grand Lodge designated June 14th as the special day that Elks in all lodges should honor our flag and pay tribute to our great nation. Each lodge should make every effort to present an outstanding program, which is open to the public, in order to demonstrate the Elks' dedication to the principles of our founding fathers.

Lodge Bulletin Winners

The following are the results of the Grand Lodge Bulletin Contest for the fraternal year 1982-83:

Lodges with less than 301 members

1. Saugerties, NY
2. Elkton, MD
3. Mid-Cities, TX

Lodges with 301 to 600 members

1. Essex, MD
2. Hutchinson, MN
3. Ferndale, MI

Lodges with 601 to 1,000 members

1. Biloxi, MS
2. Wayne, NJ
3. Charlottesville, VA

Lodges with 1,001 to 2,000 members

1. San Diego, CA
2. Harlingen, TX
3. Brick, NJ

Lodges with 2,001 or more members

1. San Mateo, CA
2. Colonie, NY
3. Charleston, SC

State Association Conventions

State	Date	Place
AL	6/2 to 6/5	Birmingham
CO	9/8 to 9/10	Grand Junction
CT	6/3 to 6/5	Waterbury
ID	6/9 to 6/11	Twin Falls
IN	6/2 to 6/5	French Lick
MD, DE & DC	6/24 to 6/26	Marlow Heights, MD
MA	6/10 to 6/12	Bretton Woods, NH
MT	8/10 to 8/13	Great Falls
NV	6/9 to 6/11	Fallon
NJ	6/2 to 6/5	Wildwood
ND	6/12 to 6/14	Bismarck
SD	6/3 to 6/5	Mitchell
VA	6/24 to 6/26	Manassas
WA	6/16 to 6/19	Yakima
WV	8/11 to 8/13	Wheeling

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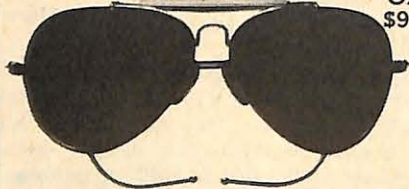
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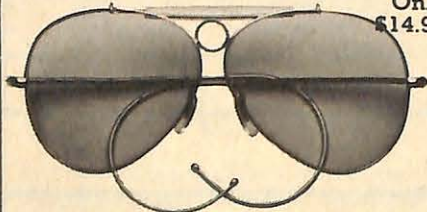
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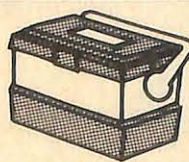
P.O. Box 1295, 1119 E Mission Rd
Fallbrook, CA 90266
Cal. Residents add 6½% Tax

Quality Inflatable Boats for Under \$300!



11' Sea Eagle 9
holds 5 adults

Sea Eagles last for years, go almost anywhere and can be used fishing, sailing, camping, river running and yacht tending. • Write for FREE COLOR BROCHURE! Sea Eagle, Dept. EM36B, St. James, N.Y. 11780
Or phone: 516-724-8900. **SEA EAGLE**



COLD DRINKS WHILE GOLFING!

The Par Bar ice chest is specially-designed to mount on your golf cart steering column. 15" clearance between front cowl and wheel. Reversible top—fully insulated. Holds 12 large cans. Specify color. Red • Blue • Yellow • Green • Orange.

Par Bar \$39.95 each
Calif. residents add 6% sales tax
For shipping/handling add \$4.00 each.
MasterCard, Visa accepted.

PAR BAR, 6500 Via St., Atascadero,
CA 93422. 805-466-5365.



LEATHER LOOK CERAMIC BAGS BY "GIN" A combination of high quality clays and specially formulated glazes enhance the simple beauty and authentic appearance of the "bags." A rawhide thong accents the "bags." Water-tight and dishwasher safe. Handcrafted. 4" high small "bag" \$11.95; medium "bag" about 8" high, \$19.50; Large "bag" \$26.95; trio, \$54.95. All postpaid. (Accessories not included.) Allow 6 to 8 weeks for delivery. 10-day return satisfaction guaranteed. Free Catalog, Melvin & Erickson Gifts, Dept. EM-63, West 1013 Sprague Ave., Spokane, WA 99204



CO-MATE HELPS TO PREVENT CHIMNEY FIRES! Simply sprinkle as directed by the instructions onto a low fire, and soot and creosote accumulation can be greatly reduced. The Co-Mate formula is non-toxic, non-corrosive, and non-flammable. Can be used on oil furnaces, wood stoves, fireplaces and space heaters. \$9.95 ea. per two pound tube. Available thru local dealers, or postage paid by writing to: Atlantic Combustion Products Ltd., P.O. Box 84, Great Village, Nova Scotia, Canada B0M1L0



made in
USA

EUCHRE (Pronounced UKER) SCORE KEEPERS

Keep score easy and fast without paper or pencil with the **NEW SCORE KEEPER**. Playing card size with big bold numbers. Made of durable ¼" plastic with a spring tension pointer. Game rules included.

1 set - \$4.95

3 sets - \$12.95

Canada add \$1.95

SEND CHECK OR MONEY ORDER
FOUNTAIN INDUSTRIES
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A VERY 'PERSONAL COMPUTER' FOR THE BODY.
The first exercise computer about the size of a soap bar (4" x 2 1/2" x 1") and weighing three ounces with batteries, has been launched to help the out-of-shape get into shape safely. Called Coach™ and made by Biotechnology, Inc., it can be programmed to warn when exercise is excessive. Also, counts calories. Distributed nationally by leading department stores, home electronics dealers, sports-equipment stores, gyms and health spas. Biotechnology, Inc., One S.E. 15th Road, Miami, FL 33131



MUSICAL DOOR BELL
plays 12 pop melodies! 1 each time bell rings! Home Sweet Home, Brahms, etc. Nice sound. Ivory finish. Install fast/easy yourself. Batteries included. For your home or as a gift. Try it 10 days. Money back Guarantee. Send \$19.95. Imperial, Box 66-EK, New York, N.Y. 10022



COCA-COLA PLAYING CARDS AND TIN. This display of color features a nostalgic advertisement for America's favorite soft drink. "Coke Lady" adorns tin box containing two decks—one in red and one in green, and the cards match the design on the hinged tin box. 5"x3 1/2"x1 1/4". Great gift for card sharks, coke collectors, nostalgic buffs. \$3.97 + 85¢ shpg. Holst, Inc., Dept. EK-83, 1118 West Lake, Box 370, Tawas City, MI 48763

BE A SWINGER



Self Supporting
Easy Assembly

\$159⁹⁵

(includes shipping)
CA res. add 6% sales tax.

**SATISFACTION
GUARANTEED**

To order call or write:
Manufactured & Distributed by:

JENKINS MUFFLER (619) 724-3300
146 W. VISTA WAY, VISTA, CA 92083
ALLOW 3 TO 4 WEEKS FOR DELIVERY

Amazing NEW guaranteed* Transonic II BANISHES BUGS, CHASES PESTS -EVEN OUTDOORS!



Goodbye bugs! So long pests!

How can we be so positive? Because Transonic II is a revolutionary breakthrough in high technology electronics. Tests prove it. (See accompanying laboratory photo-analysis), Yes, Transonic II is different from other pest devices.

What's so different?—Transonic II radiates ultra-high frequency sound waves, shifting rapid-fire between *different frequencies* to confound pests. *Does not kill!* But the *sound waves* from Transonic II are so painful and upsetting to pests that they drive the pests away. Yet pests are the only ones affected by these penetrating sound waves—pets and people aren't even aware of them. Best of all, Transonic II can cover up to 2,000 square feet on the high frequency and up to 10,000 square feet on the low frequency.

AN INDOOR MARVEL, TOO

Not only is it outstanding outdoors, but it's superior indoors for repelling rats and mice, bats, roaches, waterbugs, carpenter ants, mosquitoes, as well as most other flying or crawling pests. Far easier and frequently better than poison, traps, powders and sprays. Completely harmless to people, dogs,

birds, fish and plants.

ONE-TWO POWER PUNCH

But that's not all. Transonic II has *two* vital range settings. Just flip the switch to "low" pitch and your pest repeller will help you rid your attic or eaves of unwanted birds. (Note: This lower sound range is audible, so best used where it won't bother people.)

ORDER NOW, TODAY

Now at last you can enjoy greater freedom from pests than you've ever known before. With absolute assurance. Just order your Transonic II today. And listen to this offer. *We guarantee* that if it does not perform to your entire satisfaction when used as directed, return it within 45 days for a complete refund of your purchase price. No questions asked.

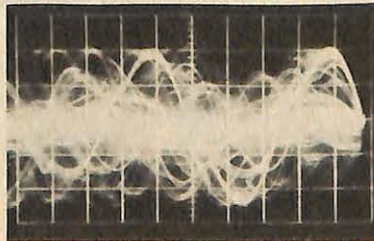
So mail in the coupon with a check or money order for \$69.95 plus \$3.00 handling and mailing. Or use your Visa or Master Card for ease and convenience. Florida residents please add 5% for state tax. But don't delay, order today. 12 volt adapter for Vans, RVs, Auto, Boats or remote areas without power... \$3.00 (specify cigarette lighter adapter or alligator clips).

SCIENTIFIC TESTS PROVE TRANSONIC II MOST EFFECTIVE

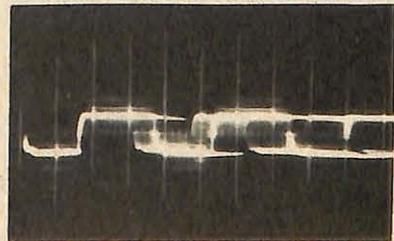
Transonic II has more frequencies, plus AM. Compare.

These oscilloscope pictures prove Transonic II's amazing superiority.

TRANSONIC II QUALITY DESIGN PRODUCES THIS



OTHER CHEAPER DESIGNS PRODUCES THIS



**CREDIT CARD
TOLL FREE CALL**

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Extension 857

In North Carolina
1-800-672-0101 Ext. 857.

Use Visa or Master
Card to rush your order

R.E. MYERS, INC., Dept. E63, 4940-73rd Avenue N.,
Pinellas Park, Florida 33565 Phone No. 1-813-544-1548

YES, I want to get rid of bugs and pests. Send me a Transonic II.*We guarantee that if you are not completely satisfied, you may return it within 45 days for a full refund.

Enclosed is \$ _____ . Or charge my Visa Master Card

12 volt adapter—\$3.00—Style _____

Card No. _____ Exp. Date _____

Signature _____

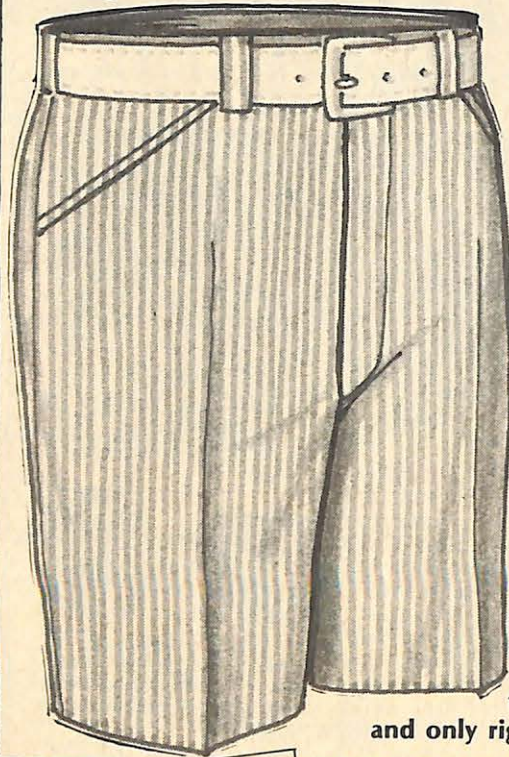
Name _____

Address _____

City _____ State _____ Zip _____

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Before it Gets ANY HOTTER! SEERSUCKER SHORTS



Vacation Travellers, HURRY!
Wear 'em, Pack 'em. They never
wrinkle! These crisp refreshing
seersucker shorts are easy care
100% polyester doubleknit.
Cooool, immaculate, and the
handsomest thing going,
wherever you are going!

And look! ALL SIZES 30 to
54! All fuller cut and slightly
longer for true comfort. 100%
Wash and Wear, 2 front pockets,
2 back pockets, Talon® zipper,
even the famous Ban-Rol® No-Roll
Waistband. Four nice colors to
choose: Light Blue, Black & White,
Forest Green and Camel!

And a price you don't even have
to think about! Only from Haband
and only right now! Use this order form 2

Read our famous
Guarantee:
I understand that if
upon receipt I do not
choose to wear the
Shorts, I may return
them within 30 days
for a full refund of
every penny I paid you
Duke Habermann
Pres.

2 pairs
Seersucker
Shorts **21⁹⁵**
3 for
32.50

HABAND 265 N. 9th St., Paterson, NJ 07530

Yes! Send me
pairs for which I enclose
\$..... plus \$1.50
towards postage and
handling.

ALL THESE SIZES: 30-32-
34-36-38-40-42-44-
46*-48*-50*-52*-54*

*Please add \$1.50 per pair.

Or Charge VISA
 Master Charge

COLOR	OSN	Qty.	Size
Lt. Blue	B		
Green	C		
Camel	D		
Black & White	E		

Acct. # _____

Exp. date ____/____/____

72C-OSN

Ship to _____

Street _____

Apt. # _____

City/State _____

Zip _____



HABAND
265 N. 9th Street
Paterson, N.J. 07530
Established 1925

Elks Family Shopper consumer/news

Consumers are learning how to
save energy. Recent statistics show
that the use of home heating fuel has
dropped substantially in the past few
years. But there may be some other
things you can do to economize even
more. One simple way to save is to
lower the temperature on your water
heater from 140°, the temperature at
which most water heaters are set, to
120° F.

To give you other energy-saving
ideas, the U.S. Office of Consumer Af-
fairs has published a new booklet, in
cooperation with the U.S. Department
of Energy and the Consumer Informa-
tion Center of the General Services
Administration. It includes tips on sav-
ing energy, how to avoid being taken
on supposed energy-saving devices,
setting up an energy budget for your
home, conducting an energy audit,
and preventing energy-related health
hazards. It also tells you where to go
in the government and private sector to
file an energy-related complaint or to
get more information for yourself and
your community. For your free copy of
the *Energy Consumer Guide*, send
your name and address to the Con-
sumer Information Center, Dept. 592L,
Pueblo, CO 81009.

If you think your water heater is still
using too much energy even after you
change the temperature setting, feel
the outside of it. If it is warm, it is losing
heat. Buy some of the special insula-
(Continued on page 44)

LoadHandler

The Perfectly Balanced Garden Cart



LoadHandler makes your garden work easier.
Carries up to 10 times more than a regular wheel-
barrow. No strain. No struggle. Perfectly balanced
on balloon-type, heavy-duty wheels. Won't tip.
Sturdy steel frame, high grade, stained plywood
panels. Two models: PLANTATION model has 26"
wheels, 400 lb. capacity, \$149.95, plus freight.
HOMEOWNER model has 20" wheels, 250 lb.
capacity, \$124.95, plus freight.

Freight costs. Check your zip code below and add to
cost for each cart.

Zip Code	Plantation	Homeowner
01000 to 24999	\$30	\$13
25000 to 74999	\$40	\$20
75000 to 99999	\$47	\$32

One year guarantee — You *must* be satisfied or
return for full refund.

Write for brochure or send check, money order or
VISA/Master Charge number to:

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Rt. 122 Lyndonville, Vermont 05851
Telephone 802 626-9311
DEALER INQUIRIES INVITED

The Medicare Approved

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Cushion
Lifting
Chair

Makes every day your
Independence Day



Experience the joy ... the dignity ... of regaining
your ability to stand up and sit down *without* needing
anyone else's help!

The incomparable cushion-lifting EASY-LIFT chair
offers you ...

- A beautiful, yet reliable lift-aid chair
- SpaceSaver™ recliner or traditional models
- A variety of upholstery choices
- Operates on standard household current
- One-year warranty

FOR MORE INFORMATION, CALL US TOLL-FREE:

1-800-821-2041

AMERICAN STAIR-GLIDE CORPORATION
Dept. EE-0683, P.O. Box B, 4001 E. 138th Street, Grandview, MO 64030

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STOP AUTO THEFT! WITH GARD-A-CAR



Automatically Stalls Your Car Seconds After It Starts! Thieves Panic & Run.

Actual Size 2"



**Hides Anywhere
Installs In Minutes**
(No holes to drill, Only 2 wires to connect)

This is the same GARD-A-CAR that sold nationally for as much as \$39.95...

NOW ONLY \$19.95 Special Discount through July 15, 1983

The GARD-A-CAR will not be sold at this price through any other outlet. Orders after July 15 — \$39.95.

Gard-A-Car...Low Cost Auto Theft Protection that STOPS THIEVES DEAD!

If a car thief breaks into your car and gets it started, GARD-A-CAR will stall the engine "dead" in less than 8 seconds. When the unit is turned "on", a timed circuit breaker cuts off the electric current flowing to the distributor. The thief cannot restart the engine.

It can be easily hidden anywhere in your car. The control box is operated by flipping the switch "on" when leaving the car and "off" when returning. If a theft attempt is made, the element is reset by pressing the red button and you can once again start your car.

GARD-A-CAR installs in just a few minutes. There are no holes to drill, just 2 wires to connect. The unit is designed for any ignition system, conventional or electronic, and it doesn't interfere with normal car operation. The GARD-A-CAR auto immobilizer comes complete with connectors and easy instructions. Satisfaction guaranteed or your money refunded.

GARD-A-CAR has a Full 1-Year Warranty

© 1983

The fantastic GARD-A-CAR was featured in many other leading national publications like Good Housekeeping, U.S. News & World Report, Money, Auto Week and Hot Rodding Magazine.

MAIL TODAY!

Yes! Please send me _____ GARD-A-CAR Control Boxes @ \$19.95 ea. (Thru 7-15-83) After @ \$39.95 ea. Add \$2.00 ea. for postage & handling Allow 3-5 weeks for delivery

Print Name _____

Address _____

City/State/Zip _____

CAMBRIAN HOUSE, INC.
3360 S. 65th St. • Milwaukee, WI 53219 • Dept. EM-1

SATISFACTION GUARANTEED OR YOUR MONEY REFUNDED



NEW

SEE IT CLEARLY DAY OR NIGHT Magnifier Light

Great for Reading Fine Print or Identification of Small Objects

ONLY \$8.95

Overall Length 9"
Cup Size 4 1/2" Diameter
Uses 2-C Batteries
(Batteries Not Included)



Reading Maps or Boating Charts



Great for Stamp & Coin Buffs



Ideal for the Elderly



Perfect for the Motorist

Just about everyone can use the Magnifier Light!

The Magnifier Light combines the features of a magnifying glass and a flashlight into one unique and very versatile reading aid. It makes normally hard-to-see print and objects clear, sharp and easily readable. It emits a brilliant light powered by 2-C batteries so reading in poor lighting or even the dark of night is now possible.

Made entirely of high strength metal and durable plastic, the Magnifier will give years of reliable service with only a change of batteries required when necessary.

The Magnifier Light is not available through discount or department stores nor through any other outlet. Order yours today, better yet get two, for at home and in your car.

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MAIL TODAY!

- MAGNIFIER LIGHT ONLY \$8.95
Add \$1.50 for shipping & handling
- 2 MAGNIFIER LIGHTS ONLY \$17.95 (POSTAGE PAID)
Allow 3-5 weeks for delivery

Print Name _____

Address _____

City/State/Zip _____

CAMBRIAN HOUSE, INC.
3360 S. 65th St. • Milwaukee, WI 53219 • Dept. EM-2
SATISFACTION GUARANTEED OR YOUR MONEY REFUNDED

Attention: Exalted Rulers Will yours be the "All-American Lodge"?

Elks Family Shopper consumer/news

tion that is made for water heaters and cover it up. But be sure to use the recommended type of insulation and install it as instructed to prevent a fire.

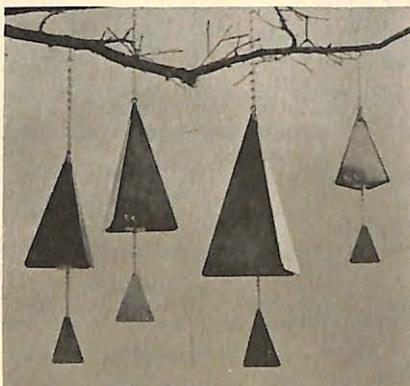
Another good way to save is to turn down your heat at night or when you are going to be out of the house for long periods of time. You can do this simply by turning down your existing thermostat. However, if you don't like to get up in the morning to a cold house, you might want to invest in one of the automatic setback devices available on the market. Some of these include a clock so that the heat is turned down at a set time and back up at another time. Others work like kitchen timers that you have to set every time you want the heat turned down.

The *Energy Consumer Guide* lists many sources of information on how you can make your house more energy efficient or use new technology to keep warm. For instance, if you are trying to find out about conservation or alternative sources of energy, the Conservation and Renewable Energy Inquiry and Referral Service may be able to help. They have specialists who will

(Continued on page 46)

A UNIQUE WIND CHIME FOR ALL SEASONS

Our Chimes are hand made in 4 sizes — 8" — 11" — 14" — 18" — and are quite unique. The smaller size the chime, the higher the tone melody. The larger the chime the lower the tone. The chimes are made of a special tempered steel which gives them the soft quality sound when chiming. Each chime has 3 sides. Each side has a different and unique tone. Together the sides produce a beautiful harmony when striking. "Christian Chimes are for a Lifetime." These chimes are made of heavy chains and special treated metals. There are no strings, ropes or thin wires which corrode and break. These chimes are designed specifically for all weather. The chimes age in the weather producing a better and better sound quality. So let them "age" for carefree listening.



Christian Chimes come completely assembled ready for hanging. Try to hang them high to catch all the winds and breezes. You'll love the unique sounds coming from the chimes which will add something different to your outside enjoyment.

See Advertisement Outside Back Cover

COOL MESH SHOES 3 Pairs for **21⁹⁵**

HABAND

265 N. 9th St.
Paterson, NJ 07530

Hurry! Send me pairs of Mesh Shoes for which I enclose my full remittance of \$ plus \$1.75 towards postage and handling. OR, TO CHARGE IT:

VISA
 MASTERCARD

Acct # _____

Exp. date: _____

SIZES AVAILABLE

Medium Width: 6 1/2-7 1/2-8-8 1/2-9-9 1/2-10-10 1/2-11-12-13
Wide Width: 7-8-9-10-11-12-13
*Please add \$1 per pair for wide width

COLOR	485	Qty	Size	Width
LT BLUE LOAFER	K			
TAN OXFORD	H			
NAVY LOAFER	J			
BONE LOAFER	F			
BROWN LOAFER	G			

4 pairs 28.95 All 5 for 35.75

Guarantee: I understand that if upon receipt I do not choose to wear the shoes, I may return them within 30 days for a full refund of every penny I paid you. 72B-41C

Name _____
Street _____ Apt# _____
City _____
State _____ Zip _____

DIRECT FACTORY ORDER FORM

SIZE	PRICE EACH	HOW MANY	SHIPPING HANDLING	\$ TOTAL
8" CHIMES	29.50		1.75	
11" CHIMES	39.50		2.00	
14" CHIMES	49.50		3.00	
18" CHIMES	59.50		4.50	
ALL 4 CHIMES	168.00		7.75	

Sub Total

For Pa. Residents Please add 6% Sales Tax

TOTAL

PLEASE INCLUDE CHECK OR MONEY ORDER

Christian Chimes, Inc.

P.O. Box 479, Hanover, Pa. 17331 + Phone (717) 632-7777

Ship To: _____

Street _____

City _____

State _____

Zip _____



Enjoy your bath again...

...with **TUBMATE™**
Bath Lift



Tubmate is the portable, water-powered bath lift that lets you enjoy your bath again without assistance. Its smooth lifting and lowering action gently assists you in getting in and out of your tub.

Write for a free brochure today and start enjoying your bath again soon!

AMERICAN STAIR-GLIDE CORPORATION
Department EQ-0683, 4001 E. 138th St., P.O. Box B
Grandview, MO 64030

Celebrate July 4th & ALL Special Events CARBIDE CANNONS



Mammoth cannons shoot with terrific boom! Celebrate July 4th & all special events. The larger the cannon the louder the bang! Rugged cast iron. Lasts a lifetime. Authentic design. Handsome decor when not in use. Uses carbide. Hundreds of shots for few cents. Machined brass mechanism for easy loading & firing. Modern cannons have heavy-duty rubber tractor wheels. World War I cannons have large cast iron wheels. Not sold in Mich. Send check or money order or phone your order. Master Charge or Visa accepted by mail or phone (313) 791-2800. Give card no. & expiration. Money back guarantee.

Modern 60mm Cannon. 9" Long. 2 Tractor Wheels . . . \$15.95
Modern 155mm Cannon. 25" Long. 8 Tractor Wheels . . . \$33.95
17" World War I Cannon (shown) 2 cast iron wheels . . . \$24.95
25" World War I Cannon. 2 cast iron wheels . . . \$33.95
Carbide Ammo. about 300 shots. . . \$1.50. 3 packs for \$3.95
ADD \$3.95 SHIPPING & HANDLING EACH CANNON
Johnson Smith Co., 35075 Automation Dr.
DEPT. 7306, Mt. Clemons, Mich. 48043

SAVE HUNDREDS OF DOLLARS

MEDICARE APPROVED



WITH BURKE SEAT-LIFT CHAIRS

FREE HOME TRIAL

LONGEST SEAT-LIFT WARRANTY

Save now on a comfortable power Recliner or Swivel Rocker. Burke seat-lift chairs let you stand and sit when you want, with no strain. Reclines to any position, automatically elevating your feet and legs. Write or call TOLL-FREE for information and compare.

BURKE P.O. 1064 Dept. E-683
C. Mission, Kansas 66202
or call TOLL FREE 1-800-255-4147

Cheney. Because Laura loves this house.



Laura and her husband worked hard restoring this old house. But then an illness made it impossible for Laura to climb stairs. They could have moved to a one-story house, but Laura loves this house. A Cheney Weclator™ was Laura's solution. It lets her ride from floor to floor quickly and comfortably. It's UL approved, virtually maintenance-free, and can be installed on almost any stairway; straight, curved or even spirals.

For a colorful brochure on Cheney Weclators or Wheelchair Lifts™, the indoor/outdoor Handi Lift™, and other quality Cheney products, contact your local Cheney Representative or write: The Cheney Company, Dept. EM, 3015 S. 163rd Street, New Berlin, WI 53151. (414) 782-1100.

Helping people help themselves
The CHENEY Company

Now drive in cool comfort!



RIDE UP TO 15° COOLER WITH AUTO SUN SHADES. What a relief...custom made, durable aluminum auto shades block out the sun's rays without obstructing vision. Easily installed & instantly removeable. Increase air conditioner efficiency. Save passengers, pets and contents from the ravages of a blazing sun. For free info, send make of car, year, series, model (sedan, station wagon, coupe, etc.) and style (2 or 4 door), your name and address to: SIDLES MFG. CO., INC., Box 3537(EM), Temple, TX 76501. For questions or same day shipment on VISA/MC/UPS COD, call TOLL FREE 1-800-433-3101. (In Texas, 1-800-792-3030, ext. 3814.)

When your knees go bad...you're in trouble!

Now thanks to Coach "Cotton" Barlow, there's an answer!

Custom form fitting pad design prevents slipping and affords maximum mobility and comfort.

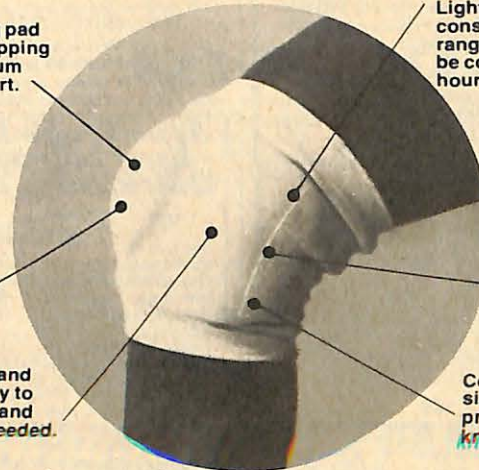
Lightweight non-metal construction allows full range of motion and can be comfortably worn for hours.

Absorbs shock that is continually applied to the front, sides and back of the joint.

Significantly reduces impact from a blow to the side of the knee.

Adds strength and stability directly to where support and protection is needed.

Comes in 5 different sizes to ensure proper fit for either knee.



Nobody knows more about crippling knee pain, stiffness and strain than "Cotton" Barlow.

The veteran football coach has seen plenty of it in his years on and off the field.

He's also discovered that ordinary knee supports and elastic bandages just can't do the job. So he finally set to work to find a way to add strength and stability directly to the joint where support and protection are needed most.

FOR PEOPLE OF ALL AGES

Today, thanks to his unique invention, thousands of men, women and children of all ages lead active, pain-free lives despite serious knee problems.

Coach Barlow's fantastic inven-

tion uses no metal yet it provides maximum lateral and cap support. This incredibly lightweight support absorbs shocks and prevents twisting. And the Barlow Knee Support provides soothing warmth to injured or arthritic joints.

So comfortable you can wear it for hours and non-allergenic too. Choose from five sizes for your perfect fit.

NO RISK OFFER

We urge you to try Coach Barlow's remarkable knee supports for 30 days. If it doesn't bring you pain-free relief, we'll refund your money without questions.

Don't let the pain and anxiety of "bad" knees get you down. Order today. Specify size in coupon below.

BARLOW KNEE SUPPORT, INC., Dept. E063
Box 1514, Sandpoint, Idaho 83864

Enclosed please find \$_____ for _____ Barlow Knee Supports.

- One Barlow Knee Support \$14.95 plus \$1.00 Shpg & Hdlg.
- Two Barlow Knee Supports \$29.90 plus \$2.00 Shpg & Hdlg.

Enclosed is my Check Money Order or Charge my Visa Mastercard. Credit Card Customers call 1-208-263-0023 for immediate attention.

Card No. _____ Exp. Date _____

FOR CORRECT SIZE

Measure around the knee, one inch above the knee cap.

CIRCLE ONE

SM (under 15")—MED (15" to under 17")—LG (17" to under 19")—XL (19" to under 21")—XXL (21" and over). If in doubt, send exact measurement _____.

PRINT NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

**Now Save 20%
on a famous
TROY-BILT®
Tiller!**



**Just
ONE HAND!**

"Off-Season" Savings now in effect!
Right now is the best time ever to learn about the amazing TROY-BILT Roto Tiller-Power Composter...the "break-through" machine that's allowing anyone — of any age — with any soil — to easily have a fabulously fertile, productive garden! For free complete details, prices, write today to:

TROY-BILT 102nd St. & 9th Ave., Troy, NY 12180.
© 1983 Garden Way, Inc.

TROY-BILT® Roto Tiller-Power Composters
Dept. A1802
102nd St. & 9th Ave., Troy, NY 12180

Please send the whole wonderful story of TROY-BILT® Roto Tillers including prices and OFF-SEASON-SAVINGS now in effect for a limited time.

Name _____
Address _____
City _____
State _____ Zip _____

Killer Putter!

Revolutionary New SIGHT-ALIGNMENT PUTTER: Makes Any Putt (Under 9 feet) A One-Putt Cinch! It's 100% guaranteed or your Money Back. Pick up easy bets as you sink Putt after Putt with deadly accuracy.

So Unique It Was Granted A U.S. Government Mechanical Design Patent: Its Special Cross-Hair Sight Alignment was developed in 1976 by former golf professional Brian Shillington. Correct Placement of your hands, head and feet becomes automatic. You read the greens, this exquisitely balanced Killer Putter by Duke with the Tacki-Mac Grip does the rest.



Play with it for 2 weeks and improve your putting considerably. If not satisfied, return it for a full refund of purchase price (less shipping) \$29.95 ea. (plus \$2.00 shipping). Specify Men's (#700) or Ladies (#702) putter. Left handed model available — Men's (#701) or Ladies (#703). 145-81

SHOP FASTER BY PHONE—with your credit card: 1-805-966-7187 or send check or your credit card # (Diner's Club, VISA, MasterCard, American Express). CA res, add 6% sales tax. STARSHINE GROUP, DEPT. KP850, 816 B STATE STREET, SANTA BARBARA, CA 93101

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Reg. U.S. Pat. Office CHARLES L. ADAMS MEDICINE CO.
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Quick, Safe, Easy!**



Now, a pair of scissors tough enough to cut toenails! Ours are surgical-sharp, forged of heavily nickel plated steel, made especially for us in Sheffield, England, long known as the

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\$6.95**
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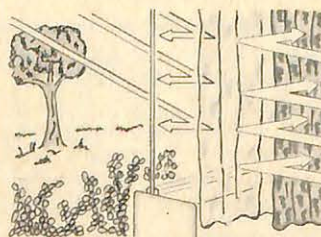
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One pair: \$ 6.95 + \$1.00 p&h. • Two pair: \$12.90 + \$1.50 p&h.
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Elks Family Shopper consumer/news

help you determine your needs, and then they will provide you with technical help. The toll free number is 800/523-2929 (800/462-4983 in Pennsylvania; 800/537-4700 in Alaska and Hawaii).

In the past, individual retirement accounts were only available to those who were not covered by a qualified pension plan. But since the beginning of 1982, they have been available to almost everyone who works for a salary. Ads for different types of IRA's appear all over the place. However, those ads don't necessarily help you figure out where to get the most for your money.

To help consumers learn more about what individual retirement accounts are, what the restrictions on them are, and what to watch out for when you are looking into an IRA, the Senate Special Committee on Aging has published a booklet called *A Guide to Individual Retirement Accounts*. For your copy, send \$2.00 to the Consumer Information Center, Dept. 196L, Pueblo, CO 81009.

See Advertisement Inside Back Cover

SATISFACTION GUARANTEED—MAIL TODAY!

OLD VILLAGE SHOP, Dept. VZ-8371
340 Poplar St., Hanover, PA 17331

Yes—Please rush my *Convection Bake/Frypan(s)* (Z551028) on full money-back guarantee.

One Pan for only \$9.88 plus \$2.35 heavy-weight shipping & handling.
 SAVE MORE! Two for \$18.88 plus \$4.50 heavyweight shipping & handling.

Enclosed is \$_____ (PA res. add sales tax)

CHARGE IT: Diners Club VISA
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Acct. No. _____
Exp. Date _____ (please print:)

NAME _____

ADDRESS _____

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SAVE 70%! Production overrun printed T-shirts from schools, teams, resorts, events, promotions & advertisers nationwide! All brand new, top quality, American-made T-shirts in assorted colors. Package contains 5 different shirts. Start your collection today! 30 day money-back guarantee.

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America's largest selling stairway lift is the ideal solution for people who can't or shouldn't climb stairs.

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Guaranteed to Instantly Kill Mosquitoes Gnats, Flies, Moths, Electronically ...OR YOUR MONEY BACK!

COMPARE!

NAME	PRICE	WATTAGE	NON-SHORTING	QUIET	GRID CLEANING
Flowtron BK2000	\$100.00	15	No	No	Yes
Sears 1402	100.00	20	No	No	Yes
Flintrol XL100	110.00	20	No	No	Yes
Charmglow 6153	90.00	15	No	No	Yes
Hall American 10205	140.00	16	No	No	Yes
MARK VII	14.95	75	Yes	Yes	No

DRAWN INSECTS LIKE A MAGNET & KILLS THEM — ZAP!

ONE FT. TALL x 8" DIA. PATENT PENDING



NOT SOLD IN STORES

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MADE IN U.S.A.

DON'T BE FOOLED BY GRID TYPES

An article on insect lamps in the June 1982 issue of *Consumer Reports* indicates that insects entering grid-type lamps are free to fly right out again unless they are electrocuted by touching 2 grid wires simultaneously! Grids in many lamps are fairly widely spaced and hundreds of the most bothersome gnats and insects are free to buzz about and "bug" you. Grid-type lamps also tend to clog up with insect remnants which must be removed every few days. Clogging also tends to short-circuit grid lamps.

THE SECRET OF THE MARK VII

Its powerful 75 watt Angstrom Black Light, recommended by the U.S. Dep't. of Agriculture as the best light for attracting phototropic insects, has a wide wave length... enough to attract insects from over a full acre. All light sensitive, pesky, flying insects, large and small, are destroyed once they come in contact with the lamp. The Mark VII has UL listed parts made in the U.S.A., is 100% safe for children, pets, birds, and beneficial day-working insects, and is environmentally accepted.

The Mark VII uses the same proven effective principles used at many stadiums, race tracks, restaurants, dairy barns, swimming pools, etc. More than 200,000 have been sold in the U.S.A. and thousands more in insect infested sub-tropical countries in the West Indies, Mexico, Panama, India, Malaysia, etc. Its attractive, non-conducting molded plastic body is impervious to the elements and should give years of trouble-free service. Extra bulbs are available at low cost.

Credit Card Customers
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1-800-327-8666
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PRE-SEASON OFFER ONLY!

NOT \$140.00
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CHECK AND DOUBLE CHECK

- ✓ Kills Large & Small insects on Contact
- ✓ Flexible — Safe Indoors & Outdoors!
- ✓ Black Light Lures, then Kills!
- ✓ Enjoy Outdoor Living... Bug, Buzz & Bite-Free!
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- ✓ Reg. with U.S. Environmental Protection Agency #41681

— 30 DAY MONEY BACK GUARANTEE —

Insect Control Co., Dept 491A
10-10 44th Ave., Long Island City, N.Y. 11101

Yes, I want to rid my home and patio of flying, pesky insects the safe, effective way. Please send One Mark VII Insect Control Lamp at \$12.95 plus \$2 to cover pstg. & hdlg.

SAVE \$4.95. Send 2 Insect Control Lamps for only \$24.00 plus \$3.00 for pstg. & hdlg.

Enclosed is my check or M.O. for \$_____ (N.Y. residents add sales tax) OR, charge to my VISA MASTER CARD

No. _____ Expire Date _____

Name _____

Address _____

City _____ State _____ Zip _____

8PC TUXEDO \$169

GOOD FIT GUARANTEED!

Why pour YOUR hard earned bucks down the drain for tux rentals? No more last minute problems because YOUR own good looking, great fitting tuxedo is in YOUR closet. \$169 buys a brand new After Six tux outfit complete with coat, pants, shirt, cummerbund, tie, suspenders, black formal hose and kerchief. Even a free gift! Latest styles in sizes 34 to 46 regular, short, long and extra long. Larger sizes available. We have YOUR size. Good fit guaranteed or YOUR money back. Headquarters for white dinner jackets and full dress tails. Visa and Master Card welcome. For information and illustrated catalog with samples, send one dollar with name and address to: Chilbert & Company, Dept. E-683, 408 Mill St., Coraopolis, PA 15108, or save the buck and call 412-264-3700 daily 9 to 5 p.m. Eastern; after 5 p.m. and weekends, phone answers automatically 24 hours a day 7 days a week; leave name, address and phone number.



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Protect your loved ones with NO-SLIP! A wet bathtub or shower is the most dangerous place in your home! Do away with slips, falls, and broken bones in the bathtub, shower, pool areas, etc. This fantastic new product makes all porcelain, tile, cement (sand-based surfaces) slip-resistant. NOT a coating like other products but a chemical reaction that changes, BUT DOES NOT DAMAGE, the surface. No roughness, no discoloration; in fact, invisible to the naked eye. Easier cleaning, too! Five year guarantee. Applicator bottle, enough to do 12 sq. ft. ONLY \$9.95 plus \$2.00 P&H. Distributor inquiries welcome. NO-SLIP! P.O. Box A-B, Bellingham, WA 98227. Visa and Mastercharge welcome.

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• RECEIVER** **\$397**

MDS complete receiving system ready for TV hookup, all TV cables included

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P.O. Box 3108, Dept. EL-6 Lantana, FL 33462
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"We have it all!" 100+ Channels • LNA's • Antennas • Receivers • Sources • Photos
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The Elks Magazine postage fees have skyrocketed!

Help us cut costs by reporting any address change to your lodge secretary and The Elks Magazine Circulation Department.

Be sure to include lodge and membership number or an address label from the magazine. **Notice should be sent 6 to 8 weeks before your move.**

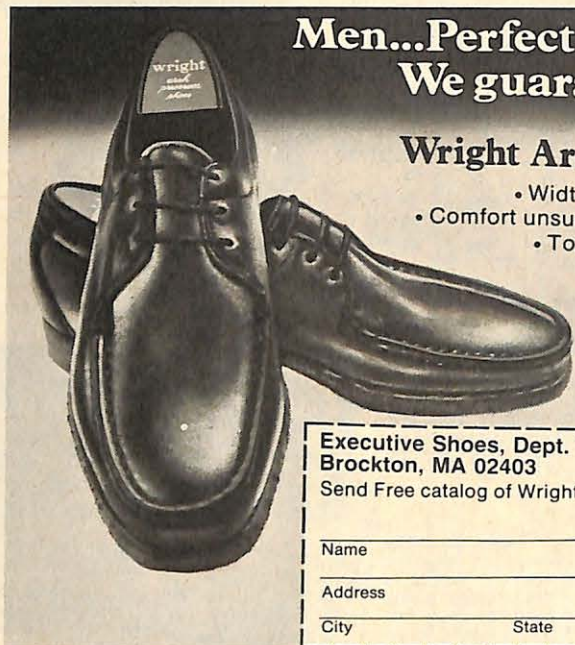
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6-83



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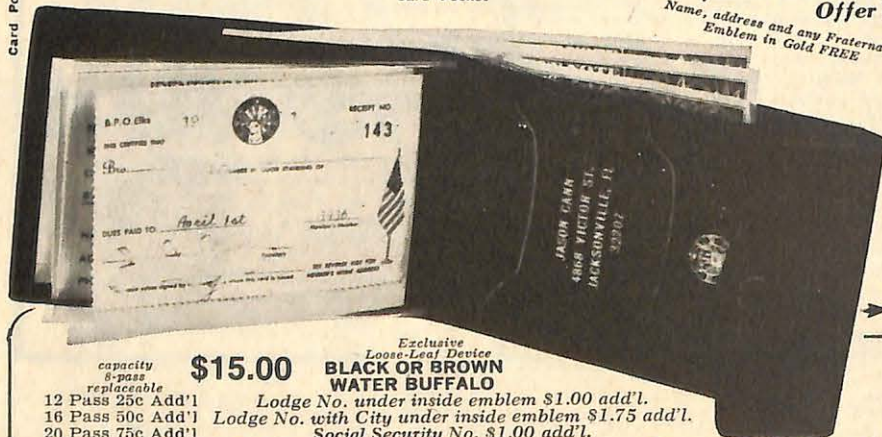
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Loose-leaf Pass Case, Billfold
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Card Pocket



Outside closing Flap means more Security

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\$15.00

Exclusive Loose-leaf Device
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- 12 Pass 25c Add'l Lodge No. under inside emblem \$1.00 add'l.
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Means exactly what it says. No strings. Mail coupon. Halvorfold comes by return mail. Examine it carefully. Slip in passes and cards. See how handy it is. Show it to your friends and note their admiration. Compare it with other cases at more money. We normally ship parcel post. (Postpaid on cash orders) This takes up to 4 weeks for delivery. However if you wish faster delivery please note additional charges below. REMEMBER: Money back if not satisfied.

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 12 Pass 25c Add'l 16 Pass 50c Add'l
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Dept. 149

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Name: _____ Inside Emblem: _____
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See Advertisement Inside Front Cover

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HABAND COMPANY On Money Back Approval
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Waists: 30-32-34-35-36-37-38-39-40-41-42-43-44-46-48-50-52-54*
*Please add \$1.50 per pair for 46 thru 54
Inseams: S(27-28), M(29-30), L(31-32), XL (33-34)

COLORS	05V	Waist	Inseam
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Light Blue	B		
Midnight Blue	A		
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Brown	E		

3 pairs for 29.75
4 pairs for 39.50
ALL FIVE Pairs: 49.00!

O.K. Haband, you may send me _____ pairs of your all season Off Duty Slacks, for which I enclose my remittance in full of \$ _____ plus \$1.95 towards the postage and handling.
OR, TO CHARGE IT:
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Acct. # _____
EXP. DATE: _____
Guarantee: I understand that, if upon receipt I do not choose to wear the slacks, I may return them within 30 days for a full refund of every penny I paid you.
720-05V

Name _____
Street _____ Apt. # _____
City & State _____ Zip _____

Haband is a conscientious family business operating by U.S. Mail since 1925.

FANTASTIC PRICE SLASH! SAVE OVER \$5. NOW ONLY **\$9.88**

Delicious Fried Foods... Without the Calories!



The "NO OIL" CONVECTION FRY PAN **\$9.88**

Similar Fry Pans Sell For As Much As \$25. **only**



HERE'S HOW IT WORKS: Hot Air Convection cooks foods evenly all around—not just from the bottom. Unique design features a heat-distributor column with air vents on top. Foods retain flavor, vitamins—Can't get soggy or greasy.

Convection Cooking . . . The New Gourmet Sensation! If you're watching calories, cutting down cholesterol . . . or if you just want a good, fast, *delicious* way to prepare foods . . . The "No Oil" Frypan just can't be beat! This ingenious cooking method is based on the principle that "hot air rises", and the Frypan has a perforated center "tower" that takes in hot air and distributes it evenly inside the pan.

It's A "Greaseless" Frypan . . . A Stove-top Oven . . . and more! Your convection pan will cook just about anything in 10 to 15 minutes . . . and the results are absolutely delectable. It uses only a few drops of oil . . . Just enough to form an ultra-thin coating on the *non-stick* interior. You'll enjoy chicken fried to crispy perfection . . . High, fluffy cakes without using the oven . . . Pot roasts deliciously basted in their own juices. Your Convection Frypan will also prepare dry-roasted nuts . . . Flavor-rich

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Superb Quality . . . Exceptional Value! Your family will really enjoy foods prepared this fantastic new way. Foods are flavorful, nutritious . . . and you'll also save money with this fuel-saving, fast-cooking Frypan. It's crafted of durable satin-finish aluminum, a generous 10 inches across, 3 inches deep. Easy to use, easy to clean—Has a convenient *non-stick* interior, lid, and koolgrip handles. Pans like this are selling for \$25.00—and more. The "No Oil" Frypan is a steal at \$9.88—a big savings over our already-low price of \$14.99. Order yours today—on full money back guarantee.

FULLY GUARANTEED—

Day Free Trial! Try out the *Convection Frypan* in your own kitchen. If not pleased in every way, simply return in 14 days for *full refund* (except ship. & hdlg.). Our policy is to process all orders promptly. Credit card orders are processed upon credit approval. Delays notified promptly. Shipment guaranteed within 60 days.



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- FRIES light'n crispy . . . with scarcely any oil
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- LOW CHOLESTEROL
- No "heavy" taste!

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OLD VILLAGE SHOP, Dept. VZ-8371
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Yes—Please rush my *Convection Bake/Frypan(s)* (Z551028) on full money-back guarantee.

- One Pan for only \$9.88 plus \$2.35 heavy-weight shipping & handling.
- SAVE MORE! Two for \$18.88 plus \$4.50 heavyweight shipping & handling.

Enclosed is \$_____ (PA res. add sales tax)

CHARGE IT: Diners Club VISA
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Acct. No. _____
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ADDRESS _____
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fresh air

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3 Pairs of Shoes 21⁹⁵

YOU'VE NEVER HAD IT SO **COOL!**

Treat Your Feet to the most exhilarating sensation of the summer! This cool, open weave nylon mesh has thousands of tiny air vents that let fresh air circulate, soothing and refreshing your feet with every step you take!



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Rugged, full support nylon uppers with a bouncy new miracle "Kraton®" sole and soft, absorbent pillow foam innersole for super step-lively comfort. These are the shoes you'll love to wear for traveling, driving, or just plain relaxing!

Haband, the mail order people in Paterson, New Jersey, are famous nationwide for good made-in-U.S.A. quality at fabulous savings. At just \$7.32 per pair, here's a great way to try our very special values. Send your **NO RISK** absolute **ON APPROVAL** order today and join in on the savings and cool summer comfort!



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COOL MESH SHOES

3 Pairs for 21⁹⁵

SIZES AVAILABLE

Medium Width: 6½-7-7½-8-8½-9-9½-10-10½-11-12-13
 Wide Width: 7"-8"-9"-10"-11"-12"-13"
 *Please add \$1 per pair for wide width.

COLOR	41C	Qty.	Size	Width
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TAN OXFORD	H			
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Hurry! Send me _____ pairs of Mesh Shoes for which I enclose my full remittance of \$ _____ plus \$1.75 towards postage and handling.

OR, TO CHARGE IT: VISA MASTERCARD

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4 pairs 28.95 All 5 for 35.75

Guarantee: I understand that if upon receipt I do not choose to wear the shoes, I may return them within 30 days for a full refund of every penny I paid you.

72B-41C

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Apt. # _____

City _____

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Zip _____