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Elks
magazine
July/August 1983

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to child
abuse



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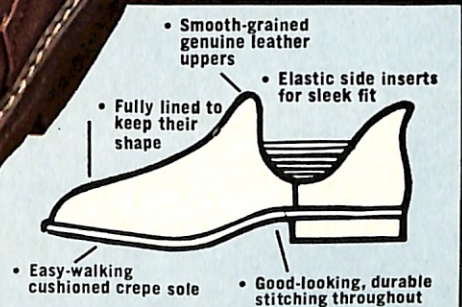
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Roy Rogers

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Thousand Trails
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W

6 T.A.L.K.

Where potential child-abusers can find a way out of their personal hell... by talking out their fears and frustrations.

Sandra Hansen

12 News of the Lodges

Across the nation Elks are working to help others; here's a run-down on the latest happenings in Elkdom.

26 How Long Will It Last?

Do you know when your ballpoint pen will die? Or, when your jogging shoes will trot off to their final reward?

Yvonne Lewis Day

31 Austria

A flurry of Strauss waltzes, oompah bands, tortes, schnitzels and wines mixed liberally with fairytale castles and bustling metropolitan sophistication.

Jerry Hulse

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Art by James Lavengood



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That's how one distinguished international medical journal refers to some of the drugs used to control high blood pressure—and no wonder!

Side effects of such drugs include arthritis, liver disease, diabetes, heart failure, senility, mental depression, disturbed heart rhythms, angina, glaucoma. And a recent U.S. Government report on another drug, used by one million Americans, indicates that the drug has caused cancer in laboratory animals.

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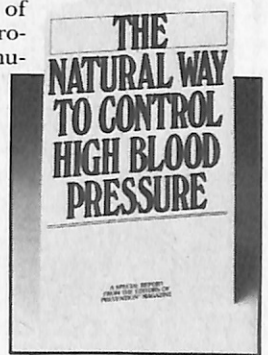
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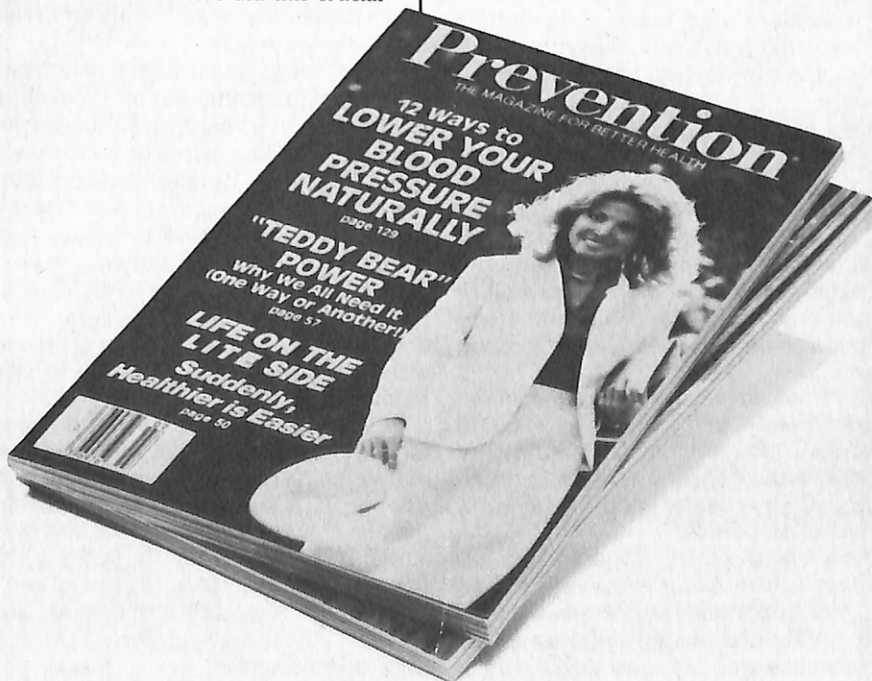


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YOU & RETIREMENT

by Grace W. Weinstein

CRIME AND THE ELDERLY

One of the biggest worries shared by older people is that they might be victims of crime. Actually, the rates of the three most serious crimes—murder, rape, and assault—are very low among the elderly. But crimes that do affect the elderly in large numbers, according to the National Institute on Aging, include confidence games, purse snatching, burglary, theft of checks from the mail, and personal harassment.

These crimes are very real. But sometimes the fear of crime can be as harmful as crime itself. Fear is useful if it encourages appropriate protection. But experiencing needless fear over a long period of time can be harmful to your physical and mental health. Don't give in to fear of crime. Instead, take these sensible precautions:

At home the best crime prevention is to lock doors and windows. Almost half of all home and apartment burglaries occur because someone failed to lock up, or left a key in an obvious hiding place. The best kind of lock is a deadbolt lock with a one-inch throw; don't rely on anything less. If your doors have easily-smashed glass panes, you can install metal grilles or break-resistant plastic panels over the glass at little expense. If your doors are solid, install a wide-angle peep-hole so that you'll always be sure who's on the other side before you open the door.

Many window locks do not provide good security; they can easily be forced or jiggled loose. You can secure traditional double-hung windows by drilling a hole at a slight downward angle through the first sash and into, but not through, the back sash. Then slip a large nail or eyebolt into the hole. You can easily remove the nail when you want to open the window.

Good visibility also discourages crime. Keep doorways and garages well-lit, and shrubbery trimmed back. In apartment houses, public spaces (corridors, stairways, laundry rooms) should be brightly lighted at all times.

Many local police departments will conduct a free security survey of your house or apartment, pointing out vulnerable areas and suggesting remedies. Many police departments also sponsor Operation Identification, under which valuables are engraved with an identify-

ing number and stickers on your windows and doors warn burglars away. Ask your local law enforcement agency, too, if there is a local group of volunteers which will lend a hand in beefing up your household security.

And when you're away from home, for a few hours or a few weeks, be sure your home looks lived-in. Ask a neighbor to collect newspapers and mail, or be sure to stop all deliveries. Use automatic timers to turn lights on and off. Think about doing the same with a radio; an all-talk station, set at a low volume, sounds like conversation. Arrange to have lawns mowed and hedges trimmed, snow shoveled if it's winter-time, so that the house looks occupied.

On the Street prevention means staying alert at all times, even in your own neighborhood. Street criminals, says the U.S. Senate Special Committee on Aging, are opportunists, always looking for an easy way to commit a crime. Pickpockets like crowded, busy locations and careless people. Muggers look for lone victims in out-of-the-way places. And purse snatchers, many of whom are agile youngsters, like to pick on people who can't move as quickly as they can. You can make it harder for all of these opportunists if you stay alert and follow these simple rules:

Never carry your wallet in your back pocket; even an amateur pickpocket can lift it before you realize what happened. Don't dangle your purse at your side, or leave it sitting unattended on store counters or in supermarket baskets. Don't carry a purse at all if you can avoid it; instead tuck money and keys in an inside pocket. Don't carry a lot of cash, and don't flash what you do carry. If you are attacked, hand over your money without an argument; your life is more important.

In your car, the first rule is to keep it locked both when you're in it and when you're not. Keep windows rolled up far enough to keep anyone from reaching inside. If you travel at night, says the American Association of Retired Persons in a leaflet "How to Protect You & Your Car," stay on well-lighted busy streets; don't take shortcuts through dark and unfamiliar areas. Check your daily routes and pick out "safe spots,"

(Continued on page 25)

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Jim C. is a pleasant-looking father of three, who delights in discussing his children, particularly 18-month-old Billy. "He knows what I mean, and understands it when I say 'come here.' If he doesn't come immediately, I go and give him a gentle tug on the ear, to remind him of what he's supposed to.

But when Billy's wails finally motivated Jim to take him to the hospital, the doctors discovered the ear to be lacerated and partially torn away from his head.

Martin Y., a well-dressed advertising executive, readily admits his tendency to "discipline" his five-year-old son Todd. "I have to," he says laughingly. "My wife indulges him too much."

However, the last time he "disciplined" his boy, Todd ended up locked in the basement at the bottom of the stairs with a broken leg.

It used to be called "the best kept secret", a disease that struck in all levels of society, but was too dreadful for most of us to look in the eye.

Due to increased attention by doctors, social workers, and the media, popular awareness of the widespread nature of child abuse has increased tremendously in recent years; what has been revealed is appalling.

Each year, at least 2,000 American children are killed by their parent or parent surrogate. It has been estimated that some 10,000 are severely battered each year, 75,000 sexually abused, 100,000 emotionally neglected, and 100,000 physically, morally and educationally neglected.

To most of us with children of our own, such statistics are incomprehensible. The mental picture they create hits us with a wrenching, emotional force. Who are these people who would sink so low as to vent emotional frustrations on a helpless child? Are they criminals? Psychopaths? Deviants? Sadomasochists?

"Most child abusers," a slight, dark-haired woman named Lynn Werner says, "are people like us."

Werner is one of the directors of San Francisco's T.A.L.K. Line (Telephone Aid in Living with Kids), a

24-hour hot line which offers a radical approach to the treatment and prevention of child abuse. Around the clock, its staff of non-professional volunteers listens, advises, sympathizes with, and lends emotional support to child abusers and potential child abusers.

While T.A.L.K. operators sometimes must interrupt their conversations with these parents to call an ambulance for their children, the volunteers' goal is to prevent such crimes before they happen, by using such simple weapons as the words "I understand."

To those of us who have a hard time conceiving of even spanking our children, the mere thought that the parents who bruise and batter their loved ones should be treated as human beings is almost repellent.

But if the 600 or so calls that the T.A.L.K. line receives each month are any indication, a number of child abusers are in search of help...help that they often don't receive anywhere else.

"Most people don't really want to hurt their children," says Werner emphatically. "Eighty percent of the parents who do hurt them end up tak-

ing them to the hospital. The problem is, not only does society regard them as monsters, *they* believe it, too. And they can't admit to anybody how horrible they are. So it can happen again and again."

The T.A.L.K. belief that most child abusers are "people like us" is supported by the fact that a billboard touting its "441-KIDS" phone number is prominently displayed near the entrance to one of the city's busiest freeways.

T.A.L.K.'s office, located at the headquarters of its sponsor, San Francisco's Family Service Agency, is small and plant-filled, the walls covered with children's crayon drawings. It is so cozy that one tends to forget the bank of ringing telephones. But Werner seems acutely aware of their presence. Every time one rings, she tenses, only relaxing when she's certain that a volunteer has the situation well in hand.

It's a busy morning. Ring. A confused young mother, exasperated that her two-year-old is repeatedly wetting his bed, wonders if the child is "normal."

Ring. A tense-sounding young man is looking for a support group to help

him weather an impending custody battle "without taking it out on my kids."

The atmosphere seems mellow and relaxed, the telephone conversations punctuated by friendly little laughs. But all too frequently, T.A.L.K. volunteers receive calls like this one:

"I'm a medical student and I'm trying to study for a very important exam. The baby won't stop crying. My wife is at work, and I'm about to go crazy."

Instantly, the volunteer is calm, sympathetic, yet totally alert. "I can imagine how you feel. Why don't you take the baby to a sitter, or a neighbor? Do you know somebody who might be available, or would you like a referral? Oh, you do know someone? Good. Why don't you leave your number, so I can call a little later to see how you're doing?"

Eighty percent of the time, the caller does. Happily, in this case, a much calmer voice informed the volunteer that "I'm okay, now."

"No, our callers are hardly abnormal," says Werner, with a wry smile. "Most of them are reacting to pressure or stress that prevents them from coping with their children's normal needs and demands. That emotion cuts across all economic and social lines. What it all boils down to is the same two victims—the parent and the child."

Although, in Werner's words,

"every parent has the potential to become a child abuser", studies have shown that some of us are more prone to the syndrome than others. According to Educators Ray E. Helfer and C. Henry Kempe in their pioneering work *The Battered Child* (The University of Chicago Press, 1974) most abusive parents were victims themselves as children. Moreover, many of them seem to have been subject to some derailment (unmet emotional need) at a young age, a need that neither marriage or parenthood has sufficiently alleviated.

Thus, as psychiatrist Irwin D. Milowe says in David G. Gil's *Violence Against Children* (Cambridge, Harvard Press, 1970): "The parent's childhood loads the gun, present life conflicts cause the parent to raise it, the child's phase-specific needs help pull the trigger..."

Moreover, in a society awash with perfect parental role models from Ozzie and Harriet to the DeBolts, it's often impossible for a stress-filled parent to express any negative feelings about marriage, family, or their frequently demanding children.

"Parenting is a tough job," says Werner, herself a mother. "It's difficult for parents to talk about how inadequate they feel. Particularly in a

society which often doesn't allow us to express our true feelings. The pressures can build up and up...over a very long, very detrimental period."


For thousands of anonymous (and not-so-anonymous) callers, the T.A.L.K. Line is a long-sought outlet for them to discuss their lives and problems without constraint. Or, worse yet, fear of rejection by their confidant.

"Children *are* difficult," says Werner. "They're energetic, messy, loud, impatient. They give parents a lot of reasons to be uncomfortable. Our volunteers accept that. It's an enormous help for parents to know that their feelings are not bizarre."

The T.A.L.K. Line was founded by workers at the San Francisco Child Abuse Council in 1974. Even though child abusers were generally regarded as social deviants at that time, the fledgling support line adopted the revolutionary phrase, "Child abuse can happen to anyone, prevention is the best cure," as its motto.

Psychologist James B. Garrison, co-founder and first director of the line, said: "Most child abusers are socially isolated. They're really lonely people. We can be professional friends to them, get involved with

(Continued on page 9)



TALK ONE IN AN ANSWER TO CHILD ABUSE

by Sandra Hansen

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LETTERS

• Jean Laird's May feature, "Medical Myths That Can Change Your Life" contained one serious error. The article states that sewer gas is merely an unpleasant odor and that it cannot harm you. Unfortunately, sewer gas is not only harmful but is also lethal if inhaled in heavy concentration for long periods of time.

More than one person has died from spending too much time in a sewer manhole or around other areas where concentrations of sewer gas are found. Sewer maintenance workers are aware of this and take adequate precautions including heavy-duty ventilators and gas masks.

I enjoyed the article, but I could not help pointing out this serious misinformation.

Raymond J. Schuster
Cedaredge, CO

• "Medical Myths That Can Change Your Life" in your May issue makes a dangerous statement: that sewer gas is not harmful—how very wrong!

The fact is that sewer gas can be one of the deadliest of gases. It is composed of hydrogen sulfide (the smelly component) and odorless methane. Hydrogen sulfide has exactly the same lethal threshold as hydrogen cyanide; ingest three hundreds parts per million and you are very dead. Methane, in concentrations of 5 to 10 percent, can produce violent explosions.

Paul J. Mayne P.E.
Opelousas, LA

• The March "It's Your Business" column pointed up a trend too prevalent in our society: over-specialization. Well meaning educators design academic programs that narrow-mindedly deal with one specific area to the exclusion and detriment of other important subjects.

The graduates of programs such as these have very limited but very well-honed skills. Unfortunately, they also lack the broad-based experience required to deal with non-textbook situations.

As the author points out, this is a particularly dangerous situation in the small business environment. Small businesses need entrepreneurial leadership, a quality "specialized" out of most small business degree programs. Neither entrepreneurs nor leaders are aided by this kind of "specialist" degree.

Robert J. O'Gara
Pittsburgh, PA

• Your February feature on early American dentistry overlooked an important contribution by the late W. H. Taggart of Freeport, Illinois. Taggart lived from 1855 to 1933 and during his career in dentistry originated the gold casting technique for dental prosthesis.

This technique, still in use, was freely shared by Taggart. He realized very little gain for originating the technique, but he should be given his due recognition for the benefits that his work has given to mankind.

Matthew A. Marvin
Freeport, IL

• Shame on you for printing the misleading and inaccurate article by John C. Behrens ("It's Your Business") in the recent May issue!

Income taxes are paid also on a quarterly basis, not only on April 15th, as the article states. Furthermore, how can I justify withholding a portion of my secretary's meager salary while getting a free ride on my investments?

Withholding on wages is much more complicated than a flat 10 percent on non-exempt interest and dividends. What benefit is there to the recipient of those dividends and interest if he pays his quarterly tax or has it withheld at the source?

Wendell Gronso
Burns, OR

• The Meadowood Committee of the St. Helens Elks Lodge, #1999 would like to thank you for the timely article about our involvement in Meadowood.

We had a parking lot sale planned for May 21st to raise funds for our annual Meadowood project and the article was a great help when I went to the local newspapers and radio station to ask for publicity. They were impressed that we had made the national Elks Magazine and were very willing to give us space in the papers and on the air.

Again, thanks for the article and the help it gave us with our sale. We made over \$1,000.00 on our one day project.

Glennora Congrove
Co-Chairperson
St. Helens, OR

Letters must be signed and may be edited. Address to: Letter Editor, *The Elks Magazine*, 425 West Diversey, Chicago, Illinois 60614

T.A.L.K.

(Continued from page 7)

their family, and be around when we're needed. I think in most cases, people really want that kind of contact."

Ken B. was one of those people. A bearded history professor who doubles as a single parent, he found himself becoming impatient with his son's penchant for throwing tantrums in public. "One day, I hit him so hard it scared me. But there was nobody I could turn to. I certainly didn't want my friends or girlfriend to think I was some kind of child beater.

"Then, I found out about the T.A.L.K. Line. It was an enormous help to me. Particularly the anonymity. It was a lot easier for me to say, 'Help me, I just hit my child', to a person who can't look me in the eye."

William L., a certified public accountant with five children, found himself "losing control" to the point where he began to throw his six-year-old son against the wall when he misbehaved. "I didn't know why I was doing it," said the heavy-set 34-year-old. "I felt remorse and guilt, but I couldn't stop myself. My children were frightened of me. My marriage was falling apart. Then somebody, probably my wife, left a T.A.L.K. brochure in my mailbox.

"After awhile, I called. I found myself telling the guy about my frustration with my job, my feelings that my wife and I were losing touch. He never even told me his name. He just listened. It calmed me down to the point that when he suggested family counseling, I thought, 'What have I got to lose?' I haven't touched my child since."

The T.A.L.K. volunteers, far from being miracle workers, range from students to business people to homemakers, with no special background except a desire to help. "Their main characteristic," Garrison has said, "is that they're effective listeners, people who can refrain from preaching, and not cut in periodically to yell, 'I've got the answer!'"

After a 40-hour training period, with schooling in parental difficulties, cultural differences in child rearing, violence, communication skills and "centering" (a means of coping with anxiety), the volunteers are on their own. For some, life will never be the same again.

(Continued on page 25)

ELKS' CHOICE OF 6 CARIBBEAN CRUISES AT QUEEN-SIZE SAVINGS!

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Nov. 10 from Boston, Nov. 11 from N.Y.: San Juan, St. Thomas, Martinique, St. Maarten, Boston, N.Y.; 10 or 11 days, from \$1,695, less members' discount of 20%!

Dec. 21 from N.Y., Dec. 23 from Florida: Freeport, St. Thomas, Martinique, Barbados, Grenada, Caracas (La Guaira), Curacao, Fla., N.Y.; 10 to 14 days, from \$2,690, less members' discount of 10%!

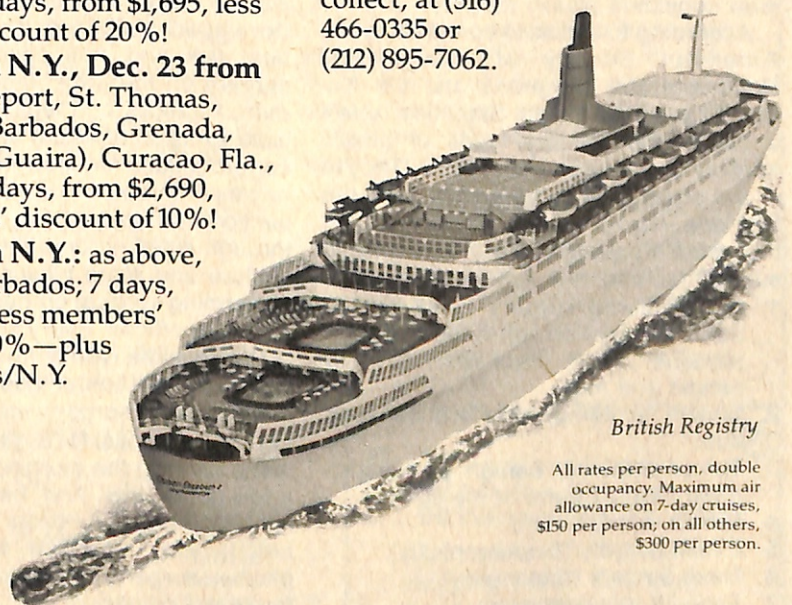
Dec. 21 from N.Y.: as above, ending in Barbados; 7 days, from \$1,665, less members' discount of 10%—plus free Barbados/N.Y. airfare.

Dec. 28 from Barbados: as above, to N.Y.; 7 days, from \$1,665, less members' discount of 10%—plus free N.Y./Barbados airfare.

Jan. 4, 1984, from N.Y.: St. Thomas, St. Kitts, Barbados, Martinique, St. Maarten, San Juan, N.Y.; 11 days, from \$1,810, less members' discount of 10%!

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PLASTIC SURGERY: A PATIENT PRIMER

Mention plastic surgery to just about anyone and the first thing that springs to mind is "cosmetic" surgery—the nose jobs, face-lifts and other techniques that rejuvenate or enhance the face or body. A more vital, if under publicized, aspect of plastic surgery deals with "reconstructive" procedures that give the hope of a normal life for those disfigured by congenital birth defects, cancer, burns and accidents. This column provides an overview of facts you should know in case you, or a member of your family, ever considers plastic surgery.

According to statistics compiled by the American Society of Plastic and Reconstructive Surgeons and the National Center for Health Statistics, here's a list of the primary types of plastic surgery procedures now in use. They're in the order of their frequency, with the first one—hand trauma surgery—being the most frequently performed plastic surgery technique in America today.

1. Hand trauma surgery—This ranges from amputation of fingertips, cut tendons, hand fractures, severed nerves and more.
2. Simple to complex lacerations and cuts.
3. Tumor removal, benign and malignant, from all parts of the body.
4. Breast enlargements.
5. Eyelid surgery (blepharoplasty).
6. Nose surgery (rhinoplasty).
7. Face-lift (phytidoplasty).
8. Breast reductions.
9. Post-mastectomy reconstruction.

Sometimes the line separating reconstructive and cosmetic surgery is almost non-existent. The techniques polished through cosmetic surgery are often the finishing touches to the handiwork of reconstructive surgeons. Correcting a disfigurement can be a great beginning, with the eye-appeal of cosmetic surgery procedures providing a truly happy ending to a tragic incident.

Some of the recent advances in reconstructive and cosmetic surgery include: 1. Recreating an upper eyelid cleft by reshaping muscle and skin. 2. Collagen injections for scars and

aging lines. 3. The use of lasers for the removal of tattoos and to reduce any pigment changes. 4. Neck Muscle Resection, or platysma surgery, reshapes the "aging" neck, which sometimes is found in patients only in their early 20s. 5. Natural contour nasal surgery, instead of the common one-nose-fits-every-face approach employed so often in the past. 6. Modernizations in chemical exfoliation which allow removal of lines around the eyes with more lasting results. 7. Suction lipectomy, or lipolysis, for body sculpting is a technique developed in France that reduces patient risk and cuts operating time for surgery on the arms, face, neck, abdomen, buttocks and legs. Instead of the wide excision of tissue and major surgical procedure required in the past, this advance utilizes a machine that actually suctions off excess fat under the skin through small nicks in the skin layer.

More and more plastic surgeons are performing surgical procedures in clinics and their offices. Every major city in the U.S. has some type of free-standing ambulatory care center designed for outpatient plastic surgery. Instead of checking into a hospital for days, you can walk into a clinic in the morning and walk out a few hours later. And, because there is no hospitalization, costs are cut. But, before you undertake any outpatient plastic surgery, be aware of these important points:

a) Most outpatient clinics perform only those operations done with local anesthetic: eyelid surgery, nose reshaping, ear flattening, breast lifts and enlargements.

b) Make sure your doctor is affiliated with a local hospital. Should there be any complications, you want no problems gaining admittance to a hospital.

c) Make sure the office or clinic has emergency equipment and a recovery room for resting afterward, if needed.

d) If you have questions or concerns about a specific clinic, contact the American Association for Accreditation of Ambulatory Plastic Surgery Facilities, 29 E. Madison St., Chicago, IL 60602.

Even though procedures performed in outpatient clinics do reduce cost, more extensive techniques require hospitalization. To prevent a plastic surgery patient from possibly vying with critically ill patients for in-hospital care, Dr. James E. Lipton is launching the country's first full-fledge hospital devoted exclusively to reconstructive and cosmetic plastic surgery, and the corresponding research. "I want to fulfill a dream to provide patients with such a specialized facility," states Dr. Lipton. "Patients would benefit greatly from the hospital's concentrated research efforts. Plus, the staff would be trained specifically in the needs of reconstructive and cosmetic surgery patients, providing better care than in the generalized atmosphere of a standard hospital."

The young Los Angeles plastic surgeon is confident the unique 200-bed facility will attract the best surgeons from around the world to its staff, accelerating advances in the art of reconstructive surgery. "This is now an art, a very skillful art, where top surgeons develop their own specialized techniques. My expertise focuses on the nose and around the yes." He says his cases are evenly divided between reconstructive and cosmetic patients.

Detailed cost estimates and site reviews for Dr. Lipton's hospital are currently in progress. "It would cost about \$20 million today to put it in operation," explains Dr. Lipton. The acclaimed surgeon has set a goal—the fall of 1985—for opening the hospital.

There are more board-certified plastic surgeons now than ever. The number in the U.S. has mushroomed from 900 to more than 2,500 in the past decade. So, how do you choose the surgeon whose scalpel will reconstructively and/or cosmetically reshape a physical feature and, very possibly, your outlook on life?

Next Issue, Part II: How To Select A Plastic Surgeon, including: a list of key questions to ask a prospective doctor; what it takes to be a good plastic surgery candidate; places to write or call for additional information. ■

Attention

Exalted Rulers:

Will yours be the

“All-American Lodge”?

Prescription Drugs' Side Effects Revealed

(Peachtree City, GA)—

FC&A, a Peachtree City, GA, book publisher, announced today the release of a new book for the general public, *Prescription Drugs Effects and Side Effects*. It reveals the little-known side effects of over 200 of the most often prescribed drugs — side effects which are known to few people besides doctors.

The Good Effects of Drugs

You take drugs prescribed by your doctor for their good effects like relieving pain, fighting infection, birth control, aiding sleep, calming down, fighting coughs, colds or allergies, or lowering heartbeat and blood pressure.

Do You Have Any Of These Dangerous Side Effects?

Prescription drugs can cause diarrhea, dizziness, dry mouth, sleepiness, depression, headache, insomnia, upset stomach, blurred vision, cramps, rashes, constipation, fever, stuffy nose, short breath, high blood pressure, fear, ringing sounds. Also, poor appetite, balance, sex or heart function.

Do You Know The Answers To These Questions About Prescription Drugs?

When your busy doctor gives you a prescription, what do you, or even your doctor, know about it? What's it for? Will you be allergic to it? What are its side effects and dangers? Will it affect other medicine you're taking?

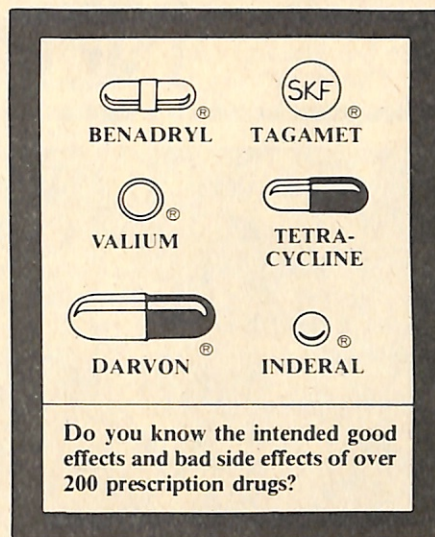
It's up to YOU to keep yourself informed by reading this book. For example, on page 30 you'll learn that a drug you take for upset stomach can cause nausea — the very thing it's supposed to prevent — plus convulsions or heart attack!

Latest Facts On Each Drug

Two outstanding pharmacists have helped add newly discovered side effects to the 1983 edition. The book describes more than 200 of the most-often-used drugs. Facts are given in easy-to-understand words instead of hard-to-understand medical terms.

Easy To Read

Drugs are listed in alphabetical order for quick, dictionary-style



finding. The book lists brand names, money-saving generic names, good effects, side effects, warnings and interactions with other drugs.

It tells how to save money by using generic drugs instead of expensive brand names. It also explains drug categories. (For example: a drug may be called an "analgesic" — analgesic means "pain reliever.")

How To Help Your Doctor

Tell your doctor if you have any possible side effects given in this book. If he thinks best, he may lower your dose, stop your medicine or switch to a different drug not having such side effects.

A Remarkable Guarantee

Order this 30,000-word, easy-to-understand book, edited by two pharmacists. Simply cut out and mail the coupon today. There's a no-time-limit guarantee of full satisfaction or your money back.

Partial List of Drugs In Book

Are any drugs you're now taking on this list?

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Actifed®	Combid®	Erythromycin	Librium®	Parafon Forte®	Sorbitrate®
Actifed-C	Compazine®	Esidrix®	Lidex®	Pavabid®	Stelazine®
Expectorant®	Cortisporin®	Fiorinal®	Lomotil®	Penicillin®	Sumycin®
Aldactazide®	Coumadin®	Fiorinal/Codeine®	Lo Ovral®	Pen-Vee-K®	Synalgos-DC®
Aldactone®	Dalmane®	Flagyl®	Macrochantin®	Percodan®	Synthroid®
Aldomet®	Darvocet®	Gantrisin®	Medrol®	Periacin®	Tagamet®
Aldoril®	Darvon®	Haldol®	Mellaril®	Persantine®	Talwin®
Amoxicillin	Demulen®	Hydergine®	Meprobamate	Phenaphen/Codeine®	Tenuate®
Amoxil®	Diabinese®	Hydrochloro-thiazide®	Minocin®	Phenergan	Tetracycline
Ampicillin	Digoxin	HydroDiuril®	Monistat-7®	Codeine®	Thorazine®
Antivert®	Dilantin®	Hydropres®	Motrin®	Phenobarbital	Thyroid
Apresoline®	Dimetane®	Hygroton®	Mycolog®	Poly-Vi-Flor®	Tigan®
Atarax®	Dimetapp®	Illosone®	Naldecon®	Prednisone	Tofranil®
Ativan®	Diuril®	Inderal®	Naprosyn®	Premarin®	Tolinase
Atomid-S®	Donnatal®	Indocin®	Neosporin®	Provera®	Tranxene®
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NEWS OF THE LODGES



Danville, IL



DANVILLE, IL. Kristopher Bell received an Easter treat from Elk "bunnies" Margie Pierce and Frank Roose. Members of Danville, IL, Lodge donned costumes for their fifth annual visit to area hospitals and nursing homes. Carnations were given to adults and chocolate candy to children.

HUNTSVILLE, AL. Lodge started the "Flag Waver" program in 1981-82. It is now being carried out by several other lodges in Alabama, and its organizers are hopeful that it will receive national interest.

The first step in the program is for Americanism Committee members to ride through their community on patriotic holidays (such as Memorial Day or July 4th) and write down the addresses (not names) of homes flying the American flag. The committee and the exalted ruler then write to the "occupant," thanking him for being a "flag waver" and patriot, and explaining the lodge's feelings about patriotism.

The image of the Elks is thereby enhanced, members take a renewed interest in patriotism, and the program

can, indirectly, draw new members into the lodge.

SARASOTA, FL. Lodge for the first time sponsored a Boy Scout Olympiad. Participants in this three-day, two-night weekend were four local Boy Scout troops.

The emphasis of this event is twofold: to continue building community interest in Scout activities, and to create another way in which Scouts can compete and communicate. The few physically handicapped Scouts who participated created a true feeling of Scout Spirit due to their determination in competition.

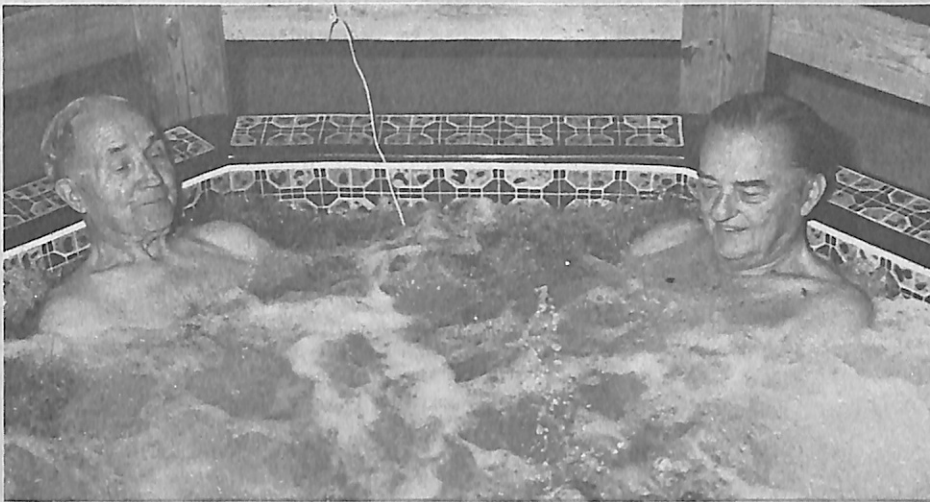
The Olympiad featured outdoor living, competition in numerous events, and a

last-night campfire featuring troop skits and the presentation of individual awards in each event. The Elks determined at the campfire which skit best exemplified Scout Spirit, and an award was given to the winning troop.

There was much media interest in this event. It was publicized through news releases and television videotape coverage. Comments regarding this event evoked a continuing community awareness of youth activities—exciting everyone involved, directly and indirectly, in Scouting.

IRON RIVER, MI. The community of Iron River, MI, is raising funds to assist the family of a 22-year-old Caspian, MI, woman, Joyce Busakowski, who underwent heart transplant surgery May 25 at the Stanford University Medical Center in California.

At the forefront of the effort has been Iron River Lodge, which hosted a benefit dance that netted \$2,725 for the Joyce Heart Fund. In the first month of the fund-raising drive, nearly \$32,000 had been raised by the community for the fund.



Bedford, VA.

BEDFORD, VA. A six-man jacuzzi and new exercise rooms were opened recently at the Elks National Home in Bedford, VA. Shown relaxing in the jacuzzi are residents Ove Ipsen of Casper, WY, Lodge and Ken Mitzel of Towson, MD, Lodge.

Carol Brown and Ginny Humphreys, physical therapy consultants for the Home, emphasize the many benefits of the jacuzzi. Besides the obvious psychological and social benefits, the jacuzzi offers many physiological benefits.

Relaxation of muscle tension, increased circulation, relief of pain, and increased movement due to the buoyancy of the water are just a few of the hydrotherapeutic effects. Of course, medical clearance and careful supervision of residents are a necessary part of the health program.

REDWOOD CITY, CA, Lodge presented awards to law enforcement officers at its annual Law Enforcers Night Dinner. Police chiefs and officers from Redwood

Lincoln, IL.



THE ELKS MAGAZINE JULY/AUGUST 1983

City and surrounding communities, the San Mateo County Sheriff and deputies, and officers from the local California Highway Patrol office were guests of the lodge.

SOUTH ORANGE, NJ. The Crippled Children's Committees of the North Central and East Central New Jersey Districts sponsored their seventh annual "Friendship Day" festival for physically handicapped and mentally retarded children.

The Elks provided lunch, entertainment and a gift for each of the 1,640 children who attended. The photo shows some of the children looking at a yak in Turtleback Zoo in South Orange.



South Orange, NJ.

LINCOLN, IL. The Lincoln Elks Crippled Children's Trust of Lincoln, IL, Lodge donated a \$26,250, 24-passenger bus equipped with a wheel-chair lift and two wheelchair stations to the Lincoln Elementary Schools. The bus replaces the use of taxicabs to bring most of the district's Special Education pupils to school. Standing behind the students are (from left) Brothers Jim Abbott and Bob Aue, trustees of the trust; Lois Carino, Special Education specialist for the school district, and Brother Les Plotner, superintendent of schools.

FLORA, IL, Lodge sponsored an "Elks Donor Day" during the regular Red Cross Bloodmobile visit to Clay County. Through the efforts of lodge members, the Clay County Chapter of the Red Cross was able to exceed its quota and set a record for donations.

NEWS OF THE LODGES

EL RENO, OK. Lodge purchased a complete Lifeline Responder Unit for Park View Hospital. This unit enables a medically handicapped person to live a normal lifestyle and be in constant contact with the hospital's emergency room.

ER Dale Bynum (left) is shown at the dedication with hospital administrator Bill Marshall. PDD Marshall is a member of El Reno Lodge.



El Reno, OK.

RICHMOND, CA. In appreciation of Richmond, CA, Lodge's 20-plus years of assistance with a preschool children's art contest, Mary Hall, Preschool Centers Director, presented PER and GL Committeeman John McDonald and Brother Gene Beckel with framed artwork completed by two four-year-olds.

Ms. Hall was in turn presented with a check from the lodge to assist in the work of the children's centers.

WOONSOCKET, RI. Lodge held a banquet to honor the Mount St. Charles High School hockey team, which won its sixth consecutive state title this past season and later was crowned national champion for the fourth straight year. The lodge presented a plaque to the team.

Many state and local public officials were present. The featured speaker was John McKenzie, former Boston Bruins star.

In photo are (from left) Rod Taddeo, Youth Activities Committee chm.; ER Nelson DuPuis; McKenzie; and team captains Greg Pratt and Brian Lawton.

PEORIA, IL. The PER Club of Peoria, IL, Lodge has adopted a program which donates all monies from an aluminum can project to the local Arthritis Foundation. The money is used to help support programs of research as well as to provide direct service for children.

Recently, then-GER Marvin M. Lewis and PGER H. Foster Sears were on hand when PER Ralph Bradshaw presented a check to Dr. Joseph Couri of the Arthritis Foundation's Juvenile Arthritis Clinic. Dr. Couri in turn presented a plaque to PER Bradshaw and Arthritis Foundation jackets to Brothers Lewis and Sears.

FLORENCE, AL. Lodge hosted the official visit of then-GER Marvin M. Lewis to the state of Alabama. Brother Lewis assisted in a mortgage-burning ceremony, which was held in conjunction with a dinner-dance.

SEYMOUR, IN. As Fred Lewis took the oath of office as exalted ruler of Seymour, IN, Lodge, he became the first third-generation ER in the history of the Lodge.

Fred's grandfather John Lewis, Sr. was exalted ruler in 1906-07, and his father John Lewis, Jr. was ER in 1950-51.

Woonsocket, RI.



LAS VEGAS, NV. At the Annual Father/Son Banquet held at Las Vegas, NV, Lodge, three members of the USAF Thunderbird Precision Flying Team showed a special film describing the aircraft used and its capabilities. Then-ER Niles Johnson received an autographed photo of the Thunderbirds team.

MOUNT HOLLY, NJ, Lodge donated \$1,000 to the campaign to help improve students' dayrooms at the Johnstone Training and Research Center in Bordentown.

The money was given in memory of Walt Mushinski and Stanley O'Donnell, Sr. Over the years, the lodge has invited Johnstone students to numerous holiday parties.

PARSIPPANY-TROY HILLS, NJ, Lodge held a dinner-dance in honor of Robin Dudek, the Northwest District poster child. All the proceeds of the event and other gifts were given to Robin.

HENDERSON, KY, Lodge participated in Elks National Youth Week by taking children who had never flown before for their first airplane ride. In top photo ER Charles Blanton helps one of the happy children after his first plane ride.

FLINT MI. On March 31, then-ER James Popoff and fellow officers of Flint, MI, Lodge attended a groundbreaking and picture-taking session to commemorate the beginning of the lodge's new addition.

When completed, the \$150,000 addition will house a modern kitchen facility, a new dining area, and restroom facilities. The building project is supported financially by many of the lodge's members through their "Antler Hall of Fame" project.

NEWARK, NJ, Lodge held an Easter Party at Branch Brook School, a school for handicapped children. The 95 persons who attended the party enjoyed ice cream, cake, and candy, and, most of all, a visit by the Easter Bunny.

HAYWARD, CA, Lodge honored Christopher Camozzi, who was one of the top three state finishers in the California-Hawaii Elks Association essay contest. Christopher's essay on "Why We Should Honor Our Flag" was judged highest at the local and district levels.

Hayward Lodge presented Christopher with an outdoor flag, a certificate, a \$50 check, and a district level plaque.

SAN PEDRO, CA. The Bingo Committee of San Pedro, CA, Lodge, established only five years ago, has raised \$278,021, of which \$76,000 has been donated to charity. Many other

thousands of dollars in prize money have been donated to charity by bingo winners.

The committee has made donations to 21 local organizations, including Cerebral Palsy, the San Pedro Boys Club, the YMCA, the San Pedro Elks Scholarship Fund, and many more.

LOS ANGELES, CA. The Elks of Los Angeles Foundation held its first of four Charity Nights. This particular night was devoted to youth-oriented activities. Representatives of 18 local charitable organizations received checks from the foundation.

The next Foundation Charity Night will be devoted to organizations that sponsor adult-oriented programs. The third will enhance the scholarship program, and the final program will assist the police

and fire departments and local community groups.

The Elks of Los Angeles Foundation was established in 1928 by a group of dedicated Elks who believed that there were many Elks who would like to give something to charity for the purpose of human betterment or to help their fellow men.

Over the years dedicated Elks and friends of Elkdom have made gifts to the foundation of more than \$1,350,000, of which the principal sum remains intact.

Grand Trustee Vern Huck, president of the foundation, states that since its inception the foundation has made donations of more than \$1,500,000 to worthy charitable organizations in the area. Approximately \$150,000 is donated annually.

(Continued on page 28)

Henderson, KY.



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IT'S YOUR BUSINESS

ELIMINATING TIME BANDITS

Management concedes that, regardless of its efforts to alleviate it, worker idleness while at work continues to plague many industries and prevent the growth of real productivity. Getting a full day's work for a full day's pay may be old-fashioned but it is still a major concern to employers.

If you talk with Robert Half, president of Robert Half International, an executive recruiting agency that specializes in financial and data processing personnel, time bandits are an urgent problem that require action.

We worry about an underground economy which generates approximately 90 billion a year in income that escapes taxes but that doesn't match the dollar equivalent of work time losses. Time bandits are worse, Half contends. He estimates that the loss of work on the job has cost U.S. employers at least \$125 billion a year and ranks as "America's biggest crime."

Half told *USA Today* in an interview recently that he has not conducted scientific research to determine an exact figure of losses but his estimate reflects managers' views on the subject. Each year he surveys more than 300 executives and asks them about the types and amounts of time lost on the job by their employees.

He discovered that time theft during any week could be as little as 20 minutes and as much as 20 hours based upon his investigation.

There's no question about it, Robert Half is right, loss of time on the job is a threat to American business.

But I believe that such losses in hours on the job also include executives, managers and supervisors. I think it has been plain to blue (as well as white) collar workers that no one should be exempt. Consequently, it's not a matter of each side pointing fingers at the other, it's a matter of accepting the responsibility to reduce unproductive behavior and improving efficiency.

It should come as no surprise to any of us that time loss has probably affected each of us as consumers and workers.

Perhaps all of us share the feeling we've participated from time to time.

What are the most common forms of time theft? According to Half and *USA Today* these are the ones complained about the most:

- Arriving at work late. Larger firms without check-in procedures could have a considerable amount of tardiness and time lost each week unless there are diligent and tough supervisors at the doors. The problem is that if workers see one person continually arriving late (or later each day) it can become an epidemic.
- Leaving early. The same kind of problem as arriving late and it could also escalate if there is little supervision. The bigger problem, I think, are supervisors or bosses who flout their own or company rules. Demanding of workers what you won't accept for yourself is the worst form of hypocrisy. It certainly doesn't build morale.
- Taking long lunch hours. Lunches that start at 11 a.m. and end somewhere after 2 p.m. are siestas that few companies can afford. Such practices mean the firm is willing to accept less than six hours work for eight hours of pay.
- Excessive socializing. You've seen them in the office or plant, I'm sure. They spend as much time at the water cooler or coffee stand as others do at their desk every day. No one wants to be impolite with a very social person but there's a time and place for everything and the workplace is not a place for on-the-job leisure activities.
- Creating overtime opportunities. The worker theory is if it could be done on Friday...it can be done on Saturday for extra pay. The company-owes-me syndrome and a time loser.
- Unjustified sick days. It may be one of the epidemic forms of time theft because unless the company can conduct individual investigations it's not easy to detect...especially in larger companies. Some firms, furthermore, have a number of sick days built into contracts or work agreements. Actually, such policies can be inducements to take such days and more.

• Using employer's time to tend to personal business. While it may seem minor to most employees, consider how you would feel if you hired a person by the hour to cut your grass or handle a plumbing problem and then watched time kick by as your worker dealt with people on the phone about other jobs...at your expense. Large companies suffer more from such time bandits but it can happen to small and medium-sized firms just as easily.

• Taking long and numerous coffee breaks. Hard to detect because most businesses provide for rest breaks but the problem can escalate when a few employees take advantage and others see that supervisors ignore it.

• Operating another business on the side. Moonlighting is an acceptable practice...if both employer and employee accept and understand the terms. When the company doesn't know and the employee keeps such practices hidden, problems can erupt.

• Making excessive phone calls. Some firms have become so tough on employee telephone calls that they've installed monitors and private systems to provide closer scrutiny to prevent rising costs. The problem can be alleviated with employee education but it's still hard to control.

• Eating lunch on the premises and taking a full lunch break later. The difficulty is detecting such time theft and establishing policy and punishment.

Can such time-consuming practices be prevented?

Good management practices can do much to eliminate such habits, experts claim. Prof. Karl Weick of Cornell's business school may have the right approach in a recent discussion about how management can improve productivity. He suggests that managers react more to items passing through the in-box. "Being reactive provides a larger number of successes and failures, which makes you more adaptable and provides more occasions to learn. Many of the things you respond to will prove to be nothing but a flash in the pan. But some will not, and that's the point."

Time theft requires such a reactive manager now.

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Here's your "buy of a lifetime" on a superb stove! It's the SAME model that sold in major chain stores for over \$700 MORE than OUR low liquidation closeout price!

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Precious palladium and platinum are used in a catalytic coating on a ceramic "honeycomb" afterburner. This reduces normal high ignition temperatures of waste gases so they can be burned for EXTRA heat. You get MORE heat from LESS wood!

No Creosote Problems!

Because most of the waste gases are burned up, hazardous creosote buildup is virtually eliminated. The chimney stays very clean. About all that goes up the chimney is harmless carbon dioxide and moisture. This remarkable stove even provides high efficiency with cheaper softwoods and partially seasoned wood. (MORE savings for you!)

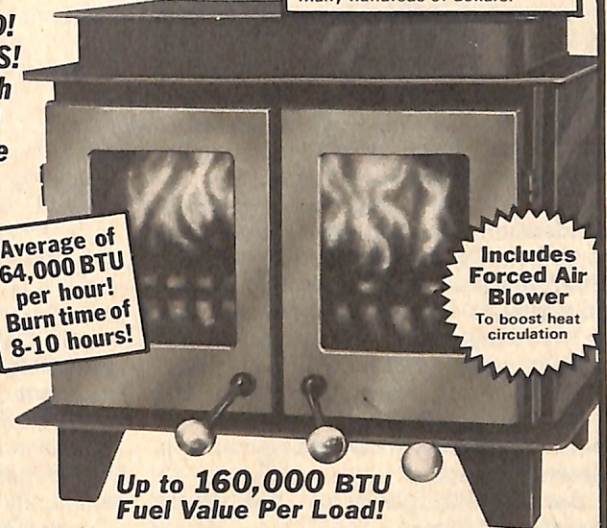
Primary intake of room air can be precisely adjusted. Automatic baffle bypass provides safe, smoke-

free startups and refueling. Pre-heating of air in a manifold maintains necessary temperatures for complete combustion.

- Double wall construction gives more effective insulation.
- 1/4" steel plate construction for fast heatup; rugged durability.
- A THIRD wall around 2/3 of the stove for EXTRA insulation and convection heat.
- Calibrated control lever for precise increments of room air to be drawn into manifold for desired temperature control.
- Viewing porthole lets you monitor Catalytic System to see if any minor adjustments are desired.
- Burn time can be increased by "slowing down" fire and STILL keep almost perfect combustion.

Average of
64,000 BTU
per hour!
Burn time of
8-10 hours!

Includes
Forced Air
Blower
To boost heat
circulation



Up to 160,000 BTU
Fuel Value Per Load!

Now SAVE Over \$700
Due to Financially
Distressed Inventory!

One of the nation's largest manufacturers of stoves made this advanced design under a private label for a marketing firm. The marketing firm ran into financial difficulties, so the manufacturer refused to deliver this shipment.

The manufacturer finally decided to liquidate this inventory AT A LOSS! Now you can get a terrific bargain... AT BELOW MANUFACTURED COST... and save many hundreds of dollars!

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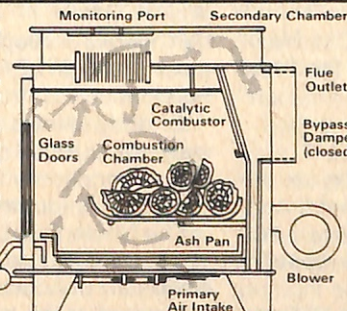
Offer void outside continental U.S. Be sure you have enough people to unload the wood stove upon delivery. Price subject to change after 60 days.

Color: Black body & doors

Avg. heat output 64,000 BTU/hr
Fuel value per load 160,000 BTU
Burn time 8 to 10 hours
Size 28" H x 30" W x 23 1/2" D
Weight approx. 380 lbs.
Flue diameter 8"
Height to flue bottom 15 1/2"
Door opening 14" x 22 1/2"
Catalytic combustor 2600°F rated
Log size capacity 24"
Fire box size 17" D x 25 1/4" W
Heating capacity 10,000 cu. ft.
Ash pan... heavy-duty, removable
Wood grate... heavy-duty cast-iron

Safety approvals: Tested to UL standards by the Gas and Mechanical Laboratories. ICBO listed on report No. 3558.

Super efficient Catalytic System lowers ignition point of escaping gases from 1300°F range to about 500°F. This allows stove to burn gases as fine fuel for EXTRA heat! You get more BTU with less wood. With primary and secondary air controls, the air and fuel ratio can be kept near perfect for both high and low fires. Gasketed air-tight doors have inner AND outer panels of hi-temp glass for insulation. Special inlet under hearth is safety feature to extinguish fire in stove if Catalytic System clogs due to improper usage.



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News of the State Associations



The **California-Hawaii Elks Association** conducted its annual convention May 18-21 in San Diego, CA.

Distinguished guests in attendance were then-GER Marvin M. Lewis; PGERs Horace Wisely, Gerald Strohm, R. Leonard Bush, and Francis Smith; and Grand Trustee Vern Huck.

The next semi-annual meeting of the association is the Mid-Term Conference, to be held October 28-29 in Fresno, CA. Next year's annual convention will be held May 16-19, 1984, in Monterey, CA.

The newly elected officers for 1983-84 are President Elmer Lanini, Salinas; Secretary Harry Henzi, San Mateo; and Treasurer C. D. McCulley, Redondo Beach. Nineteen district vice-presidents were also elected.

Salinas Lodge won the State Ritualistic Contest.

The Major Project remains a vehicle for the expression of caring by the California-Hawaii Elks—bound together in a brotherhood of humanitarian effort and worthy purpose. The California-Hawaii Elks aid physically handicapped children. There are 14 speech-language pathologists, 14 physical therapists, 14 occupational therapists and nine preschool vision screeners serving the children of California and Hawaii.

The yearly cost to maintain a mobile therapy unit is \$43,000, and a PVS mobile unit costs \$41,000. The annual cost for the California-Hawaii Elks Major Project will be \$2.9 million for the fiscal year 1983-84.

The 85th Annual Convention of the **Ohio Elks Association** was held April 28-May 1 at Columbus. More than 1,200 Elks and guests attended the convention.

Guest speakers were PGERs E. Gene Fournace and Raymond V. Arnold.

Newly elected officers of the association are President David Straight, Parma; First Vice-President Thurman Allen, Cambridge; Second Vice-President Dale Baldock, Hamilton; Third Vice-President Rollen Morgan, Toledo; and Secretary James Scheer, Wapakoneta.

It was reported that Ohio Elks raised more than \$560,000 during the past year for various charitable projects.

Irwin Cohen of Toledo reported that more than \$100,000 was donated for treatment of cerebral palsy patients.

A statewide report given by Donald Templin of Marysville revealed that Ohio Elks lodges spent nearly \$335,000 on community service projects, an increase of more than \$78,000 over the preceding year.

John Eccleston of East Liverpool, state National Service Committee chm., reported that the Elks provided programs and shows monthly in each of the six VA hospitals in Ohio. Approximately 5,800 patients were entertained. Expenditures of more than \$16,000 purchased Christmas gifts for the veterans, as well as books, playing cards, leather goods, ceramic supplies, and various therapy supplies.

State National Foundation Chm. Walter Grace of Hamilton announced that lodges throughout the state raised more than \$107,000 for the National Foundation.

E. Paul Howard of Alliance, state youth activities coordinator, reported that expenditures for youth activities by Ohio Elks amounted to nearly \$125,000.

The Youth Day Luncheon was held at 12:30 p.m. Saturday. Nearly \$47,000 in National Foundation Scholarships were presented at the luncheon.

State Scholarship Chm. Robert Liggett of Circleville announced the names of 15 national finalists who would each receive at least \$1,100 from the Foundation.

Chm. Liggett also announced the names of 28 winners of ENF state allocated scholarships of \$1,000 each.

The association will meet again in Columbus for a fall planning session August 19-21.

The **Louisiana Elks Association** held its rescheduled 47th Annual Convention in Slidell May 20-22. The session was originally scheduled for April 8-10, but had to be rescheduled because of torrential rains and resultant flooding in the area. Over 200 Elks and their ladies managed to attend the rescheduled affair.

An informal get-acquainted reception was hosted by Slidell Lodge Friday evening. The first business session and nomination of new officers was held Saturday morning, while the ladies enjoyed a luncheon and entertainment at a fashionable restaurant on Lake Pontchartrain.

The State Ritualistic Contest was held Saturday afternoon, and an Awards Banquet followed by a "Purple Ball" were held that night.

The final business session and election and installation of officers were held Sunday morning, and the session was closed with a Memorial Service honoring the departed Brothers of the 1982-83 year.

State Representative Edward C. Scogin and Parish President Bruce Unangst, both of Slidell Lodge, welcomed the delegation to the city and the parish. Outgoing President Robert Swanson delivered an inspiring address of his own as well as a "proxy" for State Sponsor PGER Willis McDonald, who could not attend due to previous commitments.

Slidell Lodge won the Team Ritualistic Contest. All members of the team won All-State Awards for their respective positions, with Chaplain Carl Babin winning the State "Mr. Ritual" Award for having the highest score. Richard Rousset, PER of Slidell Lodge, won the Eleven O'clock Toast Contest.

Other state contests were won as follows: Americanism Program, Slidell; Lodge Activities Program, West District, Opelousas, East District, Slidell; and All-State All-American Lodge, Slidell.

Veterans Remembrance Program Awards were won as follows: Shreveport Lodge for the 801 and over category, Slidell Lodge for the 401 to 800 category, and New Orleans Lodge for the 1 to 400 category.

The state Major Project, the Southern

Eye Bank, received donations from the lodges and their ladies totaling \$9,717 at the banquet, which brought the total contributions for the year to \$35,502.24. Included in this amount was \$2,792 from the Elks National Foundation.

New Orleans West Bank Lodge won the Eye Bank Traveling Plaque Award for having the highest per capita donation percentage of over 340 percent of the amount pledged. Slidell Lodge was runner-up with over 240 percent and had the largest contribution for the year of over \$6,500.

New Orleans West Bank Lodge had the highest per capita contribution to the National Foundation with \$10.56 per member. The final state average was \$2.357 per member.

Morgan City Lodge had the highest per capita contribution to the Louisiana Elks Fund with \$21.05 per capita, and Slidell Lodge had the highest total contribution for the year of \$3,915.41.

Newly elected officers are President Herbert Hostler, Slidell; President-Elect Richard Jones, Shreveport; Vice-President East Enos Fanguie, Morgan City; Vice President West W. Brice Palmer, Opelousas; Secretary George Ketteringham, Slidell; and Treasurer Chambless McGill, Slidell.

The Fall Workshop will be held at Opelousas Lodge November 12, and the 48th Annual Convention will be hosted by Houma Lodge March 23-25, 1984.

The **Vermont Elks Association** held its 56th Annual Meeting in Whitefield, NH, May 27-29. There were 285 Brothers and ladies in attendance.

Distinguished guests included PGER Leonard Bristol and his lovely wife Ginny, SDGER Raymond Quesnel, GL Committeeman Gilbert Currier, and District Deputies Robert Draper and Pearson Dawkins.

The newly elected officers for the 1983-84 year are President Robert Goodrick, Springfield; First Vice-President William Caputo, Newport; Second Vice-President Percy Birchard, Montpelier; Third Vice-President Richard Ralph, Bennington; Secretary Peter Hall, Hartford; and Treasurer Owen Williams, Bellows Falls.

The individual winners of the Ritualistic Contest were given plaques, and Hartford Lodge was presented with the Raymond Quesnel Ritualistic Trophy for the winning team.

The awards for the Interlodge Activities were presented to Bellows Falls, Ping-Pong; Springfield, Cribbage; Bennington, Darts; Rutland, 10-pin Bowling; Burlington, Shuffleboard; Montpelier, 8-Ball Pool; and Bennington for both low gross and low net in Golf. The state again had 100 percent participation in these activities.

The summary of the year reported by the various committees certainly showed that Vermont Elks Care. Vermont ranked ninth in contributions to the National Foundation with \$3.667 per capita, and raised \$99,282.85 for its Major Project, Silver Towers Camp for Retarded Children. This was a per capita of \$10.28. Vermont Lodges had 100 percent participation in the "Hoop Shoot" Contest, and Hartford Lodge was privileged to host the New England Regional Contest.

PGER Bristol was the guest speaker at the annual banquet, and his words were an inspiration to all. Four major awards were presented at the banquet: The Vermont Membership plaque for largest percent increase in membership for the year to St. Albans Lodge, the Silver Towers Trophy for highest percent increase in contributions to Newport Lodge, The Ray Quesnel National Foundation Trophy for largest dollar increase to Hartford Lodge, and the Vermont Lodge of the Year Roger Sheridan Trophy to Hartford Lodge.

Considerable discussion was heard among various delegates at the meetings concerning the make-up of the Major Project Committee and its effectiveness. This resulted in a motion to start processing an amendment to the state by-laws which would change this committee's size. This will be sent to the lodges for vote and acted upon at the mid-year meeting, to be held October 15-16 in Springfield.

The **Missouri Elks Association** met for its annual Spring convention April 29-May 1, in Kansas City, MO.

Notable among the many persons attending were then-GER Marvin M. Lewis, PGER Edward W. McCabe and Chief Justice Grand Forum Donald F. Nemitz. Brother Lewis delivered the keynote address.

The upcoming Fall Convention will be held Sept. 23-25 in Jefferson City, MO and the annual Spring convention for 1984 is planned for April 13-15 in Springfield, MO.

Newly elected officers include President Robert R. Todd, Springfield; Secretary Lin Scott, Rogersville and Treasurer R. Max Frye, St. Joseph. Additionally, seven district vice-presidents took office.

A source of justifiable pride is the Missouri Elks Benevolent Trust, which has funded over \$500,000.00 worth of dental treatment to handicapped children via mobile-care units in the field and through two permanent clinics located in St. Louis and Kansas City. A permanent trust fund has been initiated to insure continued funding for this laudable project.

Over 2,100 **Oregon Elks** met for their annual convention May 5-7 in Seaside, OR.

Among those present were the following distinguished guests, PGER Frank Hise, Past Grand Est. Lead. Kt. Bob Bybee, SDGER Phil West, Idaho State President Dan Rowell and Idaho State President-elect Arnold Paul.

Taking office for the 1983-84 term were President Ted M. Hurd, Eugene; Secretary Orville Mull, Keizer; Treasurer Max Doan, Salem and seven district vice-presidents.

The next annual convention has been announced for May 17-19, 1984 in Medford, OR.

The assembled delegates heard further news concerning their major project, the Elks Children's Eye Clinic. Over \$45,000 in new funding was contributed to the project which aids over 13,000 children, veterans and adults annually. "Vision for the Future" is the rallying cry that has united the Oregon Elks' heartfelt effort to continue and expand the good work of the Elks Children's Eye Clinic.

ELKS NATIONAL SERVICE COMMISSION

"So long as there are veterans in our hospitals, the Benevolent and Protective Order of Elks will never forget them."



Farmington, MI, Lodge presented Coleco-Vision games to the Allen Park and Ann Arbor veterans hospitals. Pictured are (from left) Est. Lead. Kt. Robert Richert; immediate PER Roe Abshire, Jr.; Wayne Snyder, chief of volunteer services at the Allen Park Veterans Hospital; and Est. Loyal Kt. Steve Barsy.



Hudson, NY, Lodge sponsors a macrame class each Sunday at the Albany, NY, VA Medical Center. Twelve to 14 patients attend each week. Kits are furnished by Help Hospitalized Veterans of California, and additional material has been supplied by instructor Gerry Shook, a member of Hudson Lodge. Pictured are Brother Shook (standing) and patient Ed Vibert, displaying a macrame owl he made during the classes.



Est. Lead. Kt. Samuel Finelli and Est. Loyal Kt. Theodore Sprague of Troy, NY, Lodge check the winning numbers at a bingo night sponsored by the lodge at the VA Medical Center in Albany, NY. The Elks provided sandwiches, cookies, coffee and \$90 worth of coupon books for the veterans.



A plaque in honor of the late PDD Garnett Shipley of Martinsburg, WV, Lodge has been erected and dedicated at the VA Medical Center in Martinsburg. Brother Shipley donated 9,000 hours of volunteer work to the center. From left are SP Lester Hess, Jr., VP James Carpenter, Mrs. Virginia Shipley, Elks VAVS Representative Thomas Burke, and Medical Center Director I.V. Billes.

CAPE CORAL, FL. Veterans Chm. Charles Covucci, Co-chm. Jim Haney, and Brother Bill Lynch attended the dedication of a new wing at the Bay Pines VA Hospital in St. Petersburg. Chm. Covucci presented a check for \$732 to the hospital.

LYNBROOK, NY. Lodge hosted 130 disabled veterans at the lodge's annual Veterans Night. The veterans were bused to the lodge from four veterans medical centers. The evening included

a full-course roast beef dinner and a special performance of the lodge men's show.

ALLEN PARK, MI. Thomas Madden, a patient at the Allen Park, MI, Veterans Hospital, received a \$50 check from the National Service Commission for winning an arts and crafts contest.

On hand for the presentation were George Schwarz, state National Service chm.; George Cauvin, Southeast District chm.; and Edward Pinardi, Elks Area Hospital chm.

BROOKSVILLE, FL. During the past two years, Brooksville, FL, Lodge has made the following donations to the VA Hospital at Tampa, FL.: a color TV set; many books, razors, and sets of playing cards; and funds for sending veterans to the Wheelchair Olympics in California.

Brooksville Lodge was also the primary contributor to a video system that enables bed-ridden veterans to view church services from their chapel. In addition, the lodge sponsors a yearly fishing trip for 50 of the patients.

ELKS NATIONAL SERVICE COMMISSION

"So long as there are veterans in our hospitals, the Benevolent and Protective Order of Elks will never forget them."

Honor Roll

of District Deputies 1982-83

The Elks National Service Commission is privileged to list the outstanding District Deputies and State National Service Committee Chairmen whose leadership produced 100 percent participation in the 1982-83 Veterans Remembrance Participation Report. We further acknowledge our gratitude to Grand Lodge State Associations Committee member Marland Deen who supervised this significant contribution to the welfare of America's hospitalized veterans. We record with pride the accomplishments of the following 1982-83 District Deputies:

Ralph L. Raines/AL Central
Paul K. Sockwell/AL North
Frank E. Phillips/AL South
James E. Deming/AK Central
Gerald L. Coon/AK East
John Hangstefer/AK West
Larry M. McMillon/AZ Central
John W. Thomas/AZ East
A. Fred Grennan/AZ South
Donald V. Foster/AZ South
Fred L. Burkhardt, Jr./AZ West
John B. Damonte/CA Bay
Charles M. Henry/CA Central
Robert E. Phillips/CA East Central
Garland E. Rice/CA Inland
Gerald F. Fasoli/CA Metropolitan
James V. Fawver/CA North
John A. Parker/CA North Central
W. C. Gaskill/CA Northeast
Frank Milone/CA Northwest
Richard C. Striley/CA Orange Coast
Rex E. Dondlinger/CA San Gabriel Valley
H. Eugene Chambers/CA South
John L. Dimassa/CA South Central
William A. Robertson/CA South Central Coast
William C. Ijames/CA South Coast
Gerard L. Liebaert/CA Southeast
Eugene A. Pellegrini/CA West Central
Thomas M. Friscoe, Jr./CA West Central Coast
Gerald A. Shrader/CO Central Northwest
Hereford V. Peiffer/CO Central Southeast
Walter L. West/CO Mountain
Herbert D. Reimer/CO North
Raymond K. Fergus/CO South
Keith Ellis/CO West
George L. Meixell/CT East
John G. Watson, Jr./CT Northwest
Harry L. Ellingwood/CT South Central
James R. Caraglior, Sr./CT Southwest
Hillary A. Merritt/FL East Central
Charles E. Quick, Sr./FL North
George A. Schiebler/FL Northeast
Howard E. Seaton/FL Southwest
Lawrence C. Edington/FL West Central
E. T. Hendon, Jr./GA Northeast
Edwin L. Samuelson/GA Northwest
Robert W. Carter/GA Southeast
James R. Lowery/GA Southwest
Paul R. Hoffmeister/HI
Alexander Massio/ID Central
Robert Jahn/ID East
John A. Yergler/ID North
Ed Townsend/ID North Central
Frank Blankenburg/ID South
Joseph F. Hines/IL East
Bill McElwee/IL East Central
Warren C. Rech/IL North
Elmer G. Tannery/IL North Central
G. Vincent Peterson/IL Northeast
Larry E. Newcomer/IL Northwest
James P. Miles/IL South
George Corey/IL Southeast
James Perkins/IL Southwest
K. N. Johnson/IL West
Harold Link/IL West Central
J. Robert Watson/IN Central
Phillip F. Orbaugh/IN East
John H. Fetro/IN North Central
Mark Coratti/IN Northeast
Sam H. Henderson/IN Northwest
Tim D. McKinney/IN Southeast
Richard D. Gage/IN Southwest
Allen L. Wray/IN West
Michael W. Backer/IA Northeast
Virgil L. Borchers/IA Northwest
Frederick C. Reed/IA Southeast
Dennis A. Nelson/IA Southwest
Robert L. McKown/KS Northeast
Eldon L. Woellhof/KS Northwest
Robert W. Findley/KS Southeast
Myron Garrelts/KS Southwest
William J. Kloeker, Jr./KY East
Edward C. Black/KY West
John C. Rioux/ME Central
Arthur R. Fish/ME Coastal
Willard A. Putnam/ME North
Thomas N. Rabickow/MD, DE & DC North Central

Joseph W. Maloney, Sr./MD, DE & DC Northeast
Louis E. Reeves/MD, DE & DC Southeast
Howard R. Britton, Jr./MD, DE & DC Southwest
Edgar W. Larson/MD, DE & DC West
Robert P. McDonnell/MA Circle
Wilfred Cooper/MA East
Joseph P. Francis/MA East Central
John D. Graham/MA Metropolitan
Herbert J. Dunn/MA North
Gary E. McBride/MA South
Harry J. Brenner/MA West
Edward G. Billiel/MA West Central
Paul J. Sommer/MI East
Harry G. Rose/MI East Central
Robert D. Scott/MI Northeast
George A. Peterson/MI Northwest
Kenneth J. Coe/MI South Central
William C. Bunch/MI Southeast
Jack S. Boykin/MI Southwest
Glenn Norton/MI West Central
Clayton L. Schafer/MN Metropolitan
Harold F. Hale, Sr./MS South
Robert Nordberg/MO Southwest
William D. Bauer/MT Central
Edward W. Agre/MT East
C. J. Matthews/MT North
Bernard A. Bailey/MT South
Larry O. Lee/MT West
H. Herbert Hupf/NE Central
Jon S. Black/NE East
Ken Helzer/NE West
Roy J. Bell/NV North
Stanley G. Thomas/NV South
Lincoln C. Fournier/NH North
Richard C. McManis/NH South
Louis A. Szabo/NJ Central
Franklin J. Walters/NJ East
Glenn V. Tryon/NJ East Central
Joseph J. Di Stefano/NJ North
Robert J. Wolf/NJ North Central
Morgan S. Costello/NJ Northeast
Arthur Ross/NJ Northwest
William W. Dougherty/NJ South
Phillip W. DeAngelis/NJ South Central
Brune W. Schlueter/NJ Southeast
Floyd R. Brown/NJ Southwest
Douglas N. Watson/NJ West Central
Herman Deutsch/NM Northeast
W. Leo Jennings/NM Northwest
George H. Ferriman/NM Southeast
Wilbert A. Budens/NM Southwest
Daniel J. Capella/NY Central
Andrew J. Agnone/NY East
Dale R. Gerard, Sr./NY East Central
William H. Smith, Jr./NY North
C. Walter Lundy/NY North Central
John L. Deluree/NY Northeast
Edward R. Paolucci/NY South
Robert G. Wheeler/NY South Central
Gerry A. Cappa/NY Southeast
Frederick J. Muller/NY Southwest
Ransom A. Evans/NY State Capital
Ralph E. Berns/NY West
Robert Sutorius/NY West Central
Robert F. Bellomy/NC East
Paul Michael Cannon/NC East Central
Blayne Turner/NC West
Thomas B. Wheeler, Jr./NC West Central
Thomas E. Reasoner/OH North Central
Merle O. Cohagan, Sr./OH Northeast North
Frank S. Richards/OH Northeast South
Jack L. Myers/OH Northwest
Charles W. Barrows/OH South Central
Timothy J. Turner/OH Southeast
Darrell C. DeBolt/OH Southwest
Edward H. Gamber/OH West Central
Jesse E. Johnson/OK Northeast
Keith Logan/OK Northwest
Robert D. Smith/OK Southeast
Chester C. Neese/OK Southwest
Dale Vaughn/OR Metropolitan
Robert L. Bentley/OR North Central
Frank C. Myrick/OR Northeast
Ernest A. Pickett/OR Northwest
Jackson C. Link/OR South Central
A. P. Miller/OR Southeast
Gilbert E. Ellis/OR Southwest

Leon G. Edwards/PA South Central
John Lichvar/PA Southwest
Joseph L. Martinez/PR
Anthony Lombardi/RI East
Thomas W. Fleming/RI West
Larry J. Greff/SD East
Dewayne J. Borszich/SD West
Vincent Williams/TX Upper East
Charles Baker/TN West
Leon R. Beach/TX Central
H. Floyd Ammons/TX East
James Grissom/TX Gulf Coast
Nolan Vincent/TX North
James D. Karels/TX North Central
Randy L. Renshaw/TX Northeast
Charles L. Ratliff/TX Panhandle
Larry E. Green/TX South
Lee J. Agnello, Sr./TX Southwest
Thomas N. Armstrong, Jr./TX West
Mark L. Tillotson/UT North
Myron J. Carpenter/UT South
Pearson H. Dawkins/VT South
Paul L. Renick/WA North Central
Frank J. Bohenek/WA Southeast
Charles E. H. Jones/WA Southwest
James J. O'Connor/WA Metropolitan
Elmer D. Pankey/WA Northeast
Wayne R. Stevens/WA Northwest
John F. Kneeshaw/WA Puget Sound
Vernon L. Anderson/WA Southeast
Dale A. Romig/WA Southwest
Harry D. Singer/WA West Central
Howard L. Skidmore/WV Central
Glen E. Shook/WV North
Thomas J. Lemke/WI Southeast
Earl M. Lange/WI Southwest
David A. Barker/WY East
John L. Frullo/WY Southwest

Honor Roll of States 1982-83

Chairmen who achieved 100 percent participation from each lodge in state:

Curtis Parks/Alabama
Mason Wade/Alaska
Tony Duran/Arizona
John F. Jordan/California-Hawaii
Howard Combs/Colorado
William Mangan, John Grippo/Connecticut
Lawrence Mitchell/Georgia
Dennis McDonald/Idaho
Samuel L. De Cero/Illinois
Gerald Griffin/Indiana
T. J. Deedrick/Iowa
Paul Scafe/Kansas
Edward J. Meier/Kentucky
Adjutor Pare/Maine
Robert Foote/Maryland, Delaware & District of Columbia
Henry Gibbons/Massachusetts
George A. Schwarz/Michigan
Robert R. Lamb, David Hartnett, Philip Johnson/Montana
Robert D. Levander/Nebbraska
Louis Golcoa/Nevada
Bernard Stillwagon/New Hampshire
Richard Schofield/New Jersey
George Melton/New Mexico
Omer St. Jacques/New York
Allen R. Arey/North Carolina
John M. Eccleston/Ohio
Kenneth Llichow/Oklahoma
Hjalmar Swanson/Oregon
Ernest Falola/Rhode Island
Al DeGroot/South Dakota
E. F. Burgdorf/Texas
Bill Van Taelge/Utah
Maury Tower/Virginia
Stan Sarver/Washington

Elks Survey U.S. Mayors on Volunteerism



PGER Glenn Miller (left) and Joe Douglass (right), Grand Lodge Public Relations Committeeman, present the findings of the Elks survey of U.S. mayors, "The Critical Need For Volunteers," to Indianapolis Mayor William H. Hudnut III at a ceremony conducted in the mayor's office. Mayor Hudnut is a past president of both the National League of Cities and the U.S. Conference of Mayors.

Hudnut called the survey "extensive, insightful, and a significant resource to organizations such as the National League of Cities and the U.S. Conference of Mayors."

The survey was the first of its kind ever attempted. It polled over 25 percent of the nation's mayors to identify specific areas of need within communities across the country where volunteers could be of significant help. The survey was conducted by the exalted rulers of Elks lodges everywhere.

The nation's mayors expressed special concern in the areas of drug abuse, community clean-up, programs for the elderly, and youth recreation. Seven of every 10 mayors polled indicated that drug abuse was a critical problem that desperately needed volunteer aid.

A full 70 percent of the mayors, regardless of community size or geographic location, named drug abuse as their number one concern. The mayors further said that this area was receiving only minimal volunteer support, at best,

indicating that this area is in critical need of volunteer help in communities across the country.

Concerns for the elderly ranked second in importance by the mayors, reflecting the growth in that population segment and the increasing problems of providing adequate care for older citizens. Mayors from urban and suburban communities, and those from the Southwest and Northeast placed greater importance in this area than did their counterparts in rural America and the other geographic locations.

However, more than half of the mayors pointed out that volunteers were already addressing this area of need, indicating that additional support may be required only with the increase in this population group and in those geographic areas of the country where the elderly population is a higher proportion of the total population than the average across the country.

Community clean-up and rehabilitation ranked third in importance by the mayors where they believed that volunteers could have an impact on community problems. Generally, the smaller the community, the greater was the concern for its appearance and the need to maintain and improve that appearance.

Mayors from the Northeast and Far West were somewhat more likely than others to rank community appearance and the need for volunteers to support that effort as a crucial problem they

face. The mayors also pointed out that community clean-up ranked second only to drug abuse prevention in lack of volunteer help.

Youth recreation was viewed as an important community need that volunteers could help to address by two thirds of the mayors, regardless of their location or community size. Suburban mayors and those from the Southwest ranked this area slightly higher than did their counterparts. However, while they believe this to be an important area for volunteer efforts, most also believe that current volunteer support in this area is strong, indicating the level of support here need not be increased.

Mayors who participated in the survey were asked if they believed that volunteers could be effective in addressing community problems. A full 82 percent of the mayors believed volunteers could be extremely effective in addressing community problems. Another 16 percent believed volunteers could be somewhat effective. Less than one percent thought volunteer efforts were ineffective.

The mayors also believe that the most effective volunteer efforts spring from civic and fraternal organizations. Eighty-one percent believed these groups to be most effective at the community level. Less than half the mayors thought volunteers from the business sector effective in meeting community needs. ■

ON TOUR WITH

MARVIN M. LEWIS



At Green Valley, AZ, Lodge then-GER Marvin M. Lewis participated in the ground-breaking ceremony for the lodge's new home. A four-handed shovel was made especially for this occasion. From left are VP Tom Miller, then-ER Nick Vitale, Brother Lewis, and current ER Don Ehritt.



When he visited Lincoln, NE, then-GER Marvin M. Lewis (third from right) was presented with an admiralship in the Nebraska Navy by Gov. Robert Kerrey. Others in photo are (from left) GL Committeeman Vincent Collura, PGER George Klein, Lincoln PER Ralph Giebelhaus, and then-ER Ronald Colin. Gov. Kerrey is the recipient of the Congressional Medal of Honor. He received special training at a naval camp 25 miles away from Brother Lewis' hometown of Brawley, CA. The camp has since been named Camp Kerrey in honor of Gov. Kerrey's action in Vietnam.



Then-GER Marvin M. Lewis and his wife Gerry attended the Oklahoma Elks Association's state convention in Oklahoma City. The highlight of their visit was a tour of the National Cowboy Hall of Fame in the city. In photo the Lewises view one of the many original sculptures of the late renowned Western artist Brother Charles Russell.



San Rafael, CA, Lodge held a 75th Anniversary Grand Reception for then-GER Marvin M. Lewis. As a gift from the Northwest California District Elks, Brother Lewis received a motorbike and appropriate attire.



On the occasion of the Tennessee Elks state convention, then-GER Marvin M. Lewis and his wife Gerry (second and third from right) along with Tennessee Elks and ladies toured some of the research facilities at Oak Ridge National Laboratory. Others in photo are (from left) PER Ralph Finnel, Cleveland; Mrs. Betty Allen, wife of outgoing SP Jack Allen; Betty Coltman; Beverly Finnel; Mrs. Maggie McCabe, wife of PGER Edward McCabe; and then-DDGER Ralph Coltman.

did you know..



The 119th Grand Lodge Session in Honolulu was indeed a history-making event in that it was the first time a Grand Lodge Session has been held overseas.

But the Grand Lodge meetings weren't always migratory as we know them today.

When the Grand Lodge was formed in 1871, the sessions were always held in New York City. It was believed at the time that since the Elks were chartered in New York state it was mandatory that the sessions be held in that state.

All of the sessions were held there except for the one in 1877 which was held in Philadelphia. However, the legality of the session was questioned and the meeting was reconvened in New York City and all legislation was repassed there. The question was eventually settled and the Grand Lodge sessions began to

be moved from city to city starting in 1890 when the Order met in Cleveland, Ohio.

Wonder what those old-timers would have thought of going to Hawaii?

Exalted Rulers, District Deputies and State Presidents received a briefing at the Grand Lodge Session in Honolulu from the Grand Exalted Ruler-elect on the 1983-84 programs of the Order.

This year the programs center around the motto: "Charity—Cornerstone of Elkdom."

This is not confined to the act of giving financial or material assistance to the needy. It goes far beyond that to our programs for the Handicapped, the Youth Activity programs, our scholarship programs, our Veteran's programs, our involvement in the community and any act of kindness.

Yes, charity indeed reflects our concern for our fellowman, both inside and outside of Elkdom.

To hush the tongue of scandal and innuendo and to be charitable in thought, word and deed. This is Charity—the Cornerstone of Elkdom!

Each District Deputy Grand Exalted Ruler throughout the nation should have a clinic scheduled during

August where the various Grand Lodge programs are to be discussed.

All Exalted Rulers, Leading Knights, Secretaries and Chairmen of the Board of Trustees are to attend. This is a MUST.

In addition to the programs, the District Deputy will reaffirm his inspection schedule. More importantly at this clinic, a packet containing Elks Free Throw Hoop Shoot rules, regulations, directions for conducting a contest and other valuable Hoop Shoot information is to be distributed to each lodge.

It is hoped that each state will have 100 percent participation this year. Volunteer your services to your Exalted Ruler to help in this outstanding program which serves boys and girls.

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THE JOY OF GIVING

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The Lodge Activities and National Foundation Committees of Portland, ME, Lodge held a special Sunday Breakfast for the local postal workers union. Profits from the affair made possible a \$1,000 donation to the National Foundation. In foreground from left are then-ER Richard Lewsen, Est. Loyal Kt. Norm Cribby, PER and Treasurer Dave Cronin, and Esq. Roger Bernier. In background are Tony Caiafa and Dick Mains, co-chm. of the Lodge Activities Committee; and Ed Fernald, a member of both committees.



Julie Haverstick of De Soto, MO, scored higher than any other applicant in her state in the National Foundation "Most Valuable Student" contest. She became a national finalist. In photo from left are Gus Datillo, De Soto Lodge ENF chm.; Vern Wolfmeyer, lodge scholarship chm., Miss Haverstick, and then-ER Stan Cardwell.

HARTFORD, CT, Elks congratulated John Peluso, Jr., who won a state-allocated scholarship from the National Foundation.

WAUSAU, WI. David Paulsen, sponsored by Wausau, WI, Lodge, placed second in his state in the National Foundation "Most Valuable Student" contest. He became a national finalist.

T.A.L.K.

(Continued from page 9)

Merritt Sawyer is a former university administrator who became a volunteer during what she laughingly refers to as "a quite involuntary period of unemployment."

Sawyer, a recently transplanted Midwesterner, says: "When I first went into this, I couldn't understand how somebody could beat a child. I thought of them as bad people. Now, I realize that most of them are in a legitimate bind. My heart goes out to them. At first, I wanted to reach out through the phone line and offer them my home and my help. I had to remind myself that I couldn't emotionally rescue everyone."

Her voice softens: "When I got my first life-threatening call, when the mother literally told me that she had a knife in one hand and her baby in the other—it was horrible. I spent hours brooding about it later, wondering what else I could have said—feeling responsible—instead of remembering all that must have taken place in her life before the phone call."

"Now, I'm a little less of a crusader, but I'm still learning about people all the time. I recently got married, and it makes me appreciate our relationship even more. But I'm also more cognizant of the realities of parenting. I had no idea it could be so very difficult."

Another volunteer, psychiatric nurse Anita Moran, was astonished to learn that emotionally deprived adults often seek the love they lack from their children...to a devastating and unrealistic degree.

"They think they have somebody they can love now, and that will love them back," she says. "They don't realize that their kid is going to get sick, and throw tantrums, and defecate on the floor. People have said to me over and over, 'I hit him, because I was angry, and then he cried and made me feel bad. Then I felt bad that he made me feel bad. So I hit him again and again. He made me do these awful things.'"

Although Moran admits that she finds such stories depressing, she firmly believes that most of those who relate them are desperately in need of help, and that T.A.L.K. can be a vehicle for them to take their first steps in the right direction.

(Continued on page 37)

Retirement

(Continued from page 4)

open-all-night gas stations, convenience stores, police and fire stations. If trouble should arise—if, for instance, another car seems to be following you—drive straight to one of these locations. Then flash your lights and sound your horn long enough to attract attention. If your car breaks down, and you can't get to one of your safe spots, follow these steps: (1) Get off the roadway, out of the path of on-coming traffic, even if you have to drive on a flat tire to do so. (2) Turn on your emergency flashers and, if you have emergency flares in your trunk, position them conspicuously. (3) Raise the hood and tie a handkerchief to the aerial or door handle. (4) If a roadside telephone or call-box is handy, use it. If not, sit in your locked car and wait for help. (5) If someone stops to help, stay in your rocked car and ask him to summon help.

In your community, you can get involved to make things safer for everyone. Check with your local police or sheriff's department; they can tell you about special services for senior citizens and volunteer programs that you can join. If there are no programs in your area, they can help you organize one.

In Cottage Grove, Oregon, senior citizens serve as crime prevention specialists, visiting homes to instruct residents in security measures. In St. Louis, Missouri, similarly, a team of police-trained senior citizens perform home security inspections, then help other seniors install locks and peepholes and fix broken windows and light fixtures.

If you are the victim of any kind of a crime, including a confidence game, be sure to report it to the police. Don't be embarrassed or frightened. Reporting crime can let police know where problems are in your neighborhood, and will encourage better protection in the future. Many states have programs designed to assist victims of crime. There are also private assistance agencies in many regions of the country.

The Council of Better Business Bureaus has published a pamphlet entitled *Consumer Problems of the Elderly*. You may obtain a single copy by sending 25¢ and a self-addressed stamped envelope to the Council of Better Business Bureaus, 1515 Wilson Blvd., Arlington, VA 22209. And a series of brochures ("How to Conduct a Security Survey," "How to Protect Your Neighborhood," "How to Protect Your Home," "How to Protect You and Your Car," and "How to Spot a Con Artist") is available free from the American Association of Retired Persons, Criminal Justice Services, 1909 K Street, N.W., Washington, DC 20049. ■

THE ELKS MAGAZINE JULY/AUGUST 1983

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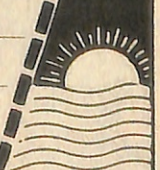
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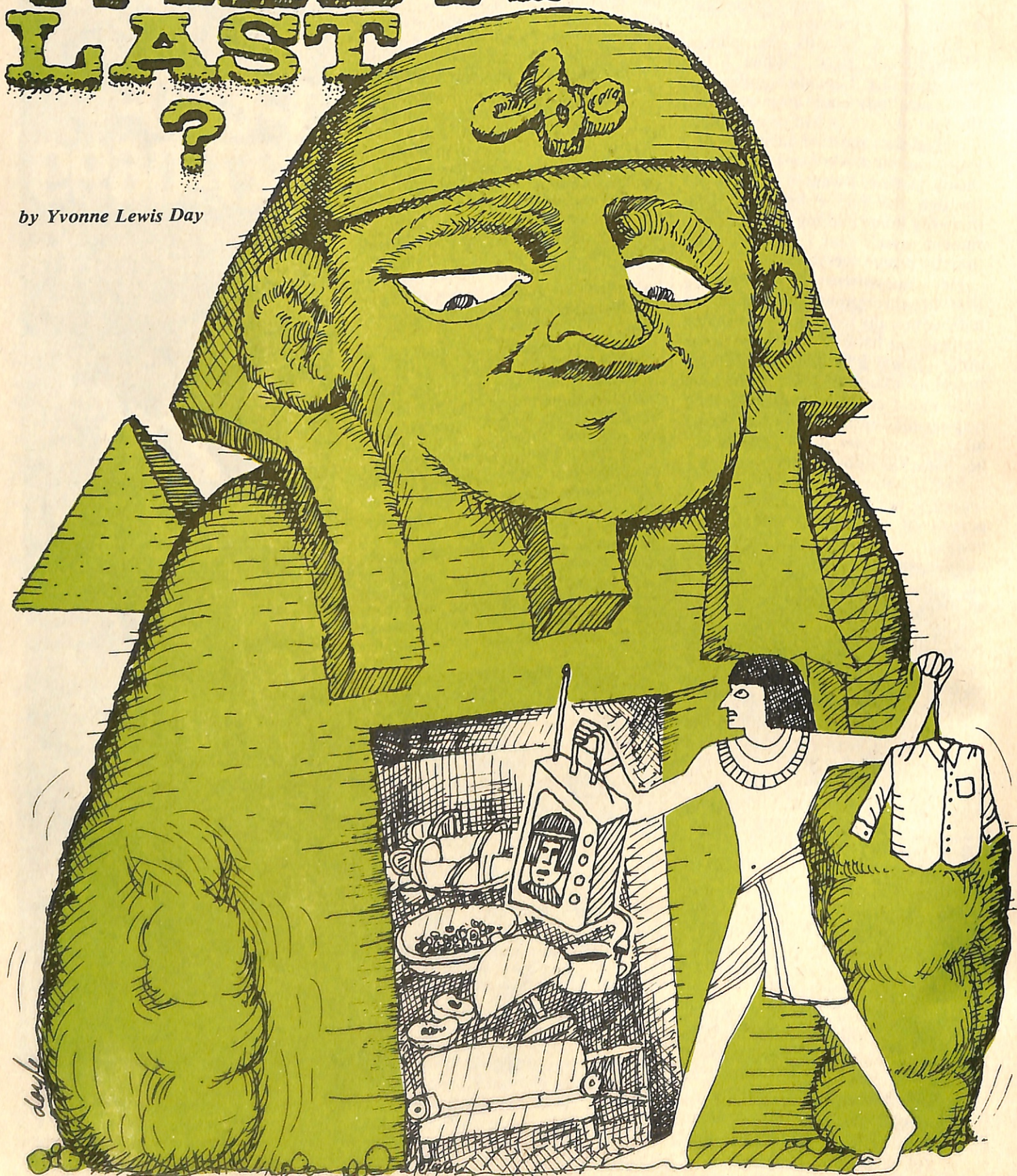
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HOW LONG WILL IT LAST ?

by Yvonne Lewis Day



When scientists opened a vault in one of the pyramids a few years ago, they discovered a loaf of bread that was 4500 years old—and very stale.

The Egyptian who packed the lunch to accompany the dead on his journey to the other world assumed, apparently, that the trip would take no more than a day. That's how long homemade baked goods stay fresh.

The bread carried in today's supermarkets, on the other hand, will last from three days to a week, depending on the kinds and amounts of mold inhibitors and preservatives the product contains. Chemical additives aren't the only advantage that the modern consumer has over the ancient Egyptian. There is that remarkable technological advance called the refrigerator-freezer. Because of it, bread sealed in a moisture-proof wrapper can be kept fresh for up to two weeks.

The refrigerator is a marvelous apparatus indeed. In the modern home, it is attractive, well-lighted, and hopelessly overcrowded. Inside, one is likely to find Dad's golf balls, Junior's photographic film, a cache of Mom's cosmetics—and no room for the leftovers.

The mobility patterns established by products inside the average family 'fridge are phenomena rivaled in mystery only by the disappearance of socks from the washing machine. If you've ever placed a leftover in the refrigerator and later tried unsuccessfully to retrieve it, you know what I'm talking about. It's called Day's Theory of Perverse Mobility: "Leftovers sealed in plastic containers and placed inside a refrigerator vanish from sight the moment the door is closed." There are two corollaries: (1) The more tasty or perishable the leftover, the greater its tendency to disappear into the farthest recess of the refrigerator and (2) The fugitive delicacy will lurk in its hidden place until critical mass is achieved, whereupon it will erupt from its plastic container all over the fresh fruit and Dad's golf balls. You will know at once that the product has "gone beyond reclamation."

A baffling reversal then occurs. Instead of remaining hidden, the vile green product now rushes to the front of the shelf the moment the refrigerator door is opened. This odious tactic is the last-ditch effort used by all perishables to indict you for woeful indifference and neglect.

But what about nonperishable products—those that do not require refrigeration? What's their story? How long do they last? Do they, too, "go bad," and if so, how are you to know when it happens?

These questions surfaced, as many imponderables do, during a recent housecleaning. It was in the pantry, while up to my elbows in instant macaroni and generic cat food, that the first answer came to me in the guise of another axiom. Let's call it Day's Mutation of the Perverse Mobility Theory: "Although canned goods do not metamorphose in the dark as perishables do, they follow similar migration patterns; namely, the most desirable goods migrate to the back of the shelf, then fall over."

At the back of the highest shelf in the pantry, I found lying (predictably) on its side a clear glass bottle

Store cosmetics in the refrigerator?

Vacuum pack your books?

containing three inches of twenty-year-old scotch. The price sticker was dated 1975. Can whiskey go bad?

"Impossible," said a friend who had been hanging around all morning waiting for me to say something besides, "Why don't you help me?" This is the same friend who told me that a relative of his had been carried off by faeries after he dared write a book about them, and who professed to have proof that Southern treefrogs are agents for the CIA. You can understand why I was not immediately reassured by his answer to the Scotch Question.

As it turned out, though, my friend was right. The experts say that whiskey will not lose its quality as long as it is firmly stoppered. If kept unopened and away from heat and light, distilled spirits are said to have indefinite life spans.

My curiosity having been aroused by the Scotch Question, I dug deeper into the subject and found, to my great surprise, that all man-made products have a "life span." For some products, life span is measured in terms of how long the product can be stored or kept without loss of quality. For other products, life span is measured in terms of how long the product can be used before it is used up, ceases to function, or falls hopelessly apart entirely.

Through modern technology, we are able to greatly extend the useful lives of many products. Food products can be preserved not only across seasons but also for decades by smoking, drying, salting, pickling, canning, freezing, or chemically treating. The useful life of many nonedible products can be extended by painting, lubricating, wrapping, or vacuum-packing the item.

The sad truth, however, is that most of the products we use daily have predetermined life spans not susceptible to human tampering. These products fall into three groups: 1. Products with a fixed period of performance 2. Products subject to human whim or abuse 3. Products made to self-destruct after an undisclosed period.

Fixed-Life Products

As a writer, I am convinced that the only thing that expires quicker than a typewriter ribbon (and always in mid-sentence) is a ballpoint or soft-tipped pen. The facts, unfortunately, support my belief. Nonreusable carbon ribbons last about 15,000 words, while the average ballpoint—provided you can hold onto it that long—lasts about 6,000 words.

The manufacturers of pens and pencils rate their products according to how long a line the pen or pencil will draw. Most ballpoints are rated from 4,000 to 7,500 feet. This information does not appear on the product package, so it's up to the buyer to determine through trial and error whether the 79-cent pen is really a better buy than the 97-cent model, or which of the two 89-cent brands draws the longer line. The simplest solution is to use a pencil instead. Any No. 2 pencil, regardless of price, can draw a line more than 30 miles long, which is the equivalent of about 30,000 words. Writers with a penchant for words in excess of five

(Continued on page 38)

NEWS OF THE LODGES

(Continued from page 15)



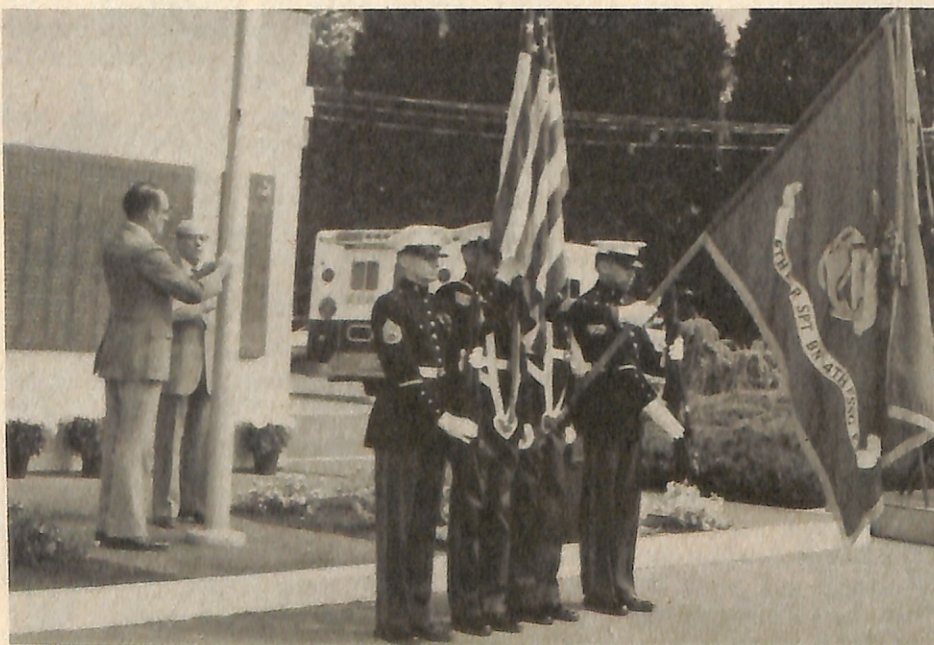
AUBURN, CA. During his visit to Auburn, CA, Lodge, then-GER Marvin M. Lewis and about 45 local Elks safaried to Sutter's Mill in Coloma, the site of the gold discovery that started the Gold Rush of 1849. During the safari, Brother Lewis was playfully "jailed" by his wife Gerry.



SAN MATEO, CA, Lodge donated funds to purchase rescue equipment for the Explorer Post 12 Explorer Search and Rescue (ESAR) Team. Displaying some of the equipment are (standing, from left) ER Edwin Ball; ESAR Representative Mark Ghilarducci, and Est. Lead. Kt. Bob Ames; (kneeling) ESAR members Peter Weisskopf and Tim Toda.



HOQUIAM, WA. During Youth Week, Hoquiam, WA, Lodge honored more than 35 Hoquiam High School students at a dinner at the lodge. Miss Keri Wetzel (third from left), Associated Student Body president, received a plaque after being selected as the lodge's first Teenager of the Month. Others pictured are (from left) Jim Northcutt, vice-principal of the school; Pete Hegg, school principal and co-chm. of the Youth Activities Committee; David Haynes, ASB vice-president; Tom Smiley, senate chm.; and PER Bill Jamison, second co-chm. of the Youth Activities Committee.



BEAVERTON, OR, Lodge maintains a Vietnam War Memorial, listing the names of the 686 Oregonians who died in the Vietnam War. On April 26, Vietnam Remembrance Day, the names of 49 Oregonians who are missing in action were added to the memorial. Their families were present. The U.S. Marine Corps Honor Guard brought the colors to honor the missing servicemen.

(Continued on page 30)

HOW TO DRILL A BACKYARD WATER WELL

BILL HARRINGTON

I've been drilling water wells in Oklahoma for about 15 years.

When I first saw the ad that claims a man can drill his own water well with a Hydra-Drill, I was extremely skeptical. I thought to myself — how can that be? That's impossible. It takes a big engine, it takes a big rig to drill a water well. But my curiosity kept nagging me, so I sent off for the information.

My daughter's boyfriend is a well driller over in Arizona. I showed him the Hydra-Drill literature. His first reaction was "I don't believe it. I don't believe a 3 hp. drill can do the same thing my 100 hp. drill does." But the more I studied it, the more it sounded like a good idea.

A WATER SHORTAGE

Another thing on my mind was the drought. We're having the worst drought here since the dustbowl days back in the '30s. A lot of towns around here all the way over to Tulsa are running short of water, and some of them have started water rationing. It's very hard on a lot of people, but business is good for well drillers. I'd been thinking about buying another drill and putting my son Robert in business. He's 18 years old, and he'd never worked on a drill before. I decided he could learn with a Hydra-Drill.

EASY SET UP

Now when I started out in the drilling business 15 years ago, I had a big drill that just about worked me to death. Later, I got a rotary drill. It was easier to operate, but it took a day and a half to set up and drill a well in this area. You can't imagine how I felt when they delivered our Hydra-Drill. It was so compact, very simple. Robert and a young friend of his took it out and set it up in just a few minutes.

OUR FIRST HYDRA-DRILL WELL

The day we went out to drill our first well with the Hydra-Drill, I was all fixed to work with the boys and give them plenty of advice. However, it was a very hot day — about 100 degrees — and once they got started drilling I could see they didn't need me standing right there, so I went over and sat down in the shade of a tree. In about an hour, they came over and I asked them if they were taking a break, and they said no, they had just finished drilling the well.

It was amazing. They had drilled down forty-seven and a half feet and hit a layer of beautiful, coarse sand — the kind that produces good water and a lot of it. They had drilled that well in less time than it takes me just to set up my big drill.



PHOTO BY TONY JACOBY

Later, I figured they had drilled that well with less than one gallon of gas. My big drill would burn up at least fifteen gallons of gas for that job!

MAKES MONEY

The next day we drilled a well 115 feet deep through rock, and it went fast too. The Hydra-Drill really takes the hard work out of it. It's fast and economical, and that's what it takes to make money drilling wells.

Also the Hydra-Drill is so portable we can set up and drill anywhere. In the past, I've lost out on some jobs because people were afraid my big drill would tear up their yard. With the Hydra-Drill, we can drill without tearing up anything or making a mess. This is a big selling point to my customers.

I'm just grateful to have this Hydra-Drill. I've got my son started in a good business he can make some money with. If I had bought another big drill, it would cost thousands of dollars, and that is just ridiculous because the Hydra-Drill does the job just as good. In fact, I figure we earned enough to pay for the Hydra-Drill the first week. From here on, we're in the blue chips.

GOOD, PURE WATER

I believe anyone can drill a well with a Hydra-Drill. Even if they just wanted to drill their own well, they'd save money. It's simple and it's easy if they just read the instructions. And the best part about it is that you get good, pure water without all those chemicals in it, and the water costs you, say 5 cents for a thousand gallons. You certainly can't buy city water for that. And it's a great feeling to have all the water you want even when

the city is rationing water to everyone else.

The man who invented the Hydra-Drill really knew what he was doing. Modern technology is a wonderful thing, isn't it?

NOTE: Readers can get a big, fully illustrated information kit on the HYDRA-DRILL including a booklet, "How to Drill Your Own Water Well." The information kit is available free, without obligation. Requests should be addressed DeepRock Mfg. Co., 89 Anderson Rd., Opelika, Alabama 36802.

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HILLSBORO, OR. Groundbreaking for the new Hillsboro, OR, Lodge building was held recently. Participating in the program were (from left) State Rep. Al Young, Sheriff Bud Barnes, PER Val Schaaf, PGER Frank Hise, VP Don Stephens, ER Dale Smoole, then-DDGER Robert Bentley, DDGER John Wade, Brother LeRoy Berger, and Building Chm. Ken Trexler.



AURORA, CO. Mark Draper, director of Elks Laradon Hall, is presented with a check for \$1,200 by members of the Aurora Elks' ladies, (from left) Glenda Wilson, decorating chairwoman; Chairwoman Bernice Florin; and Treasurer Lucy Ross. The Aurora Elks' ladies contributed more than \$3,000 toward the charitable activities of Aurora Lodge. Elks Laradon Hall, located in Denver, is the state Major Project. It is a school for training and rehabilitation of mentally retarded children, and a vocational school for young adults.



GRESHAM, OR. Lodge honored Oregon Third District Congressman Ron Wieden as Citizen of the Year. Shown with Congressman Wieden are PER and Americanism Chm. Donald Jones (left) and then-ER John Fuller.



WEST COVINA, CA. Then-GER Marvin M. Lewis (left) kicked off National Patriotism Week at his official visit to the San Gabriel Valley (CA) District. Welcoming Brother Lewis at Ontario International Airport was PSP Paul Haines, who with PGER R. Leonard Bush and PDD Donald Huff, program chm., headed the more than 350 persons attending the West Covina Lodge affair.

Around and About AUSTRIA



by Jerry Hulse

If I were young and free to roam, I would steal off to the little Austrian village of Durnstein (hopefully with a pretty girl and a good bottle of wine) and I'd sit beside the Danube and fill my soul with the scene that blesses this marvelous place. On the other hand, what has age to do with it? Well, only that the young have more time in which to sense the joy of being alive, alive and happy, in a place of such medieval beauty.

Likely I would take a table on the terrace at Schloss Durnstein, the ancient castle-hotel that overlooks the Danube. What more perfect setting for this affair with the glass and the

girl? Frequently a Strauss waltz reaches the ear at Schloss Durnstein and on Sunday, occasionally, an oom-pah band makes itself heard. There are those who believe that Durnstein may have inspired the brothers Grimm, for entering Durnstein is like opening the pages of one of their famous tales. Austrians describe it as a retreat from the world, a place where one can set the mind at ease while nourishing both body and soul. Less than a mile long, it is a slice of history, a glimpse of medieval Europe.

Who could fail to feel the magic of the Danube flowing below the old

hotel and breezes that carry the perfume of springtime's flowers? From the hotel, if I were to fulfill this dream I spoke of, I would study the barges and sightseeing boats moving along the river, whenever I wasn't studying my companion's eyes—or refilling our glasses. No one, of course, should come alone to Durnstein; it is that romantic, one of those near-picture-perfect settings crowded with ancient buildings, a narrow, cobbled street and vineyards that sweep down hillsides to the twisting Danube far below.

Durnstein is—and I apologize for
(Continued on next page)

Departed Brothers

GRAND LODGE COMMITTEEMAN Floyd Shambaugh of North Canton, OH, Lodge died June 4, 1983. He was a member of the GL Committee on Credentials from 1980 until his death.

Brother Shambaugh also served as president of the Ohio Elks Association from 1976-77.

PAST DISTRICT DEPUTY John J. Nahra of Old Town, ME, Lodge died February 6, 1983. Brother Nahra served as District Deputy Grand Exalted Ruler for the East District of Maine in 1971-72.

PAST GRAND LODGE COMMITTEEMAN T. R. Beales of Newark, NY, Lodge died March 30, 1983. He served on the GL Committee on Credentials in 1961-62.

Brother Beales served as District Deputy Grand Exalted Ruler for the West Central District of New York in 1947-48. He was also a past president of the New York State Elks Association.

PAST GRAND CHAP. Rev. Francis P. Fenton, O.S.A., of Flint, MI, Lodge died May 19, 1983. Rev. Fenton served as Grand Chaplain from 1967 to 1970.

PAST DISTRICT DEPUTY Victor E. Berg of New Philadelphia, OH, Lodge

died April 17, 1983. Brother Berg served as District Deputy Grand Exalted Ruler for the Southeast District of Ohio in 1939-40. He was also a past president of the Ohio Elks Association.

PAST DISTRICT DEPUTY Frank J. Faha of Lakeview, OR, Lodge died May 1, 1983. Brother Faha served as District Deputy Grand Exalted Ruler for the Southeast District of Oregon in 1956-57.

PAST DISTRICT DEPUTY George J. Renner of Monroe, MI, Lodge died April 26, 1983. Brother Renner served as District Deputy Grand Exalted Ruler for the Southeast District of Michigan in 1956-57.

PAST DISTRICT DEPUTY Richard L. Obe of Webster City, IA, Lodge died May 30, 1983. Brother Obe served as District Deputy Grand Exalted Ruler for the Northwest District of Iowa in 1981-82.

PAST DISTRICT DEPUTY Guy Tyler of Atlanta, GA, Lodge died April 6, 1983. Brother Tyler served as District Deputy Grand Exalted Ruler for the West District of Georgia in 1955-56.

PAST GRAND LODGE COMMITTEEMAN Thomas E. Burke of Lafayette, IN, Lodge died recently. He was a member of the GL Auditing and Accounting Committee in 1951-52.

Austria

using the word—quaint, a pleasant escape, where lovers stroll arm-in-arm, footsteps echoing against ancient walls, so old as to have known the steps of other generations of lovers. The fragrant breeze stirs. It carries the sweet reminder of lilacs and roses. The leaves of maples, chestnuts and oaks glisten with moisture along the mossy banks of the Danube. What a pity it must have been for Richard the Lionhearted who was incarcerated in the now-crumbling fortress that's perched on a hilltop high above Durnstein. He was, locals will tell you, Durnstein's first prominent guest. The year was 1192 and Britain's legendary king was captured as he stole across Austria disguised as a peasant. This after of-fending Austria's Duke Leopold during some near-forgotten encounter. What a pity to look down on the Danube, alone and without so much as a glass of wine. But there was a more or less happy ending. At last, the famous prisoner was found by his faithful minstrel, Blondel. England ransomed the king for four tons of silver. Afterward Richard fled; unfortunately, without ever having learned of Durnstein's charms.

Visitors motoring up from Vienna enter another world when they reach Durnstein. With the tolling of the cathedral bells a sense of well-being greets new arrivals. On our way from Vienna we ran head-on into an afternoon thunder shower that sent streams rushing from hills green with new grass. Cattle grazed contentedly by the roadside and somewhere in the forest a mockingbird made its voice heard. A deer peered from the darkness as we drove slowly along this road that runs beside the Danube, skirting ancient villages and churches with their baroque steeples.

The light rain still fell as we came upon a highway sign that read simply: Durnstein. Turning into the cobbled street we passed buildings dating from the time of Richard the Lionhearted, shops and homes, and finally entered the ancient arched entrance of Schloss Durnstein, the elegant castle-hotel that looks down on the stately Danube.

A 15th century showplace, Schloss Durnstein is the picture one envisions of a fairy-tale castle; within its walls one forgets the world of stress, un-

(Continued on page 34)

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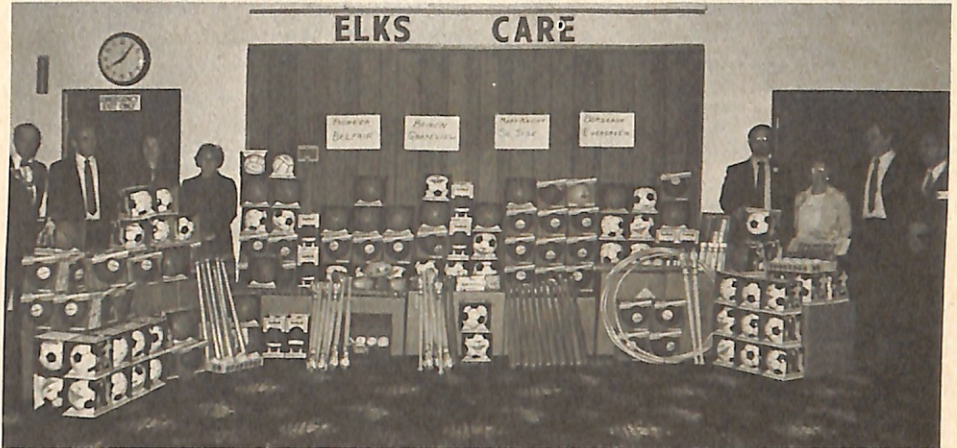
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TIME OUT FOR Elks SPORTS



SHELTON, WA, Lodge presented \$1,260 worth of playground equipment to eight area elementary schools when it was discovered that these schools lacked sufficient equipment for recess and physical education uses. Shown on the extreme right and left of the schools' six principals or their representatives are ER John Schwieson and Ernest Hamlin whose area survey pointed up the need for the sports equipment.



BROOKLINE, MA, Lodge sponsored the State Hoop Shoot Champion, Kris Kuropatkin (shown center) with Boston Celtics star Larry Byrd and lodge Hoop Shoot Chairman Terry Shine. Kris shot his way to first runner-up in the regional semi-finals of the National Hoop Shoot contest. Kris was a guest of the Celtics at a team practice, and later he and his family were guests at a Celtics game.

SOUTHERN PINES, NC, Lodge hosted the 22nd Annual National Elks Golf Tournament which drew a field of 488 golfers representing 133 lodges. Played under ideal weather conditions, the tournament also featured a 36-hole tournament for the Elks' ladies. Presenting the Championship trophy to Larry Dempsey is ER Richard Carver (left) while runner-up Reverend Michael Garber and Tournament Director Jim Marco look on.



GRASS VALLEY, CA. The state champion Colfax High School girls basketball team was honored April 26 by members of the Grass Valley Lodge who gave the girls a dinner, flowers and American flags. Elks officers and players pictured are (left to right, front row) Leo LaBrie, Esquire and Youth Activities Chairman, Lisa Menconi, Jill Dutton, Alyssa Alves, Kim Tablada, Linda Helenius, and Jim George, Exalted Ruler; (second row, left to right) Colfax head coach John Alba, Sue Mead, Cindy Molzahn and Lydia Kranz.



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Austria

(Continued from page 32)

winding in an atmosphere of warmth, peacefulness and congeniality. While the rain continued to beat down outside, a ceramic stove spread its warmth through the parlor and into the oak-walled bar where the notes of a Strauss waltz filled the room, laying to rest any plans we had for quickly unpacking. It was a scene too cheerful to leave just yet. We could unpack later when we'd had our fill of this relaxful moment.

Each evening, classical melodies pour forth at Schloss Durnstein. Bach, Beethoven, Mozart, Wagner, Haydn, Chopin; these and others. Such is the civilized world of this old castle-hotel with its candlelight and excellent wines and meals that draw guests from as far as Bavaria and Switzerland and Austrians from throughout this lovely land of theirs. Alfons Striz, a choir director from Munich, makes the trip three or four times a year, and European politicians, actors and actresses regularly seek solace within the ancient walls. Specialties served in the candlelit dining room include roast pheasant stuffed with apricots, fresh smoked trout, salmon, veal, partridge, wild duck, cucumber and asparagus soup, potato dumplings seasoned with bacon, onion and parsley, Viennese chicken and wachauer tortes.

Tall, scholarly Hans Thiery and his lovely wife, Rose Marie, preside over Schloss Durnstein, which passed to the Thiery family in 1937. For centuries, the renaissance structure (its cellar once held nearly 10,000 buckets of wine) remained a refuge for the princes of Starhemberg. Under the ownership of the Thiery family the castle was developed into a deluxe hotel whose 37 rooms are booked to capacity throughout the long season, springtime through late autumn.

Schloss Durnstein is one of those mini-museums that's filled to its vaulted ceilings with magnificent antiques: baroque armoires, fine renaissance pieces, the ancient ceramic stove I spoke of, as well as other priceless furnishings. It is one of those rare discoveries where one expects to run into some count or duke or duchess (and frequently does).

In Durnstein, it's best to remain overnight (at least one night) for during the day the busloads of tourists crowd the streets, spending their shill-

ings in the little shops and then, after an hour or so, hurry off again. Durnstein is a gem, but it's best enjoyed in the late afternoon and evening when the big push is over. One can, of course, escape the crowds by taking a table on the terrace at Schloss Durnstein. Or by hiking down the hill (you and the girl) and taking a picnic lunch and lying in the grass beside the Danube. Ordinarily passengers on the tour buses don't take the time to venture that far, which is fortunate for those with their wine and their companions seeking privacy.

Romance reigns even on a rainy day in Durnstein: while the cobbles shine in the courtyard at Schloss Durnstein, it's a joy to relax in the parlor with a book and a musical treasure willed by Mozart for such an afternoon. When the weather is bright, as most often it is during summertime, guests hike up to the fortress above the village where Richard the Lionhearted languished in his cell. It takes a stout heart, though, for it is a steady, uphill grind along a twisting, rocky path that taxes both the blood pressure and the will.

In Durnstein, poets and painters are inspired by the Danube and vineyards that slip away down the hill-sides; by the geraniums that flow from window boxes and the realization that in other centuries carriages rolled through the streets of Durnstein and elegantly gowned women strolled with princely companions.

One particular night each June, the Danube flows with flame as villagers set sail hundreds of small boats filled with little fires in a salute to the year's longest day. Nowhere else in the world is there such a spectacle, and along with the little fireboats, there is street dancing and the cheerful notes of an oom-pah band.

Each season has its moment in Durnstein. Life's new promise—the leafing out of the trees—sets the mood for springtime; ancient elms spread their shade along the Danube during summer (when ferries drift by with passengers whose misfortune it is not to stop at Durnstein); and later, the crisp air announces autumn and the grapes are harvested and smoke curls from chimneys and Schloss Durnstein is filled with warmth and good cheer as guests witness the spectacle of a world turned crimson and gold. Fall's lovely colors sweep down hillsides to the Danube and appear in peaceful, old-world villages on the opposite shore.

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Because of Durnstein's charms, no hotel between Vienna or Salzburg enjoys greater popularity than Schloss Durnstein. And when it overflows, as it frequently does, Hans Thiery sends guests scurrying off to the family's other hotel, Richard the Lionhearted. In this former convent, (circa 1289) guests sleep beneath eiderdowns and take their meals in a splendid garden that comes alive with music and sets a mood for romance. A few doors away the little 10-room Sanger Blondel, which was named for Richard the Lionhearted's minstrel, occupies a 700-year-old chalet, although in a less pretentious setting.

Farm wagons still creak through the cobbled streets of Durnstein, especially during the grape harvest when volunteers arrive from villages throughout the valley to pick the fruit. In a ritual nearly as old as Durnstein itself, locals display straw wreaths at their doors whenever a new wine is available. More than 1,000 growers belong to the cooperative that produces and distributes the wine, an organization with the tongue-twisting label, Winzerensenschaft Wachau. If there's anyone around who can pronounce that without slurring the words, they're entitled to another glass of the grape.

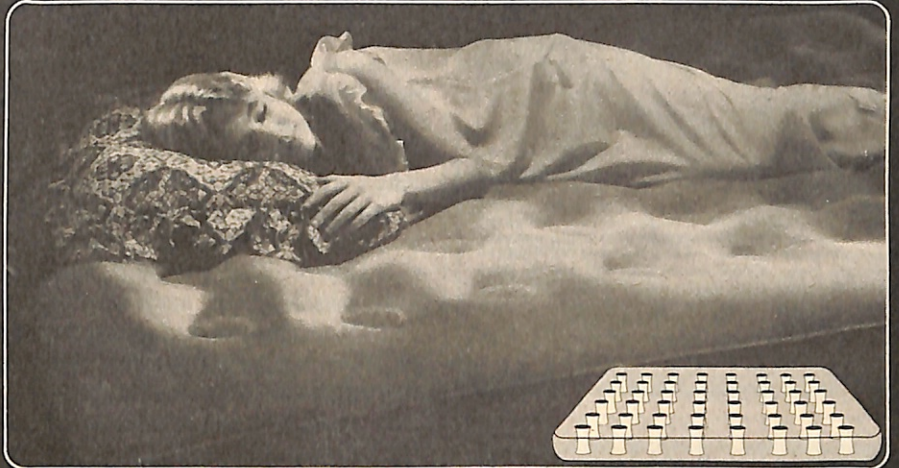
After visiting Durnstein we drove on to the little resort town of St. Wolfgang, three hours by car and quite near Salzburg. It was nearly midnight and a yellow glow shone through the frosted windows of Heinz Tucek's warm and inviting restaurant. Inside, a group of Austrian and American tourists gathered to sing while a zither player filled the room with his moving melodies. The music produced both laughter and a few tears. Austrian beer flowing from the taps was carried on a silver platter by a smiling blonde waitress. The zither player, though, was drinking schnapps and so he waved her away, and the more he drank the more nimble his fingers became. Even while the clock moved beyond midnight, the lovely music continued.

Alone at a table, a beautiful German girl flirted with the musician, this huge fellow in the lederhosen with the knowing smile. Finally, she, too, joined the others as the zither player strummed the haunting Lara's Theme from the film, "Dr. Zhivago." If you would believe Heinz Tucek, whose restaurant here

(Continued on next page)

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Austria

(Continued from preceding page)

in St. Wolfgang serves up marvelous meals as well as these wonderful melodies, this fellow with the nimble fingers who drinks schnapps and smiles hugely, Karl Haas, is the best zither player in all Austria—and Tucek doesn't intend to lose him. No, not even to the beautiful German girl with the pouting lips and the liquid green eyes.

St. Wolfgang was sleeping as I left the Hubertuskeller, which is the name given to Tucek's restaurant on the Old Town square in this ancient village. A cat darted across the cobble street ahead of me and a group of revelers loaded their inebriated companion onto a cart and pushed him home, singing a lively Austrian folk song as they disappeared down an alley.

St. Wolfgang, a maze of twisting streets and chalets, faces one of Austria's loveliest lakes, the Wolfgangsee, a place of summertime sailing and wintertime skating, tobogganing and skiing. A cog railroad crawls up the Schafberg, a 5,850-foot peak with a hotel at the very top that provides a sweeping view of 13 lakes, including St. Wolfgang as well as the awesome Berchtesgaden Alps. If you're turned on by oom-pah bands, Alpine peaks and suffer a weakness for Austrian beer and wine, you'll be bound to get a glow on in St. Wolfgang.

Without argument, St. Wolfgang's best-known hotel is the White Horse Inn, which was immortalized in the comedy "Im Weissen Rossl am Wolfgangsee," which still plays during summertime to the hotel's guests. Unfortunately, the White Horse lives on reputation. Although providing an indoor swimming pool, a sauna, sailing, windsurfing and a pleasant spot for sunbathing, it is truly not St. Wolfgang's slickest hotel. Certain "view" rooms on the water offer little more than keyhole glimpses of the lake, and these at prices higher than one will pay at a *gasthaus* with superior accommodations.

Upward of 50 inns and hotels provide shelter in St. Wolfgang, among them Gasthaus Gastberger with its immaculate rooms and marvelous views of the lake, this for under \$25 a night, and at Hotel Forsterhof, where for \$15 a night the best room in the house is yours.

None, though, compares with one of my favorite hotels in all Austria, the Goldener Hirsch in Salzburg, which is less than an hour up the road from St. Wolfgang. For more than 400 years the Goldener Hirsch has provided shelter for the wayfarer. Kings, queens, film stars and a variety of other celebrities bid for its rooms, as do other discerning guests from Europe and abroad. Opened in 1564, it has done business without pause. The guest register lists the names of Britain's Queen Elizabeth, Queen Beatrix of the Netherlands, Richard Nixon and Gerald Ford, Zubin Mehta, King Leopold of Belgium, Italy's King Umberto, the Queen of Thailand, Burton and Taylor and a host of other greats and not-so-greats. No matter their status, practically everyone agrees that the Goldener Hirsch is a rarity, with a gifted staff and an unusual warmth. Claridge's it is not, although it boasts a barman, Kurt Bayer, a graduate of Claridge's who is said to be Austria's most celebrated martini mixer. His formula: five parts vodka and one part dry sherry—into which he dips the cork from a bottle of Pernod. One isn't enough, two seems sufficient and three, well . . .

As hotels go, the Goldener Hirsch is small (only 57 rooms). Still, there's a friendliness and a sincerity generally found only in Europe's smaller villages. Take the bellman: After delivering the bags to my room he slipped out before I could tip him. And the concierge continued to provide favors without a hint of reward.

No hotel of such age could be without certain flaws. Indeed, in places the floors creak. They slope at strange angles. But the Goldener Hirsch provides a sense of security, friendliness and comfort that's missing in the sterile glass skyscrapers popping up with such alarming frequency across Europe these days.

Credit for the smooth operation of the Goldener Hirsch goes to Count Johannes Walderdorff, the hotel's director, a confidant of royalty, film stars and politicians. He's the chap who performs miracles for both celebrities and ordinary guests: obtaining theater tickets said to be *impossible* to get, and arranging reservations at restaurants already booked full for the night.

If you are going to Salzburg, you should spend a night in this fine Old World hotel—if only to learn how royalty lives. ■

T.A.L.K.

(Continued from page 25)

"I recently had a call from a man who wanted to find out about specific physiological problems his daughter was having, which turned out to be the result of a case of incest. I got off the phone, and was really congratulating myself for having gotten to the root of the problem, when I realized, 'That's why he was looking for help in the first place!'"

According to Werner, T.A.L.K. volunteers will often support their callers straight through the doors of the hospital emergency room. "They realize that the parent is probably scared, and confused, and in need of all the strokes we can offer."

However, she is quick to admit that this supportive stance is not always easy to assume. "We are human, and some of the people we work with are extremely difficult, and living in extremely depressing environments. But we try to look for anything to like in a parent. 'You threw your child down the stairs, but you took him to the hospital? I think it's really great that you did that.'"

"Of course, with the present budget cutbacks, this can be one of the most frustrating parts of the job," admits Werner. "Often, I'll finally have persuaded the battered wife who is in turn beating her child, to leave her living environment, only to find out that every one of the shelters is full!"

Moreover, Werner is concerned that our country's present economic difficulties are contributing to the rise in child abuse cases. "People just can't make it to the end of the month anymore, and people with stresses tend to take them out on each other."

To combat this potential upsurge in violence, T.A.L.K. has several tips for abuse-prone parents who might be tempted to strike out at their children in response to stress.

"The first awareness is to do whatever you can not to hit anyone," advises Werner. "Put the child in another room, go take a walk around the block—anything! Just concentrate on being able to stop yourself. When the crisis has passed, the next important thing—and the hardest, is to admit to yourself that you wanted to hurt your child, that it could happen again...and that you need help."

The Child Abuse Council has also outlined several "clues" that concerned family and friends should look

out for if they suspect a case of child abuse. Some of them include: A child who seems unduly afraid of his or her parents. A child who is notably destructive or aggressive. A child who is notably passive or withdrawn. A child who shows evidence of repeated skin or other injuries. A child who cries often. A child who is described as "different" or "bad" by his or her parent. A parent who ignores a child's crying, or reacts with extreme impatience. A parent who makes no attempt to explain the child's injuries, or offers some absurd explanation.

If any of the above "clues" are noticed on a continuing basis, the parent should be approached. But, adds Werner: "The real importance is not to lay blame. Parents don't need people to judge, but to care. That is

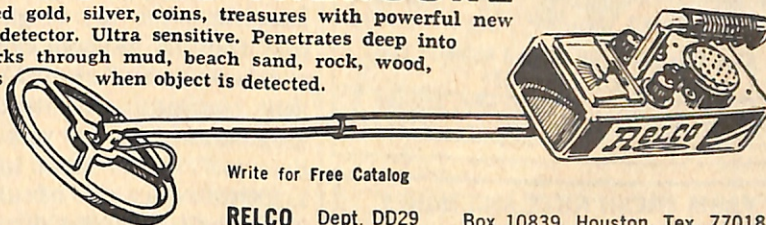
the only way they'll be motivated to seek help, which is what they really need and want."

Although the problem of child abuse is still rampant (80,000 cases were reported last year in California alone), the T.A.L.K. Line volunteers hope that through sympathy and support, abusive parents will recognize their problem, and end up giving their children the love and care they ultimately long to provide.

As Ken B. puts it: "When I called, what I was really doing was saying, 'Help me, I don't know where else to turn.' I don't know what I would have done if the person on the end had said, 'Why, you S.O.B...' But I know I would have stayed angry. And my son would have been the one who had to pay for it." ■

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How Long Will It Last?

(Continued from page 27)

syllables can expect about 10,000 words before the pencil and most readers disappear into vapor.

A neighbor who jogs while I'm sharpening pencils and searching for ballpoints complains loudly about the short life of running shoes. One afternoon he appeared at my door in a sweat and, panting, handed me a news clipping that told of a runner who took on the trails of the eastern Sierra and had his shoes disintegrate after just seven miles. I pictured the runner knocked flat by a double sneaker blowout, but swallowed my laughter when my neighbor hoisted one foot to indicate how close his shoe was to suffering the same fate. Still panting, he told of runners—some "in our very own neighborhood"—who have logged up to 1,500 miles in a pair of running shoes, on asphalt. Without disputing either extreme, shoe manufacturers say that the average shoe worn by the average runner on a surface averaging "somewhere between hard and soft" will last from 350 to 500 miles before meeting its ultimate demise.

On hearing this, my neighbor limped away, muttering about a man who drowned in a creek with an "average" depth of six inches.

For hard-sole shoes, the facts are even more perplexing. Women's shoes, barring the occasional broken heel, will survive the year or two it takes for them to go out of fashion. Men's shoes, in contrast, offer mysteries that baffle the best scientific minds. Some men, for instance, can wear the same pair of shoes day in and day out for a decade or more before the shoes give out. Others, no matter how careful, destroy an identical pair of shoes in less than a year. No believable explanation has yet been found for this phenomenon. Shoe manufacturers say that the average man, unless he stands in a creek, wears a pair of shoes three years or so.

Any foot-weary man or child who has reached into the refrigerator for a late-night snack and come up with Mom's facial masque has had reason to question the wisdom of storing

cosmetics among the leftovers. Contrary to popular belief, cosmetics are formulated to be stored at room temperature and can be damaged, therefore, by excessive heat, cold, or humidity. Refrigerated air can cause some liquid products to separate and lipstick to become brittle. Equally damaging is the hot, moist air of the bathroom—particularly the good, old medicine chest.

Manufacturers say that products such as conditioners, rinses, shampoos, shaving creams, deodorants, and toothpastes are good for up to two years when stored on the shelf at room temperature. Products rich in oil, such as hand lotions and facial creams, don't last that long because of changes in color and odor. Many of these products include instructions on the label relating to proper storage and handling.

According to manufacturers, powder is the only cosmetic that can be stored indefinitely, opened or unopened. Perfume in an unopened bottle, not exposed to air, never loses its smell. Once opened, however, the fragrance fades over time, even when the bottle is firmly stoppered. On the skin, perfume lasts about three to four hours. Cosmetologists say that perfume lasts longer on brunettes than on blondes, since most fair-haired women have drier skin which absorbs the fragrance faster.

Consumer experts say that lipsticks, properly stored, will last for several years. Most retail outlets, however, return lipsticks to manufacturers after three months. According to the experts, nail polish is good for about six months if properly stored. Mascara, they say, should be tossed out after three months because of the risk of contamination, which might cause eye infection.

Whim and Wham Products

The life span of women's shoes and clothing has little to do with durability. The experts know that—and so does every female old enough to wail, "I have nothing to wear!" The fact is that most items of apparel—for men and for women—fall victim to the whims of fashion. Even the most poorly made garments will outlast the prevailing whim and are many times more durable than the basic fig leaf of Adam and Eve fame. Botanical data on the useful life of a fig leaf indicates that it begins to dry and become fragile in three to seven days, depending on temperature and

humidity. The test leaves were not subject, of course, to wear and tear.

Parents of young children often wish toys would last as long as the fig leaf. Industry figures reveal that one toy in ten is damaged or destroyed in less than a week of use. A toy rarely survives a year with all its parts unbroken and unlost. The experts say that most broken toys these days are tossed out, rather than repaired. The exceptions include electric trains, tricycles and bicycles, and a child's favorite doll or stuffed animal. These items are patched and repaired and cared for generally until they are outgrown, the average life span being about ten years.

Products That Self-Destruct

Let's face it: Many products are made to self-destruct after a limited time so that more products can be sold. Manufacturers stoutly deny this, of course, but any woman forced to allocate one-third of her take-home pay to the purchase of pantyhose knows better. The product is constructed to run riotously on first contact with a feminine knee or anything else for that matter.

Cigarettes are another example. Today's brands are manufactured with specially treated paper so that they will continue to burn even when they are not being smoked. A regular-size, non-filter cigarette will burn down completely in about 16 minutes—quicker if it's the last one in the pack and all the stores are closed.

Once opened, a pack of cigarettes will dry out within a few days if left alone. Unopened packs will dry out, too, but it takes several months of neglect to accomplish this. Properly stored, however, cigarettes—opened or unopened, can last for decades, as can cigars and pipe tobacco. The experts recommend that tobacco be stored at 60 degrees F. and a humidity of 68-72%. In short, buy a good quality humidifier.

Perhaps more than anything else produced today, books seem programmed to self-destruct. Book collectors say that a volume published hundreds of years ago will often be in better physical condition than last year's bestseller. The deciding factor is the difference in the rag content of the paper used. The higher the rag content—that is, the amount of wood fiber as opposed to pulp found in the paper—the longer the paper will last. The rag tends to trap moisture and keep the paper from drying out.

Paper with 100 percent rag content is virtually unobtainable today. The rag content of most good quality paper ranges from 25% to 75%. Pulp paper, which is widely used today in books, dries out easily and is highly acidic. As a result, it quickly becomes brittle and discolored and is apt to crumble. The average life span of a book today is about 25 readings. The person who just finished reading this month's bestseller may not be interested in reading it again 24 times, but libraries and book collectors of all species go to great lengths to increase the life span of today's books. Libraries restitch and rebind books so that they can be read at least 100 times. Book collectors try freezing, vacuum storage, and coating each page in plastic.

Because of the high cost of books, many people who are not collectors are interested in preserving the volumes they own. Around the house, the chief dangers to books and papers are too much or too little humidity, exposure to sunlight, air pollution, and various fungi and molds. For better protection of books, the experts recommend shelves with glass doors rather than open bookcases. They suggest that books with leather bindings be treated occasionally with lubricant to keep them from cracking and drying. Above all, they say that cellophane tape and masking tape should *never* be used to repair pages. The acid in the tape will cause the paper to deteriorate. Special nonacidic tapes are available especially for book page repair.

With a little care, the average book today can outlast its owner—which is more than can be said in some cases about the average suburban house. Word from the housing industry indicates that architects in the United States aim for a 50- to 60-year service life in their home designs. After six decades, the theory runs, there will be enough wrong with the heating system, plumbing, electrical wiring, and other essentials to render the house uninhabitable even if the framing and walls remain intact.

Although it's heartening to know that my dwelling is not in imminent danger of collapsing around my ears, there's the sobering realization that it *will* have to be cleaned intermittently for another 45 to 55 years.

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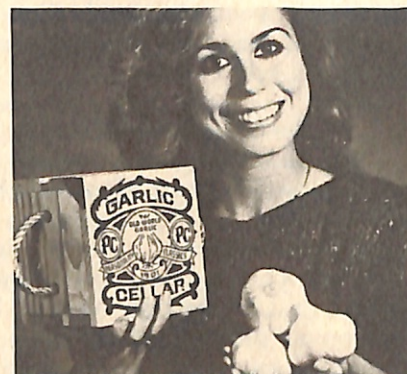
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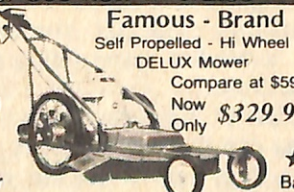
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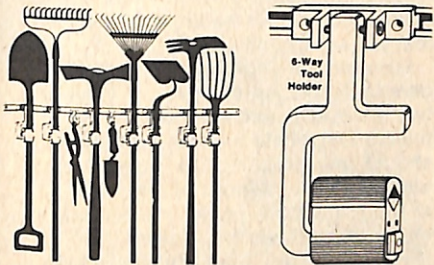
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It was the European trip I had always dreamed about. I had the time and money to go where I wanted—see what I wanted. But I soon learned that money and time don't mean much when your feet hurt too much to walk. After a few days of sight-seeing my feet were killing me.

Oh, I tried to keep going. In Paris I limped through Notre Dame and along the Champs-Élysées. And I went up in the Eiffel Tower although I can't honestly say I remember the view. My feet were so tired and sore my whole body ached. While everybody else was having a great time, I was in my hotel room. I didn't even feel like sitting in a sidewalk cafe.

The whole trip was like that until I got to Hamburg, Germany. There, by accident, I happened to hear about an exciting breakthrough for anyone who suffers from sore, aching feet and legs.

This wonderful invention was a custom formed foot support called Flexible Featherspring.® When I got a pair and slipped them into my shoes my pain disappeared almost instantly. The flexible shock absorbing support they gave my feet was like cradling them on a cushion of air. I could walk, stand, even run. The relief was truly a miracle.

And just one pair was all I needed. I learned that women also can wear them—even with sandals and open backed shoes. They're completely invisible.

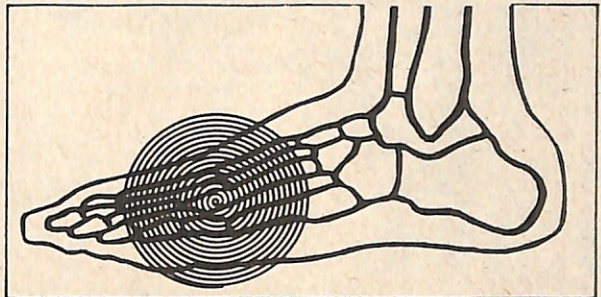
Imagine how dumbfounded I was to discover that these miraculous devices were sold only in Europe. Right then I determined that I would share the miracle I discovered in Germany with my own countrymen.

In the last nine years over a quarter million Americans of all ages—many with foot problems far more severe than mine—have experienced this blessed relief for themselves.

MADE FOR YOUR FEET ALONE

Here's why Feathersprings work for them and why they can work for you. These supports are like nothing you've ever seen before. They

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Seattle, Washington 98103 *Posed by Professional Models



are custom formed and made for your feet alone! Unlike conventional devices, they actually imitate the youthful elastic support that Nature originally intended your feet to have.

NO RISK OFFER

Whatever your problem—corns, calluses, pain in the balls of your feet, burning nerve ends, painful ankles, old injuries, backaches or just generally sore, aching feet. Flexible Feathersprings will bring you relief with every step you take or your money back.

Don't suffer pain and discomfort needlessly. If your feet hurt, the miracle of Germany can help you. Write for more detailed information. There is no obligation whatsoever. No salesman will call. Just fill out the coupon below and mail it today.

WHAT PEOPLE SAY ABOUT THE MIRACLE:

"My husband felt a great relief and no more pain. They are truly an answer to our prayers. Only wish that he had heard of them twenty years ago."

Mrs. F. S./Metairie, Louisiana
... "At the present time I still wear the Feathersprings and indeed they perform well after seven years of use."

G.M.G., Dallas, Texas

FEATHERSPRING INTERNATIONAL CORPORATION
712 N. 34th Street, Dept. EO73
Seattle, Washington 98103

YES! I want to learn more about Flexible Featherspring Foot Supports. Please send me your free brochure. I will watch for the large PINK envelope. I understand that there is no obligation and that no salesman will call.

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- Widths AAA to EEE, Sizes 6½ to 16.
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- Top quality standards maintained for 105 years.
- 45 handsome styles in men's footwear.
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To Order, send name and address of recipient, message (limit 48 letters, spaces & hearts) and a check for \$8.95 (\$7.95 plus \$1 first class postage & handling) for each GiganticGram to: Computer Greetings Corp.—Dept. D-282, 22019 Vanowen, Suite K, Canoga Park, CA 91303. Or Order by phone using VISA or MasterCard: (213) 716-0670.

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**Elks Family Shopper
 consumer/news**

How would you like to buy the World's Fair? No, this is not a bogus offer like buying the Brooklyn Bridge. The United States Pavilion at the 1982 World's Fair in Knoxville, Tennessee is going to be sold by the U.S. General Services Administration in July. Too big? How about a house?

There are many pieces of government surplus property that are up for sale. You can buy small vacant lots for as little as a few hundred dollars. There are also houses from as little as \$1,000 to well over \$100,000. Of course, there are office buildings, some of which would be appropriate for small businesses. And there are industrial complexes and military bases that will sell for millions.

Government surplus property is generally sold by competitive sealed bid, at public auction, and through private real estate brokers. All bidders should be prepared to submit an earnest money deposit of ten percent of the bid and to pay for the property on an all-cash basis at closing.

When the land is sold by sealed bid, prospective buyers will receive an invitation-to-bid form containing the terms and conditions of sale, descriptions of the property, and complete instructions for bidding. Bids must be submitted, along with the required deposit, by a specified bid opening date to the appropriate GSA regional office. Bids are opened and read publicly on the bid date. If the highest bid is acceptable, the successful bidder is notified and an award is made, usually within 60 days. Deposits are returned promptly to all unsuccessful bidders when they are notified of the rejection of their bid.

When the property is sold at a public
 (Continued on page 44)

**Cheney.
 Because Laura
 loves this house.**



Laura and her husband worked hard restoring this old house. But then an illness made it impossible for Laura to climb stairs. They could have moved to a one-story house, but Laura loves this house. A Cheney Weclator™ was Laura's solution. It lets her ride from floor to floor quickly and comfortably. It's UL approved, virtually maintenance-free, and can be installed on almost any stairway; straight, curved or even spirals.

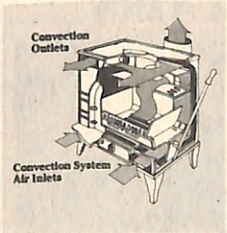
For a colorful brochure on Cheney Weclators or Wheelchair Lifts™, the indoor/outdoor Handi Lift™, and other quality Cheney products, contact your local Cheney Representative or write: The Cheney Company, Dept. EM, 3015 S. 163rd Street, New Berlin, WI 53151. (414) 782-1100.

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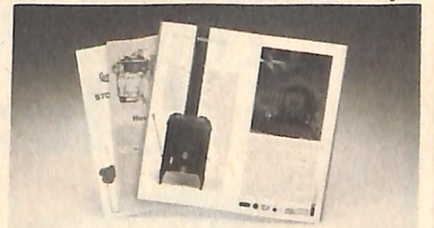
Catalytic Federal—And now, we offer a Federal Convection equipped with the Corning® Catalytic Combustor for cleaner, more efficient burning of wood.

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Stock up now, and save. We cut out the middleman, and deal in huge quantities...so we can pass the savings on to you.

These are top quality support hose, that gently support and massage your legs with each step you take. Helps you feel great all through your busiest days in luxurious comfort. So good, they are guaranteed for five years. Order now and save.

FOR MEN AND WOMEN. ITEM 6402-606
 Sizes: **Medium** (Shoe sizes 6-10) **Large** (Shoe sizes 10-13)
 Available in Black, Navy and Brown.

5 YEAR GUARANTEE!

If they prove unsatisfactory anytime in the next 5 years, we'll replace them with a **BRAND NEW** pair. Cheerful refund of the purchase price, less postage and handling, within 30 days. Just return with sales slip.

Reg. ~~\$3.85~~ pr. **NOW buy 4 pair and you get 2 pr. FREE!**

...that's 6 pair **\$2.60** at less than **\$2.60** a pair



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N. Y. Residents
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your toenails perfectly, safely and easily every time with these ultra-sharp and uniquely contoured blades. Specially designed to cut your toenails cleanly and with an attractive gentle contour. Will help prevent painful ingrown toenails too!

Discover the perfect pedicure. Order this new patented European designed Click-Clip today!

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At last, you can give yourself a perfect pedicure with this superbly designed and engineered toenail clipper.

You just gently, effortlessly squeeze these comfortable contoured, easy-grip handles together, and click-clip!...even the toughest toenails are cut cleanly, smoothly, with a perfect contour. There's never a rough edge. No need to file or polish!

The special ultra-thin blades slide easily under your toenails...even under the corners of nails where they can grow inward and cause you trouble. No ordinary scissors or clippers can do this job!

Click-Clip is a high quality chrome-plated surgical instrument. Every edge is comfortably smooth.

Folds, so it takes up little space in your briefcase, medicine cabinet, purse, or suitcase.



Elks Family Shopper consumer/news

auction, all bidders must put down a deposit before the bidding begins.

Complex special purpose properties, such as industrial plants or military sites, may be offered for sale through professional real estate brokers. They are chosen from lists of brokers maintained by GSA regional offices. The brokers provide wide public notice of the property for sale and other brokerage services consistent with usual commercial practices.

There is one thing that anyone who is interested in buying any of this government surplus land should know: all property is sold on an "as is, where is" basis. Therefore, it is imperative to visit any property you are interested in and to inspect it carefully.

If you think that you might be interested in buying some of the property that the government has declared surplus, remember, this is not a case of homesteading where the land is free or sold cheaply. You will be paying a price based on current fair market value for the area.

To let you know what is available and how to go about purchasing the property, the General Services Administration is publishing a monthly listing entitled *U.S. Real Property Sales List*. It includes information on what will be for sale within the next three months as well as how to go about bidding for the property. For your free copy, send your name and address on a postcard to the Consumer Information Center, Dept. 587L, Pueblo, Colorado 81009.

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QUALITY SUNGLASSES
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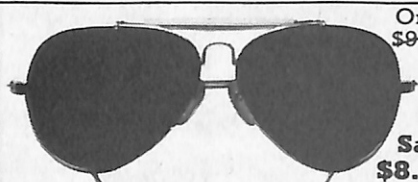
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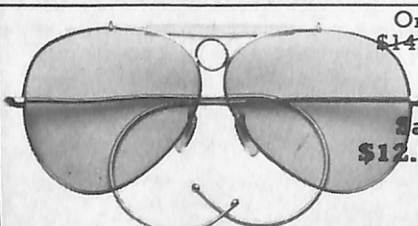
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Two pairs for ~~\$14.00~~ \$12.00



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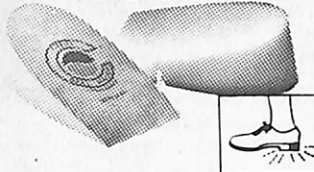
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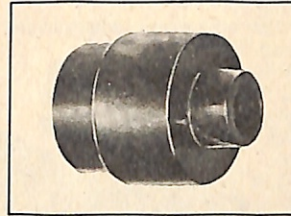
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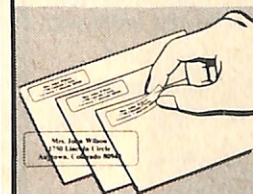
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Add 30¢ per set for shipping & handling \$ _____

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Please rush ___ Pair(s) of "Romeo" Genuine Leather Shoes as indicated below.

Single-pair price: \$17.88 plus \$1.90 postage & handling.

Two-pair price: \$33.00 plus \$3.50 postage & handling.

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Size(s) _____ Width(s) _____

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Size(s) _____ Width(s) _____

CHARGE IT: American Express Visa
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Acc't No. _____ Exp. date _____

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Check here and send 50¢ for a year's subscription to our catalog of shoe values for men and women (M289892X). Our policy is to process all orders promptly. Credit card orders are processed upon credit approval. Delays notified promptly. Shipment guaranteed within 60 days.

H.H.I. Inc., 1982

See Advertisement Inside Back Cover

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Please send my Foldaway ExerCycle(s) (Z949370) as indicated below, on full money-back guarantee.

One Cycle \$28.88 plus \$5.00 heavyweight shipping and handling.

Enclosed is \$ _____ (check or money order)
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Exp. Date _____
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H.H.I. Inc., 1983

See Advertisement Outside Back Cover

Haband's Sharpest
Crease in the World 2 Pairs Slacks for **21⁹⁵**

Deluxe Woven DRESS SLACKS 3 for \$32.50 4 for \$42.50

HABAND 265 N. 9th St., Paterson, NJ 07530

Yes Sir, Rush me ___ pairs of SLACKS, for which I enclose my full remittance of \$ _____ plus \$1.75 for postage & handling.

Or, charge it to: Visa MasterCard

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Exp. Date: _____

GUARANTEE: I understand that if upon receipt of the slacks I do not choose to wear them, I may return them within 30 days for a full refund.

*Please add \$1.50 per pair for these sizes. 72E-05H

WAIST SIZES				
30,32,34,35,36,37,38,39,40,41,42,43,44,46*,48*,50*,52*,54*				
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Whenever You Like—With No Fuss,
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One Cycle \$28.88 plus \$5.00 heavyweight shipping and handling.

Enclosed is \$_____ (check or money order)
(PA res. add sales tax)

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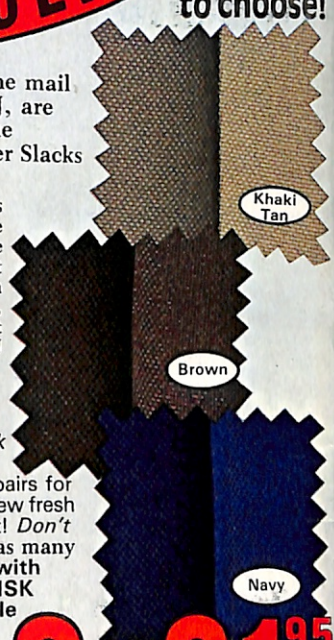
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 All waist sizes 30 to 54,
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DRESS SLACKS **2 Pairs Slacks for 21⁹⁵**
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Yes Sir, Rush me _____ pairs of SLACKS, for which I enclose my full remittance of \$ _____ plus \$1.75 for postage and handling.

OR CHARGE IT: Visa MasterCard

Acct. # _____ Exp. Date _____/_____/_____

Guarantee: I understand that if upon receipt of the slacks I do not choose to wear them, I may return them within 30 days for a full refund.

72E-05H

WAIST SIZES	
30,32,34,35,36,37,38,39,40,41,42,43,44,46*,48*,50*,52*,54*.	
INSEAMS	
S(27-28)	M(29-30) L(31-32) XL(33-34)

*Please add \$1.50 per pair for these sizes.

COLOR	05H	QTY.	WAIST	INSEAM
LT. BLUE	A			
KHAKI TAN	B			
NAVY	C			
BROWN	D			

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