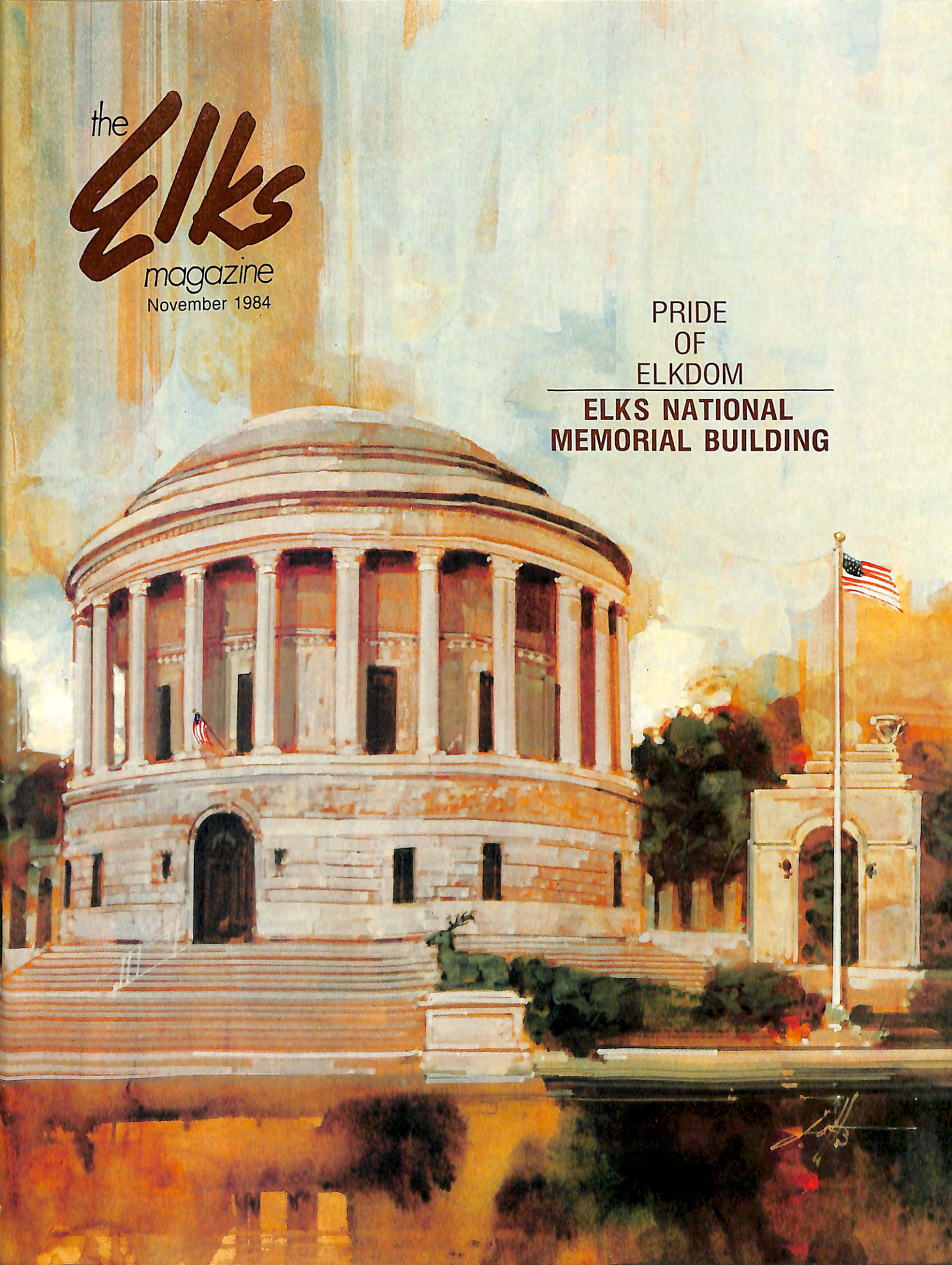


the  
**Elks**  
magazine  
November 1984

PRIDE  
OF  
ELKDOM

---

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MEMORIAL BUILDING**





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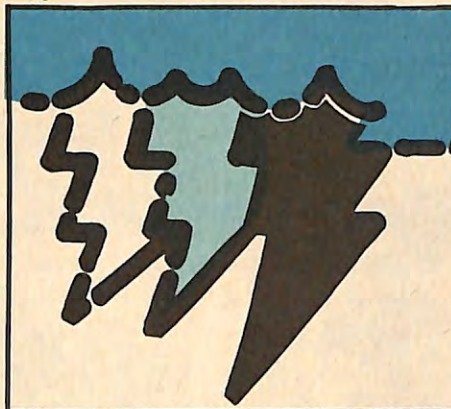
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**Cover:**

The Elks National Memorial Building is captured in its classic beauty by artist Dan Lotts. Handsome, 16"x20" full color prints of this magnificent painting are available for framing in your lodge or office. Make check or money order, in the amount of \$2.00 per print, postpaid, payable to: *The Elks Magazine*, 425 W. Diversey Pkwy, Chicago, IL 60614.



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A MESSAGE FROM THE GRAND EXALTED RULER

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## A PLEDGE RENEWED . . .

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**N**ovember is Veterans Remembrance Month when we, in each of our Lodges, pay special tribute to those who have borne arms in defense of our Nation's Flag. We place special emphasis on the fulfillment of our pledge that "So long as there are veterans in our hospitals, the Benevolent and Protective Order of Elks will never forget them."

**H**onoring that promise is not merely a once-a-year salute; it is a full-time commitment of the Elks National Service Commission, our Subordinate Lodges, and thousands of individual Elks who devote so much time and effort to the benefit of our hospitalized veterans.

**A**s World War II veterans enter their sixties and beyond, with those from Korea and Vietnam to follow, the need for our Nation to honor its responsibilities to these heroic men and women must continue. The need for *our* involvement will be greater than ever.

**A**t this season of Thanksgiving, let us renew our dedication and give special thanks that Elks Care - Elks Share.

Frank O. Garland



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# LETTERS

• I look forward to the hours of enjoyable reading that come with each issue of *The Elks Magazine* and I was especially moved to write about Jerry Hulse's "Omaha Beach, Normandy—D-Day Plus 40-Years" (September issue).

Although I was born too late to have had a part in World War II, I have always had a special respect for those brave men and women who gave so much of themselves in the defense of our nation and our way of life. The hardships, dangers and privations that our veterans, living and dead, had to endure are beyond the scope of my imagination.

The value of Jerry Hulse's article is that it makes us remember the thousands who fought, endured the unimaginable, and finally came home. But, perhaps more importantly, it makes us remember those who gave the fullest measure and now lie beneath the earth.

I am proud to be a member of the Order that declares November to be Veterans Remembrance Month, and whose work through the Elks National Service Commission goes to our surviving veterans daily to remind them that we remember and appreciate their sacrifices.

Paul M. DuPont  
Hatboro, PA

• "White House Budget Blues" (September issue) by Duane Valentry was interesting and informative.

His article points up the fact that the leaders of our growing nation were men of pride and integrity and, even though they might have had a tough time of it, they maintained these virtues!

One might wonder if contemporary ex-presidents would bear up as well under the pressures that the author described. Most seem to be better business men, whose published memoirs and paid personal appearances add up to "White House Budget Greens."

Morris Levine  
Somerville, NJ

• Reta Shoultz's "Doc, My Arms Are Too Short!" (September issue) took just the right approach to the problem of Presbyopia and it's inevitable cause: growing older.

Like death and taxes, aging is another one of life's unavoidable situations. However, aging, unlike the other two, can be approached with a light-hearted and

constructive attitude. Though any problem relating to one's eyesight must be taken seriously, Reta Shoultz provided needed information in such a way as to entertain as well as inform. Congratulations to the author on a fine article.

Selma Atkins  
Westlake Village, CA

• Congratulations to Robert Bearce for his, "Of Ships and Shellbacks" (July/August issue).

Bearce's collection of seafaring traditions and folklore made for entertaining reading of a sort that is woefully lacking in many of today's publications. The story created an atmosphere that literally sang those sea-chanteys of the past.

Max Friedlander  
(USN, retired)  
Tucson, AZ

• Thanks for the coverage of the "Hoop Shoot" Finals and the Elks/Hall of Fame Classic (July/August issue). Because of the "Hoop Shoot" program, my daughter has acquired considerable skill at free throws.

The opportunities the Elks have given to young people are overwhelming and greatly appreciated. But, why not a girls' all-star classic? The U.S. proved that its women's Olympic team was a genuine contender; I'm sure that the "Hoop Shoot" program had an influence on these fine young women. So, why not an Elks/Girl All-Star Classic?

Lois A. Hicks  
Anchorage, AK

• It was good to read Robert Bearce's "Of Ships and Shellbacks." There is a growing interest in the seafaring heritage so well celebrated in this story. Our nautical history is a vital and challenging tale that is important to our nation's future. We need the hard-won lessons of the seafaring men who helped build our strength and prominence as a nation born of the sea.

Peter Stanford  
President, National Maritime  
Historical Society  
Croton-on-Hudson, NY

Letters must be signed and may be edited. Address to: Letter Editor, *The Elks Magazine*, 425 West Diversey, Chicago, Illinois 60614.



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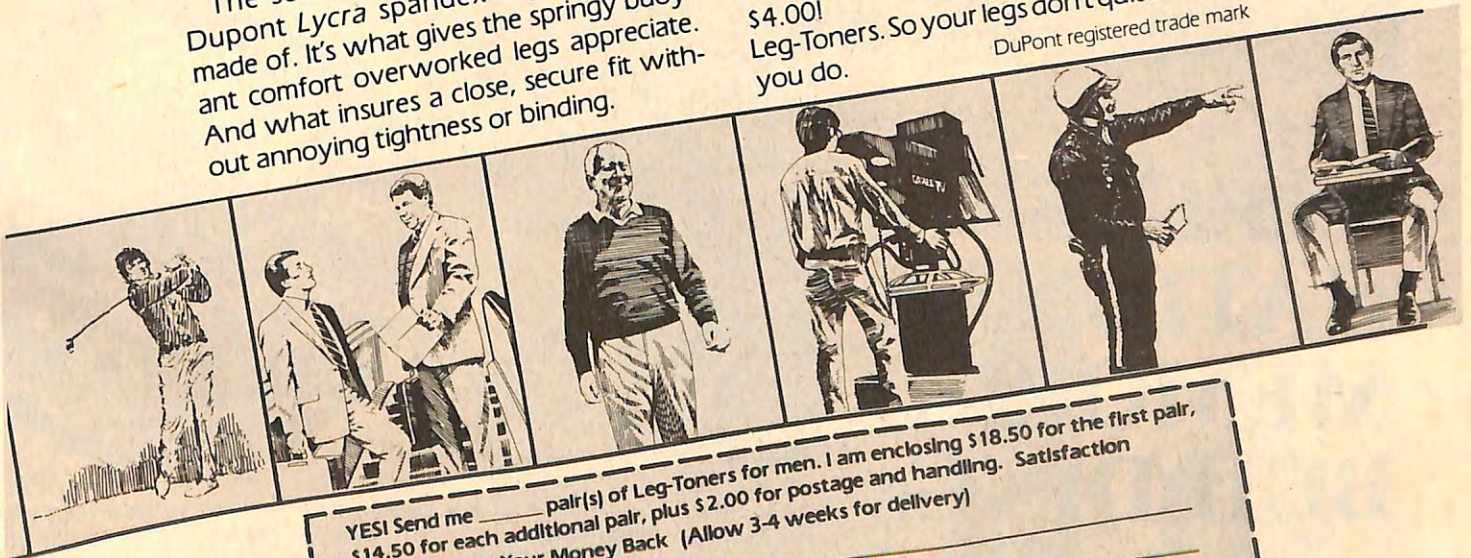
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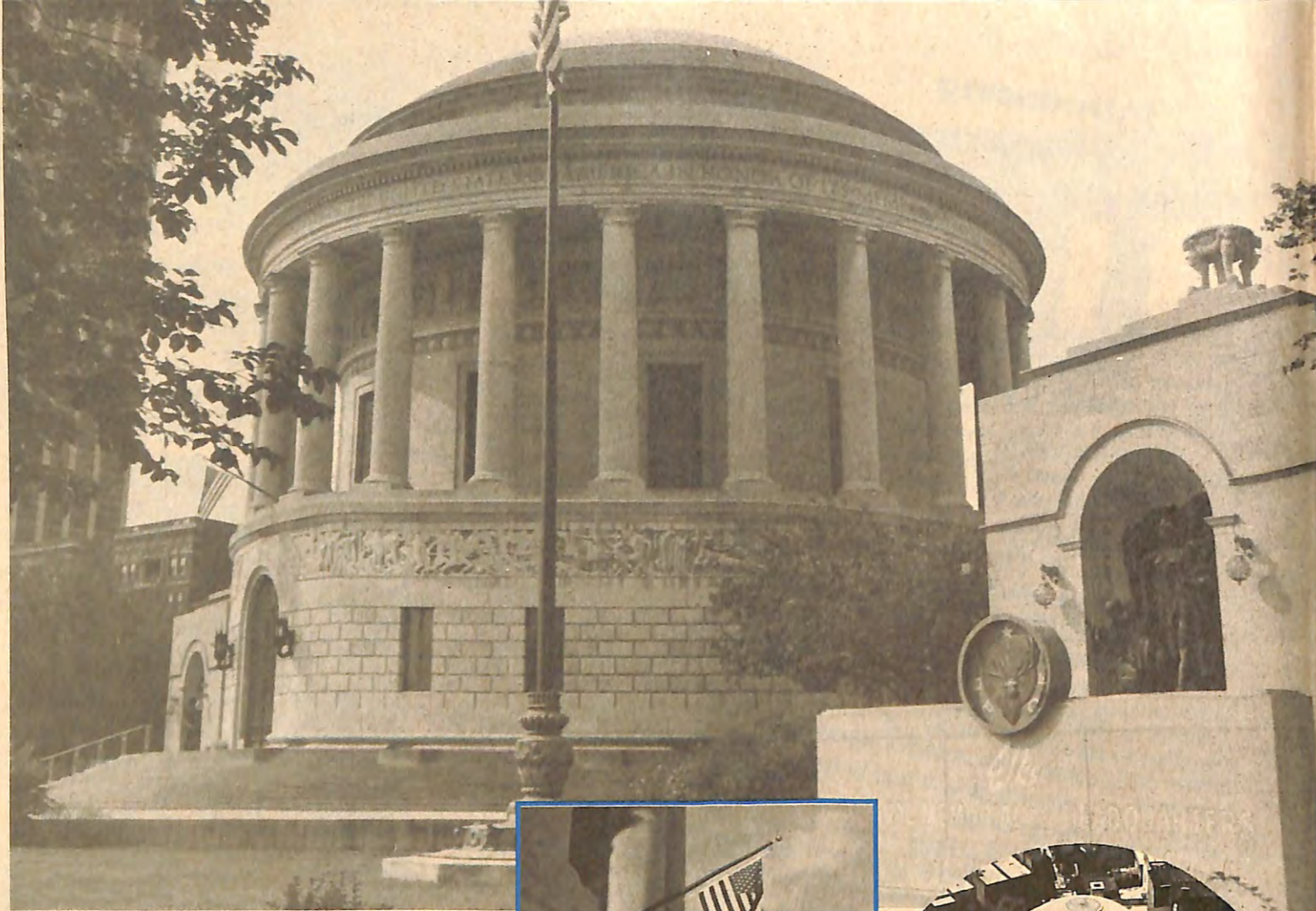
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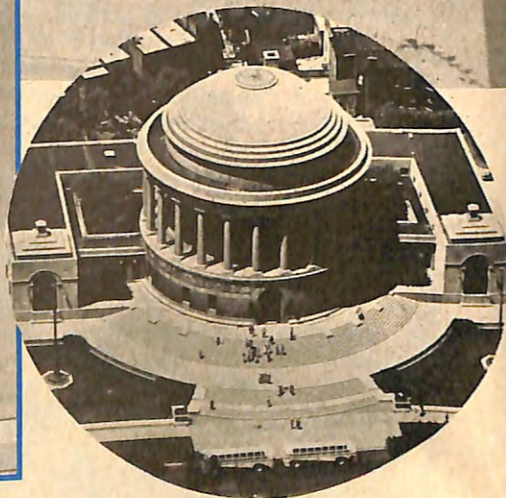
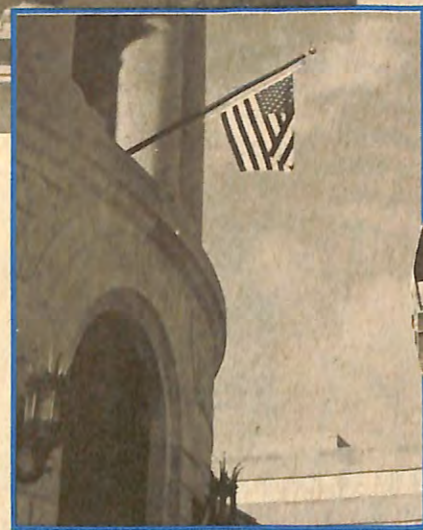
E11





Pride of Elkdom...

# ELKS NATIONAL MEMORIAL BUILDING



The impressive Memorial Hall rotunda, flanked by the North (foreground) and South wings with their impressive bronze tableaus, bring architect/designer Egerton Swartwout's vision of classical beauty to Chicago's Lincoln Park area. The Elks National Memorial Building's wings house the Grand Secretary's offices, the Elks National Foundation, the Grand Exalted Ruler's ceremonial office as well as conference and archive rooms and an impressive collection of Elk memorabilia.

*Inset, above-left, a 24-hour illuminated flag display over the main entrance shows off Old Glory's colors at night. Inset, above-right, an aerial view shows the Memorial Building's distinctive "E" shaped over-all layout.*

## Staff Report

It overlooks the rolling green of parklands and dwarfs neighboring monumental statuary with its graceful, yet imposing presence. Since 1926 it has stood against the ravages of time and weather, more than just a building and a landmark; but rather, a living testimonial to the four cardinal virtues of Elkdom: Charity, Fidelity, Justice and Brotherly Love.

Climb the terraced stairways, feel the massive weight of bronze doors

and enter the coolness of the awe-inspiring central rotunda. Cast your eyes about: everywhere is the richness of multi-hued marble, the patinaed mellowness of cast bronze statuary, bask in the glow cast from windows of stained glass whose artistry and

beauty render them irreplaceable at any price.

Instinctively your eyes will lift themselves to the towering apex of the rotunda's dome, some 100 feet above the inlaid floor, and, curiously enough, you will not feel dwarfed by

this imposing structure. Instead, you will sense the soaring heights to which the human spirit may ascend, the majesty of selfless courage and the rock-steady resolve of men and women who dedicated themselves completely and finally to the precepts of "Love of Country, home and friend."

This is the Elks National Memorial Building, often described as "The Pride of Elkdom," a magnificent tribute to those courageous Americans, both living and dead, who took up arms and stood ready and resolute in our nation's darkest days. As November is set aside by the Order of Elks as Veterans Remembrance Month, it is only fitting that we consider this magnificent tribute to those brothers who carried the cardinal virtues of Elkdom with them into battle.

Tracing its origins back to the days immediately following the first global conflict, the Elks National Memorial Building was conceived according to a general plan formulated at the 1921 Grand Lodge Sessions held in Los Angeles:

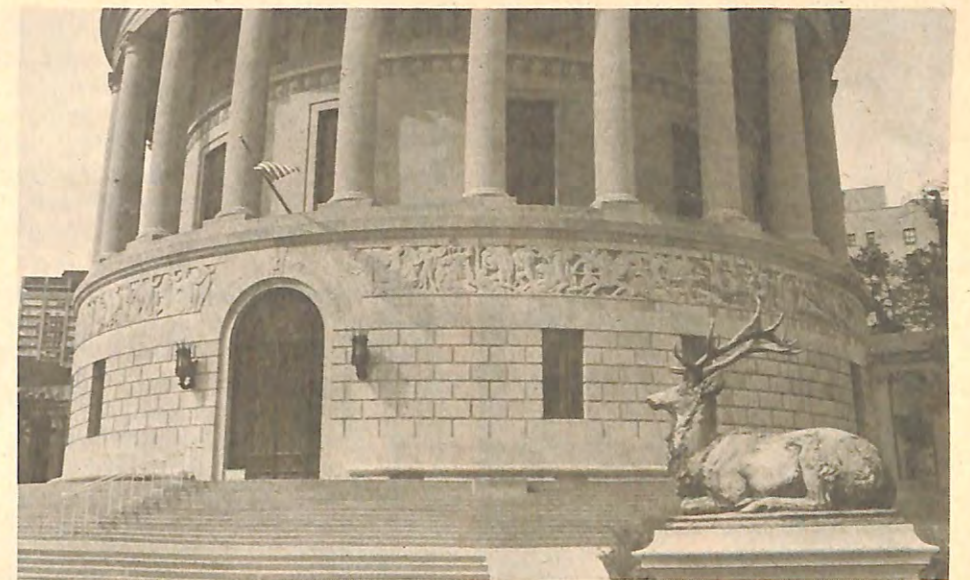
*"That the suggested building be made definitely monumental and memorial in character; that the architectural design be so stately and beautiful, the material of its construction so enduring, its site and setting so appropriate and commanding, and its distinctive memorial features so artistic and dignified, that the attention of all beholders will be arrested, the heart of every Elk who contemplates it will be thrilled with pride, and that it will for generations to come prove an inspiration to that loyalty and patriotism which the Order so earnestly teaches and has so worthily exemplified."* (The Story of Elkdom, 1974 edition)

On June 7, 1924, with due solemnity and ritual, the Memorial Building's cornerstone was laid. PGER Bruce A. Campbell delivered the keynote address.

But, in the years between the initial, guiding resolution and the historic laying of the cornerstone, many hard decisions had to be made. A suitable site, an outstanding architect, and a contractor capable of executing what would surely be a magnificent design, all had to be located. To spearhead these efforts the Grand Lodge turned to the Elks National War Relief Commission.

As to the question of location, the Commission determined that the home of the proposed Memorial

*(continued on following page)*



The colonnaded rotunda features massive bronze doors and a frieze that measures five feet in height. The frieze, executed by A. A. Weinstein, depicts the pursuits of peace to the left of the doorway, and the paths of war to the right side. The frieze extends 168-feet around the rotunda; where the two panels meet, above the doorway, the motto: "THE TRIUMPHS OF PEACE ENDURE. THE TRIUMPHS OF WAR PERISH" is carved for thousands of visitors to see and remember as they tour the magnificent Memorial edifice. Reclining elks, cast in bronze, flank the terraced stairway to the entrance. The bronzes are the work of Laura Gardin Fraser, a noted sculptress of the era.



Above, a detail from A. A. Weinstein's 168-foot long relief carving. This section depicts a scene from the "paths of war" theme.



A.A. Weinstein's "Patriotism", a larger-than-life bronze tableau which faces the North wing. Noted body-builder Charles Atlas posed for the male figure on the right.



## Elks National Memorial Building



should, "...be located in a city of such size and importance that the largest number of people, and especially the largest number of Elks, would have the opportunity to view it." Further, it was determined by the Commission "...that such a building should not be located where it would, for any reason, lose distinctiveness as an outstanding fraternal and patriotic monument." (*The Story of Elkdom*, 1974 edition)

Eventually, the city of Chicago became the Commission's unanimous choice and a prime location, one that faced the scenic beauty of the city's Lincoln Park and spacious lakefront, was soon secured.

In order to guarantee the very finest effort in architectural design and to secure a construction contractor capable of executing such a design, the Commission named Col. J. Hollis Wells of New York as Professional Advisor.

Seven distinguished architectural designs were considered by the Commission. Of these seven, the splendid design of Egerton Swartwout was selected as the one that best embodied the spirit to which the Memorial was to be dedicated. As you can see from this issue's cover and from the photos accompanying this description, Swartwout's vision proved to be one of majestic proportion.

Egerton Swartwout, who specialized in monumental architecture and had produced many fine examples, had this to say about his design:

*"I might say that it was classic, and more Roman than Greek; I would prefer to say it was modern, and that it was American. It is certainly modern in conception, and while it is classic, it is not archaeological. It follows along the lines of that adaptation of the classic which got such a noble start in this country after the Revolution; the style used in the Capitol and other buildings in Washington. It is our national heritage."* (*The Story of Elkdom*, 1974 edition)

Swartwout's design called for lush embellishment, therefore the finest artists of the era received commis-

sions to depict, in heroic statuary and murals, the sentiments of a grateful Order of Elks for those brothers who served so valiantly in the First World War. Massive bronzes depicting the cardinal principles of the Order were created for niches spaced equally around the rotunda. These matchless examples of heroic statuary were crafted by noted sculptor James Earle Fraser.

Fraser's wife, Laura Gardin Fraser, a noted sculptress in her own right, created the great bronze Elks that repose in stately majesty flanking the terraced stairway leading to the main entrance. The low-relief carvings that adorn the exterior were executed by Gerome Brush.

Heroic tableaus depicting "Patriotism" and "Fraternity" were created by noted sculptor Adolph A. Weinman. These tableaus, which flank the central rotunda, form the face of the North and South wings of the structure. The figures are depicted in stately proportion and are larger than life-size. As an interesting footnote, noted contemporary bodybuilder Charles Atlas posed for the prominent male figure in the "Patriotism" tableau. He is shown offering his sword and shield to Columbia as the American eagle stretches its mighty wings above all.

A. A. Weinman also is responsible for the creation of a frieze that extends around the central rotunda for some 168-feet and is five feet in height. This continuous band of sculpture depicts, on its right, the pursuits of warfare and on its left, the paths of peace. The two panels meet at the central entrance of the rotunda over which the theme, "THE TRIUMPHS OF PEACE ENDURE. THE TRIUMPHS OF WAR PERISH.", is carved for all to see and remember as they enter the Memorial.

Once through the massive and ornate bronze portal, the visitor enters a realm of almost ethereal beauty. Massive amounts of beautiful marble abound; walls are panelled in Eastman cream-colored marble slabs, graceful columns are carved of rare, colored and veined marbles from the quarries of the world.

The entire structure was erected by the Hegeman-Harris Company of New York. Col. John C. Hegeman, president of the company, personally undertook the supervision of the smallest of details to assure a structure that has been described as



Above, James Earle Fraser's bronze, "Fidelity" is one of four sculptures depicting the cardinal principles of Elkdom found in Memorial Hall. Below, marbles from the quarries of the world compliment intricate stained glass and memorable works of mural art.



*"...one of the most flawless combinations of perfect materials and master craftsmanship ever erected anywhere. From the huge blocks of stone to the smallest hidden details, everything is of the very best."* (*The Story of Elkdom*, 1974 edition)

As a finishing touch, murals depicting such lofty themes as "Charity" and "Fraternity," were created by noted muralist Edwin H.



Blashfield. Artist Eugene Savage created towering mural panels in the rotunda Memorial Hall based on themes taken from the beatitudes of Christ. Savage also painted the striking murralled ceiling of the Reception Room drawing on the themes, "Armistice" and "Paths of Peace."

The Elks National Memorial Building was initially dedicated to those slain in the First World War.

The ceremony took place on July 14, 1926 as the principal event of that year's Grand Lodge Sessions. As the years have progressed, however, it has been the solemn duty of the Order to rededicate the edifice as wars and police actions have taken their toll of dedicated brothers and friends.

The building was rededicated on September 8, 1946, in solemn ceremony to honor, "...those of our



Above, left: the Reception Room, resplendent with fine furnishings, crystal and vaulted ceiling finished in mural art by Savage and Blashfield. Above: a view from the Reception Room into the heart of the rotunda's Memorial Hall. Left: Memorial Hall; its marble columns dazzle the viewer with their colorful variety, murals and irreplaceable art-glass windows add their grace.

brothers who served and sacrificed in World War II."

On our Nation's bi-centennial birthday, July 4, 1976, the Memorial building was once again rededicated. This time, the ceremony honored the men who served and died in the Korean and Vietnam conflicts, as well as the hospitalized veterans of the nation. The ceremony also marked the 50th year of the National Memorial, and the distinguished speakers included then-GER Willis C. McDonald and PGERs Raymond C. Dobson and Francis M. Smith.

Aside from the building's obvious value as an irreplaceable, gemlike repository of fine artwork and choice building materials, the Elks National Memorial Building serves the Order in many practical ways. The North wing is the home of the Grand Secretary's office. Here, Grand Secretary Stanley A. Kocur and his staff see to the many and varied tasks involved with the smooth, everyday running of the Grand Lodge. In the South wing, Elks National Foundation National Director James Varenhorst oversees the activities, offices and employees of the Foundation. The Elks National Memorial Building is managed and maintained by the

(Continued on page 39)



# YOU & RETIREMENT

by Grace W. Weinstein

## A LOOK AT NEW PENSION REFORMS

Ruth K., a lifelong homemaker, expected widow's benefits after her husband of 44 years died in 1981. But her husband, without telling Ruth, had signed away her right to receive those benefits in order to receive a larger pension during his own lifetime. He gambled that he would outlive her. He, and she, lost that gamble.

When Thomas C. died after 27 years as a coal miner, his wife expected to receive a fair share of the pension he had earned. But because Thomas died just four hours shy of his 55th birthday—early retirement age under his company's retirement plan—she ended up with nothing.

When Millicent G. was divorced, a Maryland court awarded her half of her ex-husband's hefty pension from Bethlehem Steel as marital property. The company refused to pay her because, they said, federal law does not permit them to do so. The court's jurisdiction was, in effect, overruled by ambiguity in federal law.

Private pensions are a vital part of retirement security for many men and women. Yet women, in and out of the work force, have often been short-changed by our pension system. The President's Commission on Pension Policy reported in 1980 that 50 percent of employed men were covered by pension plans in 1979, against 31 percent of employed women. And the Census Bureau estimated in 1981 that the average private pension received by a man was \$4,152 a year, against an average of \$2,427 for a woman.

Past inequities cannot be undone. But the Retirement Equity Act of 1984, signed into law in August, goes a long way toward providing that situations like the three above won't happen again.

Here's what the law provides, for both men and women (the language in the law is sex-neutral but most of its provisions will, in fact, benefit women):

- Survivor's benefits will be automatic unless *both* husband and wife elect, in writing, a different pension option. Under the Employee Retirement Income Security Act of 1974 (ERISA), in contrast, survivor's benefits were automatic

unless the worker chose a different option; the worker's spouse need not be and often never was notified. Because survivor's benefits are achieved by lowering the worker's pension, many men (like the husband of Ruth K.) chose the larger monthly payments of an individual pension. Some did so because the couple needed the larger pension, some because they couldn't bear to think about death, and some because they were simply thoughtless. The fact of the matter is, however, that women generally live longer than men. Women also generally marry older men. And many elderly women live in poverty. The 1984 provision means that husband and wife should make the pension decision together.

- Automatic survivors protection, under the 1984 Act, will be provided to the spouse of any worker who has become vested under the pension plan. Prior to this legislation, pension plans were not required to offer survivors benefits until a worker reached the plan's early retirement age, regardless of the number of years worked or when vesting took place. Early retirement typically became available at age 55. As a result thousands of women, like the wife of Thomas C., lost out every year when their husbands died just a few days, months, or years shy of age 55. Under some pension plans, with no early retirement age, a woman could be out of luck if her spouse died even a day before reaching age 65. This will no longer be the case.

- The 1984 Retirement Equity Act offers added protection to divorced spouses and makes it easier for such a spouse to collect a share of a court-awarded pension directly from the pension plan. The law does not replace a judge's decision in the individual divorce case; it does not automatically divide pension benefits. But it does clarify pension law so that companies can carry out court-ordered division without conflicting with other federal regulation. The law also provides that a woman can receive her share of the pension (if the court so orders) as soon as her ex-husband reaches the earliest retirement age under the plan

whether or not he actually retires and starts receiving a pension.

Earlier pension law didn't mention divorce. What it did say was that an employee's pension could not be signed over to another person, a provision intended to protect the pension from creditors. Some company plans (and some husbands) interpreted the provision as prohibiting payment to spouses even under court order. The new law removes this ambiguity.

The Retirement Equity Act goes beyond pension rights during and after marriage. It also addresses the question of whether working women can earn pensions in their own right. Although women are in the labor force in ever-increasing numbers, they still often follow an in-and-out work pattern, working for a few years, staying at home with children, then working again when the children are a bit older. This in-and-out pattern precludes the receipt of a pension under many existing employer plans. The new law makes these changes:

- The participation age in private pension plans is lowered from age 25 to age 21 so that women, whose concentration in the work force is highest when they are younger, can begin to earn pension credits.

- Service counted toward vesting (the right to a pension) will be counted starting at age 18 instead of age 22. Most plans require employees to work for at least ten years before they earn the right to a pension. Yet under most plans, work isn't counted until the worker turns 22. Now, with age 18 as the starting point, more women will earn pension credits.

- The new law also extends the amount of time workers can take off from their jobs without losing past service credit toward a pension. The break-in-service rule under ERISA said that employees who are not yet vested could lose past service credit if they take off more time than they have been on the job. If a woman (in the most typical example) worked for four years and then took five years out to raise a child, she'd lose all former pension credit even if she returned to the old job. Now both men and women with less than five years on the job will be able to take off up to five years without losing pension credit.

The Retirement Equity Act of 1984 should help both men and women face the retirement years with dignity. But it's important to note two facts: It covers only company and union pensions, not government plans. And it is not retroactive; it won't help someone who is already widowed. In general, most provisions will become effective in 1985, although starting dates vary in accordance with individual plan years. Talk to your company's benefits officer to find out exactly where you, and your spouse, stand, and whether there is any action you must take. ■



# Prescription Drugs' Side Effects Revealed

An Interview with Frank K. Wood, President, FC&A Publishing

(Atlanta, GA.) —

FC&A, a nearby Peachtree City, Georgia publisher, announced today the release of a new, low-priced, \$3.99 book for the general public . . . *Prescription Drugs' Side Effects Revealed*.

It reveals the little known side effects of over 200 of the most often prescribed drugs . . . side effects which are known to few people besides doctors. Read this interview with the author and publisher, Frank K. Wood.

**Question: Are prescription drug side effects sometimes bad?**

**Answer:** Yes. When you order my book you'll learn that prescription drugs can cause diarrhea, dizziness, sleepiness, depression, headache, insomnia, upset stomach, constipation, short breath, high blood pressure . . . and poor appetite, sex or heart function.

**Question: Frank, what are the good effects of prescription drugs?**

**Answer:** You take drugs for their good effects like relieving pain, birth control,

aiding sleep, calming down, fighting colds or allergies, or lowering blood pressure.

**Question: What secrets does your book reveal about prescription drugs?**

**Answer:** What's it for? Will you be allergic to it? What are its side effects? Will it affect other medicine you're taking?

A U.S. government study reveals that most doctors don't warn their patients about side effects. It's up to YOU to keep yourself informed by reading this book. For example, on page 15 you'll learn that a drug you take for shortness of breath can actually cause breathing difficulties . . . the very thing it's supposed to prevent!

**Question: How can ordinary people understand medical terms with your book?**

**Answer:** It's easy to read. Facts are given in easy-to-understand words. (For example instead of saying "urticaria", it says "hives.")

Two pharmacists have helped add newly discovered side effects to the new edition.

**Question: Is it easy to look up drugs?**

**Answer:** Yes, drugs are listed in alphabetical order for quick, dictionary-style finding.



**Do you know the intended good effects and bad side effects of over 200 prescription drugs? Read this article for facts.**

It lists brand names, money-saving generic names, good effects, side effects, warnings and interactions with other drugs.

**Question: Will your book help me talk to my doctor?**

**Answer:** You can look up drugs you've taken. Then you can tell your doctor if you have any possible side effects given in this book. If he thinks best, he may lower your dose, stop your medicine or switch to a different drug not having such side effects.

**Question: How can readers get a copy of Prescription Drugs' Side Effects Revealed?**

**Answer:** It's easy. Simply cut out and mail the coupon today. There's a no time-limit guarantee of satisfaction or your money back.

Don't wait to order *Prescription Drugs' Side Effects Revealed*. If you don't get this new book . . . you'll never know for sure if a drug you're taking makes you feel bad.

**CUT AND MAIL TODAY!!**

## Are You Taking Any of These Drugs?

(Partial List of Drugs in Book)

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Aldomet®	E.E.S.®	K-Tab™	Orinase®	Synthroid®
Aldoril®	Elavil®	Lanoxin®	Ornade®	Tagamet®
Amcill®	Empirin/Codeine®	Larotid®	Ortho-Novum®	Tenormin®
Amoxicillin®	E-Mycin®	Lasix®	Ovral®	Tetracycline
Amoxil®	Enduron®	Librax®	Parafon Forte®	Theo-Dur®
Antivert®	ERYC®	Librium®	Pen-Vee K®	Thyroid
Apresoline®	ERYC®	Lidex®	Percodan®	Timoptic®
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Ativan®	Feldene®	Lo Ovral®	Phenaphen/Codeine®	Tranxene®
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## U.S. BUSINESS: A BANNER YEAR IN THE MAKING?

Is it a good time to be in business? It couldn't be better, many believe. Some say, however, it couldn't be more risky.

However, recent polls and surveys offer the kinds of statistics that fuel business expansion.

While figures don't lie, of course, they need careful examination. What's good for a southern state that's prospering may not be favorable for a northern state that is still trying desperately to return to some kind of normalcy. Like any recovery, there are communities awash in a business boom and others where the recession left vacant plants and little prospect for attracting new capital or enterprises.

One thing that I've noted in my reading and discussions, though, is that business people are generally upbeat and enthusiastic about what has occurred to date in 1984.

Not long ago, a *USA Today* article told how Fred Engelman, president of Mendelsohn Media Research of New York, reported to an *American Demographics* magazine seminar that one in four American adults live in households with incomes above \$40,000. That number—an estimated 42 million Americans—is expected to increase by at least 5.5 million a year.

The affluent, Engelman said, make almost 60 percent of the total income in the nation, own 71 percent of the value of all life insurance and 83 percent of all securities. What's more, the affluent 17 percent of America's 84 million households own 52 percent of the microwave ovens, 47 percent of the color television sets in use and a whopping 88 percent of the stereo sets.

The availability of purchasing power from such households has trickled down to the teenagers, too. A Rand Youth Poll for 1983 shows that U.S. teens paid a total of \$45.7 billion for such things as snacks, jewelry, cosmetics, clothing, entertainment, records, publications, video games, hobbies and games.

That's \$1.7 billion more than they spent the year before.

Fourteen percent of the teens surveyed, Rand pollsters discovered, have already begun buying, "a piece of the rock," too. They own stocks and bonds.

College students, by contrast, aren't carrying that much currency and change in their pockets, according to a Simmons Market Research Bureau study published in the *Christian Science Monitor* not long ago. Collegians rely upon plastic charge cards to meet their needs. Nearly 4.5 million undergraduates on campus last year spent about one billion dollars on various purchases and 43 percent of the transactions were made with their own credit cards.

And while the affluent seemingly multiply, more young newlyweds are eager to become a part of the higher income brackets and what such earnings provide. It's a trend that reverses the attitudes we observed in the 1960s and early '70s.

The U.S. Census Bureau reported that three out of five married couples are two-income families, the highest number of such households ever recorded.

About 62 percent of all married couples have two incomes. The average earnings for a couple that works full time is \$34,560. Couples with one spouse working part-time earn \$28,560. The average income of all married couples is \$25,550.

At the same time, we're borrowing more to reach that ideal lifestyle we desire. Consumer debt at mid-year was 15.4 percent higher than last year with revolving credit increasing nearly 21 percent and auto loans up nearly 14 percent.

What does it all mean? Simply put, it means much more buying power.

The revival of a capitalistic economy built on supply and demand and increased productivity, some contend. An economy that welcomes risk takers and thrives on opportunity.

(Continued on page 24)



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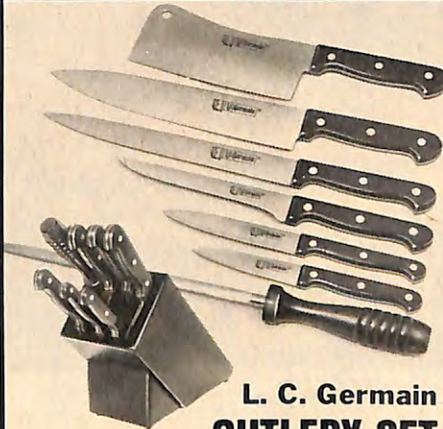
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# NEWS OF THE LODGES



Evergreen, CO.

**EVERGREEN, CO.** Lodge's entry in the annual rodeo parade depicted "Charity... Cornerstone of Elkdom." The 14 Colorado Elks Laradon Hall Singers rode the float in the 1½-hour parade. The float was awarded the second-place trophy in the organizational division.

(Elks Laradon Hall, the state Major Project, located in Denver, is a school for the training and rehabilitation of mentally retarded children, and a vocational school for young adults.)

**SAN JUAN, PR.** Lodge had the honor of participating in the dedication of the San Juan National Historic Site and La Fortaleza as a world Heritage Site. The ceremony was held at Fort San Felipe del Morro.

Dignitaries of the Commonwealth of Puerto Rico as well as Federal and Spanish officials attended the ceremony, which was followed by a reception

at the Governor's Palace. ER Charles Gover II and PER Luis Rodriguez represented San Juan Lodge.

**HAGERSTOWN, MD.** More than 200 children, from tots through age 12, enjoyed a day of fishing at the Charles E. Price Fishing Rodeo at the Hagerstown Elks Picnic Grounds. Lucky winners in the rodeo received bicycles, rods and reels, and tackle boxes as prizes.

**WEST COVINA, CA.** Chm. Charles La Pinto and Co-chm. Ron Halverson of the West Covina Lodge Fundraising Committee made a presentation to the Greater San Gabriel Valley Chapter of the Lupus Foundation in the amount of \$500 for research in the cure of lupus.

Systemic Lupus Erythematosus and Discoid Lupus are little known to the general public, as lupus resembles ar-

thritis in its early stages. It can attack overnight and is generally fatal. Literature is available from the Lupus Foundation of America.

The committee also presented to Art Willard, chm. of the California-Hawaii Elks Association Major Project, a check for \$3,000.

West Covina Lodge raises funds primarily from weekly bingo games, from which all the proceeds are donated to charity.

**TEMPE, AZ.** Lodge presented to Stanley Peterson a Trans-Aid bed lift and a car rooftop lift for him to use as long as he needs them. This equipment and a custom-made wheelchair were donated to the lodge to be loaned to anyone who needs them. The equipment originally belonged to the late Brother Basil Rombough, who was a charter member of the lodge.



Houston, TX.

**HOUSTON, TX.** At the national convention in Houston, ER Roy Gray of Napa, CA, Lodge (left) presented the PGER Raymond Benjamin Trophy to immediate PER Douglas Ankle of Laramie, WY, Lodge, which won the National Ritualistic Championship.

**ST. HELENS, OR.** This year the Meadowood Springs Speech Camp had on its request list for materials and supplies a utility trailer. George Schmitz, chm. of the board of trustees of St. Helens Lodge, donated the running gear, and with the help of several other lodge members, constructed the trailer.

St. Helens Lodge has had an active Meadowood program for the past five years, and its program for next year is in the planning stages.

During the past year the lodge sponsored one \$675 scholarship to the camp and donated 810.5 hours of work. Members drove their private cars 1,913 miles on camp business and donated items to the camp valued at \$3,971.99.

**HAMILTON, NJ.** The Crippled Children's Committee of Hamilton Lodge raised \$1,460 at the recent New Jersey State Elks Association's annual convention in Wildwood, when the annual "Gangplank" walk into a motel swimming pool was held.

Assembled lodge members donated varying sums to the committee as each victim, fully clothed, walked or jumped off the end of the diving board.

The victims included ER Frank Hutman; PDD Frank Patsey; PDD Robert Foley and his wife Louise; Mike Revesz, past chm. of the Crippled Children's Committee; and Brother Vince Kalokitis.



Houston, TX.

**HOUSTON, TX** (upper photo). The All-American Eastern Ritualistic Team was presented at the Houston convention. From left are ER Donald Dewar of Wakefield, MA; Est. Lead. Kt. Paul Harmon, Jr. of Nashville, TN; Est. Loyal Kt. Harry Desjardins of Biddeford-Saco, ME; Est. Lect. Kt. Paul Clemo of Rochester, MI; Esq. Clay Ashbrook of Ocala, FL; Chap. J. B. McQueen of Rochester; In. Gd. William Nothdorf of Nashville; and Coach William Park of Rochester. Not pictured is Candidate Steven Mairs of Hartford, VT.

In lower photo is the All-American Western Ritualistic Team. From left are ER Douglas Ankle of Laramie, WY; Est. Lead. Kt. Larry Rolfsen of Bismarck, ND; Est. Loyal Kt. Ronn Allaback of Laramie; Est. Lect. Kt. Robert Martia of Chickasha, OK; Esq. Jack Oppie, Chap. Terry Miner, Candidate Tom Foote, and Coach Richard Heston, all of Laramie. Not pictured is In. Gd. Thomas Szyzalski of Albuquerque, NM.

**DAYTONA BEACH, FL.** The Emblem Club of Daytona Beach Lodge put on a show called "Vaudeville Daze" at the lodge. Not only did the ladies perform but also many of the Elk husbands.

The show was such a success and generated so much fun that the club decided to take it on the road. The revue was performed at the Veterans Hospital

in Gainesville, FL, much to the enjoyment of the veterans. They called the ladies the "Daytona Beauties," and the ladies loved every minute of it.

**MINDEN/DOUGLAS, NV.** Lodge played a strong supportive role in the success of the Douglas County Fair. Some 30 Elks and their wives served cold drinks and snacks to patrons of the fair. The very busy operation was coordinated by Chm. Charles Brown.

**BERGENFIELD, NJ.** The Crippled and Retarded Children's Committee of Bergenfield Lodge held a gala picnic for 80 retarded/handicapped children. The picnic was held on the Elks' property, adjacent to the lodge, under a large tent, which added a circus-like atmosphere to the event.

Twenty-five lodge members worked to supply hamburgers, hot dogs, cake, and soda to the youngsters and their counselors, aids, and parents. The Good Times Band donated its services and had the children dancing and singing all afternoon.

The Hackensack/Englewood Telephone Pioneers provided two game booths, one of which was operated by the Bergenfield Emblem Club. Prizes for the children who participated in the games were donated by the Emblem Club and an anonymous donor.

(Continued on next page)





El Toro, CA

**EL TORO, CA.** Shortly after the Olympic Games in Los Angeles, a group from Culver City, CA, Lodge visited the office of PGER R. Leonard Bush (left) in El Toro. Jan Mennig (right), assistant chief of police of Culver City and a member of Culver City Lodge, had participated in the Olympic Torch-carrying relay. PER Wallace Pollacci (second from right) presented the flag that was carried alongside the torch to PGER Bush. Looking on was VP Raymond Salcido, Jr. of Carson, CA, Lodge.

**HUNTSVILLE, AL.** A team sponsored jointly by Huntsville Lodge and the city of Huntsville won the 1984 world championship in Babe Ruth Baseball (13-year-old division).

The championship finals were played in Newark, OH, August 11-18. Nine teams from throughout the United States participated.

Huntsville ER Harold Pizitz honored the team with a banquet at the lodge. Guests included the mayor of Huntsville and SP Archie Short. Trophies and gifts were given to the team members.

**WICKLIFFE, OH.** The Northeast North District of the Ohio Elks Association held its Fifth Annual Charity Ball in Wickliffe. During the evening, donations were made to the Cuyahoga County Society for Crippled Children and Kidney Dialysis Center for Cuyahoga and Lake Counties.

Since the first charity ball, the Ball

Committee has contributed \$4,800 to charities in the district.

Among the dignitaries attending the ball were SP Thurman Allen and his wife Lois, State Secy. Robert Bojalad and his wife Phyllis, and DDGER Donald Streszoff and his wife Louise.

**EUGENE, OR.** A group of 109 Elks and their ladies from Eugene Lodge toured Washington, DC. Three PERs of the lodge—Frank Borek, John Reiley, and Larry Minturn—placed a wreath at the Tomb of the Unknown Soldier at Arlington National Cemetery.

**KALAMAZOO, MI,** Lodge held a special golf outing to raise money for the state Major Project, aid to handicapped and/or needy children. Elks and their ladies attending enjoyed golf, dinner, awards and door prizes, and an evening of dancing. The event netted \$1,390.36 for the Major Project.

**AFFTON, MO,** Lodge held its first Homecoming on the lodge grounds. The event was open to all residents of the community.

The affair offered a variety of booths, games, pony rides, music, and plenty of food and drink. The highlight of the day was a presentation by the Missouri Emergency Corps, who donated to the lodge a 6x9-foot American flag and an Elks flag with the lodge's name and number on it.

**SAN FERNANDO, CA.** John Anderson, who was selected by his alma mater, San Fernando High School, to carry the Olympic Torch on July 28, the opening day of the Los Angeles Olympics, was honored at a steak dinner at San Fernando Lodge.

John was presented with a bronze statue of a man and woman bearing the Olympic Torch. San Fernando Lodge sponsored the kilometer run, and its donation of \$3,000 went to the North Valley YMCA.

Among the dignitaries attending the dinner were DDGER Ron Glover, VP Harold Beck, GL Americanism Committeeman Dan Davis, and Grand Trustee Vern Huck.

**WARRINGTON, FL.** A two-year building and renovation program was completed by Warrington Lodge. The additional 8,000 square feet includes new kitchen facilities, a dining area, and office space.

To celebrate the completion, a gala "Grand Re-opening Ceremony," including a dinner-dance, was held. The guest speaker was PGER Willis McDonald, who was also the guest speaker in 1978 at the grand opening of the original lodge building.

(Continued on page 18)

## Palo Alto Lodge To Be Super Bowl Host

Palo Alto, CA, Lodge, located near Stanford University, site of the 1985 Super Bowl, is making its facilities available to all Elks and their families planning to attend the game. The lodge welcomes visitors during the entire "Super Bowl Week," Monday through Sunday, January 14-20.

Palo Alto Lodge has a large parking lot and is surrounded by many hotels and motels, including Rickey's Hyatt House Garden Motel and the Palo Alto Hyatt Hotel. A limited number of parking spaces are being set aside for Elks who have RV's. Unfortunately there are no hook-ups, so the vehicles must maintain their own power. A dumping station is available. The lodge should be contacted as soon as possible. (Write to Secretary H. Joe Coleman, Palo Alto Elks Lodge No. 1471, 4249 El Camino Real, Palo Alto, CA 94306.)

For those Brothers who play golf, there are a number of golf courses in the area. Again, contact the lodge in advance.

From Monday through Wednesday, January 14-16, the lodge will be open for socializing from 11:30 a.m. to 2:30 p.m., or later for visiting Elks and their ladies. From Thursday through Saturday, January 17-19, a Continental breakfast, lunch and dinner will be served at the lodge. Dance music will be provided on Friday and Saturday nights.

On Sunday, January 20, Super Bowl Day, the lodge will serve a full breakfast from 9 a.m. to 1 p.m. and dinner from 5 p.m. to 9 p.m.



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Simply check the box in the order form. Return it with your order and \$1 to cover handling of your watch, and we'll send you one of these gold-tone ULTRA-THIN Quartz LCD Watches as a free gift. This offer expires Nov. 30, 1984.



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Vitamin supplements retain full potency for a year. Even if you have a supply on hand, it's a good idea to buy at these low prices and pocket the difference.

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### Enjoy 3 Nutritious Meals on The GRAPEFRUIT DIET PILL PLAN AND LOSE WEIGHT FAST

Contains one of the strongest diet aids available without prescription. Includes modern, effective diet plan that lets you enjoy 3 delicious meals and snacks everyday as you lose weight.

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100 TABLETS **1.25**  
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100 CAPSULES **1.09**  
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500 for 4.75

**HIGH FIBER BRAN TABLETS** 500 MG. 100 TABLETS **69¢**  
500 for 2.99

**VITAMIN A & D (5000A, 400D)** 100 TABLETS **49¢**  
500 for \$1.95

**9 Vital Minerals Multi-Minerals** 100 TABLETS **98¢**  
50 tablets \$4.50

**DOLOMITE TABLETS** Laboratory tested 100 TABLETS **43¢**  
1000 for 1.79

**KELP TABLETS** 100 TABLETS **35¢**  
1000 for 1.50

**SUPER ORGANIC IRON TABS** 100 TABLETS **1.49**  
500 for 5.49

**CHILDREN'S NATURAL CHEWABLE VITAMINS** 100 TABLETS **1.25**  
500 for 5.49

**500 MG. TABS BEE POLLEN** 100 FOR 2.19 500 FOR 7.50  
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**Chelated ZINC** 10 MG. TABLETS 100 TABLETS **37¢**  
1000 for 3.49

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THE MOST WANTED POTENCY 100 for **2.89**  
250 mg Capsules **GINSENG** 500 for **\$12.95**

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Highest Quality—  
Only the low price is different  
100 for **79¢** 500 for **2.99**

**L-Tryptophan** 100 MG. TABLETS 100- **3.49**  
500- **16.50**  
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**100-B COMPLEX** 50 TABS **\$3.35** 100 TABS **\$5.49**  
100 MG. EACH OF B-1, B-2, B-6, NIACINAMIDE, CHOLINE, INOSITOL, PANTOTHENIC ACID & PABA. 100 MCG. EACH OF B-12, BIOTIN & FOLIC ACID

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**DOLOMITE & BONE MEAL** The ideal combination 100 TABLETS **59¢**  
500 for 2.49

**Therapeutic with Minerals**  
—same potency and formula as Squibb's Theragran M®  
100 TABLETS **1.98**  
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**Pure LECITHIN GRANULES** 1 lb **2.98** 2 lbs. **5.49** 4 lbs. **9.99**

**BONE MEAL TABLETS** 100 TABLETS **49¢**  
1000 for 3.69

**POTASSIUM GLUCONATE** 595 MG 100 TABLETS **95¢**  
500 for \$4.29  
1,000 for \$7.99

**L-LYSINE** 500 mg 100 TABLETS **2.98**  
300 for 8.48

**HERBAL LAXATIVE** 100 TABLETS **85¢**  
500 for 3.49

**HI-POTENCY STRESS FORMULA** B COMPLEX & Vit. C 100 TABS 1.95 250 TABS 3.89

**"S.O.D." Super Oxide Dismutase** 2000 Unit Tablets 50 TABLETS **4.00** 100 TABLETS **6.50**  
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**HIGH POTENCY VITAMIN B6** 50 MG. TABLETS 100 MG. TABLETS 100 for **89¢** 100 for **1.49**  
500 for 3.98 250 for 3.65

**"Natural 12"** A dozen Supplements in ONE tablet Brewer's Yeast, Lecithin, Alfalfa, Kelp, Rose Hips, Whey, Papaya, Apple Pectin, Wheat Germ, Dolomite, Desiccated Liver, Bone Meal. 250 for 1.85 500 for 2.98 1,000 for 5.49

**GLUCOMANNAN** 500 MG. 90 CAPS **\$6.95** 180 CAPS **\$13.50**

**100 MCG SELENIUM** 100 for **2.25** 500 for \$9.95

**Papaya Papain Digestant** 100 TABLETS **65¢**  
500 for \$2.75

**100 MCG. VITAMIN B-12** 100 FOR **65¢** 500 FOR 2.50

**500 MCG. VITAMIN B-12** 100 FOR 1.95 500 FOR 7.50

**BALANCED 50 MG B-COMPLEX** HI-POTENCY "LEE-PLEX 50 MG." In 1 cap daily 50 mg. each of Vit B1, B2, B6, Niacinamide; Pantothenic Acid, Choline, Inositol, 30 mg. Para-Aminobenzoic Acid. 50 mcg. each of B12, d-Biotin. 100 mcg. Folic Acid. 50 Caps **1.79** 100 Caps **2.69** 500 Caps **10.59**

**INDIVIDUAL B-VITAMIN Tablets**

100 mg. VITAMIN B1	\$1.25	500 for	1,000 for
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400 mcg. FOLIC ACID	65¢	\$2.85	\$4.95
100 mcg. B12	65¢	\$2.50	\$4.35
300 mcg. BIOTIN	\$1.45	\$6.50	\$10.95
250 mg. CHOLINE	\$1.65	\$6.95	\$12.00
250 mg. INOSITOL	\$3.75	\$16.89	\$29.75
100 mg. PANTO. ACID	\$1.69	\$5.75	\$9.75
100 mg. PABA	\$1.00	\$4.50	\$7.85



# NEWS OF THE LODGES

(Continued from page 16)



**CHARLOTTE COUNTY, FL**, Lodge had the distinction of having its Community Image brochure be a double winner. In state competition, the lodge's brochure placed first, and in national competition it placed second in Membership Division V (lodges with more than 3,000 members). In photo, immediate PER Ward Hill (right) presents the Grand Lodge second-place award to Joe Schirmer, lodge Public Relations Chm.



**GRIFFIN, GA**, Lodge honored member G. Douglas Whitaker (left), GL Public Relations Committeeman, and his wife Sue as the only couple in Georgia who have each served as president of a Georgia Elks organization. Tributes were paid to the Whitakers at a party given in their honor by the lodge, recognizing Doug's service as president of the Georgia Elks Association, and Sue's as president of the State Elks Aidmore Auxiliary. PGER Robert Pruitt (right) praised the Whitakers' contribution to Georgia Elksdom.



**CHARLESTON, SC**, Lodge sponsored a golf tournament for the benefit of the Charles Webb Rehabilitation Center. From the proceeds of the event, the lodge was able to present a check for \$6,000 to Michael Wells, the 1984-85 poster child. Adults in photo are (from left) ER H. Quincy Alexander; Ron Hallet, golf pro of Shadowmass Country Club; Muscular Dystrophy Chm. Clipper Baldwin; and Golf Committee Chm. Bill Price.



**ROCKLAND, ME**. At the annual convention of the Maine Elks Association in Rockland, Seymour Nathanson (left) was elected Honorary Past President of the association. Making the presentation was then-SP Maroon Nemer (second from left), as PGER Leonard Bristol (second from right) and SDGER G. Anthony Jones looked on. Brother Nathanson is the chm. of the GL Committee on Judiciary and is also a member of the Pardon Commission.



**ARIPEKA, FL**, Lodge held a grand opening ceremony for its new lodge building. All lodges in the Central District of Florida participated in the event. PGER Robert Grafton (left) was the principal speaker. He is pictured with Secy. and DDGER Dan Noda (center) and ER Ralph Smith.



# High Blood Pressure Can Be Lowered WITHOUT Prescription Drugs!

(Atlanta, GA)—

FC & A, a nearby Peachtree City, Georgia publisher, announced today the release of a new \$3.99 research report for the general public, ***How to Lower High Blood Pressure Without Prescription Drugs!***

It reveals a startling new discovery at a world famous medical center: the reversal of high blood pressure without prescription drugs! A discovery unknown to most people.

## The Good Effects of Lowering High Blood Pressure

You or those you love may take prescription drugs to lower blood pressure, relieve pain, reduce fluid build up, regulate heartbeat or prevent strokes and heart attacks.

All doctors know that reversing high blood pressure is a great health benefit. People have a much longer life expectancy if they don't have high blood pressure. They have far fewer health problems that cause tiredness, poor sleep, shortness of breath, headache or pain.

## Dangerous Side Effects Of High Blood Pressure Drugs

Unfortunately, high blood pressure drugs can cause miserable side effects like headaches, poor appetite, upset stomach, dry mouth, diarrhea, stuffy nose, tingling or numbness in the hands or feet, dizziness, cramps, depression, rashes, chills, fever, constipation, aching joints, difficult urination or low sex drive.

## Now Blood Pressure Can Be Lowered Without Drugs

Recently, a university study has

proven that most cases of high blood pressure can be lowered without drugs. 85.3% of patients with high blood pressure were able to quit taking drugs.

Amazingly, their blood pressure remained lower than when they were on drugs. Cholesterol levels also dropped 26%. The doctor in charge said of this program, "You lose your tiredness. You feel much more active. You have a general feeling of well being."

## How Did They Do It?

How did the hundreds of people in this study free themselves from the miserable side effects of drugs — drugs they thought they would have to take for the rest of their lives? Why are medical doctors saying that the findings are "very exciting" and that many patients have "a new lease on life."

—These questions are all answered in a new research report, ***How to Lower High Blood Pressure Without Prescription Drugs!***

## Easy To Read

Facts about lowering blood pressure without drugs are listed in 10 easy-to-understand sections. You'll learn about the latest research in nutrition. How the presence or absence of 4 minerals and 4 other nutrients in your food and water can dramatically change your blood pressure. How poisons in the environment can make blood pressure skyrocket! How relaxation training can help. Why blood pressure medicine is overprescribed.

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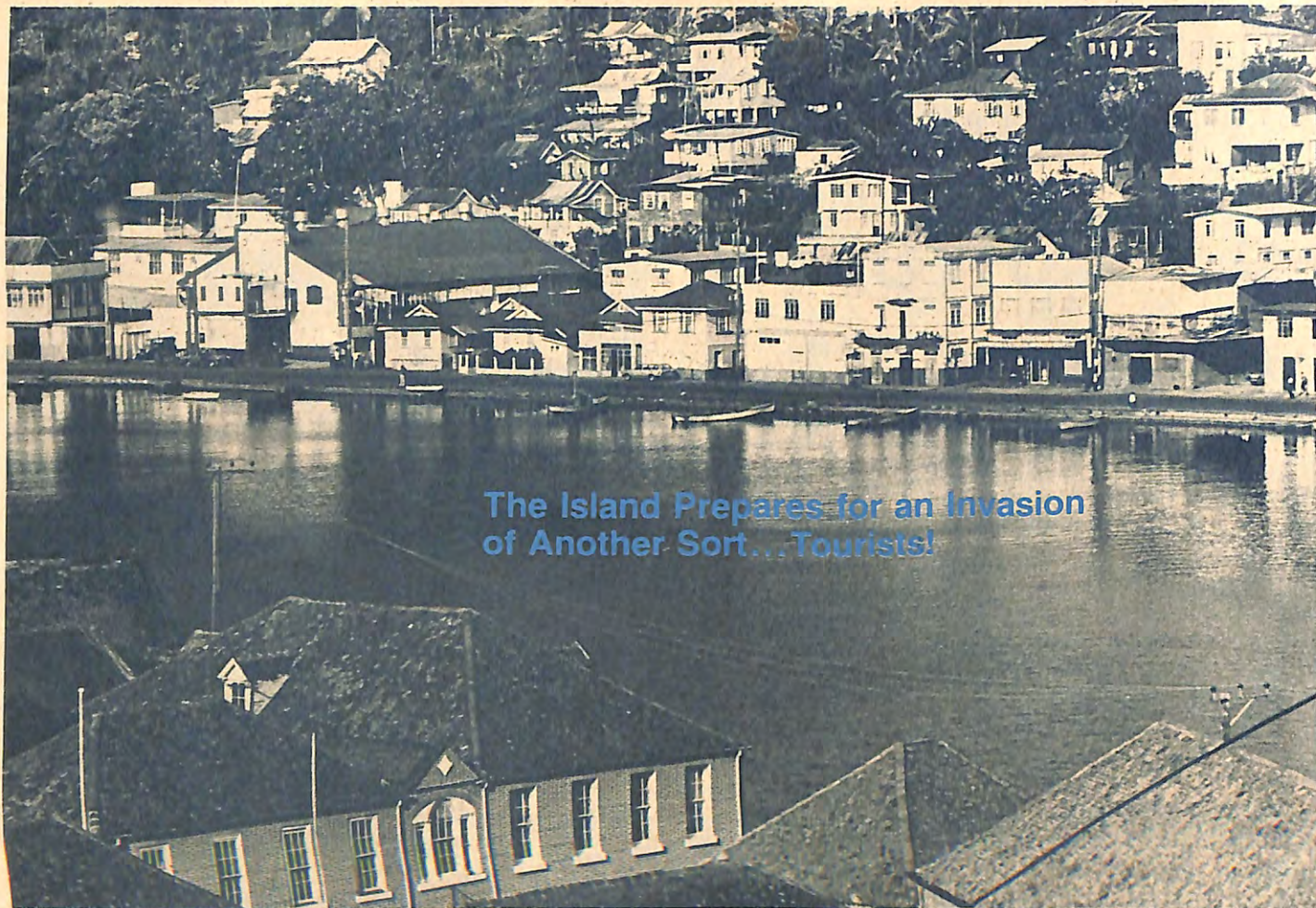
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The Island Prepares for an Invasion of Another Sort... Tourists!

## To Grenada and Beyond...

by Jerry Hulse

It has been barely more than a year since U.S. forces landed on the tiny Caribbean island of Grenada, but already vacationers are returning. On this particular morning the sky is gray, with clouds smothering the horizon, obscuring the little pastel-colored homes clinging to the hills across the bay. On the terrace at Spice Island Inn, a handful of diners watch as a lone fisherman paddles by.

A waiter glances up at the sky. "The clouds will burn away soon," he says assuredly.

An hour later the powder-white beach is bathed in sunshine and vendors appear displaying hand-woven hats and bracelets fashioned from black coral. One wears a T-shirt. Emblazoned on the front are the words: "America, thank you for liberty."

On this peaceful little island, it's difficult to believe a war was fought



Grenada's Red Crab Inn serves up exotic seafood dishes and "native" specialties that tempt the palate.

so recently. The wounds are there, although the worst scars are devoured by the jungle. Still, if one searches, evidence of the brief struggle remains. At a lonely cove near L'Anse

aux Epines the charred ruins of a U.S. helicopter whose U.S. crew died disintegrates in the hot Caribbean sun. One also encounters the burned-out shells of bunkers and homes

where the enemy took cover during the fighting.

While signs of battle still surface, the beauty of Grenada is hypnotizing. It is an island of stunning scenery. Still, our driver, Desmond Strachman, can't forget the days leading up to the invasion. With hundreds of others, he helped free Prime Minister Maurice Bishop from house arrest and marched with him to Ft. Rupert. Strachman shudders, remembering. "Suddenly Mr. Bishop yelled, 'Hit the floor!' and there was gunfire. I crawled on my belly and leaped over a wall. I fell 20 feet."

Strachman landed on a car in the street, escaping while the military gunned down Bishop and an undetermined number of others. The U.S. invasion occurred less than a week later. The question surfaces: Is Grenada prepared for tourists? Well, it all depends if the visitor is prepared for Grenada. The lights fail regularly. The roads are a mess, the telephones go dead, unemployment is staggering.

Though a scene of recent conflict, this tropical paradise is ready to bathe you in sunshine and balmy breezes.

And yet, Grenada is an adventure, a superb adventure, a pleasure. It remains the most outrageously beautiful island in the Caribbean. More beautiful even than Jamaica, or Laurance Rockefeller's beloved St. John. And consider this: No McDonald's, no Kentucky Fried, no Burger King. On the other hand, there's the Red Crab, a magnificent pub with reasonable meals and zesty beers. Imagine, a perfectly charming English pub doing a surprisingly good business in the Caribbean.

While reminders of last October's invasion still surface, the beauty of Grenada digs deep into the soul: Rain forests turn day into darkness; waterfalls spill from the heavens, showering sheltered coves surrounded by nutmeg, ginger, mace, cocoa, oleander, bougainvillea, hibiscus, breadfruit, banana trees, ferns and anthurium. Strolling the streets and

(Continued on page 31)

Elks save an extra 10%.

# Cruise all the way to Acapulco in a week from only \$1,199 including airfare.

## Second week only \$299.

Our seven-day "Acapulco Fiesta" cruise aboard the Cunard Princess takes you to all the most exciting ports on the Mexican Riviera like Cabo San Lucas, Puerto Vallarta, Mazatlan (where you enjoy an exciting Rodeo Fiesta) and Acapulco, where you spend a fabulous day and night. Cruise prices start from \$1,199 (they may be slightly lower in some Western cities) and include airfare to and from your cruise plus roundtrip air-to-ship transfers. But you and your family can deduct an additional 10% member's discount from this already low price.

**Sail roundtrip—only \$299 more.** If you wish you can sail from L.A. to Acapulco and back, and the second week costs only \$299 per person. You'll visit six excitingly different ports and enjoy a glamorous two nights and three days in Acapulco.

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Acapulco for a very modest charge. Whichever cruise you choose, you'll go splendidly aboard the Cunard Princess — with magnificent dining that includes panoramic sea views, outdoor sunning, swimming and other sports, a casino, disco, piano bar, sauna and oceans of fun and relaxation.

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Feb. 16	Feb. 23
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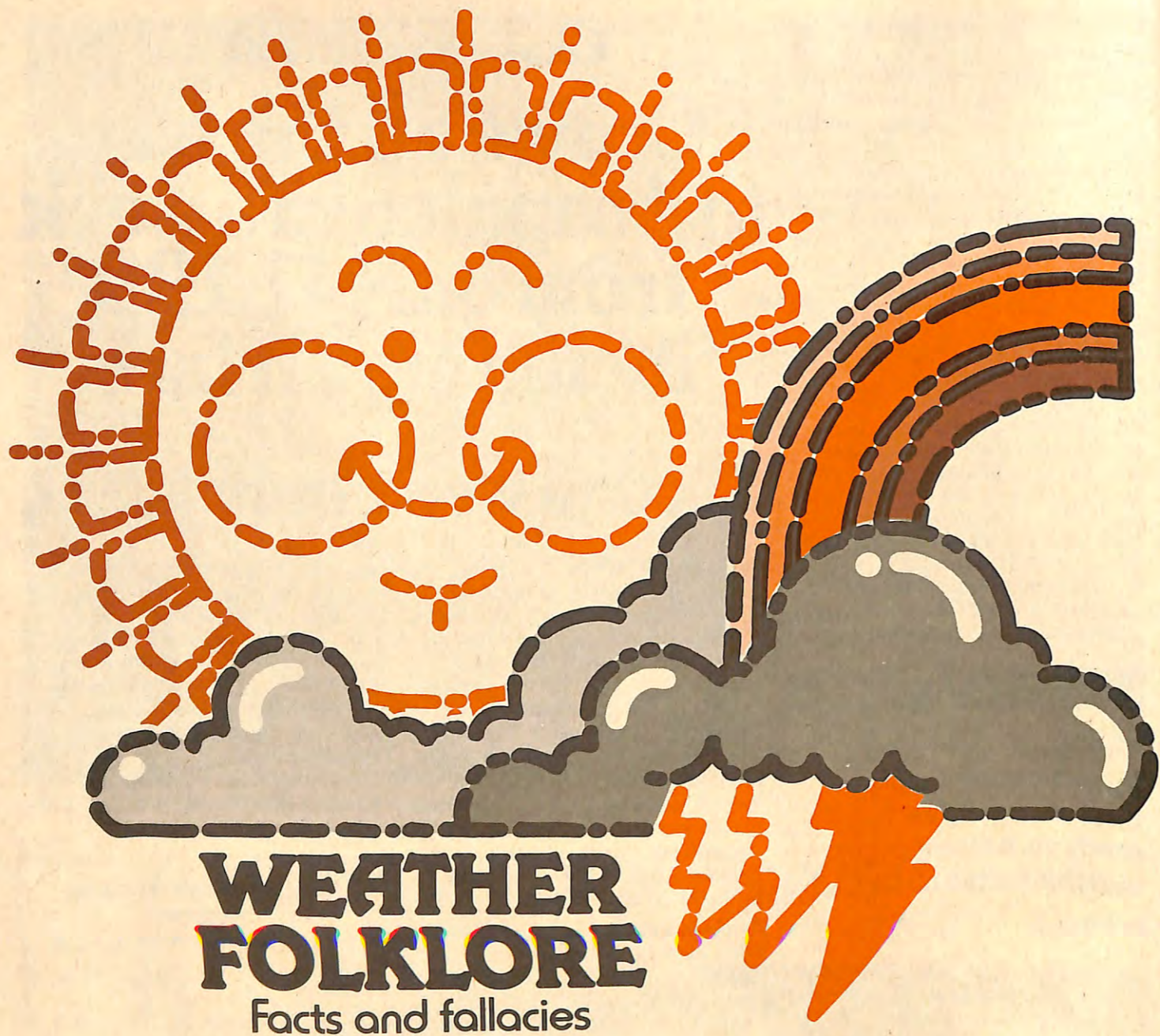
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by Frank H. Forrester

An old Scottish rhyme, reflecting the difficulties of guessing the weather, goes this way: "To talk of the weather is nothing but folly; when it rains on the hill, the sun shines in the valley."

Folly or not, the state of the weather is almost the first subject about which people talk when they meet. It's not surprising that a matter of such importance to comfort, health, prosperity, and even life itself, should form the usual text and starting point for the conversation of daily life. England's Dr. Samuel Johnson once said that "When two Englishmen meet, their first talk is of the weather," and William Shakespeare reflected, we may assume with

tongue in cheek, that "Two women placed together make cold weather." Earliest man emerged from the relatively instinctive and timeless world of other creatures when he began to recognize the implications of time. He had to use and manipulate time for hunting, fishing, planting and harvesting. Today's needs required information about tomorrow's possibilities and so he began to observe his environment for clues about the future.

One of the most obvious ways of anticipating the future was to observe the recurrence of weather phenomena—its characteristics and its impacts. Gradually, early man noticed the sequences and rhythms of climate and weather. While he could not establish cause and effect relationships, he was

able to make some deductions about recurrent phenomena. These early observations about weather were gathered into parts of local history and passed down from generation to generation, altered by the wisdom of the times. Thus weather lore, an enormous body of proverbs and adages, has been carried down to the present day.

Although weather lore can be traced back to early civilizations such as the ancient Egyptians and Babylonians, a clearer picture emerges from ancient Greece, where the beginning of a scientific attitude toward weather study can be linked to a few outstanding philosophers who were not content with the accepted beliefs that weather was dispensed at the whims of deities. Hesiod, for example, as far

back as 750 B.C., offered some sound advice to farmers and sailors based on realistic weather observations. The Greek philosopher Anaximander of Ionia, around 600 B.C., defined wind as "flowing of air," a definition which has hardly been improved upon since. Hippocrates, the Father of Medicine, made some extremely important observations regarding the effects of climate on human health and comfort in the 5th century B.C.

A monumental study of the weather was completed by Aristotle in about the year 350 B.C. This great philosopher of ancient Greece published four books under the title *Meteorologica* in which were collected all the previous writings on meteorology (as well as on astronomy and on a wide range of subjects pertaining to the Earth, air and sea).

Despite the existence of *Meteorologica*, the public then, as now, was far more interested in knowing what the weather was going to be than in understanding the how and why of it. In response to this demand, Theophrastus, a student of Aristotle (about 375-285 B.C.), presented a treatise titled the *Book of Signs* in the form of numerous rules for foretelling the coming weather. His book contained at least 80 signs of rain, 45 of wind, 50 of storm, 24 of fair weather and 7 of the weather for a year or more. His quotations were a mixture of science and folklore. A few of his quotations having a more scientific aspect:

"Little rain will occur when there is fog."

"When winds conflict with one another hurricanes and cloudbursts may occur."

"Rain may be expected when the clouds are like huge fleeces of wool."

"Streaks of clouds from the southward indicate rain within 3 days."

On the other hand, many of the signs given by Theophrastus represented merely a compilation of the folklore on the subject. A few extracts:

"Sheep and cattle fighting more than usual for their food, or an ass shaking its ears excessively, indicates a storm."

"When flies bite vigorously, it is a sign of rain."

"If nonaquatic birds wash themselves, it indicates either rain or storms."

The Romans added little to meteorology and even their weather folklore was borrowed from Theophras-

tus. The most notable Latin treatise was written by Virgil in his first book of *Georgics*; however, it was mostly a slight revision of folklore as handed down by the Greeks. A couple of examples:

"The crane soaring high, the heifer gazing up into the sky and sniffing the breeze, the swallow darting in circles around the pond and the croaking of frogs all portend rain."

"Falling stars with long tails indicate a gale."

In Medieval Europe, the tendency was to maintain the authenticity of the old proverbs and superstitions about the weather and to stick rigidly with Aristotle's compendium, which, with its mixture of both reasonable and faulty expressions, was republished in Latin near the end of the 12th century. An unusual collection of astro-meteorology, folklore and cumulative observations about the weather, first published in 1744 in England by a Mr. Claridge, is considered to exemplify the attitude toward weather in Medieval Europe. The collection, titled *The Shepherd of Banbury's Rules*, had an obscure origin, and its authorship is believed to have been much earlier. Basically, the *Rules* might be considered as an elaborate compilation of Theophrastus' *Book of Signs* as well as other works dating back to ancient Greece and Rome. Again, some of the *Rules* were based on realistic observations, but many were pure folklore.

In general, from the viewpoint of modern meteorology, proverbs pertaining to the conditions of the atmosphere, the appearance of the sky, the character and movement of clouds, and the direction and force of the winds are worth testing out for any particular locality. Proverbs regarding the actions of birds, animals and insects are of little value and sayings which pertain to moon phases and planets are useless. Those which apply to forecasts for coming seasons are entirely without foundation.

To comment specifically regarding the validity or falsity of the enormous amount of folklore gathered through the years would require several volumes and years in compilation. Perhaps the following information, focusing on a few representative themes that could have cross reference use to similar concepts, might be helpful.

*Animals and weather lore:* Earliest

man believed that animals were supersensitive to the changes of weather because they lived closer to nature than man; thus, many weather proverbs concern animals. Extreme winds or precipitation, for example, often threatened the survival of many animals and so they were observed carefully in the belief that their appearance, actions and habits would reflect the weather of the future. While it is quite true that changes in atmospheric conditions are responsible for many peculiar actions of animals, the mistake is to assume that these actions foretell future weather conditions.

*The cock and the weather vane:* The reason for the figure of a cock used in many weather vanes can be traced to a papal enactment made in the middle of the 9th century; the enactment suggested that the figure of a cock be set up on every church steeple as the emblem of St. Peter. It is in allusion to his denial of Christ thrice before the cock crew twice. A person who is always changing his mind is figuratively a weathercock.

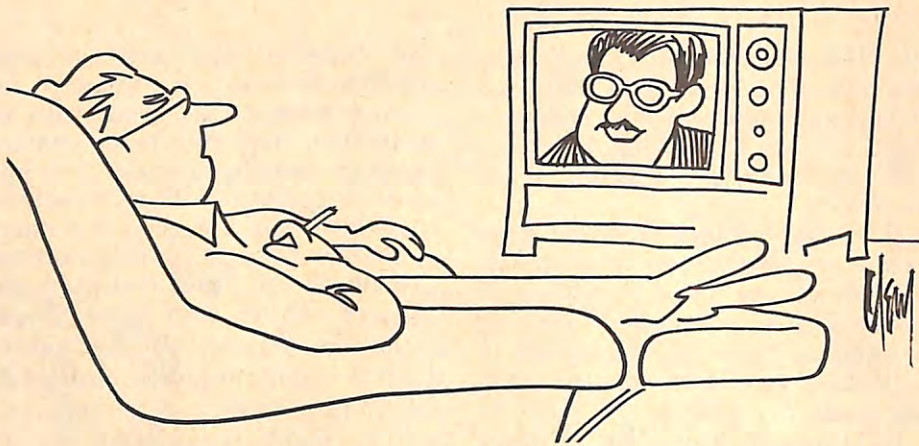
*Muskrats and beavers:* It is an old saying that the severity of winter ahead can be judged by how a muskrat or beaver builds his home. The character of the muskrat's house or the beaver's dam is the direct result of the state of the water at the time the structures are made and in no way offers a clue to the approaching winter.

*Red sky in the morning:* There are many proverbs which warn of rain in the event of a morning red sky. Shakespeare wrote: "A red morn that ever yet betokened, wreck to the seaman, tempest to the field..." According to Matthew, Christ was supposed to have said to the Pharisees in answer to a call for a sign: "And in the morning, it will be foul weather today; for the sky is red and lowering." There is an element of scientific basis for the proverb because a red Sun commonly indicates the presence of essential rain elements—dust and moisture (hygroscopic nuclei).

*Mare's tails and mackerel scales:* The appearance of mare's tails (strands of thin cirrus clouds) and mackerel scales (cirriform clouds that occur in ripple-like formation) would make "tall ships take in their sails." These high clouds, at heights above 20,000 feet, and composed of ice crystals, often precede an approaching warm front with veering winds

(Continued on page 41)





"The preceding was a paid political copout."

## Business...

(Continued from page 12)

Consumer confidence, I read not long ago in an Associated Press story, has "climbed a mountain and now looks upon the valley of plenty." Lofty rhetoric, certainly, but it describes reality to some.

Just check last year's retail sales figures. General merchandise sales were up 9.2 percent. *Chain Store Age* magazine reported that the five largest increases in sales over 1982 were: lawn and garden, up 21.3 percent; hobby and crafts, up 16 percent; toys, up 15.6 percent; consumer electronics, up 14.3 percent and stationery, up 12.2 percent.

Researchers predict varying amounts for this year. Twenty-four percent of the small business owners who replied to a National Federation of Independent Business survey last April said they had experienced higher earnings. During the summer, Growth Resources of Massachusetts estimated that small business average sales will rise slightly more than 25 percent this year.

"We're projecting outstanding performance for small businesses and performance is rewarded with better compensation," Richard J. Bronstein, Growth Resources president told *USA Today*.

And all of it has been made possible thanks to you, and me.

"The 1983 confidence upturn and the modest recovery it generated raised the number of affluent households and reduced the distressed category (where current and expected income are down and unemployment is present) with little change in the intermediates (an in-between group that merely keeps pace with inflation)," says Albert Sindlinger, who examines and monitors such developments, in an A.P. story.

"This expansion 'at the top' has helped keep the recovery from sliding off the board even while confidence drops and the economy itself is moving into a slower growth mode."

Do such comments suggest the public may be moving in a new direction on personal spending and financial matters?

Official tabulations for the year, of course, aren't in—yet. But one factor should be recalled from the past and compared with the present.

Five years ago, a Lou Harris poll showed that 70 percent of those surveyed said they would have to put off buying luxury products and 53 percent even said that essentials couldn't be purchased.

I'll bet a good number of the 70 percent have purchased their luxuries by now.

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# "Vitamin Side Effects Revealed"

An Interview with Frank K. Wood, President, F C & A

(Atlanta, GA) —

FC&A, a nearby Peachtree City, GA, company announced today the release of a new \$5.99 book, "*Vitamin Side Effects Revealed*".

It reveals surprising side effects and other secrets about vitamins. . . facts that aren't generally known by the public. Read on through this interview with FC&A President, Frank K. Wood.

**Question: Can vitamins cause side effects like drugs do?**

**Answer:** Yes, two vitamins can actually be harmful in high doses. Other vitamins can sometimes cause diarrhea, dizziness, sleepiness, depression, upset stomach, cramps, high blood pressure, fear, ringing sounds or poor heart function.

Even so, the good effects of vitamins outweigh the bad effects. But you must know what vitamins you need and how much to take. That's why you need my new book.

**Question: What other vitamin secrets are revealed in this new book?**

**Answer:**

- ▶ How you can get vitamins for free.
- ▶ Not one but two vitamins which can help fight hardening of the arteries, and coronary heart disease.

- ▶ Two minerals that help protect against cancer.
- ▶ A vitamin that helps protect against schizophrenia.
- ▶ Two minerals and a vitamin that can combat osteoporosis, which causes the collapse of the backbone in older women.
- ▶ Two minerals that can help lower high blood pressure.
- ▶ A mineral that helps regulate blood sugar levels.
- ▶ A vitamin that helps heal wounds or surgical incisions.
- ▶ A vitamin that helps increase fertility.
- ▶ A vitamin that protects against sunburn.
- ▶ A vitamin that helps fight viruses.
- ▶ A vitamin that helps prevent kidney stones.
- ▶ A mineral complex that may slow down aging.
- ▶ An amino acid that combats cold sores and Herpes infections.
- ▶ A vitamin that helps increase circulation in the legs.
- ▶ A vitamin that helps alcoholics control their drinking.
- ▶ A vitamin that helps control premenstrual tension and fights depression.

**Question: What else is in the book?**

**Answer:** Complete descriptions of every vitamin. What each does for you . . . How much you need to take . . . What foods contain different vitamins . . . How prescription drugs, alcohol, and smoking

can destroy certain vitamins . . . How particular vitamins can fight many diseases . . . How much of each vitamin you can safely take . . . How long your body stores each vitamin . . . Deficiency symptoms for each vitamin.

**Question: How can readers get a copy of "*Vitamin Side Effects Revealed*?"**

**Answer:** It's easy. Simply cut out and mail the coupon today. There's a no time-limit guarantee of full satisfaction or your money back.

Don't wait to order "*Vitamin Side Effects Revealed*." If you don't get this new book . . . you'll never know all the things different vitamins can do for you — and their side effects.

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# ELKS NATIONAL SERVICE COMMISSION

"So long as there are veterans in our hospitals, the Benevolent and Protective Order of Elks will never forget them."



Over 1,300 square feet of cow, deer, elk, and sheep hides were contributed to the Seattle, WA, VA Medical Center through the efforts of the various hides committees of the state of Washington. From left are Dr. Eugene Halar, chief of rehabilitation medicine at the center; patient Gary Bailey; and PER Dale Orff of Renton, WA, Lodge, who is also the VAVS representative at the center.



St. Petersburg, FL, Lodge presented a color TV set to the Hospice Unit of the Bay Pines, FL, Veterans Hospital. The set is for a donated trailer which is available as free housing for relatives of terminal patients so they can visit without undue expense. Pictured are (standing) Ed Flynn and Clara MacGafferty, hospice volunteers; and (seated, from left) Frances Schoepf, hospice volunteer; Robert Simonds, National Service representative to the hospital, and Deputy Representative Ervin Andrae, both of St. Petersburg Lodge.

When members of the National Service Committee of San Mateo, CA, Lodge visited the Palo Alto Veterans Hospital, they brought greetings from all the lodge members to their Brother Ira Sanders (center), Rear Admiral (ret), age 87. Also pictured are Quint Bravo (left), chm. of the committee, and Tony Ricci, a member of the committee who has been an Elk for over 55 years.



**TUCSON EAST, AZ,** Lodge held a watermelon party at the Tucson VA Medical Center. In charge of the event was lodge National Service Committee Chm. E. Lyle Beckwith, assisted by ER Arlyn Rosenberg and 12 other lodge members.

Thirty-six watermelons were served to more than 150 veterans in and out of the wards. Organ music was provided by Howard Sanborn.

**JOHNSTOWN, PA.** Franklin Penner, chm. of Johnstown Lodge's National Service Committee, received a certificate of appreciation at the annual Volunteer Recognition Program at the Hollidaysburg, PA, Veterans Hospital.

During the past year, Brother Penner and other members of the committee collected more than two tons of clothing, books, and personal items for patients of the hospital. Collection boxes for the items were placed at various businesses in Greater Johnstown.

**MUSCATINE, IA,** Lodge hosted a group of veterans from the VA Hospital at Iowa City. The veterans had lunch at the lodge and then enjoyed an afternoon boat ride on the Mississippi River.

## Departed Brothers

**PAST GRAND LODGE COMMITTEE CHAIRMAN** William D. Brunner of Redondo Beach, CA, Lodge died August 11, 1984. Brother Brunner was a past chairman of the GL Auditing and Accounting Committee and was the father of the GL Accounting Chart of Accounts. He was also a past district deputy and served as president of the California-Hawaii Elks Association in 1980-81.

**PAST DISTRICT DEPUTY** James N. Bujac of Carlsbad, NM, Lodge died July 9, 1984. Brother Bujac served as District Deputy Grand Exalted Ruler for the South District of New Mexico in 1959-60.



**PAST DISTRICT DEPUTY** Jack E. Stymiest of Lambertville, NJ, Lodge died August 28, 1984. Brother Stymiest served as District Deputy Grand Exalted Ruler for the West Central District of New Jersey in 1979-80.

**PAST DISTRICT DEPUTY** F. Michael Symmers of Aurora, IL, Lodge died August 2, 1984. Brother Symmers served as District Deputy Grand Exalted Ruler for the Northeast District of Illinois in 1973-74. At the time of his death he was serving a second term as exalted ruler of Aurora Lodge.

**PAST DISTRICT DEPUTY** Anthony Lombardi of Providence-Cranston, RI, Lodge died recently. Brother Lombardi served as District Deputy Grand Exalted Ruler for the East District of Rhode Island in 1982-83.

**PAST DISTRICT DEPUTY** Frank A. McNicoll of Galena, KS, Lodge died recently. Brother McNicoll served as District Deputy Grand Exalted Ruler for the Southeast District of Kansas in 1972-73.

**PAST DISTRICT DEPUTY** Michael J. Mayer of Lexington, KY, Lodge died recently. Brother Mayer served as District Deputy Grand Exalted Ruler for the East District of Kentucky in 1969-70. He was also a Special Deputy Grand Exalted Ruler for several years.

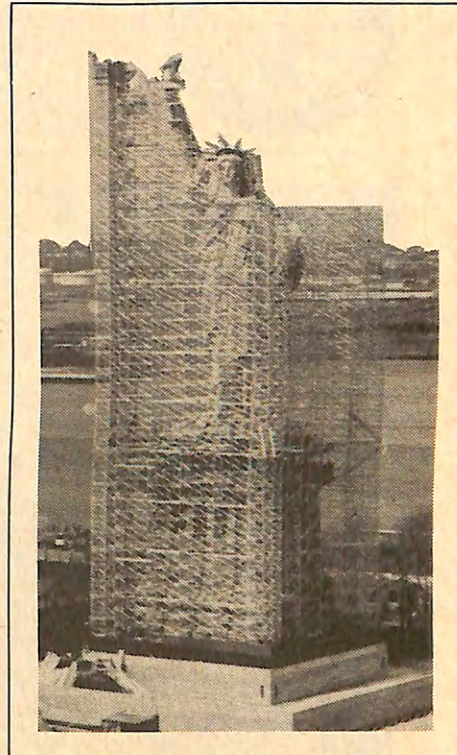
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*She makes tears flow, heads turn Heavenward, and hearts fill with thanksgiving. For nearly 100 years, this illustrious lady with her torch held high, has welcomed millions of people to America. So let's give the lady a hand...send your contribution now!*



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# Elks Care Elks Share

## News of the Major Projects



Safe firearms handling and the rudiments of defensive shooting give the young cadets a taste of the real world of law enforcement. Note OHP trooper, left, supervising this practice session.

"The Bear in the Air" OHP aerial patrol planes monitor traffic and emergency or disaster operations. Cadets receive training aboard aircraft such as this.

# Oklahoma Elks / OHP Cadet Lawman Academy

## Teaching New Respect for Those Sworn to Serve and Protect

by Dee Ann Ray  
photos by Coleen Rhymer

Two of Oklahoma's major resources are its young people and the Oklahoma Highway Patrol. Although some speedy drivers and breakers of the law might not appreciate the good attributes of Oklahoma's "smokies," there are other citizens who owe a debt of gratitude to the troopers. Alone on a dark highway at night with a car that won't go or a flat tire, there is no better sight than the OHP on patrol. During bad weather, when no other emergency vehicles except fire trucks are going, it is the Oklahoma Highway Patrol which often makes the long trek from rural towns to city hospitals, with desperately ill or injured people. Even "a Bear in the Air" can be a welcome sight.

The dynamic combination of young people and Oklahoma Highway Patrol Troopers has been taking place annually for the last eleven years during the OHP's Cadet Lawman Academy. Sponsored by the Oklahoma Highway Patrol and the Oklahoma Elks Major Projects, the Academy has steadily grown in size, as more young people learn of the unique experience awaiting them during the week long Academy.

Young people who have completed their junior year in high school are eligible to apply for the program. Grades must be good and prospective Cadets must have demonstrated good citizenship during school years. Passing a medical examination is another requirement, as Academy

life is much akin to basic training in the army.

Expenses of the cadets for the Academy are paid by the Oklahoma Elks. Teachers and counselors are provided by the Oklahoma Highway Patrol. Lt. Bill Hollars, Safety Education Director for the OHP, is Commandant of the Academy.

Since there are young ladies enrolled in the Academy, part of the instructors and counselors are women police officers or Highway Patrol Troopers.

Each day begins at 5:30 a.m. when Cadets roll out of bunks in the Oklahoma Highway Patrol "Hilton" located at Burns Flat, a town about 100 miles west of Oklahoma City. The barracks are located in the old ready alert building on a now in-



Phoning home from the "Hilton," an OHP Cadet Lawman is eager to share his experiences with family and friends.



Classroom instruction gives the cadets a knowledge of the theories and practices of law enforcement. Cadets learn new respect for the law and for those sworn to uphold it.



Even leisure time is carefully planned; here cadets square off against a team from the Academy staff in a volleyball game.

active military base. Reveille and calisthenics follow a too-short night of sleep. An active schedule for the day includes different learning experiences for the cadets. Lights-Out occurs at 11:30 p.m., following a snack, the fourth meal of the day.

"You have to eat when you use up as much energy as these cadets do," explains Lt. Hollars. "We give them three good balanced meals a day, and a nutrition snack."

There is no slack time. There are even planned recreation periods with the platoons entering into competition in volleyball and baseball. "Of course the staff has never lost a game," Hollars adds with tongue in cheek.



Respect for the flag is demonstrated as cadets strike the colors at sunset. Academy life is rugged but rewarding.

One complete day is spent on the firing range becoming familiar with shotguns and handguns. Each cadet shoots 50 practice rounds with the service handgun and 25 with the shotgun before getting down to serious competition. The target practice follows four hours of classroom safety instructions by qualified personnel. Safety rules are enforced on the range and OHP troopers monitor all activity.

Another day is devoted to lake and air patrol. Cadets fly with the "Bears in the Air" and also go out on nearby Foss Lake in an OHP boat on a routine lake patrol. Every opportunity is given the young cadets to sample the variety of typical work of law enforcement officers.

Guest speakers at the Academy often include the Chief of Police of a city such as Oklahoma City or Tulsa; a county sheriff or sheriffs; the canine patrol from cities which have them; and OSBI (Oklahoma State Bureau of Investigation) is represented by an agent describing the work of the Bureau. Instructors teach self defense for girls and karate for boys. There is also an opportunity to practice what is learned in those sessions.

The cadets make a trip to Granite, 35 miles southwest of Burns Flat, to go behind the walls of the State Reformatory. They talk with inmates and learn about prison life by touring the facility and asking questions.

A day which the cadets seem to particularly enjoy is devoted to defensive and pursuit driving. The cadets, all of whom must be licensed drivers in good standing, are instructed in how to handle a car at high speeds, and in difficult driving situations. There is opportunity to actually drive an OHP car and try out the newly learned techniques. Of course, the ever-ready troopers are in the passenger seats beside the cadet. Obstacle courses are tackled during that driving experience. All in all, it is an exhilarating day for the cadets and an exhausting one for the staff.

During the seemingly short week, young people from all over Oklahoma become acquainted with law enforcement theories and practices. The ability to communicate leads to better understanding. The only thing asked of the cadets when the Academy week is over is that they return home to tell the law enforcement story. In that way, they can promote

greater understanding of the role of the law enforcement officials in every day life. The cadets learn that law enforcement personnel are to be regarded as friends of the very best kind because they stand ready and alert to help those in need.

Graduation exercises on the last day of the Academy are often tearful. The elected class spokesman brings to the assembled parents and friends the thoughts of the cadets about their week of long, hard, action-packed hours. New skills learned are bragged about; new friends are introduced; and most cadets indicate they wish there was another week. The members of the teaching staff, however, say they need a week of rest to recuperate from the ordeal of keeping up with the cadets whose youthful enthusiasm keeps them hopping.

Saying good-by is a time of sadness; the graduates will never forget their week at Cadet Lawman Academy, nor will they forget their new found friends: the law enforcement personnel.

The discipline of the Academy and strict requirements to do as ordered by the faculty and counselors are not resented. In eleven years, there have only been two cadets sent home for misconduct. The word got around after that and no one else wanted to take the long ride home in a patrol car to tell their parents they couldn't behave.

Young people who pull on the Cadet Lawman T-shirts with some scepticism wear it proudly before the first day is over. They treasure the three shirts they take home with them at the end of the week, wearing them until they are tattered and torn.

As the colors are lowered and the melancholy notes of "Taps" echo across the parade grounds, the graduating cadets are free to leave. But they leave with more than their treasured OHP T-shirts and new-found friends. They also leave with a renewed understanding of and respect for the members of the law enforcement community and for the code of conduct which they uphold.

It is this fostering of respect and understanding that makes the Oklahoma Elks/Oklahoma Highway Patrol Cadet Lawman Academy another stand-out major project that proves, "Elks Care - Elks Share."



# Get involved with drugs before your children do.



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It could be their best friends.

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Obviously, the time to talk to your children about drugs is before they have to make a decision on their own.

Which means you have to learn something about drugs.

Learn the dangers. And learn to recognize the signs of drug use. Listlessness in your child. Sudden drop in school grades. Temper flare-ups and staying out late a lot.

Learn about peer pressure on a twelve-year-old. Then show them you understand how important their friends are to them. But also tell them that real friends won't insist they do drugs.

Check your own personal habits. You can't tell a child about the dangers of drugs with booze on your breath.

But it's through love and understanding that you can be the most effective. Threatening to tear their arms off just won't work.

You can get a lot more ideas from the booklet, "Parents: What You Can Do About Drug Abuse." Write: Get Involved, P.O. Box 1706, Rockville, Maryland 20850.

**Remember, it doesn't always happen to someone else's kids.**

**After all, there are over 35 million drug users in America.**

**And they're all someone's children.**

**Ad** A public service of this publication  
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WITH



## FRANK O. GARLAND



During a surprise presentation at the Grand Lodge Session in Houston, newly-installed GER Frank O. Garland (left) accepted a \$1,000 donation to the Elks National Foundation from Washington PSP Bill Singer, a 36-year friend and advisor.

Upon returning to Washington State after his election in Houston, GER Frank O. Garland (left) was congratulated by Washington Gov. John Spellman.



The first state convention visited by GER Frank O. Garland (left) was the Montana conclave at Kallispell. The GER is pictured with (from left) PGER Raymond Dobson, outgoing SP Robert Semmens, and SDGER Phillip Johnson.



# Grenada and Beyond...

(Continued from page 21)

beaches of this island are more earthy characters than one could possibly encounter in a dozen Graham Greene novels. For years it has been an outpost for adventurers: The Joe Gaylords, the Richard Grays, the Barbara Stevenses, the Betty Mascolls, luckless souls still licking their wounds after the invasion, victims of poor timing, poor politics.

Even before the invasion, business hadn't been particularly good for Joe Gaylord at the resort he calls Twelve Degrees North. At Twelve Degrees North guests take shelter in eight slick bungalows strung down a hillside leading to a private beach; it is one of those special places one prefers to keep a personal secret. Unlike other destinations in the Caribbean, Grenada isn't seeking the mass tourism that's made a mess out of other islands. Only recently one developer was sent packing after he proposed a 500-room high-rise.

Grenada, 100 miles north of Venezuela, isn't interested in the big time. Grenada wants the Joe Gaylords with their small resorts. Gaylord, a 56-year-old ex-real estate executive, fled New York 17 years ago, fed up with the crowds, stress and two-martini lunches. Today he slugs down two bourbons instead—but only after 5 o'clock.

Just before Gaylord decided to slip away to Grenada, he got splashed while trying to flag a cab at 83rd and Park Avenue. It occurred again. Then a third time. That did it. Gaylord hurried home, climbed into a hot tub and began making his plans. His wife walked into the bathroom. "What in heaven's name is wrong? Why aren't you at work?" Gaylord said matter-of-factly: "Call the office and tell them I'm not coming in today. I just quit."

(Continued on page 33)



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# News of the State Associations

Winston-Salem, NC, was the site of the 45th Annual Convention of the **North Carolina Elks Association** May 18-20. Attendance totaled 343.

Distinguished guests included PGER and State Sponsor Edward McCabe; Richard Collier, then-president of the Virginia State Elks Association; and Doral Irvin, executive director of the Elks National Home.

The association scheduled its fall meeting for October 26-28 in Southern Pines.

Officers of the association for 1984-85 are President J. Byron Long, Burlington; Vice-President-at-Large Blayne Turner, Hendersonville; Vice-President East Hugh Pate, Goldsboro; Vice-President East Central Steven Gunter, Sanford; Vice-President West Clifford Laughter, Hendersonville; Vice-President West Central Robert Glisson, High Point; Secretary John Sullivan, Southern Pines; and Treasurer Kermit Hoffman, Gastonia.

John Carr of Raleigh was recognized as the Exalted Ruler of the Year, and Garland Garrett, PSP, Wilmington, was awarded the state Distinguished Service Award.

The annual convention of the **Florida State Elks Association** was held May 24-27 in Daytona Beach. Honored guests included PGERs Robert Grafton and Willis McDonald.

Elected president of the association for 1984-85 was Thomas Coker, Jr. of Fort Lauderdale.

A full report on the Harry-Anna Crippled Children's Hospital, the state Major Project, was given by the hospital's new administrator, Ben Brown, Jr.

The major business of the convention was the passage of a motion enabling the association to purchase a sizable piece of property near the hospital. The association will develop this property into a campground and recreation area.

The **Georgia Elks Association** held its annual convention at Jekyll Island June 6-9. Among the 611 persons attending were PGER and State Sponsor Robert Pruitt and GL Public Relations Committeeman G. Douglas Whitaker.

The association scheduled quarterly meetings for October 13-14 at Augusta and March 1-3, 1985, at Gainesville. The next annual convention will be held June 5-8, 1985, at Jekyll Island.

Newly elected state officers are President Edward Hixon, Covington; President-Elect Bobby Carter, Valdosta; Vice-Presidents Northeast Don Reynolds, Gainesville, Northwest George Raszick, Cascade-East Point, Southeast Charles

Hendricks, Savannah, and Southwest Stanley Jones, Albany; and Secretary-Treasurer Edwin Samuelson, Atlanta-Buckhead.

In ritualistic competition, Gainesville Lodge was the state champion. There were also horseshoe and golf tournaments and an Eleven O'Clock Toast Contest.

The state Major Project is the Elks Aidmore Children's Home in Conyers, a home for children whose parents cannot meet their needs. It was reported that an extensive renovation of the home has been completed. The home is fully staffed and has a full capacity of residents.

The existing state-sponsored anti-drug abuse program, one of the forerunners in the nation, is being expanded with the incorporation of Grand Lodge Drug Awareness Education Program.

The **Minnesota Elks Association's** Annual Convention was held in Hibbing June 15-17. There were 230 Elks and their wives in attendance. Distinguished guests included Robert Sandhofer, GL State Associations Committeeman.

The 1984 Midyear Conference and official visit of Grand Exalted Ruler Frank O. Garland will be held at Alexandria Lodge November 9-11. The next annual convention was awarded to Albert Lea Lodge and will be held June 20-22, 1985.

Newly elected officers of the association are: President George Carlson, St. Paul; South District President William Johnson, Owatonna; North District President John St. Martin, Bemidji; Central District President Robert Gausman, Hutchinson; Metropolitan District President W. R. "Bill" Jensen, Minneapolis; Secretary A. Dennis Stienessen, Willmar; and Treasurer Robert Seaman, Rochester.

Willmar Lodge won the State Ritualistic Contest.

During the past year \$36,000 was contributed through the Penny-A-Day Fund in support of the state Major Project, the Minnesota Elks Youth Camp for deserving boys and girls. Total investments have now reached \$452,000.

One of the new projects for 1984-85 is the formation of the Minnesota Elks Foundation. Its purpose would be to increase the Youth Camp Memorial Fund to one million dollars and to make the Youth Camp completely self-supporting.

The 69th Annual Convention of the **Arizona Elks Association** was held May 10-12 in Phoenix. Attendance totaled 407 Elks and 345 ladies.

At the opening session, the Elks were welcomed by Rose Mofford, Arizona Secretary of State.

Other distinguished guests included then-GER Kenneth V. Cantoli and his wife Ruth; PGERs Horace Wisely and his wife Kay, R. Leonard Bush, Gerald Strohm and his wife Kay, and Marvin Lewis and his wife Gerry; and then-Grand Est. Loyal Kt. Joe D'Angelo and his wife Belle.

A midyear meeting was scheduled for October 12-14 in Tucson. The 70th annual convention will also be held in Tucson, May 8-11, 1985.

Officers of the association for 1984-85 are President L. C. "Bill" Nevelle, Sierra Vista; First Vice-President (West) Clair Culver, Yuma; Vice-President Central Robert Benson, Phoenix; Vice-President North Floyd Pigg, Prescott; Vice-President South Lester Kyle, Tucson; Vice-President East Larry Laird, Show Low; and Secretary-Treasurer Robert Nimmons, Flagstaff.

Scholarship winners were invited to receive their awards at the convention. Americanism Essay Contest winners were also invited to accept their awards.

The state Major Project is the Long Term Care Hospital Unit in Tucson. Donations to the hospital this year totaled \$246,505.

Some 500 Elks and their ladies attended the 82nd Annual Convention of the **Montana State Elks Association** July 25-28 in Kalispell.

Montana Elks once again had the honor of initiating the new Grand Exalted Ruler for the days and travels that lie ahead. GER Frank O. Garland and his wife Polly were honored guests at the convention, as were PGER and State Sponsor Raymond Dobson and his wife Gene.

New officers elected were President James McLuskie, Billings; First Vice-President George Nicholas, Glasgow; Second Vice-President Jerry Gallagher, Deer Lodge; and Secretary-Treasurer Fred Balkovetz, Butte.

It was announced that this year Montana students received in excess of \$119,000 in scholarships from the Elks National Foundation through the "Most Valuable Student" contest.

As its Major Project, the association gave \$63,000 in aid to smaller hospitals throughout the state.

Montana Elks also donated approximately 3,200 hides to the National Service Commission for tanning and distribution to veterans hospitals. John Jordan, leather coordinator of the commission, was in attendance to thank the Montana Elks on behalf of the commission and the hospitalized veterans.



## Grenada and Beyond...

(Continued from page 31)

Just like that, Gaylord gave up a successful career, a town house in Manhattan, a home on Fire Island, bade friends farewell and split for Grenada. Divorced now, Gaylord, a trim 177 pounds, plays tennis daily, dives, sails and lives in a spacious home with a wall-less living room that faces the sea. It's cooled by trade winds and blessed by marvelous sunsets. But don't be deceived. It hasn't been all bliss.

Tourism peaked in the early '70s on Grenada. Hotels were full. Cruise ships called regularly. Frequently, guests were turned over to small inns and private homes, or sent away altogether. With barely 400 rooms, Grenada couldn't hack the big time. Joe Gaylord and other resort operators were living the good life until 1974. Then demonstrations followed Grenada's independence from Britain. Things worsened in 1979 after Prime Minister Eric Gairy was toppled in a coup. As the country's politics moved to the left, a lot of Americans moved out altogether. Not Joe Gaylord. He remained behind, even after a run-in with the Cuban ambassador and a nasty beef with a Libyan.

When the invasion came, Gaylord stood on his terrace and filmed the action. His lens captured the U.S. helicopter shot down by Cuban anti-aircraft fire at L'Anse aux Epines. His Canadian girlfriend crouched beside him.

"Go inside!" he ordered.

She refused. "I'm staying with you."

Joe tossed her a .38 automatic. "OK, then keep this handy."

Bullets dug into the rock wall beside his home. Later a five-inch shell slammed into his patio. Luckily for Gaylord it didn't explode. While all this was going on, another adventurer, 60-year-old Richard Gray, was observing the action from his Cinnamon Hill resort overlooking Grand Anse Beach. After American troopers dropped out of the sky he brewed everyone a pot of tea.

"Anything around here we should know about?" a trooper asked.

Gray pointed. "That's the Russian Embassy down there."

The soldier shook his head. "Can't fire on them."

(Continued on page 35)

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### Top Scouts Receive Foundation Scholarships

Recognizing the great character-building influence that Scouting offers, the Trustees of the Elks National Foundation have made six \$1,000 scholarships available for outstanding Eagle Scouts. In a ceremony at this year's Grand Lodge sessions in Houston, PGER Willis McDonald presided over this year's awards. On hand to accept their scholarships were, from left, Jeffery Allen Myers of Greenfield, IN, and Michael Joseph Johnson of Medford, OK. Presenting the Scouts with their awards were ER Robert L. Cummins, Greenfield, IN, Lodge No. 1720, left, and SP James Sandlin, OK Elks Assn. Also recipients of \$1,000 scholarships, although unable to attend, were Donald A. Ufford of Vermillion, SD; William J. Barre of Guttenberg, NJ; William B. Edge, Jr. of Elberton, GA; and William E. Nichols of Pendleton, OR.

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# Grenada and Beyond...

(Continued from page 33)

Gray shrugged. "How about that radio station over there?"

"Wonderful," said the trooper, picking up his radio and contacting a warship lying off-shore.

"It was simply amazing," Gray recalled. "Just like that, a shell came in—Wham!—and the radio station disappeared. And they never even touched my resort! Your chaps did a bloody fine job."

For two days and nights Gray watched while Cubans fired on the Americans and U.S. jets strafed the Cubans.

"But weren't you frightened?" he was asked.

Gray smiled. "My, no. It was like watching a movie."

The rubble of the radio station remains at his door. Gray, a former British actor, writer and producer, came to Grenada in the '70s to build his dream home. Instead he got involved in tourism and wound up with a \$3-million nightmare. After completing Cinnamon Hill, Grenada's first condominium complex, the bad times set in. As Grenada's troubles worsened, Gray's occupancy dropped to less than 3%.

Gray lit a cigarette. "It's been a frustrating, 15-year chess game, but...I can't think of a better place to play it."

The ex-actor obviously is in love with Grenada. With nearly a full house now—mostly American, British and Canadian—he's saving a few bucks to buy new furnishings and spruce up the place.

Below Gray's hotel, Spice Island Inn is welcoming tourists and just across the road, the brothers Royston and Arnold Hopkin operate Blue Horizons resort along with one of the island's top restaurants, La Belle Creole. In the past, high points went to Secret Harbour, whose proprietress, Barbara Stevens, sailed here from Britain with her ex-husband. With its white stucco arches, wrought-iron chandeliers, sunken tubs and loads of tile, it could be a transplant from Portugal's Algarve or Spain's Costa del Sol.

Between here and St. George's, a fleet of army helicopters stand side-by-side in an open field near the

(Continued on next page)

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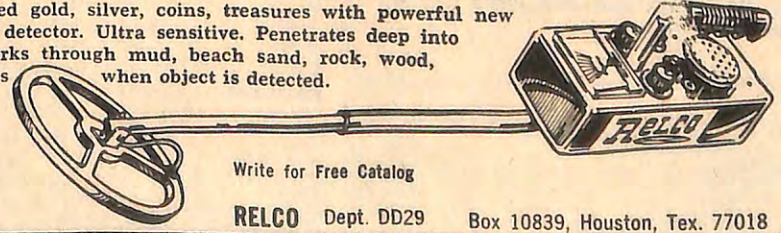
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# Grenada and Beyond...

(Continued from previous page)

army-occupied Grenada Beach Hotel. Francis "Coco" Claudius, an ex-limbo dancer, works in the PX assisted by Eugene Maxcme, who wears a T-shirt declaring, "God bless President Reagan."

There are other smaller hotels: Ross Point Inn with 12 rooms (now serving as the U.S. Embassy), Horse Shoe Bay, also with 12 rooms, and the Calabash with 22 suites. And there's Betty Mascoll's wonderful old plantation home, Morne Fendue, out near Pearls Airport where commercial airliners still land while the giant, Cuban-built Point Salines Airport near St. George's is being readied.

At Morne Fendue, a room with three meals, afternoon tea and all the booze one can consume costs a thrifty \$40 a day for two, or \$25 single.

Breezes blow through open windows into rooms with marvelous antiques and 12-foot ceilings; guests bathe in huge clawfoot tubs and stroll through gardens choked with bougainvillea, papaya, banana trees, orchids, poinsettias and vegetables. Stone for the rambling two-story home was carried to Morne Fendue by oxen and mixed with molasses. The walls have been stuck tight ever since.

One could hardly leave Grenada without stopping by Mama's, which is back in town, a humble restaurant on an unpaved road that resembles one of those roadside taco spots one passes between Tijuana and Ensenada. Only the meals at Mama's are simply superb and, from her girth, evidently Mama eats here, too. At Mama's candles flicker on the table; there is cold beer in the ice box and tantalizing smells drift from the kitchen.

Mama sailed through the doorway, a gap between her teeth. She was

cooking *callaloo*, a stewed *tattou*, (armadillo), turtle, lobster fritters, steak barracuda, conch, shrimp, crab, dolphin, red beans and rice, breadfruit salad and stewed *manicou*. Mama's eldest daughter, Cleo, was behind the counter jerking beer out of a wheezing old Kelvinator and scrawled across a blackboard at the door were the words: "Reservations only."

An electric fan hummed in one corner and jelly jars filled with flowers stood on the four tables inside Mama's and the three tables outside. During a power outage, Mama's daughter lit kerosene lamps while Mama handed us the check. It came to roughly \$12 apiece, including the drinks. Someday Mama intends to quit cooking and preach the gospel.

She sighed. "If God gives me the strength."

Earlier, I made a brief stop on Barbados. Dozens of beaches and resorts still possess the old appeal. I'd give

## Annual Report of the Grand Secretary, 1983-84

### New Lodges

GRANTED DISPENSATION	NAME AND NUMBER OF LODGE	INSTITUTED
Granted by Grand Exalted Ruler Marvin M. Lewis		
12-27-82	Novato, CA, No. 2655	6-18-83
4-12-83	Lake Placid, FL, No. 2661	6-18-83
5-3-83	Warronton, MO, No. 2662	6-18-83
5-12-83	Ellisville, MO, No. 2664	6-18-83
5-24-83	Overland, MO, No. 2665	7-9-83
6-13-83	Mexico, MO, No. 2667	
7-12-83	Pearl City, HI, No. 2669	7-23-83

Granted by Grand Exalted Ruler Kenneth V. Cantoli

5-5-83	Casas Adobes, AZ, No. 2663	9-24-83
	Mexico, MO, No. 2667	9-25-83
5-10-83	La Verne-San Dimas, CA, No. 2668	12-3-83
10-3-83	Minden/Douglas, NV, No. 2670	11-6-83
9-10-83	Norman, OK, No. 2671	9-10-83
10-18-83	South Hillsborough, FL, No. 2672	12-10-83
9-7-83	Broken Arrow, OK, No. 2673	10-1-83
11-7-83	Sainte Genevieve, MO, No. 2674	11-20-83
9-19-83	Gold Beach, OR, No. 2675	8-4-84
9-21-83	Boynton Beach, FL, No. 2676	11-12-83
12-14-83	Carrollton, GA, No. 2677	1-21-84
1-30-84	Cedar Hill, MO, No. 2678	2-25-84
12-21-83	Calabash, NC, No. 2679	2-12-84
12-23-83	Fort Edward-Hudson Falls, NY, No. 2680	4-29-84
2-1-84	Highlands, NJ, No. 2681	6-24-84
2-23-84	Franklin Square, NY, No. 2683	4-29-84
4-24-84	Marion County, AL, No. 2684	5-20-84
4-30-84	Idabel, OK, No. 2685	6-2-84
5-18-84	Buckeye, AZ, No. 2686	
7-6-84	Bristol Bay, AK, No. 2687	

### Benovolent Activities

Below is a list of Charitable, Educational, Welfare and Patriotic activities in which Subordinate Lodges are engaged, together with the total monies expended for the same during the Lodge year from April 1, 1983 to March 31, 1984.

ACTIVITIES	AMOUNT
Handicapped children	\$2,346,390
Needy family (includes Thanksgiving and Christmas Baskets)	2,326,138
Youth Program	1,864,639
Hoop Shoot	640,823
Scholarships	1,951,066
Athletic teams	1,385,374
Scouting Activities (Boy Scouts, Girl Scouts, etc.)	533,899

Other	1,204,125
Major Project	5,505,931
Elks National Foundation	1,843,618
Veterans Programs	1,371,215
Support of hospitals and other charitable institutions	1,224,613
Camps and outings, etc.	501,534
Patriotic programs	607,613
Community projects	1,754,497
Miscellaneous	1,560,121
<b>Total</b>	<b>\$26,621,596</b>

Pennsylvania	1,271	90,610
Puerto Rico	9	331
Rhode Island	67	7,366
South Carolina	161	7,417
South Dakota	526	17,223
Tennessee	203	16,006
Texas	60	28,194
Utah	223	12,206
Vermont	105	9,754
Virginia		13,640
Washington	3,484	78,691
West Virginia	498	15,593
Wisconsin	138	23,091
Wyoming	1,025	15,996
<b>TOTALS</b>	<b>9,788</b>	<b>17,519</b>
<b>NET LOSS</b>		<b>7,731</b>

### Membership Gains And Losses By States Lodge Year Ended March 31, 1984

STATE	GAIN	LOSS	MEMBERSHIP
Alabama		59	8,405
Alaska	237		12,749
Arizona	1,043		32,643
Arkansas		91	8,207
California	2,038		169,210
Colorado		22	53,633
Connecticut		196	32,881
Florida	2,724		79,757
Georgia		208	13,139
Hawaii (incl. Guam and Rep. of Philippines)	496		4,409
Idaho		1,028	20,254
Illinois		626	60,933
Indiana		601	48,594
Iowa		806	25,823
Kansas		640	22,720
Kentucky		213	8,126
Louisiana		166	4,444
Maine		246	12,755
Maryland, Delaware and Dist. of Columbia	851		25,273
Massachusetts	69		63,496
Michigan		963	60,211
Minnesota		48	19,713
Mississippi		63	4,919
Missouri	1,203		25,166
Montana		247	25,056
Nebraska		1,015	33,454
Nevada		54	7,684
New Hampshire		47	9,865
New Jersey	164		54,986
New Mexico		194	17,275
New York	124		86,806
North Carolina		240	14,440
North Dakota		271	31,950
Ohio	261		64,928
Oklahoma		13	24,325
Oregon		2,006	87,787
Panama		148	1,513

### Charitable Activities By States

The following table shows the amount expended in Charitable work by each State and Special Jurisdiction, during the period from April 1, 1983 to March 31, 1984, (including cash, travel and hours donated).

STATE	AMOUNT	STATE	AMOUNT
Alabama	\$ 458,085	Nebraska	\$ 368,166
Alaska	552,341	Nevada	307,814
Arizona	1,346,245	New Hampshire	409,308
Arkansas	167,640	New Jersey	4,457,916
California	7,920,716	New Mexico	613,318
Colorado	1,633,066	New York	3,290,787
Connecticut	591,860	North Carolina	416,022
Florida	4,581,077	North Dakota	691,900
Georgia	523,597	Ohio	1,084,397
Guam	6,580	Oklahoma	873,843
Hawaii	166,980	Oregon	2,321,973
Idaho	612,543	Panama	47,427
Illinois	2,014,828	Pennsylvania	1,726,328
Indiana	768,310	Philippine Islands	5,106
Iowa	471,435	Puerto Rico	58,346
Kansas	435,189	Rhode Island	523,455
Kentucky	191,556	South Carolina	335,428
Louisiana	241,668	South Dakota	163,898
Maine	362,559	Tennessee	739,942
Maryland, Delaware and Dist. of Columbia	1,413,125	Texas	2,523,920
Massachusetts	3,245,456	Utah	685,158
Michigan	1,423,345	Vermont	652,261
Minnesota	461,769	Virginia	586,288
Mississippi	117,181	Washington	1,919,145
Missouri	1,199,273	West Virginia	328,636
Montana	294,996	Wisconsin	602,337
		Wyoming	181,692
		<b>Total</b>	<b>\$ 57,116,231</b>



five stars to the Crane Beach Hotel on the rugged southeast coast. Only 15 minutes by cab from the airport, it's a lifetime removed from the frantic pace of Bridgetown. For years Crane Beach has been a popular hideaway for honeymooners. What sets Crane Beach apart, though, is the spot it possesses on a bluff whose sheer cliffs drop away to one of Barbados' loveliest beaches. At Crane Beach guests are accommodated in some of the slickest rooms and suites on the entire island. They come furnished with half-tester beds and a scattering of antiques. Because Crane Beach faces the Atlantic, there's nearly always a breeze, thus eliminating the need for air conditioning.

Down the road, Sam Lord's Castle continues to draw big crowds. Sam's features three swimming pools, a rash of tennis courts and a beach that's rated the best on Barbados for wave action.

The spiffiest resort to take shape on the island in recent years is sparkling Glitter Bay, which occupies the old 10-acre estate of the late shipping magnate, Sir Edward Cunard. Its four-story Moorish-style villas with their red tile roofs face meticulously manicured grounds and a gentle beach that serves up the finest sunsets on the west coast of Barbados.

The stars shine as well on Cobblers Cove, which faces one of the prettiest beaches on the entire island. Cobblers—whose shoreline is shared by actress-neighbor Claudette Colbert—began life as a beachfront mansion on the site of an old British fort. The Brits love it as do Americans. Cobblers attracts honeymooners as well as ordinary vacationers, with 38 suites ensconced in a scattering of modern air-conditioned buildings.

The island remains a slice of England, what with its Trafalgar Square, the statue of Lord Nelson and Houses of Parliament. Cricket is a national pastime and traffic keeps to the left just as in England, whether on Tudor Street or Liverpool Lane or some country path lined with hedges. Just as in London, streets are patrolled by bobbies and the harbor patrolmen sport middies along with bell-bottom trousers and skimmers. One may go riding in the highlands, catch a band concert in Hastings or drop by for a spot of tea at any number of hotels and resorts from Bridgetown to Speightstown. It's a touch of Britain with toasty temperatures.



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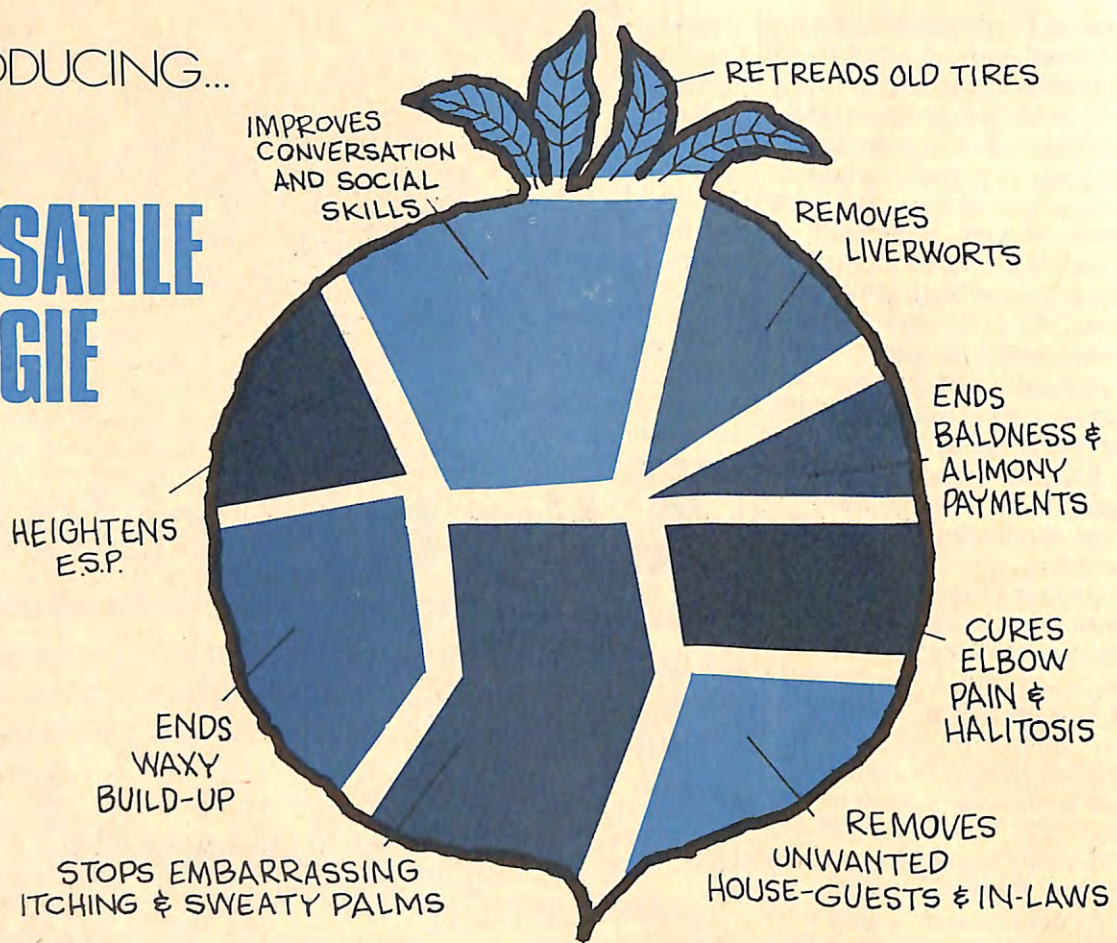
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INTRODUCING...

# THE VERSATILE VEGGIE



by Jack Hanson

Rutabagas are the Rodney Dangerfields of the garden world: they get no respect.

Try to recall the last time you had a yearning to consume one of these ill-perceived (and mostly ignored) vegetables. You can't? I can't either. But, we know that they exist for some purpose, or they wouldn't be included in the Burpee Catalog. I have finally discovered that purpose and I want to share it with the world. Now you will know how excited the Smith Brothers must have been when they discovered black cough drops.

It is true that throughout history man has constantly devised many 'home remedies' for curing disease and illness. Who can ever forget their mother telling them to put a carp in their shoe at night to ward off the bubonic plague? And, how about that old trick with the eggplant?

In this age of enlightened medicine, most of the curative powers of these remedies have been dismissed by the medical community. The use of leeches, herbs, roots, flies and tur-

nips, plus the boiling of various anatomical portions of bats, lizards and Volkswagens for curing a wide range of illness is now basically a thing of the past. The last remaining home remedy still accepted is the rutabaga!

The essence of "rutabagus retchititus" for example can cure gout, measles, anxiety, ingrown hairs and wax build-up in the ears.

When boiled in water during the astrological juxtaposition of Uranus and the moon, the resultant broth may be used as a mouthwash and as a cleansing agent to get chewing gum out of nylons. If salt is added, it makes excellent gravy, and will even increase the gas mileage of your imported car.

Strips cut from baked rutabaga were widely used during times of conflict to shorten the time required for the healing of shrapnel wounds and for the repair of tank treads.

Although it really has nothing to do with curing illness, it should be mentioned here that among serious vegetable traders, one rutabaga has always been worth seven collard greens!

Raw rutabaga juice is still famous for curing hangnails and for remov-

ing those unwanted visitors from your home. It has also been known to be effective in removing "Have You Hugged Your Kid Today?" bumper stickers from cars.

One of the most unusual uses of rutabaga occurred during the winter of 1973 in Arizona. A man was lost in the mountainous terrain for over 46 days, and actually ate rutabagas in order to survive. This, of course, is the only known incident of anyone really eating rutabagas, and we just have his word for it; there were no witnesses. Frankly, his word is still suspect in many quarters.

The discovery of the curative qualities of rutabagas took place quite by accident, which is often the case in instances of scientific advancement. One day, while searching out a cure for terminal acne, a scientist accidentally tripped on a rutabaga which had been carelessly left on the floor of his living room. As he bent to pick the rutabaga up, he felt a sudden "crack" in his backbone. He noticed that the back pain which had plagued him for over 35 years had disappeared! Not one to sneer at fate, he immediately began promoting the use of rutabagas as a cure for sore backs. The rest is history!



# Elks National Memorial Building

(Continued from page 9)

Elks National Memorial and Publication Commission.

The Ceremonial office of the Grand Exalted Ruler, meeting and reception rooms as well as the archives room and an extensive collection of memorabilia of the Order are all housed in the gorgeously decorated confines of the building's North and South wings and rotunda.

A Chicago landmark for 58 years, the Elks National Memorial Building plays host to thousands of visitors, tourists and visiting Elks. Interest in this monumental and beautiful example of memorial architecture continues to grow as new generations learn of the dedication and sacrifice of their forebears through the artistry and elegance of the building's design and decor.

Recent newspaper articles have drawn additional attention to the Elks National Memorial Building, describing it as "...a majestically designed monument" whose, "...architects, sculptors and artisans were some of the most widely respected crafts workers of their time." (Chicago Tribune, June 6, 1984 edition.)

But modern newspaper descriptions perhaps pale in comparison to the poem created by O. L. Hall, Editor of the now-defunct *Chicago Daily Journal*. In the *Journal's* July 15, 1926 edition Hall concluded his poem with these words:

"...This is a jewel of peace,  
Bought with the blood of heroes;  
The calm magnificence of its  
shining front  
Betokens the fraternity  
That has everlasting hatred of war.  
So lovely a thing it is  
That eye may not rest upon it  
To be reminded of strife,  
But only of beauty."

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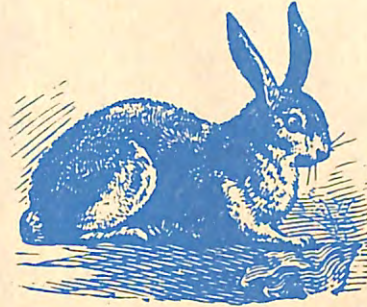
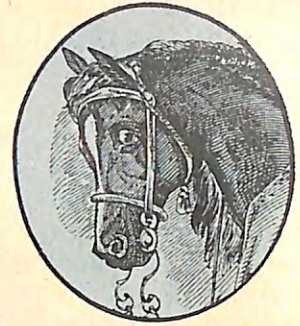
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# AFTER 73 YEARS—



# JUSTICE IS SERVED



It was with a gleam in his eye that a nine-year-old youngster named Ray went from farm to farm in his rural, Minot, North Dakota home town. Ray was selling subscriptions to *The Farmer*, a publication which served the men who tilled the soil of the upper midwest, and the gleam in his eye came from the prospect of winning first prize in *The Farmer's* subscription contest: a Shetland pony.

The year was 1911, and young Ray pursued potential readers of *The Farmer* with a fervor that would later prove to be characteristic in his business life. The contest rules were simple: the pony would go to the boy or girl who sold the most subscriptions (at a then-princely sum of \$1.00 per year), and Ray worked mightily for a shot at the top prize.

With a confidence born of honest hard work, Ray sent off his entries. But he was somewhat disappointed to learn that he had been barely nosed out for the first prize and would, instead, be awarded the second prize, a brand-new single-shot .22 rifle. With the innate flexibility and practicality of youth, Ray's dreams of riding a new pony became dreams of golden days afield, rabbit hunting with his new rifle.

Unfortunately for young Ray, whose last name is Dobson, by the way, the new rifle was defective; it failed after the very first shot. Somehow, the rifle was never replaced and Ray went on with the business of growing up, having been taught another one of life's lessons.

It was the same Ray Dobson, though now he is most usually addressed as the Hon. Raymond C. Dobson, PGER, who, 73 years later arrived in Chicago to attend a meeting of the Grand Lodge Advisory Committee this past September. During his illustrious association with the Order of Elks, PGER Dobson has, by the way, held such offices as Chairman of the Elks Memorial and Publication Commission and now serves as Past Chairman of that self-same Commission.

So, it came as quite a surprise to PGER Dobson, when a certain Mr. Al Wellunscheg stepped forward to make a presentation. It seems that Al is an executive of the Webb Company, the publisher of *The Farmer* (which, incidentally, is still in circulation) and is also the printer of *The Elks Magazine*.

Al Wellunscheg's presentation was simple: a shiny, new .22 caliber rifle to replace the defective firearm awarded to a younger Ray Dobson some 73 years earlier.

Bro. Dobson, who is now owner/publisher of one of North Dakota's most respected newspapers, *The Minot, ND, Daily News*, came away from the whole situation with the profits of three important lessons: first, that subscriptions can be a lot of work to sell, (this lesson has profited him in his daily newspaper dealings); second: that one learns to live with life's disappointments, (a lesson that we all have learned at one point or another); and, third: that wrongs have a way of being righted—even if you have to wait 73 years!



# Weather Folklore...

(Continued from page 23)

and precipitation impending. The proverb has a definite scientific basis, especially if continued observation of such clouds revealed them to be fusing, thickening and lowering. Sometimes, these advancing high clouds are precursors to severe storms.

*In like a lion:* "In like a lion, out like a lamb" is one of many old sayings that stress a comparison of contrasts. It usually refers to the month of March and probably reflects the fact that the early part of March often retains the bluster of winter while the latter part of the month tapers off, generally, into milder periods. It is scientifically inaccurate to say, however, that if the first day of March is stormy, then the last day will be pleasant.

*St. Swithin's Day:* "Rain on St. Swithin's Day, 40 days of rain to stay" is one of many weather sayings based on so-called "control" days. There are so many control days in the folklore of various nations that they have been given a name. They are known as *key days*—days whose weather is popularly supposed to be a sign of the weather to come. Perhaps the most commonly found key days in weather lore are the Saints' days. There are about 58 Saints' days which, in one land or another, are thought to give a sign of the future. St. Swithin's Day, on July 15, is one of the outstanding examples. Swithin, the Bishop of Winchester in England, died in 862. A century later, it was decided to remove his remains from outside the church (where he had requested burial) to the church interior on July 15. By way of protest, the Saint arranged for a 40-day deluge, whereby the monks were persuaded to abandon their project. A British naval officer once tallied up all the key day forecasts and concluded that if the forecasts were correct for each day, then there would be continuous rain throughout the entire year! Quite obviously, most key day forecasts are to be taken lightly.

(Continued on page 43)

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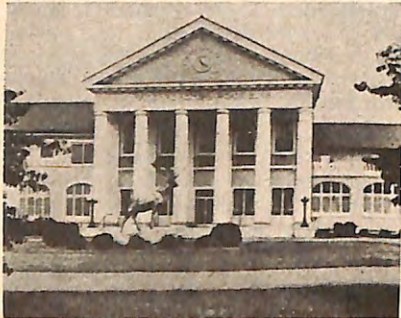
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## Statue Of Liberty Restoration Fund Update



During the July 4th ceremony at Liberty Island, then-GER Kenneth V. Cantoli, left, his wife, Ruth, and PGER Homer Huhn and his wife, Jo, took time out for this photo. The ceremony marked the removal of the torch portion of the statue for refurbishing.

Decatur, GA, lodge presented a \$1,000 check for the Statue of Liberty fund to incoming State President, Edward Hixon, left, at the annual convention of the Georgia Elks Association held at Jekyll Island. ER Eugene Longmire is shown making the presentation.

Then-GER Kenneth V. Cantoli and PGER Robert A. Yothers flank Puyallup, WA, lodge's representation of the Statue of Liberty. Then-Endorsed GER Candidate Frank O. Garland, right, and the PGERs were on hand during the Washington State Convention when Puyallup lodge displayed the statue to help boost sales of Statue of Liberty Restoration Pins. To date, Puyallup lodge has contributed \$1,074 to the Restoration Fund.





## Weather Folklore...

(Continued from page 41)

**Snow:** "A year of snow, a year of plenty," is one of a few seasonal proverbs that have evolved from the history of farming and which are rationally founded. Other similar sayings are: "frost year, fruit year" or "year of snow, fruit will grow." These and other similar statements are true as evidenced from the fact that a more or less continuous covering of snow, incident to a cold winter, delays the blossoming of fruit trees till after the probable season of killing frosts. It also prevents the alternate thawing and freezing so ruinous to wheat and other winter grains.

**Haloes:** "Halo around the Sun or moon, rain or snow soon" is another part of folklore that has scientific merit. The presence of lunar or solar haloes is evidence of a layer of cirriform clouds—high ice-crystal clouds—that are often indicative of an approaching disturbance (as noted before). Rain or snow will not always follow the appearance of a ring around the Sun or moon, but there is a higher probability of precipitation after a halo is seen and the probability is greater if the halo is quite bright. A rough rule of thumb is that rain or snow will come within 12 to 18 hours of seeing a halo on 2 out of 3 occasions.

**Rainbows:** "Rainbow in the morning gives you fair warning" is still another old saying that warrants scientific support. If 2 factors are considered, it can be seen that this proverb has a sound basis. First, weather in the middle latitudes generally travels from west to east. Also, a rainbow is seen when the observer's back is toward the Sun while he is looking at a rain shower. Consequently, in the morning, when the Sun is in the east, the shower and its rainbow are in the west. As the weather moves from west to east, the morning rainbow is a promise of rain moving toward the observer from the west. Conversely, a rainbow in the evening is seen in the east and this means that the rain has passed and will continue to move eastward. But other weather factors sometime add complexity to this situation, so that although the rhyme has a scientific basis, it is by no means an infallible guide.

(Continued on following page)

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## Drug Awareness Education Program



Elks National Drug Awareness Program Chm. Dick Herndobler is greeted by Elaine M. Johnson, Director of the Division of Prevention, National Institute on Drug Abuse. Bro. Herndobler addressed the NIDA Interagency Information Workshop on Drug Abuse Prevention.



San Mateo, CA, Lodge had a couple of lovely visitors to their Drug Awareness Education booth at the San Mateo County Fair. Bro. Bill Jones is greeted by Coleen Duncan, who holds dual crowns as Miss San Mateo County Dream Girl and Miss Redwood City. Left, also the holder of dual crowns, is Sammi Petrocchi, Miss North Peninsula and Miss Bay Meadows.

### A SPECIAL NOTE TO THE LODGES:

It has come to the attention of Dick Herndobler, National Chairman of the Elks Drug Awareness Education Program, that some lodges, in their enthusiasm to carry on the work of the Program, may actually be violating drug ordinances. This can occur quite innocently, yet it must be prevented. A lodge may, for example, be in violation by having small quantities of drugs or illicit drug-related paraphernalia for display purposes. Transporting such materials for use in seminars in neighboring communities may add more violations to the record. Drug Awareness chairmen on the state and local levels should make themselves thoroughly familiar with applicable laws and should take every pain to stay within the framework of ordinances in their areas. This is a worthy program; make every effort to assure its success by maintaining the integrity of your lodge regarding the handling of controlled substances.

## Weather Folklore...

(Continued from previous page)

**The bonnie moon:** Many people have supposed, and some still hold, that the moon appreciably controls the weather. Numerous proverbs are based on this assumption, including "The bonnie moon is on her back, mend your shoes and sort your thack." But careful study of the records shows that the moon's influence on the weather, beyond a very small tidal effect on the atmosphere as indicated by the barometer, is negligible, if indeed it has any influence at all. The appearance, however, of the moon depends on atmospheric conditions, and proverbs relating to these appearances may have some scientific basis, whereas moon phases proverbs simply do not hold up, scientifically.

**Huddling stars:** "When the stars begin to huddle, the Earth will soon become a puddle." This is one out of very few proverbs about the stars that has decided merit. It furnishes, in general, a correct forecast. When increased cloudiness develops, whole areas of stars may be hidden by clouds while groups of stars, still in clear sky conditions seem relatively to huddle together. When the last group of stars is hidden, the chances for precipitation are logically increased.

**Sun drawing water:** It is not possible to see the Sun "drawing water" because the water vapor evaporated from the Earth's surface into the atmosphere is invisible. Actually what we see is sunshine and shadows in a normally dusty atmosphere—sunshine through the clear spaces between broken patches of cloud, and shadows caused by the scattered cloud fragments. These shafts of sunlight shining through cloud openings (they are called *crepuscular rays*) seem to radiate from the Sun like giant drinking straws and the illusion that the Sun is drawing water is quite understandable.

**Too cold to snow:** No matter how cold the air gets, there is still some moisture in it, and this can fall out of the air in the form of very small snow crystals. The reason why we associate very cold air with no snow is because such invasions of air from northerly latitudes are associated with general

clearing conditions of strong high-pressure areas behind cold fronts. Heavy snows, on the other hand, are associated with modified, relatively mild air in advance of a warm front.

**Smelling an approaching storm:** Some people claim they can actually smell an approaching storm, and there may be some scientific support to such a claim. Because of the decrease of atmospheric pressure that ordinarily precedes a storm, various types of decay odors such as in ditches, marshes or swamplands normally contained close to the ground by high air pressure are released and penetrate over a wider area. The same lowering of pressure may be marked by the rising of water in wells, by more abundant flow of certain springs and by the bubbling of marshes. An old rhyme is quoted: "When the ditch and pond offend the nose, then look for rain and stormy blows."

**Thunderstorms and sour milk:** Before there was air-conditioning and refrigerators, many folks believed that thunderstorms turned milk sour. Lightning and thunder do not affect the milk; rather the hot, moist weather conducive to the formation of thunderstorms, favors the growth of bacteria and the spoiling of food. The process of souring, then, is linked to the same conditions of heat and humidity which cause the thunderstorms and not to the storm itself. The fact that milk is kept quite fresh in the refrigerator, despite raging thunderstorms outside, knocks the props from the long-held concept.

Perhaps of all the old adages that have managed to stay very much alive in modern times—and probably will in the far future—are those that relate to the heralding of rain by aching corns, bunions, old wounds, stiff joints, and such. Science dares not argue with the true believer.

As for future weather lore, there are numerous modern signs that await transformation into adages. Everybody knows that washing a car brings on rain, as does cranking up the lawn mower, starting to paint the house exterior, preparing cement for repair and other construction preparations, and the arrival of any given week-end off from work. Future sayings also may be expected about glitches in computers and other hi-tech equipment, and proverbs about atom bomb testing and rocket and satellite launchings also may be in their embryonic stages.

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lodge in whose jurisdiction the applicant resides.

Lodge officers are requested to notify school principals of this scholarship offer, to publish it in lodge bulletins and make every effort to bring it to the attention of qualified students.

Applications will be reviewed by lodge and district scholarship committees and then judged by the scholarship committee of the State Elks Association for inclusion in the state's quota of entries in

the national competition. Names of winners will be announced about May 1, 1985.

Requests for additional information should be addressed to the Scholarship Chairman of the State Elks Association of the state in which the applicant is a resident.

The National Association of Secondary School Principals has placed this contest on the Advisory List of National Contests and Activities for 1984-1985.

### ELKS NATIONAL FOUNDATION TRUSTEES

Homer Huhn, Jr. *Chairman*; Willis C. McDonald, *Vice-Chairman*  
Francis M. Smith, *Secretary*; E. Gene Fournace, *Treasurer*  
Robert Grafton, *Assistant Secretary*; Glenn L. Miller, *Assistant Treasurer*  
Horace R. Wisely, *Member*; William A. Wall, *Chairman Emeritus*  
James C. Varenhorst, *Executive Director*

For the academic year 1985-1986 the Elks National Foundation Trustees are offering 1,573 college scholarships ranging from \$1,000.00 to \$6,000.00 and totaling \$2,363,000.00.

During the many years in which this annual scholarship assistance competition has been in existence, the Elks National Foundation has helped thousands of worthy American students of good character and behavior patterns, and with superior scholastic attainments and leadership qualities, to begin their college education under favorable circumstances.

The 1985 Schedule of Awards includes 500 "Most Valuable Student" Scholarships awarded in nationwide competition, and 1,073 scholarships each for \$1,000.00 allocated on a state-quota basis. "100" special four-year scholarships are to be awarded to the fifty highest-rated boys and girls in the 1985 competition.

Applications may be made by students in the graduating class of a high school, or its equivalent, who are citizens of the United States of America and residents within the jurisdiction of the B.P.O. Elks.

Scholarship, leadership and financial need are the criteria by which applicants are judged. Experience shows that students who qualify for final consideration usually have a scholarship rating of 90% or better and stand in the upper 5% of their classes.

All scholarships are in the form of certificates of award conditioned upon the enrollment of the winners in an undergraduate course in an accredited American college or university.

Application must be made on an official form furnished by the Elks National Foundation, which will be available at Elks lodges after November 1, 1984. Applications, properly executed, must be filed not later than February 1, 1985, with the Scholarship Chairman or Exalted Ruler or Secretary of the Elks



### 1984-1985 "MOST VALUABLE STUDENT" CONTEST AWARD OFFERS

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Fourth Award—Four for each academic year	3,500.00	56,000.00	
Fifth Award—Six for each academic year	3,000.00	72,000.00	
Sixth Award—Six for each academic year	2,500.00	60,000.00	
Seventh Award—Six for each academic year	2,000.00	48,000.00	
Eighth Award—Ten for each academic year	1,800.00	72,000.00	
Ninth Award—Ten for each academic year	1,500.00	60,000.00	
Tenth Award—Fifty for each academic year	1,400.00	280,000.00	\$ 800,000.00

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#### NATIONAL FOUNDATION ALLOCATED AWARDS for the 1984-85 Academic Year

1,073 National Foundation Allocated Award Offers @ \$1,000.00 each	1,073,000.00
1,573 Awards for a Grand Total of	\$2,363,000.00

did you know..



of passivity, to the end that the right to live as free Americans be bestowed only upon those who have accepted the American philosophy and are ready to



The Grand Lodge session in Houston had a special significance. Not the conclave held in 1984 but the 76th Session back in 1940.

It was in 1940 that the delegates unanimously and enthusiastically adopted what was to become known as the "Houston Resolution." It established the Elks National Defense and Public Relations Commission. Its activities were designed to assist in awakening the American people to the danger of approaching war.

The 1940 resolution read in part: "We believe that 'Eternal vigilance is the price of liberty,' that it is the duty of all Elks to create an alert public consciousness to the presence of subversive elements in our land and the possibility of fifth column activities and to do everything possible within their powers to arouse our fellow countrymen from an attitude

sacrifice both life and property in the defense of our land and our institutions."

Immediately after the nation's entry into World War II the name of the commission was changed to the Elks War Commission and the Order assisted the nation in many ways during the war effort.

The commission made its final report in 1946 and it was recommended that a new commission be formed to carry on service to hospitalized veterans. That commission is known today as the Elks National Service Commission and the Elks' pledge to never forget hospitalized veterans has never been broken.

November, incidentally, is known as Veterans Remembrance Month.

By the way, we learned that the ladies of two New York state lodges, Haverstraw No. 877 and Guilderland No. 2480, have presented gifts to hospitalized veterans. Both presented lap robes. Haverstraw gals also gave a video game unit and PX vouchers while Guilderland ladies added notions and other articles to their gifts.

### ELKS NATIONAL BOWLING TOURNAMENT

The 65th Elks National Bowling Tournament will be hosted by the Terre Haute, Indiana, Lodge #86, starting February 23, 1985, and will run weekends through May 5th with the exception of Easter week and April 7, 1985.

All Elks in good standing are eligible to compete for some 2000 cash prizes as well as trophies for the winners in various events.

Any Elk bowler desiring to enter can obtain information by writing to Arthur M. Mumma, Secretary-Treasurer, 91 So. Dorset Rd., Troy, Ohio 45373 or by phone: Area Code 513-335-4522.

## THE JOY OF GIVING

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**PENDLETON, OR.** William Nichols, an Eagle Scout sponsored by Pendleton Lodge, received a scholarship from the National Foundation. Out of 2,500 Eagle Scouts who applied for this award, William was one of only six students who were so honored.

**BEDFORD, VA.** Residents of the Elks Na-

tional Home in Bedford made generous donations to the National Foundation during the past year. The per capita donation was \$25. One resident gave \$5,000 and several others gave more than \$1,000.

This success is due largely to the dedication of Chm. William Bakewell and his associate Otis Bane.



Mrs. Gail Johnson, sponsored by Charlotte County, FL, Lodge, received a \$4,000 vocational scholarship from the National Foundation. A full-time employee of St. Joseph Hospital, Mrs. Johnson is studying to become a registered nurse at Edison Community College in Fort Myers. Presenting the scholarship are ER William Fitzgerald (right) and lodge National Foundation Chm. Virgil Wise.

Miss Carole Chinn, sponsored by Yonkers, NY, Lodge, placed sixth nationally in the National Foundation's "Most Valuable Student" Contest. She received a scholarship of \$2,500 a year for four academic years. In photo, Carole is presented a symbolic check for \$10,000 by VP Richard Hansen (left) and ER Howard Evans.



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E	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
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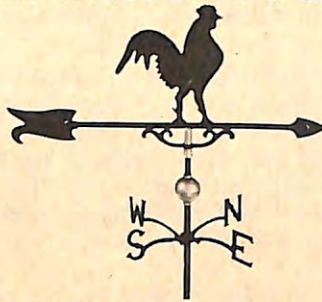
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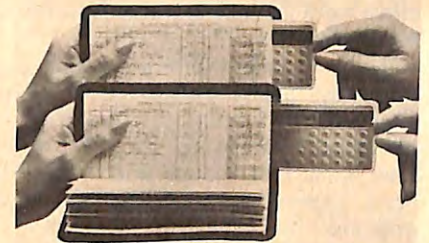
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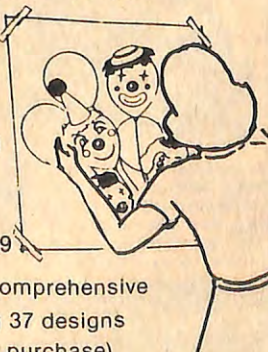
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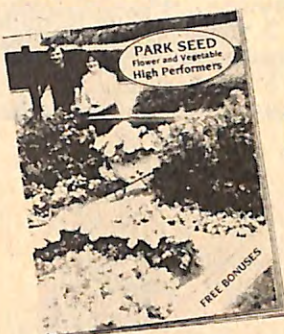
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GLASS SHIELD is made by the manufacturers of famous GLO-SHIELD, America's finest car finish. We guarantee that GLASS SHIELD will do everything we claim for it, or return the remaining contents within 30 days after receipt for refund of product cost.

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not until the early 1950's that science developed antidepressant drugs. Scientists discovered that various chemicals in the brain affect moods, feelings, and behavior. When any of these chemicals are out of balance, depression can result.

Antidepressant drugs were developed to equalize the chemical imbalance and thereby alleviate the symptoms of depression. These drugs help people function from day-to-day, keep them out of hospitals, and help them keep their jobs and relationships intact. Because so many individuals are seeking relief, antidepressant drugs have become a multi-million dollar business. In 1981, twenty to thirty million prescriptions for these drugs were filled in the United States. The three most common types of antidepressant drugs used today are lithium, tricyclic drugs, and MAO (monoamine oxidase) inhibitors. The FDA article explains the uses and possible side effects associated with the primary types of antidepressants. It also lists the trade names and usual dosage for each.

If you feel that the world is intolerable, that life is not worth living, you could be suffering from depression. See your doctor. Help is available.

Vehicle control is the "name of the game" when driving on winter's ice-and snow-packed roads, according to the Safe Winter Driving League.

"In a typical situation, a driver suddenly finds his car skidding out of control—for no apparent reason—and winds up heading the wrong way, or up against a curb or deep in a snow bank," says Ross G. Wilcox, executive secretary.

Chances are, according to Wilcox, that particular driver made a serious misjudgment concerning his ability to

*(Continued on next page)*

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## Elks Family Shopper consumer/news

(Continued from previous page)

control the situation or made a wrong move in relation to a winter slick road surface.

To help, he cited winter driving techniques developed by the National Safety Council's Committee on Winter Driving Hazards as part of its annual winter test project.

According to these skid testers, the first step is to "get the feel of the road." Away from traffic, tap your brakes or accelerate until you determine the point at which your wheels will lock or spin and your car begin to skid. From there on, reduce your speed below that point and make all maneuvers smoothly and easily.

With today's automatic transmissions, shock absorbers and smooth riding suspension systems, you have to rely on a sensitive feel of the road to give you a message about how well your car is handling.

Should you get into a skid, you must take two basic actions: regain traction, then steer out of the skid.

To regain traction, you must generate as much cornering traction as possible. Lay off the accelerator and don't touch the brakes—the "off and off rule." As your tires take hold again, regained cornering traction can help you get the car back on course.

Once you have steering traction, keep the front of your car pointed in the direction you want to go: to go right, turn right; to go left, turn left.

Hold the steering wheel firmly, but don't make large turns (over-correcting). Use a light touch to correct the swerve. Just a few minor adjustments will usually do the trick. This technique must be used as quickly as possible when the car begins to skid.

Another reminder from the winter driving hazards researchers: braking distances on snow and ice may be from three to nine times the normal distance required to stop on dry pavement.

Traveling at 20 miles an hour on glare ice at a temperature of 25°F, the braking distance averages about 150 feet—close to nine car lengths. On the

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**Elks Family Shopper**  
consumer/news

(Continued from previous page)

Ten percent of uninsured renters say they didn't know renter's insurance was available, and almost three-tenths of the uninsured renters say that the cost of renter's insurance is the reason they don't have coverage.

However, even when renters' incomes exceed \$35,000, only 46 percent have the contents of their rented homes or apartments insured. On the other hand, 96 percent of homeowners at that income level have insurance on both their dwelling and its contents. Moreover, more than nine in 10 property owners—no matter what their income level—say they have homeowners or condominium coverage.

Dr. Sean Mooney, vice president and economist of the Insurance Information Institute, says that it is possible that renters believe the owners of the buildings in which they live hold insurance that covers the renters' possessions. Moreover, Dr. Mooney says, with residential fires accounting for 71.5 percent of all structural fires in the U.S. in 1982, it's unfortunate that renters remain uninsured. "For a comparatively small amount of money, often just around one hundred dollars," Dr. Mooney says, "renters could insure their possessions against fire, theft and several other perils."

The results of the survey on residential insurance and other issues including liability coverage, consumer confidence, product liability and victim compensation have been published by the I.I.I. in a new quarterly called "Insurance Pulse."

"Insurance Pulse" is the product of a collaborative effort between the I.I.I. and Cambridge Reports, Inc., a full-service survey research company which conducts marketing, research and opinion surveys on a broad range of economic, social and public affairs issues.



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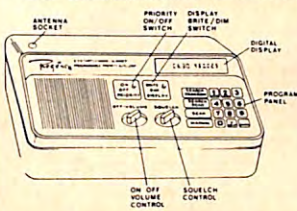


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**FOWLER ENTERPRISES**

P.O. Box 65, DEPT. E

LA HABRA, CALIFORNIA 90631

**\$19.95**

ADD \$3.00

POSTAGE

& HANDLING

### Tire Gauge & Key Ring



Having the proper tire pressure is essential for maintaining a smooth ride... maximizing your gas mileage... and increasing the life span of your tires. Now you can always be certain that you have the proper tire pressure with our solid Brass Gauge. It measures just 3" long and weighs under an ounce. Comes engraved with your initials and has a handy key ring attached to it. Only \$6.95. Send check or money order. CA res. add 45¢ tax. DMI 373 Alicia Way, Los Altos, CA 94022

## Speaking of Conversation Pieces!

...Now You Can Own a Piece of History

THIS IS THE AUTHENTIC ORIGINAL PAY PHONE  
— COMPLETE WITH GRAFFITI, FULLY REBUILT  
AND IN GUARANTEED WORKING ORDER

UNBELIEVABLY PRICED AT  
**Only \$99.50**  
WHILE SUPPLY LASTS

IMPORTANT: WHEN  
STOCK IS EXHAUSTED,  
THESE PHONES MAY BE  
UNAVAILABLE AT ANY  
PRICE!

Grand old pay phones retired from public service. Bring back memories of the 40s and 50s! Enjoy 'em as you remember 'em, with minor mars and scars of passing years. (Sorry, not responsible for graffiti!)

Parts renewed or replaced where necessary. Fully tested, guaranteed in perfect working order. No coin needed — but don't tell guests or kids! Just plug into any standard jack and save coins toward phone bill. Huge capacity for nickels, dimes and quarters.

AN INVESTMENT as well as a novel decoration. Identical phones sell for much more than our low direct-to-you price. Collector's treasure — bound to gain in value. **VERY LIMITED Supply — Order Today!**

BEIGE or BLACK (As Available), NO BELL ..... \$99.50  
EXTRA-CLEAN (No Graffiti) with ringer ..... \$119.50  
DeLuxe CHROME with ringer (Very Scarce) ..... Only \$149.50

LONG ISLAND PHONE COMPANY Dept. PA-322  
969 Lakeville Rd. (Box 5026), New Hyde Park, NY 11040

Please PAY TELEPHONE(s) at \$99.50 Ship'g., Handling: \$15  
rush EXTRA-CLEAN Phone(s) at \$119.50 ea. (Alaska, Hawaii,  
me (1st 2nd Color Choice) \$25; Elsewhere, \$35)

PRINT DeLuxe CHROME Phone(s) at \$149.50

NAME  CHECK OR MONEY ORDER ENCLOSED

ADDRESS Charge to:  MASTER CHARGE (Bank No. \_\_\_\_\_)

ZIP  VISA  AM EXP

Sign  DINERS CLUB

Credit Card No. Expire Date

(N.Y. ONLY: Add 4% state tax, any local tax)



(appearance may vary from illustration)

### READY TO PLUG-IN and USE

Compatible with all phone companies' equipment.  
SATISFACTION GUARANTEED  
or return within 30 days for  
full refund of purchase price  
(exclusive of shipping.)

### A TRULY UNIQUE GIFT FOR SPEEDIER DELIVERY PHONE TOLL-FREE and CHARGE IT!

1-800-228-3141

Sorry, No CODs

Orders Accepted 24 Hrs — 7 Days

\*IN NEBRASKA ONLY: Call

1-(800)-642-9606

(Div. of Latting Town Group Ltd.)



# PECANS!

Specially Selected PECANS... the freshest of the new crop direct from our Georgia grove. These shelled, tasty and meaty fancy pecan halves are delicious for snacking or your baking pleasure. Five pounds are carefully packed in our Pecan Carton.

Only \$19.95  
Delivered!!  
5-Pound  
Box

**NEW CROP**

WRITE OR PHONE FOR OUR FREE CATALOG!

The finest in choice nutmeats from the heart of America's Southland and around the world - gift ideas for yourself, friends, family and business. Satisfaction Guaranteed or your money back.

SEND US YOUR ENTIRE GIFT LIST!

For Major Credit Card Orders  
and Fastest Delivery, Call  
1-800-323-9754

ACE PECAN CO., Dept. 495  
P.O. Box 65 Cordele, GA 31015  
Offer Expires 12/31/84

# C. Sanders Emblems

25 Years in the Emblem Business

- Cloisonne Enameled Pins
  - Custom Made To Your Specifications
  - High Quality
  - Full Color
  - Gold or Silver Plate
  - 100 Piece Minimum
  - 59 cents to 69 cents depending on the quantity
  - Patches also available
- Our artists will be happy to help with your design.

to order call or write...

## C. SANDERS EMBLEMS

11684 PENDLETON STREET  
SUN VALLEY, CA 91352  
(213) 767-3333



This is all you wear

## All-in-Ear Aid - Save \$200+

Improve your hearing! Name brand aid helps you understand words you miss. If you hear but don't understand, this aid amplifies the sounds you need. Enjoy comfortable, attractive aid in your own home. FREE 30-day home trial. We promise no salesmen! Write today for free catalog! **J & M, Dept. 41-L**  
329 N. Third Street, DeKalb, IL 60115

## SLEEP WARM—SAVE FUEL



New **BED WARMER** goes on the mattress. Enjoy soothing, relaxing radiant heat from below. More comfortable and convenient than electric blankets. Yet, **COST LESS** to operate. Drives out cold and dampness.

SAVE FUEL by turning your furnace low at night, and still sleep warm. Fully automatic. Six sizes for home use and dual controls. Plus 12 v. models for RV's and sleeper cabs. Also seat, back & pet warmers. Send for FREE booklet. Describes all products, advantages and savings. Great for gifts, too. Special prices direct from the factory. (Our 45th year.)

**PATENTED PRODUCTS CORP.,**  
Box A, E-1184 Danville, OH 43014

See Advertisement Outside Back Cover

*Executive Division*  
Deluxe Gabardine Dress Slacks **2** Pairs Slacks for **27.95** 3 for \$41.75 4 for \$55.60

**HABAND**  
265 N. 9th Street Paterson, NJ 07530

Yes! Send me pairs of Gabardine Slacks for which I enclose \$\_\_\_\_\_ plus \$2.25 for postage and handling.

OR CHARGE IT:  
 Visa  MasterCard  
Acct. # \_\_\_\_\_

Exp. Date \_\_\_\_\_

**HABAND GUARANTEE:**  
If upon receipt I do not wish to wear the slacks, I may return them within 30 days for a full refund of every penny I paid you.

**SIZES AVAILABLE**  
30-32-34-35-36-37-38-39-40-41-42-43-44  
46"-48"-50"-52"-54"  
Inseam: S(27-28), M(29-30), L(31-32), XL(33-34)  
\*Add \$1.75 per pair for sizes 46-54.

06H	COLOR	HOW MANY?	WHAT WAIST?	WHAT INSEAM?
T	BROWN			
B	NAVY			
R	TAN			
G	SLATE			

3 Pairs for \$41.75  
Take all four — Only \$55.60

721-06H

Name \_\_\_\_\_ Apt. # \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

**COOPERATE WITH THE ZIP CODE PROGRAM OF THE POST OFFICE DEPARTMENT USE ZIP CODE NUMBERS IN ALL ADDRESSES**

See Advertisement Inside Back Cover

**SPECIAL MAIL-A-GIFT OFFER**  
(We'll send your order direct to a friend or relative!)  
**OLD VILLAGE SHOP, Dept. VZ-4039**  
Bldg. #9, Hanover, PA 17333

Yes! Please rush \_\_\_\_\_ "Sister" Mug(s) (Z710061) as indicated below, on full money-back guarantee.

One Mug for only \$1.88 plus \$1.25 postage & handling.  
 Save! Any 2 for \$3.66 plus \$2.40 postage & handling.

Enclosed is \$\_\_\_\_\_ (PA res. add sales tax)

**CHARGE IT:** (minimum of 2 mugs, please)  
 Diners Club  VISA  
 MasterCard  American Express

Acct. No. \_\_\_\_\_  
Exp. Date \_\_\_\_\_

**PLEASE MAIL TO:**  
Print Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**ORDERED BY:**  
Print Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

© H.H.I., Inc., 1984

See Advertisement Inside Back Cover

**GREAT FOR GIFT-GIVING—ORDER TODAY!**

**OLD VILLAGE SHOP, Dept. VZ-4025**  
Bldg. #9, Hanover, PA 17333

Yes! Please rush my "Sisters Are Forever" Mug(s) (Z710061) as indicated below, on full money-back guarantee.

One Mug for only \$1.88 plus \$1.25 postage & handling.  
 Save! Any 2 for \$3.66 plus \$2.40 postage & handling.

Enclosed is \$\_\_\_\_\_ (PA res. add sales tax)

**CHARGE IT:** (minimum of 2 mugs, please)  
 Diners Club  VISA  
 MasterCard  American Express

Acct. No. \_\_\_\_\_  
Exp. Date \_\_\_\_\_

**PRINT NAME** \_\_\_\_\_  
**ADDRESS** \_\_\_\_\_  
**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

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## Ride up and down stairs safely.

Cheney has the lift you need. The deluxe Wecolator for straight, curved and spiral staircases or the economical Liberty™ Lifts for straight stairways. You'll ride safely from floor to floor in the home you love.

- Wide comfortable seats and footrests
  - Folds out of the way for normal stair use
  - Individualized options, decorator colors
  - Unmatched limited warranties
- Contact your local Cheney representative or call Darlene Lewis  
1-800-782-1222.

helping people help themselves

## The CHENEY Company

Dept. EM, 3015 S. 163rd St., New Berlin, WI 53151  
414-782-1100

## Satellite TV Book

This "BOOK" takes the mystery out of satellite technology. The distinguished AT&T Bell Labs, prestigious M.I.T., U.S. Army, Navy & libraries worldwide have bought our best selling BOOK.

**DISH ANTENNA & DOWNCONVERTER RECEIVER** **397**

New Multichannel MDS complete receiving system ready for TV hookup. **TOTAL PKG**

## Satellite TV 4 FT. PKG. New

← This total package will receive TV signals directly from the satellites. It is ready for TV hookup with all TV cables included. The featuring of the four-foot TVRO system and the new Multichannel MDS system in this ad is for the purpose of highlighting our new 1984 updated BOOK.

**Satellite TV Inc.**  
P.O. Box 3108, Dept. EL-11, D'Iray Beach, FL 33447. Send REFERENCE BOOK for \$11.95 plus \$2.95 shipping & insurance (U.S. funds) or call our 24-hour C.O.D. Order Line (305) 276-2941.



# PRICE WAR!

Now  
Only

# \$1.88

## WE WILL NOT BE UNDERSOLD!

# "Sisters Are Forever!"

A Marvelous  
Mug . . .  
Especially for  
Sis!



**ONLY \$1.88**  
Special! 2 for \$3.66

A Gift She'll Love . . . It's a

- Magnificent Mug
- Flower Vase
- Pencil Holder
- Collector Showoff



"Sisters are forever, and I'm so glad you're mine!"  
What a charming way to tell her she's the greatest . . .  
this cheery mug with a special message just for her.  
Bright with flowers and butterflies, it's sure to make  
her whole day a little nicer.

The ideal gift for birthdays, holidays . . . or just to  
say "I love you." Perfect for home or office use, it  
holds a steaming 6 ounces of coffee, soup, whatever.  
Very impressive as a mini-vase, a pencil holder,

desktop catchall . . . or just "sitting pretty" on a dis-  
play shelf. Crafted of deluxe white ceramic (*not*  
plastic!) with colorful imprint, comfortable handle.

**FULLY GUARANTEED**—If not delighted, return in 14 days for *full*  
*refund* of purchase price (except ship. & hdlg.). Our policy is to  
process all orders promptly. Credit card orders are processed  
upon credit approval. Delays notified promptly. Shipment  
guaranteed within 60 days.

**Old Village Shop Hanover, PA 17333**

Serving Satisfied Customers Since 1934



GREAT FOR GIFT-GIVING—ORDER TODAY!

**OLD VILLAGE SHOP, Dept VZ-4025, Bldg. #9, Hanover, PA 17333**

Yes! Please rush my "Sisters  
Are Forever" Mug(s) (Z710061)  
as indicated below, on full  
money-back guarantee.

- One Mug for only \$1.88 plus  
\$1.25 postage & handling.
- Save! Any 2 for \$3.66 plus  
\$2.40 postage & handling.

Enclosed is \$ \_\_\_\_\_  
(PA res. add sales tax)

**CHARGE IT:** (minimum of 2  
mugs, please)  Diners Club  
 VISA  MasterCard  
 American Express

Acct. No. \_\_\_\_\_

Exp. Date \_\_\_\_\_

PRINT  
NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

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SPECIAL MAIL-A-GIFT OFFER

(We'll send your order direct to a friend or relative!)

**OLD VILLAGE SHOP, Dept. VZ-4039, Bldg. #9, Hanover, PA 17333**

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antee.

- One Mug for only \$1.88 plus  
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- Save! Any 2 for \$3.66 plus  
\$2.40 postage & handling.

Enclosed is \$ \_\_\_\_\_  
(PA res. add sales tax)

**CHARGE IT:** (minimum of 2  
mugs, please)  Diners Club  
 VISA  MasterCard  
 American Express

Acct. No. \_\_\_\_\_

Exp. Date \_\_\_\_\_

**PLEASE MAIL TO:**

Print Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

**ORDERED BY:**

Print Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

© H.H.I., Inc., 1984



*Executive Division*

100% Polyester **Gabardine**  
**Deluxe Woven Dress Slacks**

Newest, most significant improvement ever on your favorite traditional Gabardines, because you get the same beefy, crisp and proper Twill weave,

- Plus a Better Crease
- Plus NO WRINKLES
- Plus Wash & Wear

Brown

**45 Degree Twill**

The classic unmistakable trademark of Gabardine. A distinctive diagonally constructed right hand twill weave that provides manly good looks while insuring the ultimate in easy care and long wear.

**TRY SOMETHING BETTER!**

Haband Company, the mail order people from Paterson, N.J., sell over one hundred thousand pairs of pants per week. In the trade, it is generally conceded that you can't get a better buy than our good basic Haband Slacks!

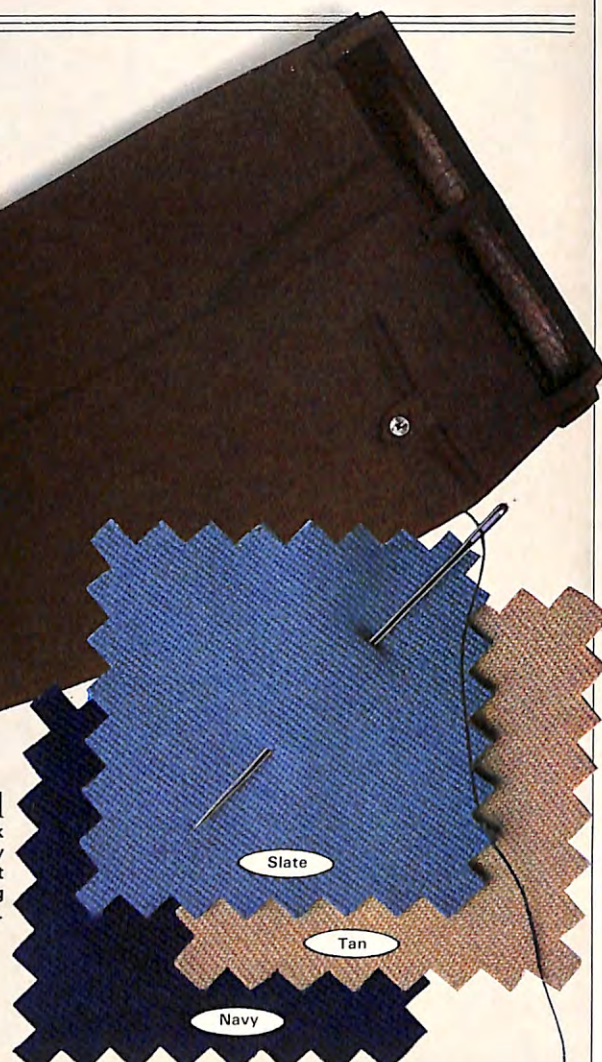
But if on occasion you need "Something Better," Haband is also at your service with the best-buy-in-town upgraded slacks, extra tailoring niceties, even a little more sophisticated executive colorations!

- READ THESE QUALITY SPECIFICATIONS:**
- Talon® unbreakable nylon zipper
  - Hookflex® top closure
  - BanRol® no-roll hidden inner waistband
  - Gentleman's full cut
  - Button tab back pocket
  - Easy machine wash and dry
  - Finest Woven Gabardine!

Think of it this way: You can save more dollars, net cash, with a ten per cent discount on a yacht or Rolls Royce than you can on a pair of rollerskates. Likewise, you can save more money with me on your better slacks, because I put that little extra money into better slacks, not fancy showrooms or extra staff. You can touch and see and feel every improvement every time you wear them! So can your "public!"

So please try them yourself. I am sure you will find that they are a very worthwhile product. But like any other good investment, this offer won't wait for the timid. Please send your order promptly or you'll miss a golden opportunity! Write to: Duke Habernickel, President.

**HABAND** 265 North 9th Street  
 Paterson, N.J. 07530



*Executive Division*  
**Deluxe Gabardine Dress Slacks** **2** Pairs Slacks for **27<sup>95</sup>**  
3 for \$41.75  
 4 for \$55.60

**HABAND**  
 265 N. 9th Street,  
 Paterson, N.J. 07530

**Yes! Send me.....**  
 pairs of Gabardine Slacks for which I enclose \$..... plus \$2.25 for postage and handling.

**OR CHARGE IT:**  
 Visa  MasterCard

Acct.# .....  
 Exp. Date:...../...../.....

**Haband Guarantee:**  
 If upon receipt I do not wish to wear the slacks, I may return them within 30 days for a full refund of every penny I paid you.

SIZES AVAILABLE				
30-32-34-35-36-37-38-39-40-41-42-43-44;				
46*-48*-50*-52*-54*				
Inseam: S(27-28), M(29-30),				
L(31-32), XL(33-34)				

\*Add \$1.75 per pair for sizes 46-54.

OGH	COLOR	HOW MANY?	WHAT WAIST?	WHAT INSEAM?
T	BROWN			
B	NAVY			
R	TAN			
G	SLATE			

3 Pairs for \$41.75  
 Take all Four - Only \$55.60

721-06H

Name.....  
 Street..... Apt.#.....  
 City.....  
 State..... Zip.....